

From the Editor

November 11 is Remembrance Day 2021 in Canada. Included, you will find an article entitled "Remembrance Day and Alcoholics Anonymous: Connections between the Military and Recovery". Remembrance Day can be used to commemorate not only those who fought in conflict but also those who helped us gain freedom from alcohol.

Yours in service, Julia J.

TRADITION ELEVEN

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

- **1. Do I sometimes promote AA so fanatically that I make it seem** *un*attractive?
- 2. Am I always careful to keep the confidences reposed in me as an AA member?
- 3. Am I careful about throwing AA names around—even within the Fellowship?
- 4. Am I ashamed of being a recovered, or recovering, alcoholic?
- 5. What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
- 6. Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?

(Reprinted from Service Material from the General Service Office SM F-131)

STEP ELEVEN

"Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out"

PROMISE ELEVEN

"We will intuitively know how to handle situations which used to baffle us."

ELEVENTH STEP PRAYER

Higher Power, as I understand You, I pray to keep my connection with You Open & clear from the confusion of daily life. Through my prayers & meditation I ask especially for Freedom from self-will, rationalization, & wishful thinking. I pray for the guidance of correct thought & positive action. Your will Higher Power, not mine, be done.

Alcoholics Anonymous, Cleveland

CONCEPT ELEVEN

"The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

- Do we understand how the roles of non-trustee directors and non-trustee appointed committee members help serve and strengthen the committee system?
- How do we encourage our special paid workers to exercise their traditional "Right of Participation"?
- Do we practice rotation in all our service positions?"

(Reprinted from the General Service Office Service Material)

AA HISTORY FOR THE MONTH OF NOVEMBER

Neud										
Nov 1	1947 – 1st AA Group in Anchorage, Alaska.									
Nov 3	1963 – Reverend Sam Shoemaker dies.									
Nov 9	2001 – J. P. Miller who wrote screenplay for "The Days of Wine and Roses" died.									
Nov 10	1966 – Johnson appoints Marty M to the 1st National Advisory Committee on Alcoholism.									
	1940 – First AA group formed in Minneapolis. 2001 – First of 400,000 4th Edition Big Books arrives in the mail.									
Nov 11 Nov 12	1934 – Armistice Day; Bill started drinking after dry spell, beginning of Bill's last drunk.									
Nov 12	1940 – 1st AA meeting is held in Boston.									
Nov 13	1939 – Bill wants to work at Towns Hsp, NY drunks want him to stay on as head.									
Nov 14	1940 – Alcoholic Foundation publishes first AA Bulletin.									
Nov 16	1949 – Bill W suggests that groups devote Thanksgiving week to discussions of the 12 Traditions.									
Nov 18	1950 – Dr. Bob died.									
Nov 21	1946 – First Dublin Ireland group met.									
	1939 – AAs in San Francisco hold first California AA meeting in the Clift Hotel. 1952 – Willard Richardson, past Treasurer/Chairman of Alcoholic Foundation, dies.									
Nov 26	1895 – Bill W. born in East Dorsett, VT. 1939 – Dilworth Lupton gave sermon "Mr. X and Alcoholics Anonymous".									
Nov 28	1939 – Hank P. writes Bill advocating autonomy for all AA groups.									
Nov 28	1943 – Bill guest speaker San Quentin Penitentiary (sometimes dated Dec 2, 1943).									
Other	significant events in November for which we do not have a specific date: Nov 1934 – Ebby T. carries message to Bill.									
	Nov 1936 – Fitz M leaves Towns Hospital to become 'AA #3 in NY', with Bill W and Hank P. Nov 1937 – Bill and Dr. Bob compare notes in Akron. Count forty cases staying sober. Meeting of									
	the Akron Group to consider Bill's ideas for how to expand the movement a book, AA hospitals, paid missionaries. Passed by a majority of 2.									
	Nov/Dec 1939 – Akron group withdrawals from association with Oxford Group. Meetings moved from T. Henry & Clarence Williams to Dr Bob's and other members' homes.									
	Nov 1941 – "First Mass AA Meeting" in Oklahoma City, 8 present, 1 was drunk.									
	Nov 1945 – Bill's article called 'Those Goof Balls' published in Grapevine.									
	Nov 1986 – Big Book published in paperback. Oregon Area 58									

Here Lies a Hampshire Grenadier

Who caught his death

Drinking cold small beer.

A good soldier is ne'er forgot

Whether he dieth by musket

Or by pot.



The above verse is taken from Bill's Story, Chapter One, Page One, *Big Book of Alcoholics Anonymous*.

The verse is likely familiar to anyone who has stuck their nose into the Big Book. The co-founder of AA, Bill Wilson, was visiting Winchester Cathedral in Hampshire, England during the Great War when he spotted a tombstone with the words inscribed on it. "An ominous warning—which I failed to heed".

As November 11th approaches, it's appropriate to consider how the history of the fellowship that has saved millions of lives is tied into the concept of remembrance, as well as the historical and spiritual parallels that exist between the program and the military.

The First World War, known as "The Great War," was one of the main geopolitical events in the lives of all the key players in AA's formation. Bill Wilson himself was a veteran of that First World War, though he did not see any action. Dr. William Silkworth, the medical director at Towns Hospital in New York City, the detox center where Wilson's spiritual experience catapulted him into a new dimension in his search for sobriety, was also a veteran. Silkworth, of course, was the influential doctor who strongly subscribed to the theory that alcoholism was a disease and not a moral failing. He was the one who urged Wilson to talk to his shaky alcoholic recruits about the medical aspects of their addiction and not rely only on the religious Oxford Group approach.

In Europe, psychologist Carl Jung had also served as a Swiss army doctor. Jung, however, believed a spiritual transformation was the only way alcoholics could recover from their hopeless state.

With the Second World War clouds on the horizon as the Big Book was published in the spring of 1939, the connection between the military and AA remained easy to see. How would newly sober soldiers, sailors, and airmen and women handle a major conflict and remain sober?

The next book of significance written by Wilson was *12 Steps and 12 Traditions*, published in 1953. In Step Three, on page 38 of that book, Wilson answered the question of dependence on a Higher Power on the battlefield as follows:

"When World War Two broke out, this spiritual principal had its first major test. AA's entered the services and were scattered all over the world. Would they be able to take discipline, stand up under fire, and endure the monotony and misery of war? Would the kind of dependence they had learned in AA carry them through? Well, it did. They had even fewer alcoholic lapses or emotional binges than AA's safe at home did. They were just as capable of endurance and valor as any other soldiers. Whether in Alaska or on the Salerno beachhead, their dependence upon a Higher Power worked. And far from being a weakness, this dependence was their chief source of strength." Modern global conflicts have certainly been a huge aspect of day-to-day living for people in recovery. From Beirut to Baghdad, Kabul to Kuwait City, 9/11, and other key moments and places have become sobering reminders for people all over the world to take time to remember those who sacrificed for others. And, for many sober alcoholics, they can see how the military played a key role in Akron and New York City in paving the way for them to find help in the program.

Sometimes the actual meeting place is where the connections between the military and recovery, past and present, are most noticeable. One such meeting is held in a chapel on Tuesday and Friday nights at 8 p.m. It's an open meeting, with a discussion format. There's no smoke break. It's wheelchair accessible. Basically an AA meeting that could be found in any town, in any country. Yet this is anything but a typical AA meeting. The Salerno Beachhead Group meets at the largest Coalition airbase in western Iraq, far from its namesake in Italy where the Allies landed in September 1943.

The second week of November is nearly here, a time when reflection is put front and center by society, the media, parents, and governments. To Canadians, much of our birth as a strong, emerging nation to be reckoned with came on the Western Front battlefields of France and Belgium. Vimy Ridge. Passchendaele. The Somme. Names and places synonymous with Canadian heroism, with incredible acts of bravery and terrible losses of life. In the Second World War Canadians may remember the Liberation of Arnhem, Operation Overlord, and Juno Beach. The Korean conflict. More recently Bosnia, Rwanda, and Afghanistan, where 158 Canadians lost their lives.

The days leading to November 11th clearly carry a different edge from any other commonly observed memorial day. The bright and blood-red poppy appears on the left breast, undeniably visible. Whether one has an opinion on the wars or not, or what the poppy signifies, it's impossible to not notice this symbol of sacrifice.

In meeting rooms around the world, old-timers often remind us to remember those who walked the walk ahead of us. Successes were achieved. Mistakes were made and lessons learned. Many AA slogans and clichés can be tied into the principle of looking back on our lives. "If you don't remember your last drunk, you probably haven't had it yet." Or, "It's okay to look at the past, just try not to stare at it."

But, maybe it's okay on Remembrance Day to look back, to think about the importance of people who went before us because those memories, those salutes to our past can be tied feelings and expressions of gratitude. Without the old-timers, there simply would be no program. Current members did not invent service work. They did not create the 12 traditions which bind the fellowship together in numbers around two million. The old-timers did. Without them, there would be no 12 Step movement and, arguably, no treatment centers. People with alcohol or drug addictions would face an entirely different set of parameters in their struggles.

On November 11th, Remembrance Day is observed in Canada, and Veterans Day in the United States. Both commemorate the end of hostilities in the First World War. Bill Wilson, one of AA's cofounders, was in uniform during that campaign. In November 1934, Bill was visited by his childhood friend, Ebby Thacher. Ebby was attempting to help his old buddy deal with a drinking problem which had landed him in Town's Hospital four times over the previous couple of years. Ebby had gotten the Oxford Group message from Rowland Hazzard, an alcoholic who had been told that the only answer to his disease was to find some kind of spiritual transformation. The Oxford Group's system gave Rowland that spiritual transformation. Rowland would later lose two sons during the Second World War.

Rowland to Ebby. Ebby to Bill. Bill to Bob. One alcoholic talking to another. Poignant dates and places are woven through the fabric of AA's rich history. Exactly one month after Remembrance Day, Bill Wilson

(continued next page)

fought for and protected his sobriety date and would never drink again.

This Remembrance Day, connections with AA's history are plain to see. The principle of honoring those who came before us is as much a part of the program as it is to those who lost friends or relatives in wars past or present.

Written by Jeff Vircoe, journalist. https://www.edgewoodhealthnetwork.com/resources/blog/remembrance-day-and-alcoholics-anonymous/

CONTRIBUTIONS TO EDMONTON CENTRAL OFFICE

In keeping with the AA Seventh Tradition of self-support, Edmonton Central Office can accept contributions only from AA members and AA Groups.

Contributions can be made to Edmonton Central Office by any of the following methods (AA members or groups only please):

• E-transfer to centraloffice@edmontonaa.org you will need to provide the answer to the security question via a separate email to this address.

- Visa or MasterCard either over the phone (780-424-5900) or in person (by appointment)
- Cheque made payable to "Edmonton Central Office" and brought to the office (by appointment) or mailed to the office at:

Edmonton Central Office Suite 205 10544 114 St NW Edmonton, AB T5H 3J7

- Cash brought to the office (by appointment).
- Arranging on-going monthly contributions by calling or emailing Central Office

The Edmonton Central Office Society is a registered charity. A tax receipt will be issued early in 2022 to individuals whose contribution is greater than \$20.00. For a receipt to be issued, the full name and address of the individual is needed. The receipt will indicate a contribution to the ECOS. Note: You can phone Central Office weekdays from 11:00 AM to 2:00 PM. If you need to visit Central Office, please arrange an appointment by phone or email.

We would like you to submit an article to this newsletter

We would like to hear from you about your AA related experience, strength, and hope, keeping in mind copyright and credit concerns.

For example, write a short article about your home group, give your interpretation of a slogan, explain one of the steps or traditions, send a joke or cartoon keeping in mind the sensitivities of our readership. Any contributions will be appreciated.

Submissions should be between 250 and 300 words. Submit with your full name, group, and phone number where you can be reached (of course we will protect your anonymity).

Material submitted before the 20th of the month will print in the following month's issue.

Submit articles to the ECO Newsletter Editor at <u>editor@edmontonaa.org</u> or to AA Central Office #205, 10544-114 St NW, Edmonton, AB T5H 3J7 Fax: (587) 523-4334

November 2022 Delegate's Corner

Many thanks to all interested in the Delegate Report, and about all the going-ons for the Delegate. Getting to meet the membership in your home communities is truly my favorite part of this role. I hope to be invited for a visit to every district within this term. There's only 13 months left, and more than half the districts to see, please email <u>delegate.72@area78.org</u> if you'd like a visit. Time is flying by.

It was also a pleasure attending the Area 79 (BC/Yukon) hybrid assembly in September (online), then off to Area 80 (Manitoba's) hybrid in October (online). Both Mike M and I attended the in-person Area 91 (Sask.) election assembly. So many of these folks are hoping/planning to attend the **WRAASA** (Western **Regional AA Service Assembly) in Edmonton on February 24 – 26, 2023.** Hope to see you there. To register https://wraasa.org/registration/

True story I heard recently: "A newcomer, using the Meeting App, rode his bike to 5 meeting locations before he found one that was actually open."

<u>PLEASE</u> update your meeting information with an email to <u>grouprecords.72@area78.org</u> or online <u>https://area78aa.org/downloads/forms/GroupChangeForm2022-Area78-fillable.pdf</u> Let us all do our part to ensure a newcomer (or visiting member) always find us. Pass it on...thanks!

There are oodles of workshops, speakers, knowledge, and assistance available to your groups and districts from any of our 16 Area Committee Officers – reach out to any of us, any time. A quick email to <u>alternatedelegate.72@area78.org</u> can help you make arrangements.

Good news about the 2022 **membership survey**! It is all complete – now we wait for the results. Of our 6 groups who were selected out of all of Canada / US, 4 groups participated. *Many thanks folks*! ***** Not sure when results will be posted for everyone to see what our membership looks like but pretty sure a report will be given at the 73rd Conference.

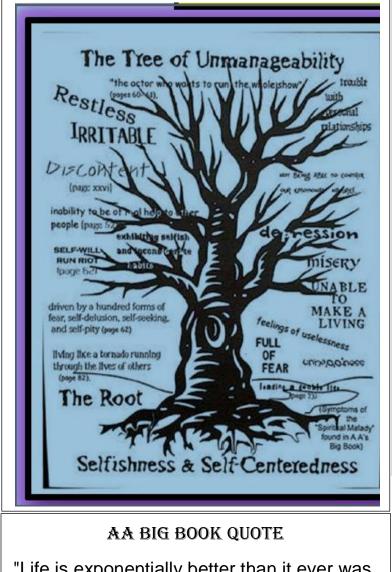
An AA book, that carries 'the magic tool of understanding' answers many questions about our program, our three legacies and brings so much meaning to how we ensure A.A. will be available for those who suffer ... for that little soul born generations from now who may be afflicted with this disease. Learn more at the A.A. Service manual workshop being offered by much-loved Carolyn W. every Monday evening (except Oct 30) at 7pm. Details are not posted so just reach out and I will send them to you.

News from our General Service Office (GSO)

- We have tons of young members! There's a call out to hear your stories.... <u>https://www.aa.org/young-peoples-video-project</u>
- Want to order a bunch of different literature? Check out the extended discount... https://www.aa.org/sites/default/files/literature/Communication%200f%20Mixed%20Title%20Discount %20Test%20Pilot%20Extension_0.pdf
 Members are asked for their opinion: https://survey.zohopublic.com/zs/UhCs6p
 about conventions by Oct 31, 2022.
- Make plans to join members from around the world at the next International A.A. Convention in Vancouver July 3 – 6, 2025. First time ever in our Region! Share the info! Check this out - <u>https://www.aa.org/international-convention</u> Stay tuned for Registration and hotel info.
- Ordering the Big Book now with a new jacket cover which makes it possible to get them printed and printed quicker...
 https://www.aa.org/sites/default/files/literature/Jacketless%20BB%20-%20EN.pdf

- Call out for stories to include in the updated 4th Edition of the Spanish Big Book <u>https://www.aa.org/sites/default/files/literature/Press%20Release%2010-2022%20-%20EN.pdf</u>
- Reminder of the contributions address: Box 2407 James A Farley Station New York, NY 10116-2407 or online: <u>https://www.aa.org/sites/default/files/literature/Press%20Release%2010-2022%20-%20EN.pdf</u>
- And more.... <u>https://www.aa.org/news-and-announcements</u>

Tami L. Area 78 Panel 72 Delegate



"Life is exponentially better than it ever was before. I'm living out the life I used to fantasize about, and I have a whole lot of work still in front of me.
I have hope to share and love to give, and I just keep going one day at a time, living this adventure called life."

Alcoholics Anonymous, The Missing Link, page 288

We were having trouble with personal relationships, we couldn't control our emotional natures, we were a prey to misery and depression, we couldn't make a living, we had a feeling of uselessness, we were full of fear, we were unhappy, we couldn't seem to be of real help to other people -- was not a basic solution of bedevilments these more important than whether we should see newsreels of lunar flight? Of course, it was.

Alcoholics anonymous, Page 52



got to start drinking again."

Word Puzzle

Y	z	С	Α	Y	Α	\mathbf{E}	в	Α	\mathbf{L}	\mathbf{L}	Y	F	S	S
N	т	Α	0	N	R	Ε	Ε	Ι	Ρ	т	\mathbf{E}	\mathbf{E}	Е	N
U	С	Ι	Ι	Ν	G	\mathbf{E}	т	F	Ι	С	Ι	\mathbf{L}	Ι	0
н	R	к	\mathbf{L}	Ι	S	\mathbf{E}	v	М	F	\mathbf{T}	\mathbf{T}	\mathbf{L}	R	Ι
Е	Е	W	N	Ι	R	С	Y	0	Ι	Ο	R	0	Α	т
Α	Т	S	\mathbf{E}	A	в	N	Ι	\mathbf{L}	С	\mathbf{E}	С	W	S	Ι
R	\mathbf{E}	\mathbf{H}	\mathbf{T}	\mathbf{L}	0	Ι	Α	Е	в	\mathbf{E}	\mathbf{H}	S	R	\mathbf{D}
т	Е	U	ο	Ν	С	N	S	М	N	ο	R	н	Е	Α
в	R	в	A	М	0	0	Ε	N	S	С	S	I	v	R
\mathbf{E}	G	Q	A	S	\mathbf{E}	Μ	Μ	\mathbf{L}	0	Y	\mathbf{E}	\mathbf{P}	Ι	\mathbf{T}
Α	S	Е	R	V	Ι	С	Е	Е	U	Р	G	в	Ν	J
т	S	Е	\mathbf{L}	\mathbf{P}	Ι	С	N	Ι	R	Ρ	S	Ρ	Ν	0
U	\mathbf{P}	Α	С	С	0	U	N	т	Α	в	\mathbf{L}	\mathbf{E}	Α	Ι
в	Е	\mathbf{L}	0	Ν	G	Ι	Ν	G	R	0	U	Ρ	R	Ν
R	Е	М	Ο	С	W	\mathbf{E}	N	S	R	Ι	Α	\mathbf{H}	С	R

ACCOUNTABLE BEGINS COFFEE GREETER HOME MEMBER PRINCIPLES SERVICE ANNIVERSARIES BELONGING CONSCIENCE GROUP JOIN NEWCOMER RECOVERY TRADITIONS ANONYMITY CHAIRS FELLOWSHIP HEARTBEAT LITERATURE PERSONALITIES RESPONSIBILITY WELCOME

GRAPEVINE Daily Quote

November 17 2021

"How wonderful to be sober, to be able to think clearly (at times, at least), and to become aware of some portion of the greater wisdom concealed so deeply within myself."

"A New Way of Looking at Life," Columbus, Ohio, April 1981, Voices of Long-Term Sobriety



VOICES OF LONG-TERM SOBRIETY OLD TIMERS STORIES "We had to drink because our nation had won a war or lost a peace."

12&12 Step Four, p.47



Group B	Jirthdays Novembe	er 2022					
A New Way of Life Last Monday	Oilman's First Monday	Westminister Last Saturday					
Nov 16 Ron S. 12 yrs 25 Ken G. 9 yrs	Nov 22 Dale B. 36 yrs South Side	Nov 1 Lil C. 32 yrs 2 Patrick M. 24 yrs					
Breathe Easy First Friday Nov Tom A. 7 yrs	Third Friday Nov 7 Larry L. 4 yrs	11 Marilyn W. 38 yrs 22 Tom R. 39 yrs 27 Jack H. 51 yrs					
Nov Tom A. 7 yrs Jordy S. 8 yrs Alex W. 10 yrs	14 Betty S. 34 yrs 12 Steps to Serenity	Svend J. 1 yr St. Albert					
Diane S. 18 yrs Tracy M-T 23 yrs	Nov 10 Brent J. 20 yrs 16 James M. 4 yrs 18 Jarrett 2 yrs	Breakfast Nov 11 Mickey L. 34 yrs					
Gratitude Last Monday	22 Ed W. 30 yrs	15 Dennis B. 9 yrs 21 Debbie H. 17 yrs					
Nov 1 Peter R. 43 yrs Mustard Seed Last Sunday Nov 2 Daryl D. 4 yrs	Step Sisters Last Wednesday Nov 9 Sandra R. 3 yrs 60 Minutes to Sobriety	Back to Basics First Thursday Nov 14 Chad VH. 5 yrs 15 Vance M. 10 yrs					
19 Steve W. 44 yrs	Last Sunday Nov 28 Adam B. 19 yrs	Sunday Night Last Sunday Nov 7 Richard S. 22					

Upcoming Events and other Notables

District 10 invites you to an informative workshop!

"How To Be An Effective Sponsor"

Facilitated by: Erica N. and June S.

When: Sunday, November 06, 2022 Time: 3:00 to 4:30 pm Where: Serenity Center 4914 – 50th Ave. Stony Plain, AB

Snacks provided

Contact: brendaj246@hotmail.com



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Bragg Creek Big Book Study Weekend

19th ANNUAL JOURNEY

JOIN US ON THE BROAD HIGHWAY AS WE TRUDGE THE ROAD OF HAPPY DESTINY

SPONSORED BY THE GROUP "IN THE FELLOWSHIP OF THE SPIRIT" A SPIRITUAL JOURNEY THROUGH THE 12 STEPS TOWARDS EMOTIONAL SOBRIETY

Facilitated by:

Mari G - Toronto

Kelley B - Florida

WHEN: November 18th, 19th & 20th, 2022 WHERE: CAMP HORIZON IN BRAGG CREEK (35 Minutes West of Calgary)

PRICE: \$180 PER GUEST FOR THE WEEKEND INCLUDES: ACCOMMODATIONS - MENS AND WOMENS DORMS SOME SINGLE AND RUSTIC COUPLES PRIVATE BUNK ROOMS AVAILABLE ON A FIRST COME FIRST SERVE BASIS

> ALL MEALS: FRIDAY NIGHT: SUPPER AND LATE NIGHT SNACK SATURDAY: BREAKFAST, LUNCH AND DINNER SUNDAY MORNING: BREAKFAST

REGISTRATION OPENS FRIDAY SEPTEMBER 9 : fellowshipbraggcreek@gmail.com

LIMITED SEATING - RESERVATION CONFIRMED WHEN PAYMENT RECEIVED

EVENT SELLS OUT - REGISTER EARLY!

MEETINGS, FELLOWSHIP, NATURE WALKS, OUTDOOR FIRE



Edmonton Grapevine Committee and District 71- AAGV Present: Emotional Sobriety - 6 Week Study "AA Grapevine Style" !

> Tuesdays, November 1st - December 6th, 2022 7-8 p.m. PST 8-9 p.m. MST 200M: 780 965 9440 (No Password)

** Emotional sobriety? What is it? Come join us for this 6 week online study as we explore how members have achieved this, and how it can enhance our recovery! Invite a friend, Sponsor, Sponsee, or your whole Home Group!**

*Make sure to buy the <u>FIRST</u> Emotional Sobriety Book! **

First Things First...Buy the Book! Go to aagrapevine.org For more information, contact Michelle B.: michellebinservice@shaw.ca



PLEASE JOIN US FOR DISTRICT 64 UNITY NIGHT! (ALL are welcome!)



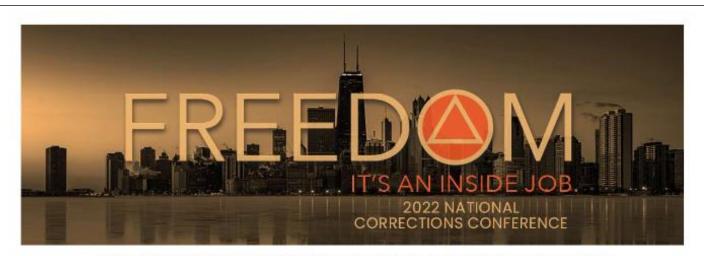
WHEN: Saturday, Nov. 5th,2022 WHERE: Christian Reformed Church (12 Gate Ave., St. Albert)

New Archivist Needed

Please forward applications to the Area 78 Committee c/o <u>secretary.72@area78.org</u>, or <u>delegate.72@area78.org</u>

ROP BUCK DECENSE WEROOMER





Looking for the 2021 conference audio recordings? Click here, or go to the Archives from the main menu.

Join us for the 6th Annual National Corrections Conference. November 11-13, 2022

Schaumburg, IL

ZOOM NOW OPEN FOR REGISTRATION (IN ADDITION TO IN-PERSON REGISTRATIONS)

The purpose of this weekend is for A.A. members interested in corrections to come together, share experience, exchange information, and hear from other trusted servants.

We hope to inspire A.A. members everywhere to get involved in this important and rewarding service.

Note: all checks should be made out to "National Corrections Conference 2020"*. * We are aware that it's 2022, but the account was made in 2020.

Bus tour from hotel to Haunted Joliet Prison" Leave hotel Thursday 4:30p return 7:45p. More Info

The location will be the <u>Hyatt Regency Schaumburg, Schaumburg, IL</u> 1800 E Golf Rd Schaumburg, IL 60173 (888) 421-1442

Area 78 Treatment and Accessibilities Committee Meeting

 2^{nd} Thursday of the Month 7:30 – 9:30pm

Zoom I D: 708 555 5414

Committee ONLY by Invitation

For more information Contact Erin P. Treatment and Accessibilities Committee Chair treatment.72@area78.org Area 78 DCM Rap Sessions

Monthly Every 2nd Sunday of the Month 7 - 8pm and the following day Monday 7-8pm

> Zoom ID: 708 555 5414 PWD: area78

Closed to DCM's and ADCM's (District Committee members and Alternate District Committee Members)

For more information Contact Dave S. - Area Chair chair.72@area78.org

DISTRICT 61

15th ANNUAL GRATITUDE NIGHT

Dedicating November A Month of Gratitude



Saturday, November 19th, 2022

@ Bethel Lutheran Church - 298 Bethel Drive, Sherwood Park, AB T8H 2C5

Registration opens @ 6:00 PM / Event Begins @ 7:00 PM

AA Guest Speaker: Tom M from Sherwood Park

Al-Anon Guest Speaker: Wendy P from Edmonton

Open to all members and anyone interested in attending. Suggested \$1.00 / Year of sobriety - \$5.00 Minimum.

Proceeds from the evening donated to the AA General Service Office In New York

Email Contributions: aadistrict61@gmail.com

Contact information: Hugh M @ 780-405-4754

WESTERN CANADA REGION ALCOHOLICS ANONYMOUS SERVICE ASSEMBLY

WRAASA 2023

"A.A.'s Three Legacies – Our Common Solution"

February 24-26, 2023 | Edmonton, AB

WRASSA 2023 is hosted by Area 78 in Edmonton, AB with support from the Areas of the Western Canada Region.

The purpose of WRAASA is to develop greater unity among the members, groups, and areas of the Western Canada Region; to encourage the exchange of ideas and experience; and to provide an opportunity for members to discuss pertinent aspects of Alcoholics Anonymous. The Assembly and the WRAASA Committee foster the legacies of Recovery, Unity and Service in Alcoholics Anonymous. ALL members of Alcoholics Anonymous are welcome and encouraged to attend this Service Assembly.

\$35 Registration and/or \$25 Saturday Banquet

BIRTHDAY CLUB

Bob J. from the St. Albert Breakfast Group

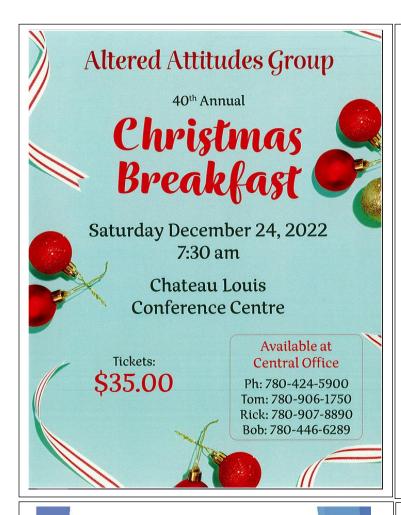
"What is the Birthday Club?"

- A show of gratitude by AA members, who contribute \$1.00 or more for each year of continuous sobriety.
- These funds are used to HELP SUPPORT Central Office staff and volunteers to carry the Twelfth Step message during the office hours.
- You will receive personal Birthday Card on your sobriety date.
- Please contact Central Office, if you want to join our BIRTHDAY CLUB!

FAITHFUL FIVERS

None this month

The Faithful Fiver Club was initiated several years ago to generate funds for Central Office. AA members pledge a donation of \$5.00 or more a month. They then receive the satisfaction of carrying the message to the alcoholic still suffers, and who recognition (if they desire) in the monthly ECOS Newsletter.



Area 78 E-Services Committee Meeting

First Tuesday of the Month 8:00 pm

Zoom ID: 708 555 5414 PWD: area78

Open to any AA member

For more information Contact Cliff H. E-Services Committee Chair <u>eservices.72@area78.org</u> Phone - 780-792-6246



Area 78 Remote Communities Committee Meeting

First Sunday of the month 6:00 pm

Zoom ID: 942-603-2414 PWD: billw

Open to any AA member

For more information Contact Dayna J. Remote Comminities Committee Chair remote.72@area78.org Phone - 403-608-9787



Area 78 TO's (Table Officers) Meeting (on months of an Area78 Assembly or ACM it becomes an ACO's meeting (TO's & Committee Chairs)

> Monthly 2nd Sunday of the Month 10am – 12 Noon

Zoom ID:708 555 5414 PWD: area78

Closed to Table Officers and on months of an Assembly, includes Committee Chairs

> For more information Contact Dave S. - Area Chair <u>chair.72@area78.org</u>



Winter 2023 Area Committee Meeting

January 20-21, 2023 Hosted by District 75 Calgary AB (Facility TBA)

Space is available for AA meetings at the **South Edmonton Fellowship Centre**. Visit our website for details about the location <u>https://fellowship-centre.org</u>. Call or email for space availability 780.220.7811 info@fellowship-centre.org **Group Needing Support**

As It Is Group (Men's) Thursdays @ 8:00pm Southside Chapter House 8318 - 104 St. North Door

You are invited to a District 10

Public Information and Cooperation with the Professional Community Workshop

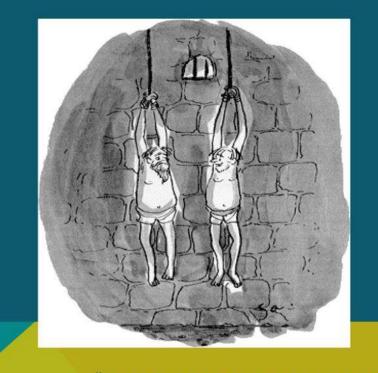
Date: Sunday, January 15, 2023

Time: 3:00 to 6:00 pm

Location: 4914 – 50th Avenue, Stony Plain Alberta (downstairs)

Contact: egsc.picpcchair@edmontonaa.org or brendaj246@hotmail.com

Snacks, coffee, tea will be provided



"WE'RE SOBER...IT WAS A GOOD DAY!"

Area 78 Grapevine Committee Meeting

Last Sunday of the month 12 Noon to 1pm

Zoom ID: 708 555 5414 PWD: area78

Open to any AA member

For more information Contact Edwin S. Grapevine Committee Chair <u>edsiggel@telus.net</u> <u>grapevine.72@area78.org</u> Phone - 780 831 7658

AAGRAPEVINE

GRAPEVINE TURNS 70 Join in the Celebration! - ppt download https://slideplayer.com/slide/14379804/

Edmonton Central Office Society INCOME STATEMENT 2022				
INCOME STATEMENT 2022	September			
	Actuals	Budget	Variance	
Revenue				
Group Contributions	\$6,144.25	\$8,311.49	(\$2,167.24)	
Individual/Bequeath	\$645.00	\$1,201.89	(\$556.89)	
Birthday Club/Faithful Fivers	\$190.00	\$416.67	(\$226.67)	
Office Supplies / Postage	\$190.00	\$45.42	\$168.58	
Rental Income-EGSC, etc	\$110.30	\$37.50	\$72.80	
Tradition Seven-meetings	\$206.90	\$299.04	(\$92.14)	
Fundraising	<i>Ş</i> 200.50	<i>4233.</i> 04	(\$52.14)	
Other Inc (Interest, etc)	\$27.25		\$27.25	
Total General Revenue	\$7,537.70	\$10,312.02	(\$2,774.32)	
Literature & Medallion				
Literature	\$6,809.40	\$4,039.42	\$2,769.98	
Medallion	\$2,296.00	\$1,725.32	\$570.68	
Total Literature and Med.	\$9,105.40	\$5,764.74	\$3,340.66	
Total Revenue	\$16,643.10	\$16,076.75	\$566.35	
<u>Expenses</u>				
AAWS & Grapevine Literature	\$4,159.86	\$2,572.21	(\$1,587.65)	
Meeting list & Greeting Cards	\$233.74	\$230.75	(\$2.99)	
Medallion Purch /engraving	\$1,146.97	\$741.63	(\$405.34)	
Intergroup Expenses				
12 Step Answering	\$404.87	\$408.00	\$3.13	
Other (Archive, 12 Step,Cred,Grp Ser	\$6.60	\$42.00	\$35.40	
Administrative Expenses				
Accounting & Legal	\$185.78	\$225.00	\$39.22	
Bank Chgs & Cr Card chgs	\$124.45	\$150.00	\$25.55	
Computer & IT Maintenance	\$702.68	\$530.00	(\$172.68)	
Equipment Lease/Purchase	\$359.77	\$375.00	\$15.23	
Fundraising expense				
Insurance	\$342.95	\$300.00	(\$42.95)	
Office Supplies	\$453.65	\$75.00	(\$378.65)	
Postage	\$272.67	\$100.00	(\$172.67)	
Rent	\$4,188.15	\$3,956.00	(\$232.15)	
Salaries, Source, WCB	\$6,868.96	\$5,094.00	(\$1,774.96)	
Staff Training / Seminar	\$910.20	\$750.00	(\$160.20)	
Telephone / Internet	\$133.10 \$20,494.40	\$185.00 \$15,734.59	\$51.90 -\$4,759.81	
Total Revenue	\$16,643.10			
Total Expenses	\$20,494.40			
Income / (Loss)	(\$3,851.30)			

				Edmonton Centr	al Office -	2022 (Group Co	ontributio	ons				
GROUP	District	Sep	YTD	GROUP	GSO Number	1	Sep	YTD	GROUP	GSO Number	District	Sep	YTD
60 MINUTES TO SOBRIETY	53		\$0.00	HEADS UP FOR AA - VEGREVILLE	712925	20		\$0.00	SHER. PARK GROUP	114752	61		\$500.00
10 AFTER 10 GROUP	46	\$50.00	\$247.00	HELPING HANDS	143615	60	\$100.00	\$900.00	SHER. PARK MILLSHAVEN	119605	61		\$0.00
75th Anniversary AA Edmonton	46		\$3,776.30	HIGH PRAIRIE - HI GROUP		7		\$250.00	SHER. PARK NEW AT TWO		61		\$811.25
84TH STREET	46		\$200.00	HOME GROUP #1	114687	63		\$0.00	SHER. PARK 12 STEPS TO SERENITY	684045	61		\$606.00
AB GROUP	57		\$500.00	HOME GROUP #11		63		\$0.00	SHER. PARK SISTERS IN SOBRIETY		61		\$221.32
ALANO WOMENS DISCUSSION	46		\$0.00	HOME GROUP #13	114615	63		\$595.00	SHER. PARK TUESDAY NIGHT AT 7	688638	61		\$0.00
AB BEACH - SONS OF THE BEACH	10		\$0.00	HOME GROUP #18	123079	63		\$930.00	SHER. PARK THERE'S MORE TO THE STORY	717525	61		\$320.00
ALTERED ATTITUDES GROUP	46			HOME GROUP #25		63			SHIFTERS GROUP	114699	57		\$20.00
AMAZING GRACE	46			HOPE THROUGH FRIENDSHIP GROUP	150938	40			SIMPLY SOBER AA GROUP		40		\$142.00
AS IT IS GROUP	55		1.5.5	HOW IT WORKS GROUP	139837	55	\$350.00		SLAVE LAKE AA GROUP	114753	7		\$250.00
ATHABASCA AA GROUP	8		1	IDEAL BOOK STUDIES		63	,	1	SOBER COUNTRY - EDSON		5		\$0.00
BEAUMARIS LAKE GROUP	53				648134	40			SOUTHBOUND FELLOWSHIP GROUP	716914	60		\$250.00
BEAUMONT HOW IT WORKS GRP	60			JASPER PLACE GROUP	114690	40			SOBER SOULS OF EDMONTON	/10514	46		\$736.00
BEAUMONT GROUP	60			JELLNICK JUMPSTART	114050	46	\$108.25		SOUTH SIDE GROUP	114700	57		\$100.00
BEAVER HILL CREEK	9			LAC LA BICHE TRI SOBRIETY	717868	8	\$100.2J		SOUTHSIDE YOUNG PEOPLE'S GROUP	114700	57		\$100.00
BEAVER HILL CREEK	4			LAMONT - BEAVERHILL GROUP	122788	20			SPRUCE GROVE AFTER 1 GROUP	663568	10		\$0.00
						-				003308	10		
BEVERLY GROUP	53			LAST CALL GROUP	721414	40			SPRUCE GROVE - SPEAK EASY				\$0.00
BONNIE DOON GROP	55			LEDUC HOW IT WORKS		12			SPRUCE GROVE FIRST DOOR ON THE LEFT		10	4	\$0.00
BONNYVILLE SAT NIGHT GRP	3			LEDUC MONDAY NGHT LADIES 12 X 12		12			STEP SISTERS	114686	40	\$125.00	\$693.45
BONNYVILLE NEW LIFE GRP	3			LEDUC SATURDAY	120350	12			STEPS TO SERENITY GROUP (MEN'S)(Sh Pk)	717950	55		\$0.00
BREATHE EASY GROUP	40			LEDUC SUNDAY BEGINNERS	689115	12			STONY PLAIN - BEYOND BELIEF	712385	10		\$0.00
CAMEL DISCUSSION CLUB	40	ļ	1	LEDUC TUESDAY NOON MEETING		12			STONY PLAIN - DISPLACED MALL RATS		10	\$450.00	\$450.00
CAMPUS GROUP	57		1 1 2 2 2 2 2	LIGHTHOUSE GROUP	682611	53		\$1,500.00	STONY PLAIN - FIRST DOOR ON THE LEFT	704869	10		\$500.00
CAMPUS GROUP - BLUE JEAN R/U	57		\$0.00	LIONS DEN GROUP	655067	57		\$2,250.00	STONY PLAIN - NEW WOMEN'S GROUP	706136	10		\$0.00
CAMROSE CITY GROUP	12		\$50.00	LOVE AT WORK	161470	60		\$0.00	STONY PLAIN - 12 BY 12 TUESDAY NIGHT GR		10		\$0.00
CAPILANO STEP GROUP	55		\$600.00	MANDATE:SOBER GROUP	150723	40	\$100.00	\$400.00	ST. PAUL - FELLOWSHIP GROUP	114750	3		\$150.00
CENTER CITY ONLINE	46	\$397.00	\$1,197.00	MILLETT: STAIRWAY TO FREEDOM GRP	169395	12		\$200.00	ST. PAUL - YOU GO GAL MEETING		3		\$0.00
CHAPPELLE GROUP	60		\$240.00	MORINVILLE BY THE BOOK GROUP		9		\$0.00	STRENGTH AND HOPE GROUP	114697	46		\$0.00
CLAREVIEW BIG BOOK GROUP	53			MORINVILLE THURS NITE STEP & TRADITION	114617	9			STRENGTH IN NUMBERS		57	\$250.00	\$500.00
COMMON WELFARE GROUP	40			MUSTARD SEED GROUP	107237	46			SUIT UP & SHOW UP BIG BOOK STUDY	679626	46	1-0000	\$200.00
CORNERSTONE GROUP	46	\$280.00		NEIGHBOR CENTER GROUP		57			SUNDAY MORNING OPEN GROUP (SMOG)	123630	57		\$250.00
COURAGE TO CHANGE	46	\$200100		NEW FOUND HOPE GROUP		53			SUNDAY MORNING BIG BOOK GROUP	120000	40		\$0.00
CRESTWOOD WELCOME	40			NEW HOPE GROUP	123290	62			SUNDAY NO NAME GROUP		40		\$0.00
DAILY REFLECTIONS GROUP	55			NITON AA GROUP	114594	6			SUNDATING NAME GROOP	114700	40	\$442.15	
						-				114702		\$442.15	
DAYSLAND	12			NO NAME HOME GROUP	178337	63			SURVIVORS GROUP		53		\$0.00
DEVON MONDAY NIGHT GROUP	12			NO SAINTS MEETING	721636	46			TA WOW GROUP	114703	46		\$69.00
DISTRICT 7 SLAVE LAKE R/U	7			NORTH EDMONTON GROUP	114693	53			TERRA NOVA GROUP	114604	46		\$0.00
DISTRICT 9	9			NORWOOD GROUP	114695	46			THE WHY GROUP	167589	46		\$850.00
DISTRICT 10 UNITY ROUND UP	10		1	OFF THE WALL & LIVING SOBER MTG	224807	55		\$0.00	THORSBY GROUP	136887	12		\$0.00
DISTRICT 10	10		\$400.00	OILMENS GROUP	114696	57	\$150.00	\$1,400.00	THUS WE GROW	657945	57		\$450.00
DISTRICT 12 GSR BODY	12		\$230.00	ONOWAY GROUP	114696	57		\$0.00	TO SHOW OTHERS		57		\$188.25
DISTRICT 20	20		\$100.00	OPEN DOOR GROUP	607230	55		\$697.31	TOWER GROUP		46		\$0.00
DISTRICE 40/41 COMMITTEE	40		\$0.00	OUR HOUSE		40		\$0.00	UNDER NEW MANAGEMENT	696671	57		\$600.00
DISTRICT 53	53		\$0.00	OUR PLACE GROUP	125679	46		\$0.00	UNITY STEP GROUP		55	\$516.00	\$836.00
DISTRICT 57 COMMITTEE	57		\$0.00	PEACE RIVER AA GROUP	11473	2		\$0.00	U OF AA GROUP	718909	57		\$100.00
DISTRICT 64	64		\$0.00	PONOKA THURSDAY NIGHT		12		\$0.00	UP THE CREEK	663735	55	\$500.00	\$1,000.00
DOLPHIN GROUP	53	\$419.45	\$2,521.70	POUNDMAKER'S TREATMENT CTR		64		\$0.00	UP THE CREEK ANNIVERSARY DINNER		55		\$0.00
DRAYTON VALLEY A.A. GROUP	6		\$0.00	PRIMARY PURPOSE GROUP-ONLINE		61		\$600.00	UP THE CREEK GRATITUDE MONTH		55		\$0.00
EARLY BIRDS BREAKFAST GROUP	53	\$1,036.40		PRINCIPLES GROUP		53			VALLEYVIEW A.A. GROUP		7		\$100.00
EASTWOOD GROUP	53	. ,		PROVIDENCE GROUP	129667	57			VIOLET GROVE LAST CHANCE	123000	6		\$0.00
ELLERSLIE ROAD GROUP	60			RAINBOWS TO RECOVERY		57			VIKING WEDNESDAY NIGHT GROUP	114564	20		\$0.00
EVANSBURG GROUP	6	1		RAY OF HOPE GROUP	680905	46	\$20.00		VIRTUAL STUDY GROUP	-1404	40		\$0.00
EYEOPENER GROUP	40			RITE TRAC GROUP	119330	53	720.00		WABAMUN WEDNESDAY NIGHT	611199	10		\$0.00
FAITH WORKS STEP GROUP	53			S.A. BACK TO BASICS	168017	64			WABANION WEDNESDAT NIGHT	011133	7		\$0.00
	53		-	S.A. BACK TO BASICS S.A. BREAKFAST GROUP	168017	64		1	WEST END GROUP	114704	40		\$0.00
FELLOWSHIP GROUP										114/04	40		
FIRST DAY GROUP	46			S.A. FRI. NIGHT OFF THE TRAIL GROUP	114586	64			WE AGNOSTICS	444704			\$0.00
FRIENDS OF BILL GOLF TOURN	60			S.A. GRACE AT NOON	C 4000-	64			WEST END GROUP	114704	46		\$0.00
FRIENDS OF BILL W AT THE HUB	40			S.A. MILLENNIUM GROUP	643837	64			WESTEND 12 STEP GROUP	688457	40		\$0.00
FT MCMURRAY BACK TO BASICS	21			S.A. ON THE HILL GROUPS		64			WEST END MEN'S GROUP	172091	40		\$0.00
FT. MCMURRAY NOONERS	21			S.A. SISTERHOOD GROUP		64			WESTGROVE GROUP	114705	40		\$0.00
FT. MCMURRAY WOMENS RECOV	21			S.A. SOBER SISTERS GROUP	721596	64			WESTLOCK AA GROUP FRIDAY NIGHT	114764	9		\$0.00
FT. MCMURRAY ROUND UP	21	L		S.A. STEP X STEP SATURDAY NIGHT GRP	129542	64			WESTLOCK SUNDAY BACK TO BASICS	691440	9		\$0.00
FT. MCMURRAY SUNDAY DETOX	21	ļ	\$200.00	S.A. SUNDAY STEP STUDY	605303	64	\$400.00	\$600.00	WESTLOCK WEDNESDAY	706329	9		\$0.00
FT. SASK BIG BOOK TOOLBOX-TAL	61		\$0.00	S.A. TUESDAY NIGHT GROUP	114701	64		\$555.00	WESTLOCK WEDNESDAY BREAKFAST		9		\$0.00
FT. SASK TOWN GROUP	61		\$0.00	S.A. WED. NIGHT CLOSED MEN'S	704318	64		\$0.00	WESTLOCK WINNERS CIRCLE		9		\$66.00
FULTON PLACE GROUP	55		\$0.00	SANDY BEACH GROUP	610511	9		\$0.00	WESTMINSTER GROUP	145451	46	\$55.00	\$1,906.00
GIBBONS SOBER RIDERS	61		\$0.00	SATURDAY NIGHT LIVE MEETING		57		\$247.00	WESTMOUNT GROUP	122145	40		\$0.00
GRANDIN MEETING	57			SEDGEWICK A.A. GROUP	1198881	20			WETASKIWIN SUNDAY MORN B.BOOK DISC	142527	12		\$200.00
GRATITUDE GROUP	53	1		SERENITY POOL SUNDAY MEETING		60			WHITECOURT AA GROUP	114766	6		\$250.00
GRIMSHAW SATURDAY NIGHT GR		1		SHER. PARK HAPPY HOUR GROUP	121626	61			YOUNG & OLD GROUP	124191	53		\$0.00
H5	57	1	\$0.00					20000	YOUR CHOICE GROUP		53	\$395.00	
	- ,	1	.00 ,00								55	<i>4333.</i> 00	<i>, , , , , , , , , , , , , , , , , , , </i>
T-4-1		\$2,182.85					\$1 330 35	[1			\$2 722 45	\$16 630 13
Total	L	\$2,102.85	\$16,696.08	Total			\$1,228.25	\$22,346.06	Grand Total				\$16,620.12 \$55,662.26