

ECO NEWS

\$1.00

August 2022

Edmonton Central Office Society
#205, 10544 114 St. NW
Edmonton, AB T5H 3J7
780-424-5900
www.edmontonaa.org
Email. centraloffice@edmontonaa.org

From the Editor

You may have heard that the City of Edmonton plans to shut down Hawrelak Park for major utility and infrastructure upgrades in the spring of 2023 for 3 years! So make sure you enjoy the park until then! The Edmonton Heritage Festival celebrating multiculturalism is held this August long weekend at Hawrelak Park. On a related note, there are a variety of AA events in August and beyond that you will find documented in this newsletter.

You will also find in this newsletter a diatribe written years ago by Wayne P. in response to public opinions that “AA is a religious cult” type of organization. Having been an active and long-time member of AA, he feels that it is important for the newcomer to hear from one of those who is happy and stayed sober without the traditional Christian view of God.

Enjoy the remainder of your summer!

Julia J., Editor of the ECO newsletter

TRADITION EIGHT

“Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.”

- 1. Is my own behavior accurately described by the Traditions? If not, what needs changing?**
- 2. When I chafe about any particular Tradition, do I realize how it affects others?**
- 3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?**
- 4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?**
- 5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?**
- 6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?**
- 7. Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition—How It Developed?**

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971.

STEP EIGHT

“Made a list of all persons we had harmed, and became willing to make amends to them all.”

“...This and the next two Steps are concerned with personal relations. Learning to live with others is a fascinating adventure. Obstacles: reluctance to forgive; non admission of wrongs to others; purposeful forgetting. Necessity of exhaustive survey of past. Deepening insight results from thoroughness. Kinds of harm done to others. Avoiding extreme judgments. Taking the objective view. Step Eight is the beginning of the end of isolation.”

(Reprinted from 12 X 12, P. 7.)

PROMISE EIGHT

“Self-seeking will slip away.”

EIGHTH STEP PRAYER

**Higher Power,
I ask Your help in making my list of all those I have harmed.
I will take responsibility for my mistakes &
Be forgiving to others as You are forgiving to me.
Grant me the willingness to begin my restitution.
This I pray.**

Alcoholics Anonymous, Cleveland

CONCEPT EIGHT

“The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of overall policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.”

(Reprinted from the General Service Office Service Material)



Group Birthdays August 2022

60 Minutes to Sobriety

Last Sunday

Aug 1 Khan K. 5 yrs
 1 Marilyn S. 34 yrs
 8 Randy P. 5 yrs

A New Way of Life

Last Monday

None

Back to Basics

First Thursday

Aug 23 Chris P. 6 yrs

Breathe Easy

First Friday

Colin H. 6 yrs

Ellerslie

Last Thursday

None

Fellowship Breakfast

Last Saturday

Aug 1 Joel W. 1 yr
 9 Fred K. 2 yrs
 14 Jackie M. 19yrs
 24 Alasdair M. 2 yrs

Gratitude

Last Monday

None

Mustard Seed

Last Sunday

Aug 13 James P. 29 yrs
 21 Jameson E. 2 yr

Oilman's

First Monday

Aug 2 Jan D. 59 yrs

South Side

Third Friday

Aug 21 Donna Y. 15 yrs

12 Steps to Serenity

Aug 17 Mike D. 7 yrs
 27 Sharon M. 7 yrs
 30 Mike W. 1 yr

Step Sisters

Last Wednesday

Aug 27 Rita W. 4 yrs

Suit Up & Show Up

Last Saturday

None

Please send Birthdays in
 September to the editor
 by email

editor@edmontonaa.org
 or update your members
 list at AA Central Office,
 #205, 10544-114 St NW,
 Edmonton, AB T5H 3J7

St. Albert

Breakfast

Aug 3 Elmer M. 37 yrs
 22 Moe H. 17 yrs

Sober Sisters Women's

Last Wednesday

Aug 1 Eileen B. 46 yrs
 Jan A. 4 yrs

Sunday Night

Last Sunday

Aug 20 Russell B. 16 yrs

West End 12 Step

First Tuesday

None

Westminster

Last Saturday

Aug 3 Val C. 10 yrs
 15 Kevin S. 28 yrs
 21 Diane L. 38 yrs

WEMG

First Wednesday

None



AA HISTORY FOR THE MONTH OF AUGUST

Aug 1

1943 – Washington Times-Herald (DC) reports on AA clubhouse, to protect anonymity withholds address.

Aug 3

1954 – Brinkley S. gets sober at Towns Hospital after 50th detox.

Aug 8

1879 – Dr. Bob born in St. Johnsbury, VT.

Aug 9

1943 – LA groups announce 1000 members in 11 groups.

Aug 11

1938 – Akron & NY members begin writing stories for Big Book.

Aug 15

1890 – E. M. Jellinek is born, author of “The Disease Concept of Alcoholism” and the “Jellinek Curve”.

Aug 16

1939 – Dr Bob and Sister Ignatia admit first alcoholic to St. Thomas Hospital, Akron, Ohio.

Aug 18

1988 – 1st Canadian National AA Convention in Halifax, Nova Scotia.

Aug 19

1941 – 1st AA Meeting in Colorado is held in Denver.

Aug 25

1943 – AA group donates Big Book to public library in Quincy, MA.

Aug 26

1941 – Bill writes Dr Bob to tell him Works Publishing has been incorporated.

Aug 28

1954 – 24 Hours a Day is published by Richmond W.

Other significant events in August for which we do not have a specific date:

1934: Rowland H and Cebra persuade court to parole Ebby T. to them.

1939: Dr. Bob wrote & may have signed article for Faith magazine.

1941: 1st meeting in Orange County, California held in Anaheim.


1981: Sales of the Big Book passes 3 million.

Thanks to Billy C. and Nancy O. for this list, used by permission

Groups Needing Support

Mon - Chapter-Oilmen's Group	Tue - West End 12 Step Group
Mon - Eastwood Group	Wed - Jellinek Jumpstart
Tue - Rite Trac Group	Thurs - North Edmonton Group
Tue - Jellinek Sunrise Light Luncheon	Fri - Jellinek Sunrise Luncheon

2021 Calendar of Events



**District 20's
19th Annual Open
Campout Roundup**
With Al-anon Participation
Theme: Let Go & Let GOD
August 5, 6, 7, 2022
Riverdale Mini Park

Riverdale Mini Park is 20 km North of Wainwright on Hwy 41

Not a Camper??

Best Western: (780) 845-9934

Ramada: (780) 842-5010

For Reservations Call Riverdale Mini Park: (780) 842-2996

Contacts:

Robert S - (780) 261-0104

Gary P - (780) 842-0515

Dave F - (780) 842-9482

TGIF in Okotoks
8th Annual Open

Summer Sizzler
rain or shine

join us **Friday August 12th, 2022**
doors 5:30

We fire up the grill at **6:00** for
hot dogs and smokies with all the fixins,
then stick around for a campfire meeting at **8pm**

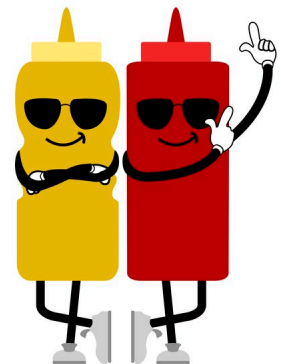
Cost: by Donation

location:

Okotoks Alliance Church

338 Ave & Hwy 2A

(just North of Okotoks Honda)



Cranbrook and Kimberley Annual AA Campout

Friday, August 5th – Sunday August 7th
Columbia Lake Ranch, Canal Flats, BC

This years' campout will be held at beautiful Columbia Lake. A 45-minute drive North from Cranbrook, BC. There will be plenty of room for RVs, trailers, & tents. With games for both young and young at heart, traditional events, and sandy beaches, there's good times just waiting to take place. Members are advised to RSVP as soon as possible. Ticket cost \$30 for adult and children 12 & under free. Only 200 tickets available! So, get them while they last! Tickets can be purchased at any Cranbrook AA meeting.

Please RSVP to Tyler @ 250-919-7840 or Donny @ 250-423-0545

District 9 Round-Up

August 26, 27, 28, 2022

keep coming back



Where: Alcomdale Community Center
(400 Union Ave. - Hwy 44 & Twp Road 570 - South of Busby)

Cost: \$30 per person

(Free camping (no hook-ups) - Potluck Saturday (meat provided) - Playground)

Speakers:

Ben W. (Friday) & Brad F. (Saturday)

Alanon Speaker TBA

Questions ? Contact Cam J. at 780-307-5579

Greig Lake 43rd A.A. Campout Roundup



**With Al-Anon Participation
Seventh Tradition**



"Self-Supporting, Declining Outside Contributions."

Everyone is Welcome @ All Functions

Enjoy the Fellowship – Bring a Lawn Chair if You Like

“The Promises”

Labour Day Weekend: 2022 September 2, 3, 4, & 5

(Greig Lake is in the Meadow Lake Provincial Park - Saskatchewan)

Campsite Reservations need to be made through Saskatchewan Parks

Don't forget to bring your bathing suit, raincoat, parka, sunscreen, bug spray, lawn chair, coffee mug, smile, yourself, and a willingness to help-out.

Bring What You Can & Join in the Fellowship

(Breakfast – Sat. & Sun.) **Potlucks** (Supper - Fri., Sat. & Sun.)

Open Meetings & Fish Derby



WANTED

The “Saturday Night Speaker Special” meeting at the Camel Club is looking for members willing to share their experience strength and hope! What it was like, what happened, and especially what it is like now for you in recovery. If you are interested in being a speaker, please E-mail Mike at miketougas1@gmail.com, or Christie at noblec@telusplanet.net. Include in your E-mail your sobriety date, your home group, telephone number and E-mail. As well, please let us know who is coming to introduce you! You will have 40-45 minutes to share. The meeting is every Saturday night at 8p.m. at the Camel Club: #201, 14567-118th Avenue.

CAMPUS GROUP'S

BLUE JEAN ROUND UP

Friday, Sept. 30th – Sunday, Oct. 2nd

FULTON COMMUNITY HALL

6115 FULTON RD. NW. EDMONTON, AB

TICKETS: \$35

If you are looking for tickets or have any questions please email aacampusgroup@gmail.com or text 647-520-6670.

National A.A. Technology Workshop 2022

Moving Forward
Together



September 9th - 11th, 2022

Seattle (Tukwila), WA and online

.....
For more info and to register visit NAATW.org

District 10 Gratitude Picnic

When: Sunday, September 11th 2022

Where: Jubilee Park – 510 Grove Drive
Spruce Grove, AB

Time: 11 am to 4 pm

Burgers, hot dogs and beverages provided

Please bring salads and/or desserts

Bring your own lawn chairs, fellowship,
sports equipment, appetite!

Seventh Tradition Accepted

Contact: brendaj246@hotmail.com

46th Annual
Slave Lake Roundup
September 2-5th 2022
Widewater Community Complex

HONESTY & RECOVERY

Camping available - No Powered Sites
\$50/ person (Children 12 & under free)

Friday	2:00pm	Gates Open
	4:00-8:00pm	Registration and hot dog roast
	8:00pm	Welcome Meeting
	10:30pm	Night Owl Campfire Meeting
Saturday	8:30-10:00am	Continental Breakfast
	10:30am	AA Call Up Meeting
	12:00-1:00pm	BBQ lunch - 7th Tradition
	1:30pm	Al-Anon Speaker Meeting - Speaker TBD
	3:00pm	AA Call Up Meeting
	6:00pm	Potluck Supper - Meat Provided
		Raffle Sales close at 7:50pm
	8:00pm	Sobriety Countdown and AA Speaker Meeting
		Raffle Announcements will follow meeting
	10:30pm	Night Owl Campfire Meeting
Sunday	8:30-10:00am	Pancake Breakfast
	10:30am	AA Speaker Meeting - Speaker TBD
	12:00pm	Leftover Lunch
	6:00pm	Leftover Supper
	8:00pm	AA Call Up Meeting
	10:30pm	Night Owl Campfire Meeting
Monday	9:30am	Wrap Up Meeting
	10:30am	Cleanup

Pets are not allowed in the complex and must be kept on leash
For more info contact Bob K. 780-849-1896 or Rick A. 867-668-1519



17
SEP / 2022

AREA 78 2022 FALL ASSEMBLY
Calgary, Alberta, Canada

Start: September 16 @ 6:00 pm
End: September 18 @ 12:00 pm

**IN-PERSON OUR 33rd
ALCOHOLICS ANONYMOUS
14-WEEK STEP SERIES**

Presented By the
"Twelve Steps to Serenity Group"

Date: Sept. 13 – Dec 13, 2022
Time: Tuesdays @ 7:00 p.m.
Location: Church of the Nazarene
1380 SHERWOOD DRIVE, SHERWOOD PARK, AB

CONTACT INFORMATION
LINDA C. 780-394-5828
DUNCAN M. 587-930-2302

Material Needed
A Big Book, Twelve Steps and Twelve Traditions Book and a highlighter
The Twelve Steps to Serenity has facilitated this series for 16 yrs.

WILDROSE Round-Up

With Al-Anon Participation

**"CELEBRATING SOBRIETY"
ONE DAY AT A TIME**

October 22, 2022

Ridgewood Community League Hall
3705 Mill Woods Road East NW
Edmonton

Full day: \$50/person
Speakers only - \$25/person



Canteen

- available for Sale
- Hamburgers & Hot dogs

For tickets contact:

Larry V: 780-298-6540
Ron S: 780-913-0034

Or email: wildrosesroundup@gmail.com



Edmonton Grapevine Committee and District 71- AAGV Present:

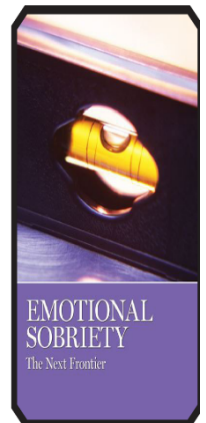
Emotional Sobriety - 6 Week Study "AA Grapevine Style"!

Tuesdays, November 1st - December 6th, 2022
7-8 p.m. PST 8-9 p.m. MST
200M: 780 965 9440 (No Password)

** Emotional sobriety? What is it? Come join us for this 6 week on-line study as we explore how members have achieved this, and how it can enhance our recovery! Invite a friend, Sponsor, Sponsee, or your whole Home Group!**

** Make sure to buy the FIRST Emotional Sobriety Book! **

First Things First...Buy the Book!
Go to aagrapevine.org
For more information, contact
Michelle B.: michellebinservice@shaw.ca



June 20, 2022

Greetings form the 12 Step Chair!

I want to reach out and say that everyone is doing great service work for their groups on the month of the day that your group is on the 12 step calls.

My only concern is to make sure that you please call in on the day and at the appropriate time you are asking to call in. There have been times when the group on that day has not called in on time which is fine and life happens. However there are times that the Answering Service has called the person many times and there has been no response. So if something happens where you are not available to be on the calls for that day please reach out to your own group.

It is not the responsibility of the 12 Step Chair to do your day. That is not what I am here to do. Yes I would help if needed but not when the group has not followed through on their day.

If anyone is interested in being added to the 12 step call list for your area, you can go on the website and provide your information.

Also if there is a group that is interested in doing a 12 Call for a day in the month, please also let me know. We do require help at this time.

Again thank you for your service!

Have a Blessed Summer!


Deborah F. 12 Step Chair

GRAPEVINE Daily Quote

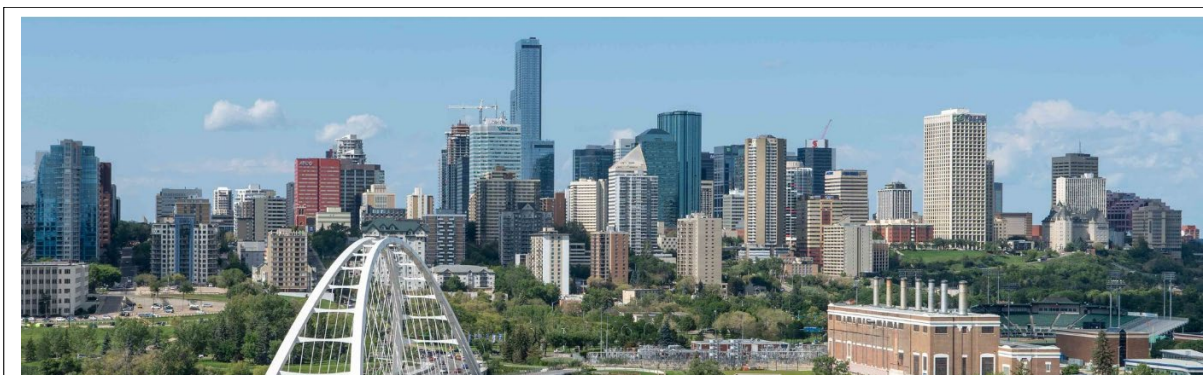
August 8 2021

"Often in the past, my prayers for help have been answered in ways that I have not recognized as answers. Indeed, I have cursed my fate instead of thanking God."

"Gratitude," New Canaan, Connecticut, September 1979, Voices of Long-Term Sobriety



**VOICES OF
LONG-TERM SOBRIETY**
OLD-TIMER'S STORIES
FROM AA GRAPEVINE



Enjoy this wonderful Edmonton Summer!

We Agnostics

Many members of AA, both newcomers and old timers, have been challenged by the concept of God. Some reject outright the whole idea of a supreme being while others of us are simply incapable of accepting a classical view of God.

The word Agnostic literally means one who rejects Gnosis, which is the claim that spiritual or mystical knowledge exists. At the other extreme, some Agnostics believe in God but assert that they do not comprehend what it is in which they believe. While spiritual traditions exist that do not invoke the concept of God, the program of Alcoholics Anonymous calls for a “Higher Power of our own understanding.”

It is important that the newcomer to AA who is interested in this program of recovery is not pressured to accept a classical belief about God and His existence. We expect to provide a safe space for you to inquire into the concept of such a Higher Power that will be acceptable to you personally. We wish to show you that AA is a system of practice, not of beliefs. Certain beliefs may help us in our personal journey towards sobriety, but we do not foist our beliefs on others. The program calls for the acknowledgment of forces in the universe outside of the will of the individual but does not attribute specific qualities to such power. Although some have found it helpful, it may not be necessary to believe that such an Intelligent Being actually exists with a will and intentions for each of us.

In Alcoholics Anonymous, it is possible to achieve sobriety and stay sober without anything more than a belief that recovery is possible.

We can follow the twelve steps without the overtones of moralism (the idea of imposing one’s morals on others) or subscribing to any specific faith, dogma, belief, or superstition. We do not need to have any opinion on the truth or incorrectness of any belief, but we do believe that you should respect all people’s right to their own beliefs and interpretations, even when you strongly disagree with those beliefs. We must also respect others skepticism about any beliefs we may have. When proclaiming belief in something during a comment at a meeting, it may be helpful if we also explain how that belief helps us to stay sober.

Lastly, each of us should remember to always respect and honor everyone exactly where they are in their search for sobriety and sanity in life.

Wayne P.

West End Men’s Group

Ever since I was a kid I wanted to be good enough at skating, biking, surfing, or running to be chosen to represent a brand like Nike, Red Bull, or Under Armour.

Recently the pandemic has allowed me to double down on recreation and hone my craft, and I finally got a sponsor. Thanks Alcoholics Anonymous!

Delegate's Corner – August 2022

The summer is bringing the membership together, doing what we all love the most – sharing in the fellowship and carrying the message of recovery from alcoholism.

While members gather for roundups, birthdays, and campouts through the summer, the General Service Board is Meeting in New York July 29 – 31. Updates, reports, actions taken and those still outstanding will be discussed. After these meetings, Irma (our Western Canada Regional Trustee) shares all the goings-on with us four delegates. Look for the highlights next month! To keep current on what's happening from GSO, check out "What's New" <https://www.aa.org/news-and-announcements>

TRUSTEE-AT-LARGE, CANADA Trish L., our current Trustee will soon finish her term. At the next Conference, a new Canada Trustee will be elected. The choices come from past delegates who are elected in each of the 14 areas across Canada. So, at our September Assembly, any past delegates interested in putting their name forward for this service position will be voted on by the Assembly Committee (GSRs, DCMs and Area Committee Officers). Anyone able and interested, please contact me.

It was a pleasure to give the Delegate's Report, virtually, on July 19 & 25. For any groups or Districts who would like the report presented for their members, please contact me at the email below. The written report, a PP of the report, the Advisory Actions, and the Committee Considerations will be posted on Area78.org website by the end of July.

In July, the North South Connection Special Forum was held virtually and included western hemisphere Areas from the far north to the most southern tip. It was great to get notices and questions from members in Area 78 who were super excited about the Forum. Although traveling during the one-day event, I was able to participate before hitting the road to Slave Lake and listened to the rest as I drove. Hope you found it as moving and inspiring as I did.

When I was in Slave Lake, it was great to see some of the members on Saturday night at the meeting at the Friendship Center. Thanks for welcoming me and for all your shares! I've heard how great all the roundups have been in our Area. What a life we have been gifted!

A little reminder about WRAASA – Western Regional A.A. Service Assembly, Feb 26 – 28 in Edmonton. Hope you're planning to be there!

Yours in loving service, Tami
Area 78 Delegate delegate.72@area78.org

A man in a hot air balloon realized he was lost. He saw a person on the ground and yelled down to him, "Can you help me? I don't know where I am." The man replied, "Sure, I'll help you. You are in a hot air balloon hovering 30 feet above the ground...between 40 and 41 degrees North latitude and between 59 and 60 degrees West longitude."

"Wow, you must be an AA sponsor", said the man in the balloon. "I am", said the man, "but what gave me away?"

"Well", answered the balloonist, "everything you told me is technically right but I am still lost. Frankly you're not much help at all and you might even have delayed my trip."

"You must be an AA sponsee", replied the man. The man in the balloon was amazed and said, "I am, but how did you know?"

The man on the ground said, "Well, you don't know where you are or where you're going. You have risen to where you are due to a lot of hot air. You are expecting other people to solve your problems and the fact is that you are in exactly the same position you were in before we met, but, somehow now IT'S MY FAULT"!

The Problem & the Actress

BY: ANONYMOUS | HOLLYWOOD, CALIFORNIA

In 1960, a Hollywood star tells of her fear of being found out and what it took to get help in AA—courage

What people say is important to most of us. But to those of us in the profession of acting, it is our daily bread.



Saint Francis Prayer

Lord, make me an instrument of thy peace!

That where there is hatred,
I may bring love.

That where there is wrong,
I may bring the spirit of forgiveness.

That where there is discord,
I may bring harmony.

That where there is error,
I may bring truth.

That where there is doubt,
I may bring faith.

That where there is despair,
I may bring hope.

That where there are shadows,
I may bring light.

That where there is sadness,
I may bring joy.

Lord, grant that I may seek rather
to comfort, than to be comforted.

To understand, than to be
understood.

To love, than to be loved.

For it is by self-forgetting that one
finds.

It is by forgiving that one is
forgiven.

It is by dying that one awakens to
Eternal Life.

<<< Cartoon by Kate Curtis. Kate's cartoons can be found on her blog at <http://cluestolife.wordpress.com>.

A young actress experiences success early in her career. She begins drinking or using drugs, leading to erratic behavior and lost roles. Then, with the help of family and friends, she realizes the error of her ways and enters rehab. Within two years, she turns her comeback into a best seller, then a made-for-television movie.

It is, these days, a familiar story. But 50 years ago, when the actress Lillian Roth wrote "I'll Cry Tomorrow," a harrowing account of her descent into alcoholism, celebrities were not in the habit of baring their souls in public. The book was an instant sensation, selling more than 100,000 copies in a few months. It was translated into 18 languages. A 1955 Hollywood film based on the book earned an Oscar nomination for Susan Hayward.

But Roth's account of her own struggle also helped change the way Americans view drinking problems. Reviewers praised the book as courageous. Although other Hollywood stars had written autobiographies, none had provided such lurid and graphic details. "Few personalities who have lived a life such as has Lillian Roth would dare to write with similar frankness," The Atlanta Constitution wrote at the time.

By Barron H. Lerner March 9, 2004

CONTRIBUTIONS TO EDMONTON CENTRAL OFFICE

In keeping with the AA Seventh Tradition of self-support, Edmonton Central Office can accept contributions only from AA members and AA Groups.

Contributions can be made to Edmonton Central Office by any of the following methods (AA members or groups only please):

- **E-transfer to centraloffice@edmontonaa.org** you will need to provide the answer to the security question via a separate email to this address.
- Visa or MasterCard either over the phone (780-424-5900) or in person (by appointment)
- Cheque made payable to “Edmonton Central Office” and brought to the office (by appointment) or mailed to the office at:

Edmonton Central Office
Suite 205
10544 114 St NW
Edmonton, AB T5H 3J7

- Cash brought to the office (by appointment).
- Arranging on-going monthly contributions by calling or emailing Central Office

The Edmonton Central Office Society is a registered charity. A tax receipt will be issued early in 2022 to individuals whose contribution is greater than \$20.00. For a receipt to be issued, the full name and address of the individual is needed. The receipt will indicate a contribution to the Edmonton Central Office Society.

Note: You can phone Central Office weekdays from 11:00 AM to 2:00 PM. If you need to visit Central Office, please arrange an appointment by phone or email.

FAITHFUL FIVERS

David B. – Happy Hour Group

The Faithful Fiver Club was initiated several years ago to generate funds for Central Office. AA members pledge a donation of \$5.00 or more a month. They then receive the satisfaction of carrying the message to the alcoholic who still suffers, and recognition (if they desire) in the monthly ECOS Newsletter.

Keep coming back, it works if you work it.

Stick with the winners.

Let go and let God.

Progress, Not Perfection

BIRTHDAY CLUB

David B. – Happy Hour Group

Werner B. – Suit up and Show Up Group

Jan D. Oilmen's



“What is the Birthday Club”

- A show of gratitude by AA members, who contribute \$1.00 or more for each year of continuous sobriety.
- These funds are used to HELP SUPPORT Central Office staff and volunteers to carry the message during the office hours.
- You will receive personal Birthday Card on your sobriety date.
- Please contact Central Office, if you want to join our **BIRTHDAY CLUB!** #205, 10544 – 114 St., Edmonton, AB T5H 3J7 780-424—5900 Email: centraloffice@edmontonaa.org

Edmonton Central Office Society			
INCOME STATEMENT 2022			
	June		
	Actuals	Budget	Variance
Revenue			
Group Contributions	\$3,452.00	\$6,790.88	(\$3,338.88)
Individual/Bequeath	\$1,214.55	\$1,770.99	(\$556.44)
Birthday Club/Faithful Fivers	\$595.00	\$208.33	\$386.67
Office Supplies / Postage	\$190.00	\$89.95	\$100.05
Rental Income-EGSC, etc	\$60.00	\$37.50	\$22.50
Tradition Seven-meetings	\$314.15	\$444.51	(\$130.36)
Fundraising			
Other Inc (Interest, etc)	\$4.95		\$4.95
Total General Revenue	\$5,830.65	\$9,342.16	(\$3,511.51)
Literature & Medallion			
Literature	\$7,543.95	\$4,425.04	\$3,118.91
Medallion	\$1,744.00	\$1,669.73	\$74.27
Total Literature and Med.	\$9,287.95	\$6,094.77	\$3,193.18
Total Revenue	\$15,118.60	\$15,436.94	(\$318.34)
Expenses			
AAWS & Grapevine Literature	\$4,242.56	\$2,917.63	(\$1,324.93)
Meeting list & Greeting Cards	\$242.57	\$128.68	(\$113.89)
Medallion Purch /engraving	\$948.79	\$722.42	(\$226.37)
Intergroup Expenses			
12 Step Answering	\$404.87	\$408.00	\$3.13
Other (Archive, 12 Step,Cred,Grp Ser	\$29.46	\$42.00	\$12.54
Administrative Expenses			
Accounting & Legal	\$185.78	\$225.00	\$39.22
Bank Chgs & Cr Card chgs	\$126.06	\$150.00	\$23.94
Computer & IT Maintenance	\$297.19	\$530.00	\$232.81
Equipment Lease/Purchase	\$359.77	\$375.00	\$15.23
Fundraising expense			
Insurance	\$321.80	\$300.00	(\$21.80)
Office Supplies	-\$18.40	\$100.00	\$118.40
Postage	\$48.83	\$100.00	\$51.17
Rent	\$3,778.56	\$3,779.00	\$0.44
Salaries, Source, WCB	\$5,503.90	\$5,004.00	(\$499.90)
Staff Training / Seminar	\$545.24		(\$545.24)
Telephone / Internet	\$133.09	\$165.00	\$31.91
	\$17,150.07	\$14,946.74	-\$2,203.33
Total Revenue	\$15,118.60		
Total Expenses	\$17,150.07		
Income / (Loss)	(\$2,031.47)		

