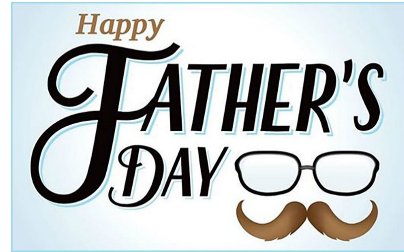


ECO NEWS

\$1.00

June 2022

Edmonton Central Office Society
#205, 10544 114 St. NW
Edmonton, AB T5H 3J7
780-424-5900
www.edmontonaa.org
Email: centraloffice@edmontonaa.org



From the Editor

Sunday, June 19 is Father's Day 2022 in Canada. The theme of this month's ECO newsletter is *celebration of Fathers in recovery*. On that note, you will find an article by a sober Dad from the Serenity Group, Bangkok, Thailand entitled "A Sober Dad in Bangkok, Thailand". We also feature an article on *service* written in the year 2006 by Area 78 Past Delegate Panel 56 Pat L. There are a number of upcoming events in June. The Athabasca AA roundup/camp out is June 3, 4, 5. Members of the CPC committees inform professionals about AA June 8th. There is a speaker meeting in Chappelle June 10th. Celebration of 75 years of AA in Edmonton occurs June 11th. Details of these events as well as future events are presented in this newsletter.

In service and with gratitude, Julia J., Editor of the ECO newsletter

TRADITION SIX

"An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."

"The "related facility" may be an outside group combating alcoholism—or an enterprise that A.A.s want to start. It was the latter that most often confronted the young Fellowship. Outside agencies were pretty scarce in those days, and some members thought A.A. should cover the whole alcoholism field. Led by a "super-promoter" (as the "Twelve and Twelve" describes him), one group built an all-purpose center, including a section for drying-out treatment. Picture any group tackling such a project! Arguments over cost, architecture, staff, fees, medication, and rules might even make the local paper. (And pity the poor newcomer straying into the group— "We'll get around to you in a minute.")"

GRAPEVINE Daily Quote

June 24, 2021

“Our mistakes of yesterday can be stepping stones for tomorrow if we do something about them today.”

“Patience Helps,” New York, New York, September 1947, AA Grapevine



Happy Father's Day



Please Help!

We would like to hear from you about your AA related experience, strength, and hope, keeping in mind copyright and credit concerns.

For example, write a short article about your home group, give your interpretation of a slogan, explain one of the steps or traditions, send a joke or cartoon keeping in mind the sensitivities of our readership. Any contributions will be appreciated.

Submissions should be less than 300 words. Submit with your first name and initial, group, and phone number where you can be reached (of course we will protect your anonymity).

Submit articles to AA Central Office, #205, 10544-114 St NW, Edmonton, AB T5H 3J7 Fax: (587) 523-4334
Email: centraloffice@edmontonaa.org or editor@edmontonaa.org

Subject Line: Attention ECO News



STEP SIX

“Were entirely ready to have God remove all these defects of character”

“We have emphasized willingness as being indispensable. Are we now ready to let God remove from us all the things which we have admitted are objectionable? Can He now take them all, everyone? If we still cling to something we will not let go, we ask God to help us be willing.”

(Reprinted from Alcoholics Anonymous, P. 76.)

PROMISE SIX

“That feeling of uselessness and self-pity will disappear.”



CONCEPT SIX

The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

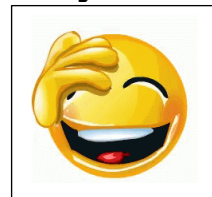
(Reprinted from Service Material from the General Service Office)

AA Joke

A guy wants a divorce. He tells the judge "I can't take it anymore. She's going from bar to bar every night way past midnight"

The judge responds "what's she doing"

The guy says "looking for me"





Group Birthdays for June 2022

60 Minutes to Sobriety

Last Sunday
June 30 Bill L. 23 yrs

A New Way of Life

Last Thursday
None

Back to Basics

First Thursday

Breathe Easy

First Friday
Peter J. 28 yrs
Cheryl W. 36 yrs

Ellerslie

Last Thursday
June 1 Julian G. 7 yrs
11 Rob B. 11 yrs

Fellowship Breakfast

Last Saturday
None

Gratitude

Last Monday
June 3 Chris K. 2 yrs

Last Call

Last Wednesday
June 15 Gregg C. 4 yrs

Mustard Seed Group

Last Sunday
None

South Side Group

Third Friday
June 15 Sylvia M. 7 yrs
30 Joe C. 3 yrs

12 Steps to Serenity

June 18 Rick B. 1 yr

Step Sisters

Last Wednesday
None

Suit Up & Show Up

Last Saturday
June 30 Kelly L. 37 yrs

Oilman's

First Monday
None

Please send your updated member's list to
editor@edmontonaa.org

St. Albert Breakfast *

Last Sunday
None

SA Sunday Night Step*

June 2 Danielle A. 12 yrs
7 Edna B. 13 yrs
28 Cole W. 1 yr

West End 12 Step

First Tuesday
June 3 Ken C. 34 yrs

Westminster

Last Saturday
June 8 Cathy 3 yrs
11 Kelley J. 18 yrs
24 Lindsay S. 35 yrs

WEMG Group

First Wednesday
June 4 Rod M. 33 yrs
29 Brian W. 2 yrs



AA HISTORY FOR THE MONTH OF JUNE

June 1

1949 – Anne S., Dr. Bob's wife, died.

June 4

2002- Caroline K., author of "Drinking: A Love Story" died sober of lung cancer.

June 5

1940 – Ebby T. took a job at the NY World's Fair.

June 6

1940 – The first AA Group in Richmond, VA, was formed.

1979 – AA gave the two-millionth copy of the Big Book to Joseph Califano, then Secretary of Health, Education, and Welfare. It was presented by Lois W., Bill's wife, in New York.

June 7

1939 – Bill and Lois W. had an argument, the first of two times Bill almost slipped.

1941 – The first AA Group in St. Paul, Minnesota, was formed.

June 8

1941 – Three AAs started a group in Kalamazoo, Michigan.

June 10

1935 – The date that is celebrated as Dr. Bob's last drink and the official founding date of AA. There is some evidence that the founders got the date wrong and it was actually June 17.

June 11

1945 – Twenty-five hundred attend AA's 10th Anniversary in Cleveland, Ohio.

1969 – Dr. Bob's granddaughter, Bonna, daughter of Sue S. and Ernie G. (The Seven Month Slip in the First Edition) killed herself after first killing her six-year-old child. 1971 – Ernie G. died.

June 13

1945 – Morgan R. gave a radio appearance for AA. He was surveilled to make sure he did not drink.

June 15

1940 – First AA Group in Baltimore, MD, was formed.

June 16

1938 – Jim B., "The Vicious Cycle" in Big Book, had his last drink.

June 17

1942 – New York AA groups sponsored the first annual NY area meeting. Four hundred and twenty-four heard Dr. Silkworth and AA speakers.

June 18

1940 – 100 attended the first meeting in the first AA clubhouse at 334-1/2 West 24th St., NY City.

June 19

1942 – Columnist Earl Wilson reported that NYC Police Chief Valentine sent six policemen to AA and they sobered up. "There are fewer suicides in my files," he commented.

June 21

1944 – The first Issue of the AA Grapevine was published.

June 24

1938 – Two Rockefeller associates told the press about the Big Book "Not to bear any author's name.

June 25

1939 – The New York Times reviewer wrote that the Big Book is "more soundly based psychologically than any other treatment I have ever come upon."

June 26

1935 – Bill D. (AA #3) entered Akron's City Hospital for his last detox and his first day of sobriety.

June 28

1935 – Dr. Bob and Bill W. visited Bill Dotson at Akron's City Hospital.

June 30

1941 – Ruth Hock showed Bill W. the Serenity Prayer and it was adopted readily by AA.

2000 – More than 47,000 from 87 countries attended the meeting of the 65th AA Anniversary in MN.

Other significant events in June for which we have no specific date:

1948 – A subscription to the AA Grapevine was donated to the Beloit, Wisconsin, Public Library by a local AA member.

1981 – AA in Switzerland held its 25th Anniversary Convention attended by Lois W. and Nell Wing.

Thanks to Billy C. and Nancy O. for this (slightly abridged list), used by permission.

DISCLAIMER: April 2022

The following article was written in the year 2006 by Area 78 Past Delegate Panel 56 Pat L. Since 2006 (16 years ago) several other questions have been asked from the General Service Office (GSO) of Alcoholics Anonymous that are too numerous to state or address here. The following article is attached **only** for your information and some facts that happened in the years 2006 and 2007. Please enjoy!

A Service Vision for You

Chapter 11 in the book Alcoholics Anonymous in my opinion talks primarily about one alcoholic talking to another alcoholic and carrying the message of recovery – Our Primary Purpose.

We have shown how we got from under, how we get along without liquor and show the suffering alcoholic that they can have the same freedom from their addiction.

We found the Fellowship and so will they.

My substitute for the power alcohol had in my life was to become involved in those dreaded words “Service Work”. I prefer to simply say that I just carry the message of recovery to the still suffering alcoholic thru the Service Structure of Alcoholics Anonymous.

In 1995 the founding members passed on to the Fellowship the responsibility for the three legacies of Recovery, Unity and Service when AA had finally “come of age”. The groups were put in charge and our second tradition tells us that this happens through the authority of a loving God in a group conscience.

In a couple of weeks I will be attending the 56th Annual General Service Conference of Alcoholics Anonymous on your behalf. The theme is “Sponsorship, Service and Self Support in a Changing World”. I will be serving on the Grapevine Committee and the International Conventions and Regional Forums Committee. I will be a very busy girl and I am profoundly privileged to carry your voice to the General Service Conference, New York. Thank-you for your faith and trust.

I assume your group had a General Service Representative and that they attended our Pre-Conference Assembly in March.

If not, it is imperative that your group elect one so that your Groups Voice will be heard along with the other 192 members in attendance.

These are just a few of the many agenda items going to the Conference this year.

How does your group feel about having a “Finance Card” to read at the beginning of a meeting explaining how the basket money (7th. Tradition) can best be used?

(continued, next page)

How does your group feel about the pie charts being removed from the self-support pamphlet?

Does your group know that there is a freight charge on smaller literature orders? Do you think it should be eliminated?

Does your group think there should be a pamphlet about Intergroup?

How does your group feel about a history book to cover our years from 1955 – 2000?

Does your group think that the pamphlet “Letter to a Woman Alcoholic should be discontinued?

Do you believe that your General Service Board should now possibly be chaired by a Class B (alcoholic) Trustee? Is it time?

Does your group think that there is a need for a video on our Website directed to the professionals in the employment/human relations, legal/criminal justice, and medical fields? These professionals see the alcoholic sometimes as many as 7 years before they ever attend an AA meeting.

What are your group’s suggestions for ways the Cooperation with the Professional Community Committee presents AA to the professionals?

The Corrections Committee will be reviewing the manuscript of “AA in prison: Inmate to Inmate”.

Should the Grapevine Committee produce an anthology of La Vina (the Spanish Grapevine) stories?

The Public Information Committee will be asked to review the distribution, tracking and evaluation of our Public Service Announcements. Have you seen “Living In Chaos”?

The membership survey will be reviewed.

Does your group think the “Domestic Partner” should be added to the “Marital Status of Members”?

Does your group think we should add a “Sexual Orientation” category to the 2007 AA Membership Survey Questionnaire?

Does your group think that we need to attach an explanatory letter regarding the appropriate use of the AA Directories?

What does your group think about a pamphlet concerning Alcoholics Anonymous, religion and spirituality? In our background information from Dateline 04/22/99 a Federal court had ruled that adjudicating persons to Alcoholics Anonymous is violating their constitutional rights because the program is religious. (continued, next page)

All the background information that I received was passed on to the various committee chairs and was discussed at length in their committee meetings – I hope some of you were there.

My Vision for youis that you please remember that this is our Fellowship We Own It.

We need to make sure that the groups in Area 78 and all other Areas continue to make the decisions, and offer guidance to our General Service Board – our trusted servants. We need to keep our focus on our primary purpose of carrying the A.A. message to the alcoholic who still suffers, and that is best achieved when the groups’ voices are being heard.

Many of these thoughts and words were taken from Debbie T. Panel 55 Area 44 New Jersey, she says it all so well.

I have had a few copies printed of the AA Service Structure from the AA Service Manual Page S23 – and you can clearly see that the first part of the structure at the top is **AA GROUPS.**

I will be very eager to present my Delegate’s report when I return the end of April. I will need a couple of weeks to put it all together and then I am ready, willing and eager to take it on the road. I hope your District will invite me to share my experience of the 56th. Annual General Service Conference. Please just ask me.

I believe this is a solid and secure way to attract participation on our Three Legacies of Recovery, Unity and Service in Area 78.

Being part of the service structure of Alcoholics Anonymous has only enhanced my sobriety and made me aware of the wonderful worldwide fellowship I am proud to be part of. I am grateful to you all for encouraging me to participate.

Thank you
In Love and Service
Pat Long Delegate Area 78 Panel 56

POSTSCRIPT APRIL 2022

In answer to some of the questions in 2006/2007 to the best of my knowledge:

There is now a Finance Card available to be read at meetings – several important questions were added to our survey – several pamphlets have been re-written, added to and new ones developed. The Grapevine has eliminated the section “Alcoholism at Large “(Formerly called “The Grey Pages”).

There are numerous changes being developed each and every year. Please have your GSR or Intergroup Representative keep you advised.

(continued, next page)

If you or your group members want to be kept “Up to Date” please, I encourage you to reach out to your Area 78 Officers, your Intergroup and to read and re-read the yearly copies of the Conference Reports. They are available on the Website.

In 2006 I attended my first General Service Conference and one of the topics was an ever “Changing World” which, I believe is a very viable topic to discuss today!!

Please let’s all participate to make our Fellowship stronger, open and loving to all who choose to recover.

Stay well, stay safe and stay connected ...

In love and service Pat L. Area 78 Past Delegate Panel 56.

A SOBER DAD IN BANGKOK, THAILAND

I fell in love with my son the moment I saw him. I had such plans. I was going to be a great dad. All of the love, all of the attention, anything he would ever want and I would be that dad. I sincerely wanted in my heart of hearts to be a good dad but I was an alcoholic. A child’s love is powerful. My son adored me. He would wait for me to come home from work, and run down the hall of our apartment, calling, “Daddy! Daddy!” I would scoop him up and hug him. He was so small but I could feel his strong little hug around my neck.

I would carry him into our apartment, put him down, and grab a big beer from the fridge. He would watch me drinking and even mimic me with his sippy cup while taking a drink and saying, “Ahhh.” Just like dad. I didn’t stop at one beer. I drank until I passed out. Sometimes I made it to my bed. Just as often I would wake up on the floor where I had passed out, my son asleep on top of me or next to me holding my hand. I would feel such guilt. I would tell myself, tomorrow I’ll be a better dad. Tomorrow I will do fun things with my son. Tomorrow I’ll be the kind of dad I really want to be. I will really try. Tomorrow. During the week, my son and I would make plans for Sunday, my only day off. He would ask where we would go and what we would do. His eyes would light up like it was Christmas. But come Sunday, I would start drinking as soon as I woke up. He would ask, when will we start? “Just after this beer”, I would say. Then there was the next one and the next one. He would ask, is this the last one? Then the plans changed and we wouldn’t go anywhere. I’d think the next weekend, that’s when I was going to be a good dad. We would repeat the whole exercise week after week. His excitement, his questions and then the plans would change. He always had hope that the next time would be different. **Just like me.**

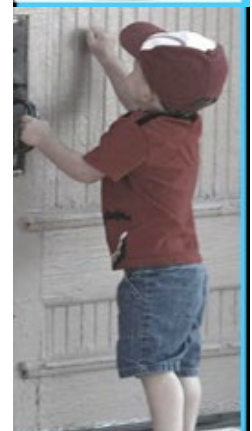
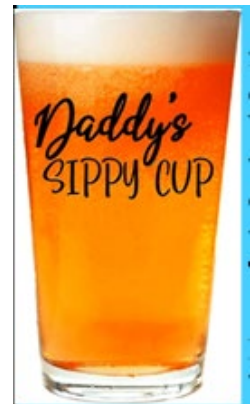
My drinking got worse. I rented a “drinking” apartment next door. I couldn’t bear watching him while I was drinking in our family apartment. His mom was there but she was busy with her own work. I was terrified he would choke on a toy or put something in the electrical outlet - any number of things that toddlers do and I would be too drunk to notice. My routine became to come home, give my son the usual hug, take beer to my new apartment and close the door. My son would try to follow me but I wouldn’t let him in. I would tell him to stay with his mother. He would knock on the door saying “Daddy let me in.” He would cry sometimes. It broke my heart but I couldn’t let him in. Eventually the knocking and the crying stopped and I carried on drinking filled with guilt and self-hate. Coming to in the middle of the night I’d open the door and there he would be sleeping in the hallway. Sometimes he had an unopened beer with him, now warm because he thought maybe I would open the door for him if he had a beer for me. I would say to myself, tomorrow, tomorrow will be different. We are told that no one gets sober for other people, but getting sober for my son was definitely part of my recovery. My son was five when I got sober and what a difference to be a sober dad. I brought him to lots of meetings with me. He was very quiet and usually napped during the meetings but all the time we had together getting to the meeting and afterward back home was all our time. We talked and laughed and ate hamburgers. Watched movies together or just hung out. **The best time ever.** (continued, next page)

My son is twenty-six now. He was raised in a sober home and the principles I learned in A.A. were the principles I tried to use in being his father. First things first, do the next right thing, let go and let God. These principles work. I realize that he has a Higher Power of his own and he has his own life to live. I love the man he has become. There might be a 12 Step Group in his future but that is his decision and he knows this A.A. thing works. I was curious about what he remembered of my drinking. In the Fifth Grade his class was doing a unit on drugs and alcohol. He asked for help with his homework, (which you can do if you are a sober parent), and here, finally, was some homework I understood. "Why do people drink and take drugs? What does it feel like when you are high? What is an alcoholic?" I was a teacher at the school he attended and after school his homeroom teacher was waiting outside my classroom. I thought she was going to tell me how great my son did on his assignment. The teacher reported that my son told the whole class that when I was drunk, I peed in the refrigerator. **He remembers.**

*The more I try to become the parent that A.A. wants me to be,
the more I become the parent I want to be.
Amazing how that works.*

The more the husband I want to be, the teacher I want to be, the man I want to be - It's all A.A., a design for living that really works.

— Charles G., Serenity Group, Bangkok, Thailand



Upcoming Events and other Notables

Speaker meeting @ Chapelle

When: Friday, June 10, 2022

Time: 7:00 PM

**Where: 5055 Chappelle Road SW
Beulah Alliance Church**

75th Anniversary of A.A. in Edmonton

"WHAT WE USED TO BE LIKE, WHAT HAPPENED, AND WHAT WE ARE LIKE NOW"

WE WANT YOU!



The 75th Anniversary Committee is looking for members and groups to participate in the Skit Happens, AA Talent Show, and AA Jeopardy Game taking place at the event on June 11, 2022

Get your group members or friends together and sign up today!

Go to <http://bit.ly/recovervskits> and pick out your own skit to perform!

75th Anniversary of A.A. in Edmonton

*"What We Used to be Like,
What Happened,
and What We Are Like Now"*

**SATURDAY, JUNE 11TH, 2022
NORTHGATE LIONS RECREATION CENTER
7542 - 139 AVENUE, EDMONTON
9A.M. - 9 P.M.**

**20 A.A.
SPEAKERS!**

**FUN &
FELLOWSHIP!**

**AA
ENTERTAINMENT!**

Banquet tickets for the 75th are sold out, however anyone still wanting to take in the activities all day are welcome, \$10.00 cash at the door.



**1st Annual Goose Lake Roundup
Hosted by Whitecourt A.A. Group
with Al-Anon Participation**

**This Event will follow the Covid-19 Protocols
as suggested by Our Alberta Government.
Proof of Vaccine will be required**



Where: Goose Lake Hall also known as Lone Pine, Alberta

When: July 22 – July 24, 2022 Tickets \$20 per person; Supper Only \$10

Theme: “The Joy of Living” from A.A.’s Twelfth Step....

Featuring: Friday & Saturday Night FREE Camping –

First Come Basis... Space for 10 Camping Units

No Hook Ups. Open Field for Tenting- no firepits

Friday: Event Starts 4:00 Check-in and set up
Campers/Tents

Across the road is the Goose Lake Campground. Rate is
\$25.00 per night. To Reserve a Site Call: 1(780)584-2480



E.G.S.C Report

The Committee is currently looking for an Alternate Secretary. We meet on zoom on the first Wednesday of the month at 630pm Zoom ID 780 239 1546 no passcode needed.

Volunteers are needed to update the E.G.S.C guidelines please contact Lil 780-686-8743

District 40 is holding a service manual workshop on zoom Wednesday's 6pm 893 0266 2058 passcode 884002. A past alcoholic trustee is presenting this.

The Grapevine committee will be at the 75th Anniversary on June 11, 2022. The Grapevine committee will be giving out free tickets (1 person per ticket) for 3 1-year Grapevine subscriptions.

PI/CPC is having a CPC luncheon for professionals on June 8, 2022. For more information please contact egsc.picpcchair@edmonton.org

Thanks. Karen C

Cooperation with the Professional Community Luncheon with Professionals

Members of CPC committees inform professionals and future professionals about Alcoholics Anonymous – what we are, where we are, what we can do, and what we cannot do. They attempt to establish better communication between A.A. and professionals, and to find simple, effective ways of cooperating without affiliating.

When: WEDNESDAY, JUNE 8, 2022

Where: 11727 Kingsway NW. Chateau Louis Hotel, Edmonton, AB.
(St. Michael Room)

- DOORS OPEN AT 11:15 A.M.
- LUNCH SERVED AT 11:30 A.M.
- PRESENTATIONS BEGIN AT 11:45 A.M.
- EVENT CONCLUDES AT 1:30 P.M.

Our luncheon is free for attending professionals. A fee of 25.00 dollars will be administered for AA members and other guests who wish to have lunch. Dietary concerns should be sent to Deloyce H., provided below.

Please RSVP:

DELOYCE H., PI-CPC Committee Chair

EMAIL: egsc.picpcchair@edmonton.org or phone 780 289-2126

On-going Big Book Studies

Tuesday 7:30 PM (Open)

Saturday 9:15 AM (Men)

South Side Chapter House

8318 104 Street

North Entrance on 84th Avenue

CARDIFF AA ROUNDUP

Sober Souls Of Edmonton & Area

JUNE 17, 18, 19 2022

CARDIFF HALL*21 DISCOVERY WAY*CARDIFF, A.B.
2 MILES EAST & 1/2 MILE SOUTH OF LIGHTS AT HIWAY 2 AND CARDIFF ROAD,
MORINVILLE (10 minutes north of Edmonton)

OUR PRIMARY PURPOSE



**ATHABASCA CAMP-OUT
AA-ROUND-UP
JUNE 3, 4 & 5, 2022
at Grosmont Hall
Tickets \$30.00**



New Meeting
Awakening Men's Meeting (Men Only) Mondays at 8 PM at the South Edmonton Fellowship Centre
Call Wayne at 780.220.7811 for information

New Meeting
Our Basic Text Meeting (Big Book Study) Mondays at 6:30 PM at the South Edmonton Fellowship Centre
Call Wayne at 780.220.7811 for information

New Meeting
"A New Way of Life" group opened Jan. 2022 meeting on Mondays at 8:30 pm.
MOSAIC HOUSE
6811 – 92A Avenue, Edmonton

BIRTHDAY CLUB

Gabrielle K., Westminster Group

"What is the Birthday Club"

- A show of gratitude by AA members, who contribute \$1.00 or more for each year of continuous sobriety.
- These funds are used to HELP SUPPORT Central Office staff and volunteers to carry the 12th Step message during the office hours.
- You will receive personal Birthday Card on your sobriety date.
- Please contact Central Office, if you want to join our **BIRTHDAY CLUB!** #205, 10544 – 114 St., Edmonton, AB T5H 3J7 780-424—5900
Email: centraloffice@edmontonaa.org



THERE ARE NO FAITHFUL FIVERS MEMBERS THIS MONTH

"An almost perfect relationship with his father was the earthly root of all his wisdom.

- C.S. LEWIS

Please direct all communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

May 10, 2022

TO: Members of the General Service Conference; Intergroups and Central Offices, U.S./Canada

FROM: Sandra W., 2025 International Convention Interim Coordinator
Email: 2025ic@aa.org

Warm greetings from the General Service Office in New York!

This is a friendly reminder regarding setting up future local events for 2025, the year that the 2025 International Convention will be held in Vancouver, BC, Canada, July 3-6, 2025.

“Reflecting guidance from the Additional Consideration of the 1999 Conference Committee on International Conventions/Regional Forums, the trustees’ Committee on International Conventions/Regional Forums suggested that the area/state/provincial committees be made aware that experience has shown that planning a local A.A. event such as a convention, too near the dates of an International Convention may result in a smaller attendance at the local event; this notice to be sent out annually starting three years prior to each International Convention.”

Once again, if you would pass this information on to any local or regional planning committees who may be setting up future events for 2025, we would appreciate your cooperation.

Group
CELEBRATION OF SOBRIETY
SOBER DANCE
Friday, July 1st, 2022

7 pm. Doors Open
7:30 pm. Speaker
9 pm. Dance

Tickets \$10
includes hotdog and drink
children under 12 are free
Hotdogs \$3
Drinks \$1

Tickets at door \$15

Brandis 780 937 3490
Leomali 403 409 3979
Hailey 780 264 6577
Sheena 587 891 6405

*if you and I are going to stay sober,
we had better get busy with sober fun.*

Alberta Avenue Hall
9210 118 Ave
Edmonton, AB



EDMONTON AA CORRECTIONS COMMITTEE

AA/Corrections takes off

The good news first, EGSC has gone from 8 inmates reached at 1 institution to 125 inmates reached at 8 institutions and climbing to 200 a week. We have gone from 1 volunteer to 60.

Now for the bad news...we have great need for financial support to meet this success, specifically, we need the literature for the spiritual and interactive sessions on the inside. We are in urgent need of Big Books and Pamphlets. HELP!

Don P. 780-973-3299

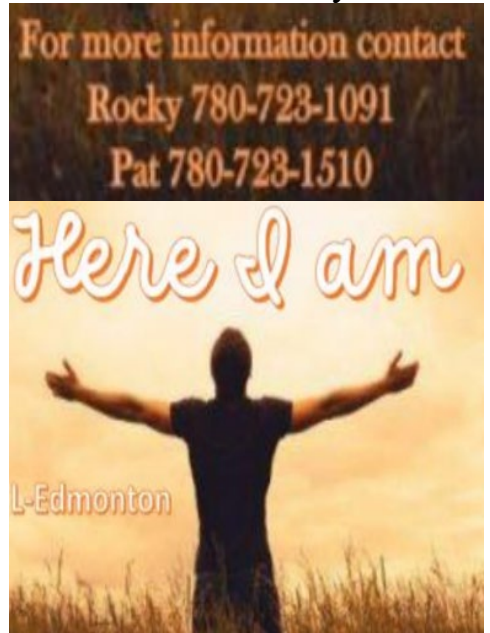
Edson and Area AA Roundup 7/16/2022

Start Time: 8:00 AM

End Time: 8:00 PM

Location: Niton Junction

Community Hall



Delegate's Corner - May 2022

What a trip...What a trip!

Walking through the time in New York - before, during and after the 72nd Conference is like nothing I've ever experienced. I love New York and I never in a million years thought I would ever say that. It is clean, friendly and lovely. Everyone walks everywhere. The work that is put into carrying the message from the staff, Trustees, Directors and overall Conference members is so heartwarming. It took me quite a while after coming home to sort through it all. I still haven't finished. My soul keeps moving around the experience.

The 10 days were in sections. First there was the site-seeing my sister and I did. Some on our own and some with Carolyn and Rio, from BC/Yukon, Richard from Manitoba. Later, we joined up with Irma and Glenn from Sask.

The next part was also prior to the conference when we had the Remote Communities Meeting, the open Hospitality meet and greet and then the Delegate's Only meeting. The Co-chairs for the next Conference are Richard, from area 80 (Manitoba), Janet F from Area 23 (Southern Indiana) and myself.

The next phase was with our Committee work. Each committee meet for 10-12 hours over 3 days. Also on those days were many reports, workshops, presentations and something they called the Fishbowl discussions. I learned so much and appreciated the hard work done by the committees and staff throughout the year between conferences.

(continued next page)

The last three days were dedicated solely and completely to the committee recommendations and considerations. This was followed by floor actions put forward at the conference itself. These were long, inspiring and soul filling hours. Watching all our Traditions and Concepts put into action was really something. Every voice was heard, every question answered and all put into thoughtful consideration, no matter how long it took.

The final part was after the Conference. Two busloads of us, with our Plus One were given a tour of the GSO, Archives and Grapevine offices. Seeing all the offices, each identified with either a position or committee name felt like a family member.

All told, the trip was a trip! So very grateful for the opportunity to take our voice, then return with the entire Conference voice.

Now for a little Pony Express Update of what's been going on:

1. **Regional Forum** June 3-5 in Winnipeg
2. **Stories** are requested for: 5th Edition of the Big Book & pamphlets: "A.A. for the Black and African-American Alcoholic", "AA for the Native North American", and "AA for the Older Alcoholic"
3. **WRAASA** (our Regional Service Assembly) is set for Feb 24 – 26, 2023
4. **CPC** (Cooperating with the Professional Community) is participating with GSO in the American Academy of Physicians Assistants Conference in **Calgary** on **June 17 – 19, 2022**. Volunteers are needed. Contact Ron (cpc.72@area78.org)
5. **GSC Delegate Report** Districts/Groups can request the report for their members; email delegate.72@area78.org
Two Reports online will be given Tues, July 19 and Mon, July 25 @ 7-9pm Zoom: 780 555 5414 password: area78

In loving service,
Tami

Online Delegate's report is given twice, Tues July 19 and Monday, Jul 25 - 7 pm - 9 pm
zoom 780 555 5414 password area78

Greig Lake 43rd A.A. Campout Roundup



With Al-Anon Participation
Seventh Tradition

"Self-Supporting, Declining Outside Contributions."

Everyone is Welcome @ All Functions

Enjoy the Fellowship – Bring a Lawn Chair if You Like



"The Promises"

Labour Day Weekend: 2022 September 2, 3, 4, & 5

(Greig Lake is in the Meadow Lake Provincial Park - Saskatchewan)

Campsite Reservations need to be made through Saskatchewan Parks

Don't forget to bring your bathing suit, raincoat, parka, sunscreen, bug spray, lawn chair, coffee mug, smile, yourself, and a willingness to help-out.

Bring What You Can & Join in the Fellowship

(Breakfast – Sat. & Sun.) Potlucks (Supper - Fri., Sat. & Sun.)

Open Meetings & Fish Derby





Cartoon by Kate Curtis. All of Kate's cartoons can be found on her blog at <http://cluestolife.wordpress.com>.



How to Celebrate Dad's Recovery

- Give a Personalized Present
- Write a Heartfelt Letter
- Head Out on a Family Adventure

Alcoholism is an incurable disease. You will have it for life. Just like you can't turn a pickle back into a cucumber, you can't turn an alcoholic back into a normal drinker.

Reprinted from Readings in Recovery: Step by Step: A blog for daily motivational readings for folks like me in recovery from alcoholism. <https://cmmacneil.blogspot.com/>

Think of at least one positive quality your father has. Recognize how your father helped make you who you are.



**FUN DAD WISE DAD
KIND DAD STRONG DAD
FAIR DAD SWEET DAD
BEST DAD MY DAD**

Edmonton Central Office Society			
INCOME STATEMENT 2022			
	April		
	Actuals	Budget	Variance
Revenue			
Group Contributions	\$7,051.35	\$5,976.68	\$1,074.67
Individual/Bequeath	\$1,230.00	\$1,813.46	(\$583.46)
Birthday Club/Faithful Fivers	\$240.00	\$259.01	(\$19.01)
Office Supplies / Postage	\$221.30	\$98.63	\$122.67
Rental Income-EGSC, etc	\$60.00	\$37.50	\$22.50
Tradition Seven-meetings	\$272.50	\$362.74	(\$90.24)
Fundraising			
Other Inc (Interest, etc)	\$4.95		\$4.95
Total General Revenue	\$9,080.10	\$8,548.02	\$532.08
Literature & Medallion			
Literature	\$8,515.90	\$4,629.04	\$3,886.86
Medallion	\$2,487.00	\$2,710.48	(\$223.48)
Total Literature and Med.	\$11,002.90	\$7,339.51	\$3,663.39
Total Revenue	\$20,083.00	\$15,887.53	\$4,195.47
Expenses			
AAWS & Grapevine Literature	\$5,084.64	\$3,131.33	(\$1,953.31)
Meeting list & Greeting Cards	\$190.76	\$176.39	(\$14.37)
Medallion Purch /engraving	\$1,283.64	\$1,111.16	(\$172.48)
Intergroup Expenses			
12 Step Answering	\$404.88	\$408.00	\$3.12
Other (Archive, 12 Step,Cred,Grp Ser	\$14.88	\$42.00	\$27.12
Administrative Expenses			
Accounting & Legal	\$179.38	\$225.00	\$45.62
Bank Chgs & Cr Card chgs	\$126.42	\$150.00	\$23.58
Computer & IT Maintenance	\$128.13	\$175.00	\$46.87
Equipment Lease/Purchase	\$359.77	\$375.00	\$15.23
Fundraising expense			
Insurance	\$321.80	\$300.00	(\$21.80)
Office Supplies	\$78.02	\$100.00	\$21.98
Postage	\$182.51	\$100.00	(\$82.51)
Rent	\$3,778.56	\$3,779.00	\$0.44
Salaries, Source, WCB	\$5,302.96	\$5,004.00	(\$298.96)
Staff Training / Seminar	\$131.64		(\$131.64)
Telephone / Internet	\$133.26	\$165.00	\$31.74
Total Expenses	\$17,701.25	\$15,241.87	(\$2,459.38)
Total Revenue	\$20,083.00		
Total Expenses	\$17,701.25		
Income / (Loss)	\$2,381.75		

