

ECO NEWS

\$1.00

December 2021

Edmonton Central Office Society
#205, 10544 114 St. NW
Edmonton, AB T5H 3J7
780-424-5900
www.edmontonaa.org
Email: centraloffice@edmontonaa.org



From the Editor

"Christmas is not as much about opening our presents as it is about opening our hearts." — Janice Maeditere

Merry Christmas, dear friends.

Many of us feel underwhelmed, let down, or disappointed after Christmas. Consider using the slogans to deal with the emotions that Christmas brings. For example:

Keep Coming Back: Going to extra meetings during the months of December and January can make all the difference in getting you through the holiday season.

The theme of this issue, among much other Christmas cheer, is *use of the slogans to deal with the holidays*.

<http://cluestolife.wordpress.com>. →



TRADITION TWELVE

"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities."

1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to *me* if AA as a whole disappeared?
2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
4. Do I ever try to get a certain AA group to conform to *my* standards, not its own?
5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is *my* part?

(Reprinted from Service Material from the General Service Office SM F-131)

STEP TWELVE

“Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.”

PROMISE TWELVE

“We will suddenly realize that God is doing for us what we could not do for ourselves.”

TWELFTH STEP PRAYER

Dear God,

My spiritual awakening continues to unfold.

The help I have received I shall pass on & give to others, both in & out of the Fellowship.

For this opportunity I am grateful.

I pray most humbly to continue walking day by day, on the road of spiritual progress.

CONCEPT TWELVE

“The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.”

- **How do we guard against becoming a “seat of perilous wealth or power”?**
- **How do we practice prudent use of our Seventh Tradition contributions and literature revenue?**
- **Do we insure the spiritual liberties of all A.A. members by not placing any member in the position of absolute authority over others?**
- **Do we try to reach important decisions by thorough discussion, vote and, where possible, substantial unanimity?**
- **As guardians of A.A.’s traditions, are we ever justified in being personally punitive?**
- **Are we careful to avoid public controversy?**
- **Do we always try to treat each other with mutual respect and love?**

His defense must come from a Higher Power.

BB *More about Alcoholism*, p.43

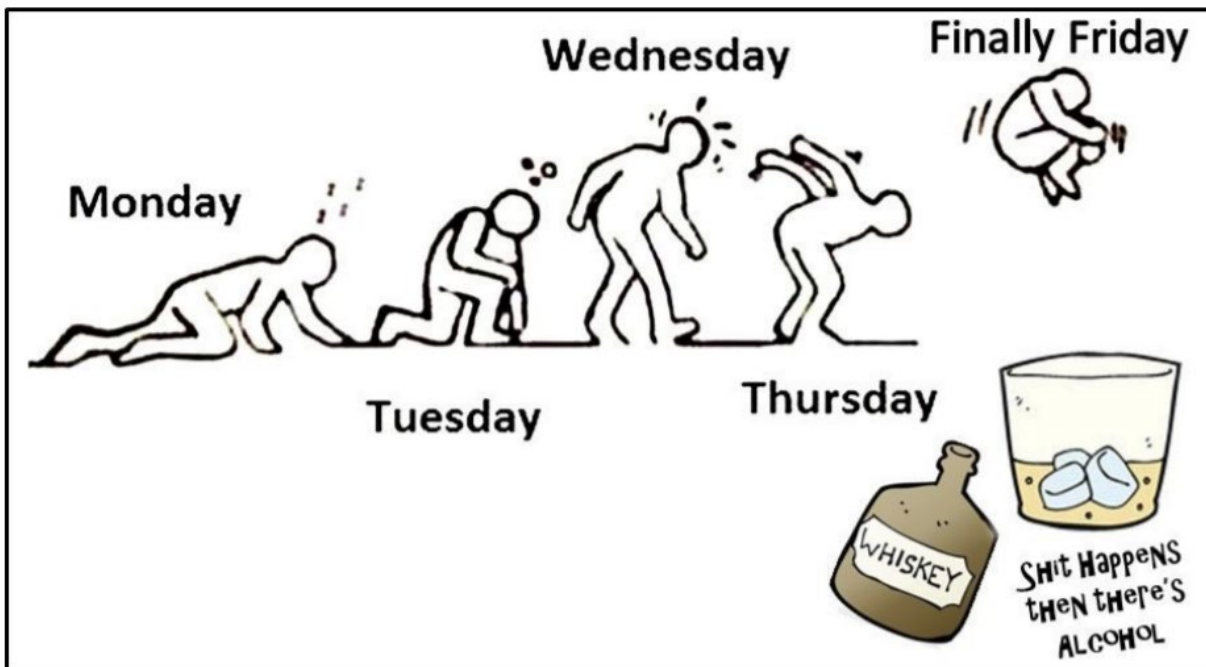
You can, if you wish, make A.A. itself your 'higher power.'

12&12 *Step Two*, p.27

So it is by circumstance rather than by any virtue that we have been driven to A.A., have admitted defeat, have acquired the rudiments of faith, and now want to make a decision to turn our will and our lives over to a Higher Power.

12&12 *Step Three*, p.38

On the lighter side....



Consider using the slogans to deal with Christmas stress. For example,

Easy Does It:

Go easy on yourself during the holidays.

First Things First:

Take care of yourself and your recovery first and foremost during the holidays.

Live and Let Live: Don't try to force your approach to the holidays on others, and don't allow them to force their approach to the holidays on you.

Keep It Simple: One way to combat holiday stress is to avoid trying to do too much to meet societal or familial expectations.

Hazelden Betty Ford Foundation

“Came to believe that a Power greater than ourselves could restore us to sanity.”

What can we believe in? A.A. does not demand belief; Twelve Steps are only suggestions. Importance of an open mind. Variety of ways to faith. Substitution of A.A. as **Higher Power**. Plight of the disillusioned. Roadblocks of indifference and prejudice. Lost faith found in A.A. Problems of intellectuality and self-sufficiency. Negative and positive thinking. Self-righteousness. Defiance is an outstanding characteristic of alcoholics. Step Two is a rallying point to sanity. Right relation to God.

12&12 Contents (Step Two), p.5

“Made a decision to turn our will and our lives over to the care of God, as we understood Him.”

Step Three is like opening of a locked door. How shall we let God into our lives? Willingness is the key. Dependence as a means to independence. Dangers of self-sufficiency. Turning our will over to **Higher Power**. Misuse of willpower. Sustained and personal exertion necessary to conform to God's will.

12&12 Contents (Step Three), p.5

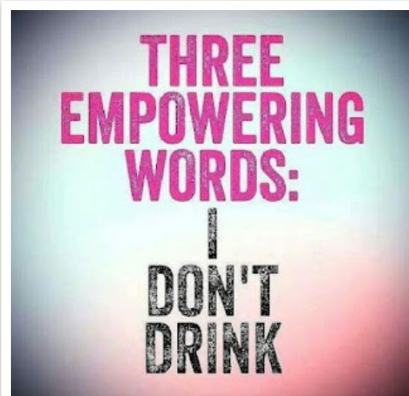
“Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.”

Meditation and prayer main channels to **Higher Power**. Connection between self-examination and meditation and prayer. An unshakable foundation for life. How shall we meditate? Meditation has no boundaries. An individual adventure. First result is emotional balance. What about prayer? Daily petitions for understanding of God's will and grace to carry it out. Actual results of prayer are beyond question. Rewards of meditation and prayer.

12&12 Contents (Step Eleven), p.8

You can, if you wish, make A.A., itself your 'higher power.'

12&12 Step Two, p.27



AA HISTORY FOR THE MONTH OF DECEMBER

Dec 1

1940 – Chicago Daily Tribune begins a series of articles on AA by Nall Hamilton.

Dec 5

1985 – Dave B, founder of Montreal Group, dies weeks before 50th anniversary. His story was added to the 4th Edition Big Book.

Dec 6

1939 – Bert the Tailor lends Works Publishing \$1000.

Dec 6

1979 – Akron Beacon reports death of Henrietta Sieberling.

Dec 7

1949 – Sister Ignatia received Poverello Medal on behalf of A.A.

Dec 10

1975 – Birds of a Feather AA group for pilots is formed.

Dec 11

1934 – Bill admitted to Towns Hospital for the fourth and last time (fall '33, '34 in summer, midsummer and final admittance).

Dec 11

1941 – Dallas Morning News reports first AA group formed in Dallas.

Dec 12

1934 – Bill has Spiritual Experience at Towns Hospital.

Dec 12

1937 – Bill meets with Rockefeller Foundation and tries to get money.

Dec 13

1937 – Rockland State Mental Hospital takes patients to meeting in New Jersey.

Dec 13 or 14

1934 – Ebby visits Bill at Towns hospital, brings William James' book, Varieties of Religious Experience.

Dec 19

1939 – Los Angeles hold their first AA meeting there.

Dec 20

1945 – Rowland H. dies (he carried the Oxford Group message to Ebby).

Dec 27

1893 – Rev. Samuel Shoemaker is born.

Other December happenings with no specific date:

Dec 1934 – Bill & Lois start attending Oxford Group meetings.

Dec 1934 to May 1935 – Bill works with alcoholics, but fails to sober any of them. Lois reminds him HE is sober.

Dec 1938 – Twelve Steps written.

Nov/Dec 1939 – Akron group withdraws from association with Oxford Group. Meetings moved from T. Henry & Clarence Williams' home to Dr Bob and other members' homes.

Dec 1939 – First AA group in mental institution, Rockland State Hospital, NY.

Dec 1939 – First home meeting in Los Angeles at Kaye M.'s house.

(continued next page)

Dec 1939 – Matt Talbot Club has 88 members, uses wagons to collect old furniture to recondition & sell, not A.A., used A.A. program, material, marked first effort reach alcoholics outside married, middle-class category.

Dec 1940 – First AA group formed in St. Louis, Missouri.

Dec 1940 – Group started Ashtabula, Ohio due to Plain Dealer articles. A.A. Cleveland has about 30 groups.

Dec 1948 – Dr. Bob’s last major talk, in Detroit.

Dec 1950 – Grapevine article signed by both Bill and Dr Bob recommend establishing AA General Service Conference.

Dec 1955 – Man on the Bed painting by Robert M. first appeared in Grapevine. Painting originally called *Came to Believe*

Dec 1982 – Nell Wing retires from GSO after 35 years of service.

Thanks to Billy C. and Nancy O. of the group “AA History Buffs” for this list, used by permission.

FAITHFUL FIVERS

None in December

The Faithful Fiver Club was initiated several years ago to generate funds for Central Office. AA members pledge a donation of \$5.00 or more a month. They then receive the satisfaction of carrying the message to the alcoholic who still suffers, and recognition (if they desire) in the monthly ECOS Newsletter.

BIRTHDAY CLUB

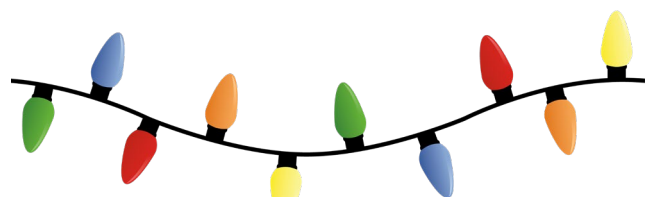
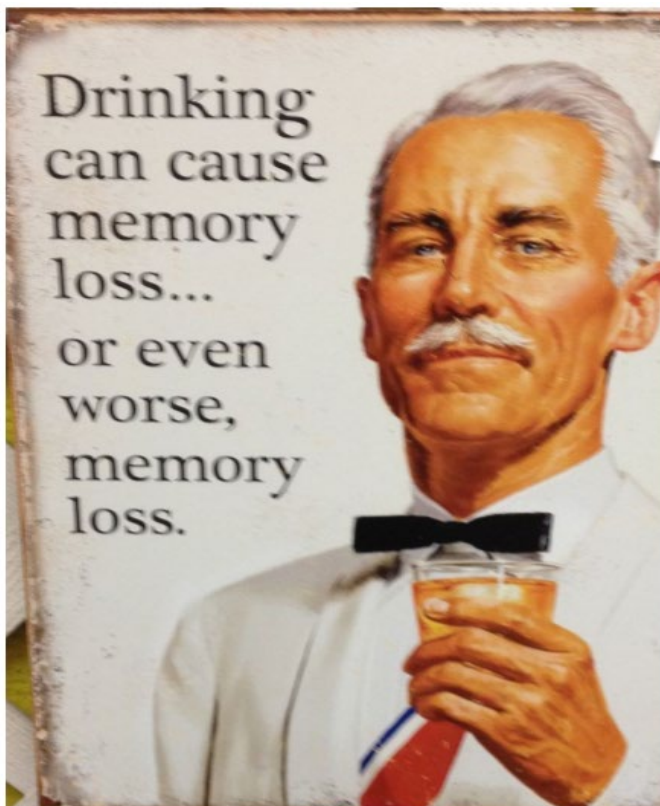
Jack H. Westminster Group, 50 years!

Clarence L. from U of AA Group

“What is the Birthday Club?”

- A show of gratitude by AA members, who contribute \$1.00 or more for each year of continuous sobriety.
- These funds are used to HELP SUPPORT Central Office staff and volunteers to carry the Twelfth Step message during the office hours.
- You will receive personal Birthday Card on your sobriety date.
- Please contact Central Office, if you want to join our **BIRTHDAY CLUB!**

#205, 10544 – 114 St., Edmonton, AB
T5H 3J7 780-424—5900
centraloffice@edmontonaa.org



CONTRIBUTIONS TO EDMONTON CENTRAL OFFICE

In keeping with the AA Seventh Tradition of self-support, Edmonton Central Office can accept contributions only from AA members and AA Groups.

Contributions can be made to Edmonton Central Office by any of the following methods (AA members or groups only please):

- **E-transfer to centraloffice@edmontonaa.org** you will need to provide the answer to the security question via a separate email to this address.
- Visa or MasterCard either over the phone (780-424-5900) or in person (by appointment)
- Cheque made payable to "Edmonton Central Office" and brought to the office (by appointment) or mailed to the office at:

Edmonton Central Office
Suite 205
10544 114 St NW
Edmonton, AB T5H 3J7

- Cash brought to the office (by appointment).
- Arranging on-going monthly contributions by calling or emailing Central Office

The Edmonton Central Office Society is a registered charity. A tax receipt will be issued early in 2022 to individuals whose contribution is greater than \$20.00. For a receipt to be issued, the full name and address of the individual is needed. The receipt will indicate a contribution to the Edmonton Central Office Society.

Note: You can phone Central Office weekdays from 11:00 AM to 2:00 PM. If you need to visit Central Office, please arrange an appointment by phone or email.



"Relieved of the alcohol obsession, their lives unaccountably transformed, they came to believe in a Higher Power, and most of them began to talk of God."

12&12 Step Two, p.28

GRAPEVINE Daily Quote

December 29, 2020

"As drinking alcoholics, we all ran from life and toward death. When we join AA, we reverse the process – we give ourselves to life as it is, rather than as we would like it to be."

Key West, Fla., February 1973, "Self-Pity Can Kill",
Best of Grapevine, Volume 1



If Nothing Changes, Nothing Changes

If we continue living the same old drinking lifestyle, we cannot expect to make much progress as human beings. While drinking, we had been pretty skillful at dreaming up alibis, so perhaps when offered a drink, we could apply those skills to devising a graceful way of saying, "No, thank you".



Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober — an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 *Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.*



5 *Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.*



9 *Don't sit around brooding. Catch up on those books, museums, walks, and letters.*



2 *Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.*



6 *If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.*



10 *Don't start now getting worked up about all those holiday temptations. Remember — “one day at a time.”*



3 *Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes — postpone everything else until you've called an A.A.*



7 *Don't think you have to stay late. Plan in advance an “important date” you have to keep.*



11 *Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts — but this year, you can give love.*



4 *Find out about the special holiday parties, meetings, or other celebrations given by groups in your area, and go. If you're timid, take someone newer than you are.*



8 *Worship in your own way.*



12 *“Having had a . . .” No need to spell out the Twelfth Step here, since you already know it.*

A Christmas Meeting

**Uptight before Christmas,
all through the room,
alcoholics were stricken
with holiday gloom.**

**They prayed: "Santa, please
make us happy, joyous & free,
bring us candy and presents and
serenity."**

**Greed filled their minds
and envy every heart
UNTIL someone said,**

"It's time for the meeting to start!"

**When the chair asked
"What's the topic tonight?"
every face in the place
turned wintery white!**

**They lost all self-seeking,
self-pity and self-will,
when down through the chimney
came the ghost of St. Bill!**

**He chuckled and said,
as he sat himself down:**

**"Call the White House and tell 'em
there's a new Dubya in town."
Then he looked through a big book
and said with a tear,**

**"Wow! No one rewrote this
after all these years!"**

**Clean house, help your neighbor,
be loving and kind,
and don't take the first drink
one day at a time."**

**"How could a message
as simple as this
be realized, analyzed
and intellectually dismissed?"**

**There lies the reason
this ghost has arrived: to re-give a gift
that has saved all your lives!**

**Then he set up a big screen and a DVD
so every lost soul
in the meeting could see.**

**He played a movie of drunks
at their best and their worst,
what is and what was,
when blessed and cursed.**

**There were scenes of a housewife
passed out at a bar,
a respectable businessman
wrecking his car,
a fight in a kitchen, a fight in a bed,**

**a fight at a reception, between newlyweds.
An empty bottle, a desperate man,
alone in a motel, with a gun in his hand.**

**He puts down the gun
and picks up the phone
and whimpers and blubbers,
"Honey, let me come home."
She hangs up as she tells him,
"Don't call here anymore."**

**He reaches for the phone book
and falls to the floor.**

**Somehow that phone book
seems to capture his gaze:
it's open to a number
under the A's.**

**Then all of the people
in the movie converged
on the poor side of town
in the basement of a church.**

**Driven together in a willing herd
to hear of hope
and deliver the word.**

**The ghost of Bill W.
turned off the TV**

**and said, "The first word
of the first step is 'we'.**

**I suggest you start there
and see where you go.**

**Be thorough and fearless,
and please-take it slow!**

**Let faith set the tone,
let love make the mood
and as for a topic...**

how about gratitude?

**Just don't drink,
go to meetings and pray
and be glad you're alive
and sober today.**

**Be a good woman,
be a good man
and be of service
whenever you can.**

**Be a good mother,
be a good dad
and try to be good**

to your kids when they're bad.

**Be a good husband,
be a good wife...**

**Merry Christmas to all, and to all a
good life!"**



Group Birthdays December 2021

60 Minutes to Sobriety

Last Sunday
 Dec 1 Stan C. 17 yrs
 5 Joyce F. 24 yrs
 15 Melissa A. 33 yrs
 22 Jeff C. 5 yrs

Back to Basics (St. Albert)

First Thursday
 None

Breathe Easy

First Friday
 Dec Pat L. 41 yrs
 Doug S. 26 yrs
 Jac M. 1 yr
 Dave B. 24 yrs

Fellowship Breakfast

Last Saturday
 None

Gratitude

Last Monday
 Dec 1 Charles 11 yrs
 10 Corinne 4 yrs

Jasper Place

Group has closed their door for good.

Last Call

Last Wednesday
 None

Mustard Seed

Last Sunday
 Dec 14 Ron J. 12 yrs

Oilman's

First Monday
 Dec 1 Joe T. 62 yrs

South Side

Third Friday
 Dec 13 Bob A. 52 yrs
 14 Brian M. 18 yrs

12 Steps to Serenity

Dec 6 Ileaha S. 1 yr
 13 Duncan E. 1 yr

St. Albert Sunday Night

Last Sunday
 Dec 7 Adam J. 4 yrs
 15 Georgia F. 1 yr
 29 Chantal M. 1 yr

Step Sisters

Last Wednesday
 Dec 27 Barb H. 4 yrs
 30 Jenna P. 2 yrs

Please send members lists
editor@edmontonaa.org
 or update your members
 list at AA Central Office.

St. Albert Breakfast

Dec 1 Roger P. 3 yrs
 20 Neil T. 18 yrs
 21 Jorden T. 8 yrs
 24 Carol M. 8 yrs
 31 Bob L. 32 yrs

WEMG

First Wednesday
 Dec 4 Jared P. 3 yrs
 19 Scott W. 12 yrs
 21 Kevin B. 1 yr
 26 Rod C. 1 yr
 27 Wayne P. 41 yrs
 28 Andre M. 3 yrs

Westminster

Last Saturday
 Dec 2 Kathy B. 45 yrs
 18 Lori. 3 yrs
 21 Dave C. 26 yrs
 26 Ron R. 38 yrs



Upcoming Events and other Notables

Edmonton Central Office Society

Notice to Members

Annual General Meeting

When: December 9, 2021 at 7 pm

Where: Online via Zoom

Please contact your Intergroup Representative or Central Office if you would like more information. Please plan to attend.



When: Dec. 4 - 2021

Where: Unifor Building (across Earl's)

10019 Mac Donald Ave.

Ph#: Jim P. (780) 607 - 5952

Fort McMurray Round-up 2021

UNITY



Altered Attitudes Group

40th Annual

Christmas Breakfast

Friday December 24, 2021
7:30 am

Chateau Louis
Conference Centre

Tickets:
\$30.00
Proof of vaccination is
required for entry.

Available at
Central Office
Ph: 780-424-5900
Tom: 780-906-1750
Rick: 780-907-8890

As of November 26, 2021 seven days a week, 365 days a year, noon meetings are being held at

South Edmonton Fellowship Centre
9122 34A Avenue NW.

West End Location Available for AA Groups

The space being used at St Timothy's Anglican Church on Tuesday night is available for any group wishing to relocate or for anyone wishing to start a new group or to lead an effort to restart the Jasper Place group.

The church also has a time slot available For Friday evening.

St Timothy's is located at 8420-145 St and the scheduling coordinator is RJ Chambers @ 780-483-5506

Also contact Dick from the Jasper Place Group @ 780-907-7618 for information.

CAMPUS GROUP

CHRISTMAS EVE BREAKFAST



FRIDAY,
DECEMBER 24, 2021
BLUE CHAIR CAFE
9624 - 76 AVENUE

COFFEE @ 7:00 AM
BREAKFAST @ 7:30 AM
OPEN AA CALL-UP MEETING @ 8:00 AM
\$30.00 ADULTS; \$15.00 CHILDREN (4-12 YEARS)

FOR TICKETS CALL:
CENTRAL OFFICE @ 424-5900

ST. ALBERT BREAKFAST GROUP

Christmas Eve Breakfast
FRIDAY DEC 24, 2021
St. Albert Inn, 156 St. Albert Trail
Tickets \$25.00

Doors open 8:30, Breakfast 9:00, Meeting 10:00

Phone for tickets or info
Neil 780.619.3776
Cordell 780.239.1546
Janice 780.446.1262

Vax passport enforced by St. Albert Inn



District 40 (West Edmonton)
Area 78

January 8, 2022
6:30-9:30pm Mountain Time
Doors open at 6:15pm

GSR School

Presented by

Billy N. from Atlanta, GA
Carrie B. from Bend, OR

Please come prepared with your GSR pamphlet (p-19);
You can obtain one from Edmonton Central Office or
online at www.aa.org

Zoom Meeting ID 842 743 5949 No Passcode

Some of the 44th printing of the hard cover Big Books (B-1) from October 2020 were misprinted. The book goes from page 416 to 353 and then page 384 to 449. Bring your misprinted Big Books to Edmonton Central for an exchange. Pam L.

Happy Sober
Holidays !!
Dean R. ☺

Happy Holidays
From the Staff & Volunteers at
Edmonton Central Office

Happy Holidays
John R. W. ☺

W.A.

Happy Holidays
By A.

Merry X-Mas & Happy
New Year!! William C

Happy Holi Days
Jeanne H.

Merry Christmas
and a joyous
New Year 2022
Pam L

2022

Merry Christmas
everyone!!
Christine W.

Merry Christmas & a Joyous
New Year!
Christine

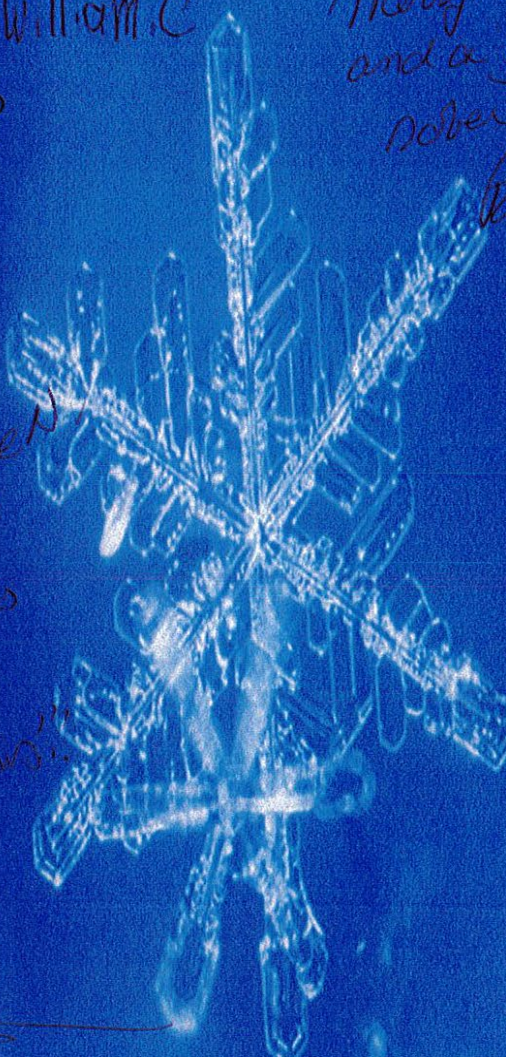
Merry Christmas!!
Pat J. ☺

Keep Love
R.I.C.E.M.

A.D.

Merry Christmas
& a
Happy 2022 !!
Kathy

Merry Christmas
Mike L.
Peace on Earth
Beauva.



**T'was the night before Christmas When I went on a bender,
Not a creature was stirring, not even a bartender.
The empties were stacked by the chimney just fine,
In hopes that St. Nick would fill them with wine.
With Mama in her kerchief and I with my booze,
We'd just settled down for a long winter's snooze.
When out on the lawn there arose such a clatter,
I put down my drink to see what was the matter.**

**Away to the window I crawled and then stumbled
To open the shutters where I stood and just mumbled.
Then what to my bloodshot eyes should there appear
But a miniature sleigh and eight tiny reindeer.**

**I thought it was DT's and needed help quick!
I didn't know it was only St. Nick.
I poured myself another as the reindeer came
While he shouted and called them by name:**

**"Now Barfly! Now Wino! Now Boozer and Rummy!
On Drunkard! On Alky! On Dipso and Dummy!"
So up to the housetop St. Nicholas flew
While I pulled the pop-top on another brew.**

**I trembled with fear when I heard a new sound—
Down the chimney came St. Nick with a bound.
His cheeks were like roses, he grinned like a possum,
His eyes, how they twinkled, his nose had rum-blossoms!**

**I offered him a drink, step up to the bar,
"Not today," he said, "I am now so-ber."
He had a clear face and a little beer belly,
That shook when he laughed like a bowl full of jelly.**

**This was too much, it increased my thirst.
"Hold it!" said St. Nick, "First things first.
You don't have to drink, easy does it,
Now that wasn't too hard, was it?"**

**He reached in his sack and with a great fuss
He gave me the book "Alcoholics Anonymous."
"Read this 'Big Book' for a life sublime,
Follow the principles one day at a time.**

**"This is the best present I can give,
Twelve steps — a new way to live.
The AA program keeps me sober, it's true."
Then giving a nod, up the chimney he flew.**

**Then I heard him exclaim as he drove out of sight,
"You now have a choice, starting tonight.
So Merry Christmas to all and to all Season's Greetings,
Don't pick up that first drink, and go to AA meetings!"**

**'Twas the night before Christmas, we were all in the club,
Enjoying the meeting, instead of the pub;
The ashtrays were clean and the coffee was made,
The Big Books were out, and all had prayed.**

**When out in the lot, there arose such a clatter,
We jumped up from the table to see what was the matter.
The Chair with his Big Book, and I with my smokes,
Headed outside and found these two blokes.
They came on inside, and sat at the table;
Said that they'd chair, as soon as they're able.
To start with, they said, "It's more than not drinking.
It's doing your best to fix your wrong thinking."**

**"Think, Think, Think!" and those slogans we used,
Help keep the newcomer from getting confused.
Step 1 is a start, they said we should know,
But after Step 2, we'll be all aglow.
We make a decision when we get to Step 3;
Step 4 is real tough, we all could agree.
Step 5 is the one where we let it all out,
After Steps 6 and 7, we're left with no doubt.
We get to Step 8, and we make our list;
And then with Step 9, we have to persist.
After Step 9, our promises ring true;
We didn't just get that, out of the blue.
After that, it's on with the rest;
We must do each day, to be our best.**

**They put on their coats and got ready to leave;
A pretty good end, for this Christmas Eve.**

**As to their names, we only could guess;
I'm pretty sure it was Bill W. and Bob S.
The two men hopped into a '35 Ford,
And as they pulled out, one of them roared:**

**"We leave this message, for you our brothers:
Trust God, clean house, be of service to others.
And for all of you people, we just want to say:
Merry Christmas to all and don't drink today. "**

More on use of the slogans:

Take What You Like and Leave the Rest: It's up to you to decide which parts of the holidays you want to embrace and celebrate and which parts you want to release.

This Too Shall Pass: Know that you can handle your feelings without drinking over them. Every emotion we feel gives way to another emotion.

To Thine Own Self Be True

If you feel nervous about being invited to a holiday party, give yourself permission to drive separately and leave early. Be true to yourself by honoring your own needs this season.

| Edmonton Central Office Society | | | |
|--|---------------------|--------------------|-------------------|
| INCOME STATEMENT 2021 | | | |
| | October | | |
| | Actuals | Budget | variance |
| General Receipts: | | | |
| Group Contributions | \$ 7,214.54 | \$10,568.51 | \$3,353.97 |
| Individual/Bequeath | \$ 1,405.00 | \$1,694.71 | \$289.71 |
| Birthday Club/Faithful Fivers | \$ 210.00 | \$102.21 | -\$107.79 |
| Office Supplies / Postage | \$ 234.50 | \$91.05 | -\$143.45 |
| Newsletter | \$ - | \$0.00 | \$0.00 |
| Rental Income-EGSC, etc | \$ 60.00 | \$0.00 | -\$60.00 |
| Tradition Seven-meetings | \$ 250.02 | \$467.87 | \$217.85 |
| Fundraising | \$ - | \$416.67 | \$416.67 |
| Other Inc (Interest, etc) | \$ 5.11 | \$1.18 | -\$3.93 |
| Total General Receipts | \$ 9,379.17 | \$13,342.20 | \$3,963.03 |
| Literature & Medallion | | | |
| Literature | \$ 5,479.25 | \$6,994.66 | \$1,515.41 |
| Medallion | \$ 2,098.00 | \$1,794.47 | -\$303.53 |
| Total Literature and Med. | \$ 7,577.25 | \$8,789.13 | \$1,211.88 |
| Total Revenue | \$ 16,956.42 | \$22,131.34 | \$5,174.92 |
| Expenses: (COS) | | | |
| AAWS & Grapevine Literature | \$ 3,351.78 | \$3,819.11 | \$467.33 |
| Meeting list & Greeting Cards | \$ 203.27 | \$446.35 | \$243.08 |
| Medallion Purch /engraving | \$ 1,180.23 | \$1,120.11 | -\$60.12 |
| Freight / Brokerage | \$ - | \$0.00 | \$0.00 |
| | \$ 4,735.28 | \$5,385.57 | \$650.29 |
| Intergroup Expenses | | | |
| 12 Step Answering | \$ 404.87 | \$408.33 | \$3.46 |
| Literature expense | \$ 15.24 | \$16.93 | \$1.69 |
| Communications & Tech | \$ - | \$0.00 | \$0.00 |
| Other (Archive, 12 Step,Cred,Grp Serv | \$ - | \$100.00 | \$100.00 |
| | \$ 420.11 | \$525.26 | \$105.15 |
| Administrative Expenses | | | |
| Accounting & Legal | \$ 476.63 | \$232.16 | -\$244.47 |
| Bank Chgs & Cr Card chgs | \$ 133.54 | \$121.22 | -\$12.32 |
| Computer & IT Maintenance | \$ 128.13 | \$500.00 | \$371.87 |
| Equipment Lease/Purchase | \$ 359.77 | \$695.91 | \$336.14 |
| Fundraising expense | \$ - | \$416.67 | \$416.67 |
| Insurance | \$ 321.80 | \$351.36 | \$29.56 |
| Newsletter Expenses | \$ - | \$0.00 | \$0.00 |
| Office Supplies | \$ 553.88 | \$170.35 | -\$383.53 |
| Postage | \$ 221.57 | \$289.34 | \$67.77 |
| Rent | \$ 3,778.56 | \$3,663.41 | -\$115.15 |
| Repairs & Maintenance | \$ - | \$0.00 | \$0.00 |
| Salaries, Source, WCB | \$ 5,599.34 | \$5,066.79 | -\$532.55 |
| Staff Training / Seminar | \$ - | \$935.77 | \$935.77 |
| Telephone / Internet | \$ 133.09 | \$216.69 | \$83.60 |
| | \$ 11,706.31 | \$12,159.67 | \$453.36 |
| Total Expenses | \$ 16,861.70 | \$18,070.50 | \$1,208.80 |
| Income / (Loss) | \$ 94.72 | \$0.00 | -\$94.72 |

Edmonton Central Office - 2021 Group Contributions

| GROUP | District | Oct | YTD | GROUP | GSO Number | District | Oct | YTD | GROUP | District | Oct | YTD |
|-------------------------------|----------|------------|-------------|--------------------------------------|------------|----------|------------|-------------|---|----------|------------|-------------|
| 60 MINUTES TO SOBRIETY | 53 | | \$0.00 | HOME GROUP #18 | 123079 | 63 | | \$0.00 | SHER. PARK SISTERS IN SOBRIETY | 61 | | \$333.66 |
| 10 AFTER 10 GROUP | 46 | | \$102.40 | HOME GROUP #25 | | 63 | | \$150.00 | SHER. PARK TUESDAY NIGHT AT 7 | 61 | \$250.00 | \$430.00 |
| 84TH STREET | 46 | | \$1,000.00 | HOPE THROUGH FRIENDSHIP GROUP | 150938 | 40 | | \$0.00 | SHER. PARK THERE'S MORE TO THE STORY | 61 | \$274.00 | \$774.00 |
| 84TH STREET ZOOM | 46 | | \$300.00 | HOW IT WORKS GROUP | 139837 | 55 | \$600.00 | \$750.00 | SHIFTERS GROUP | 57 | \$825.00 | \$1,325.00 |
| AB GROUP | 57 | | \$1,080.00 | IDEAL BOOK STUDIES | | 63 | | \$0.00 | SIMPLY SOBER AA GROUP | 40 | | \$0.00 |
| ALANO WOMENS DISCUSSION | 46 | | \$0.00 | INTO ACTION GROUP | 648134 | 40 | | \$400.00 | SLAVE LAKE AA GROUP | 7 | | \$0.00 |
| AB BEACH - SONS OF THE BEACH | 10 | | \$0.00 | JASPER PLACE GROUP | 114690 | 40 | \$90.48 | \$551.78 | SOBER COUNTRY - EDSON | 5 | | \$200.00 |
| ALTERED ATTITUDES GROUP | 46 | \$1,000.00 | \$1,000.00 | JELLNICK JUMPSTART | | 46 | | \$378.00 | SOUTHBOUND FELLOWSHIP GROUP | 60 | | \$0.00 |
| AMAZING GRACE | 46 | | \$651.45 | LAC LA BICHE TRI SOBRIETY | 717868 | 8 | | \$0.00 | SOBER SOULS OF EDMONTON | 46 | | \$0.00 |
| AS IT IS GROUP | 55 | | \$175.00 | LAMONT - BEAVERHILL GROUP | 122788 | 20 | | \$0.00 | SOUTH SIDE GROUP | 57 | | \$0.00 |
| ATHABASCA AA GROUP | 8 | | \$0.00 | LANCASTER PARK TRI-SERVICE GRP | 114682 | 64 | | \$0.00 | SOUTHSIDE YOUNG PEOPLE'S GROUP | 57 | | \$0.00 |
| BACK TO BASICS | 64 | | \$0.00 | LAST CALL GROUP | 721414 | 40 | | \$0.00 | SPRUCE GROVE AFTER 1 GROUP | 10 | | \$300.00 |
| BEAUMARIS LAKE GROUP | 53 | | \$0.00 | LEDUC HOW IT WORKS | | 12 | | \$0.00 | SPRUCE GROVE - SPEAK EASY | 10 | | \$0.00 |
| BEAUMONT HOW IT WORKS GRP | 60 | | \$0.00 | LEDUC MONDAY NGHT LADIES 12 X 12 | | 12 | | \$0.00 | SPRUCE GROVE FIRST DOOR ON THE LEFT | 10 | | \$0.00 |
| BEAUMONT GROUP | 60 | | \$2,000.00 | LEDUC SATURDAY | 120350 | 12 | | \$0.00 | STEP SISTERS | 40 | | \$318.00 |
| BEAVER HILL CREEK | 9 | | \$0.00 | LEDUC SUNDAY BEGINNERS | 689115 | 12 | | \$400.00 | STEPS TO SERENITY GROUP (MEN'S)(Sh Pk) | 55 | | \$330.00 |
| BEAVERLODGE AA | 4 | | \$600.00 | LIGHTHOUSE GROUP | 682611 | 53 | | \$600.00 | STONY PLAIN - BEYOND BELIEF | 10 | | \$0.00 |
| BEVERLY GROUP | 53 | | \$0.00 | LIONS DEN GROUP | 655067 | 57 | | \$1,500.00 | STONY PLAIN - DISPLACED MALL RATS | 10 | | \$400.00 |
| BONNIE DOON GROU | 55 | | \$0.00 | LOVE AT WORK | 161470 | 60 | | \$0.00 | STONY PLAIN - FIRST DOOR ON THE LEFT | 10 | | \$650.00 |
| BONNYVILLE SAT NIGHT GRP | 3 | | \$0.00 | MANDATE:SOBER GROUP | 150723 | 40 | \$50.00 | \$100.00 | STONY PLAIN - NEW WOMEN'S GROUP | 10 | | \$300.00 |
| BONNYVILLE NEW LIFE GRP | 3 | | \$350.00 | MILLETT: STAIRWAY TO FREEDOM GRP | 169395 | 12 | | \$0.00 | STONY PLAIN - SUNDAY 7:30 | 10 | | \$0.00 |
| BREATHE EASY GROUP | 40 | | \$1,060.00 | MILLWOODS GROUP | 117394 | 60 | | \$0.00 | STONY PLAIN - 12 BY 12 TUESDAY NIGHT GR | 10 | \$200.00 | \$200.00 |
| CAMEL DISCUSSION CLUB | 40 | | \$0.00 | MILLWOODS SPRING STEP STUDY | | 60 | | \$0.00 | STONY PLAIN - WEDNESDAY NITE UPSTART | 10 | | \$0.00 |
| CAMPUS GROUP | 57 | | \$650.00 | MONDAY AT 7:30 GROUP | 135319 | 46 | | \$0.00 | ST. PAUL - FELLOWSHIP GROUP | 3 | | \$0.00 |
| CAMPUS GROUP - BLUE JEAN R/U | 57 | | \$0.00 | MORINVILLE BY THE BOOK GROUP | | 9 | | \$0.00 | ST. PAUL - YOU GO GAL MEETING | 3 | | \$0.00 |
| CAMROSE CITY GROUP | 12 | | \$0.00 | MORINVILLE THURS NITE STEP & TRADITI | 114617 | 9 | | \$50.00 | STRENGTH AND HOPE GROUP | 46 | | \$0.00 |
| CAPILANO STEP GROUP | 55 | | \$300.00 | MUSTARD SEED GROUP | 107237 | 46 | \$350.00 | \$800.00 | STRENGTH IN NUMBERS | 57 | | \$800.00 |
| CLAREVIEW BIG BOOK GROUP | 53 | | \$180.00 | NEIGHBOR CENTER GROUP | | 57 | | \$100.00 | SUIT UP & SHOW UP BIG BOOK STUDY | 46 | | \$100.00 |
| CORNERSTONE GROUP | 46 | | \$75.00 | NEW FOUND HOPE GROUP | | 53 | | \$50.00 | SUNDAY MORNING OPEN GROUP (SMOG) | 57 | | \$1,000.00 |
| COURAGE TO CHANGE | 46 | | \$0.00 | NEW HOPE GROUP | 123290 | 62 | | \$30.00 | SUNDAY MORNING BIG BOOK GROUP | 40 | | \$0.00 |
| CRESTWOOD WELCOME | 40 | | \$500.00 | NITON AA GROUP | 114594 | 6 | | \$0.00 | SUNDAY NO NAME GROUP | 40 | | \$0.00 |
| DAILY REFLECTIONS GROUP | 55 | | \$0.00 | NO NAME HOME GROUP | 178337 | 63 | | \$332.10 | SUNRISE LIGHT LUNCHEON GROUP | 46 | | \$0.00 |
| DAYS LAND | 12 | | \$0.00 | NO SAINTS MEETING | 721636 | 46 | | \$960.00 | SURVIVORS GROUP | 53 | | \$0.00 |
| DEVON MONDAY NIGHT GROUP | 12 | | \$0.00 | NORTH EDMONTON GROUP | 114693 | 53 | | \$0.00 | TA WOW GROUP | 46 | | \$336.65 |
| DISTRICT 7 SLAVE LAKE R/U | 7 | | \$0.00 | NORWOOD GROUP | 114695 | 46 | | \$0.00 | TERRA NOVA GROUP | 46 | | \$0.00 |
| DISTRICT 9 | 9 | | \$200.00 | OFF THE WALL & LIVING SOBER MTG | 224807 | 55 | | \$50.00 | THE WHY GROUP | 46 | | \$1,700.00 |
| DISTRICT 10 UNITY ROUND UP | 10 | | \$0.00 | OILMENS GROUP | 114696 | 57 | \$200.00 | \$900.00 | THORSBY GROUP | 12 | | \$0.00 |
| DISTRICT 10 | 10 | | \$0.00 | ONOWAY GROUP | 114696 | 57 | | \$0.00 | THUS WE GROW | 57 | | \$1,412.50 |
| DISTRICT 12 GSR BODY | 12 | | \$0.00 | OPEN DOOR GROUP | 607230 | 55 | | \$0.00 | TO SHOW OTHERS | 57 | | \$549.35 |
| DISTRICE 40/41 COMMITTEE | 40 | | \$0.00 | OUR HOUSE | | 40 | | \$0.00 | TOWER GROUP | 46 | | \$1,100.00 |
| DISTRICT 53 | 53 | | \$0.00 | OUR PLACE GROUP | 125679 | 46 | | \$0.00 | TURNING POINT GROUP | 46 | | \$0.00 |
| DISTRICT 57 COMMITTEE | 57 | | \$0.00 | PEACE RIVER AA GROUP | 11473 | 2 | \$20.00 | \$20.00 | UNDER NEW MANAGEMENT | 57 | | \$400.00 |
| DISTRICT 64 | 64 | | \$300.00 | PONOKA THURSDAY NIGHT | | 12 | | \$0.00 | UNITY STEP GROUP | 55 | | \$323.00 |
| DOLPHIN GROUP | 53 | \$346.85 | \$2,768.20 | POUNDMAKER'S TREATMENT CTR | | 64 | | \$0.00 | U OF AA GROUP | 57 | | \$0.00 |
| DRAYTON VALLEY AA.A. GROUP | 6 | | \$0.00 | PRINCIPLES GROUP | | 53 | | \$0.00 | UP THE CREEK | 55 | | \$1,000.00 |
| EARLY BIRDS BREAKFAST GROUP | 53 | | \$0.00 | PROVIDENCE GROUP | 129667 | 57 | | \$0.00 | UP THE CREEK ANNIVERSARY DINNER | 55 | | \$0.00 |
| EASTWOOD GROUP | 53 | | \$50.00 | RAINBOWS TO RECOVERY | | 57 | | \$0.00 | UP THE CREEK GRATITUDE MONTH | 55 | | \$0.00 |
| Edm Gen Serv Cmte (EGSC) | | | \$2,000.00 | RAY OF HOPE GROUP | 680905 | 46 | | \$700.00 | VALLEYVIEW A.A. GROUP | 7 | | \$0.00 |
| ELLERSLIE ROAD GROUP | 60 | | \$0.00 | RIO TERRACE GROUP | 178383 | 40 | | \$50.00 | VIOLET GROVE LAST CHANCE | 6 | | \$0.00 |
| EVANSBURG GROUP | 6 | \$333.00 | \$633.00 | RITE TRAC GROUP | 119330 | 53 | | \$300.00 | VIKING WEDNESDAY NIGHT GROUP | 20 | | \$0.00 |
| FAITH WORKS STEP GROUP | 53 | \$320.00 | \$320.00 | SAFE HARBOUR | | 46 | | \$0.00 | VIRTUAL STUDY GROUP | 40 | | \$100.00 |
| FELLOWSHIP GROUP | 57 | | \$0.00 | S.A. BREAKFAST GROUP | 114607 | 64 | \$640.00 | \$1,280.00 | WABAMUN WEDNESDAY NIGHT | 10 | | \$0.00 |
| FIRST DAY GROUP | 46 | | \$0.00 | S.A. FRI. NIGHT OFF THE TRAIL GROUP | 114586 | 64 | \$329.34 | \$329.34 | WABASCA GROUP | 7 | | \$0.00 |
| FRIENDS OF BILL GOLF TOURN | 60 | | \$0.00 | S.A. MILLENNIUM GROUP | 643837 | 64 | | \$400.00 | WEST END GROUP | 40 | | \$0.00 |
| FRIENDS OF BILL W AT THE HUB | 40 | | \$0.00 | S.A. ON THE HILL GROUPS | | 64 | \$270.00 | \$680.00 | WE AGNOSTICS | 46 | | \$0.00 |
| FT MCMURRAY BACK TO BASICS | 21 | | \$0.00 | S.A. SOBER SISTERS GROUP | 721596 | 64 | | \$0.00 | WEST END GROUP | 46 | | \$150.00 |
| FT. MCMURRAY NOONERS | 21 | | \$0.00 | S.A. STEP STUDY - JAN TO MARCH | | 64 | | \$0.00 | WESTEND 12 STEP GROUP | 40 | | \$0.00 |
| FT. MCMURRAY WOMENS RECOV | 21 | | \$0.00 | S.A. STEP X STEP SATURDAY NIGHT GRP | 129542 | 64 | | \$600.00 | WEST END MEN'S GROUP | 40 | | \$500.00 |
| FT. SASK BIG BOOK TOOLBOX-TAL | 61 | | \$75.00 | S.A. SUNDAY STEP STUDY | 605303 | 64 | | \$560.00 | WESTGROVE GROUP | 40 | | \$0.00 |
| FT. SASK TOWN GROUP | 61 | | \$600.00 | S.A. TUESDAY NIGHT GROUP | 114701 | 64 | | \$500.00 | WESTLOCK AA GROUP FRIDAY NIGHT | 9 | | \$0.00 |
| FULTON PLACE GROUP | 55 | | \$215.00 | S.A. WED. NIGHT CLOSED MEN'S | 704318 | 64 | | \$0.00 | WESTLOCK SUNDAY BACK TO BASICS | 9 | | \$0.00 |
| GIBBONS SOBER RIDERS | 61 | | \$450.00 | S.A. WOMEN'S STEP STUDY | | 64 | | \$100.00 | WESTLOCK WEDNESDAY | 9 | \$600.00 | \$600.00 |
| GRANDIN MEETING | 57 | | \$0.00 | SANDY BEACH GROUP | 610511 | 9 | | \$0.00 | WESTLOCK WEDNESDAY BREAKFAST | 9 | | \$0.00 |
| GRATITUDE GROUP | 53 | | \$0.00 | SATURDAY NIGHT LIVE MEETING | | 57 | | \$112.20 | WESTLOCK WINNERS CIRCLE | 9 | | \$150.00 |
| GRIMSHAW SATURDAY NIGHT GR | 2 | | \$0.00 | EDGEWICK A.A. GROUP | 1198881 | 20 | | \$50.00 | WESTMINSTER GROUP | 46 | | \$2,192.00 |
| H5 | 57 | | \$0.00 | SERENITY GROUP | 114698 | 46 | \$335.87 | \$335.87 | WESTMOUNT GROUP | 40 | | \$0.00 |
| HEADS UP FOR AA - VEGREVILLE | 20 | | \$100.00 | SERENITY POOL SUNDAY MEETING | | 60 | | \$0.00 | WETASKIWIN SUNDAY MORNING | 12 | | \$400.00 |
| HELPING HANDS | 60 | | \$375.00 | SHER. PARK HAPPY HOUR GROUP | 121626 | 61 | | \$0.00 | WE THINK NOT - ONLINE | 55 | | \$0.00 |
| HIGH PRAIRIE - HI GROUP | 7 | | \$200.00 | SHER. PARK GROUP | 114752 | 61 | | \$1,000.00 | WHITECOURT AA GROUP | 6 | | \$0.00 |
| HOME GROUP #1 | 63 | | \$0.00 | SHER. PARK MILLSHAVEN | 119605 | 61 | | \$0.00 | YOUNG & OLD GROUP | 53 | | \$0.00 |
| HOME GROUP #11 | 63 | | \$0.00 | SHER. PARK 12 STEPS TO SERENITY | 684045 | 61 | \$180.00 | \$3,620.00 | YOUR CHOICE GROUP | 53 | | \$200.00 |
| HOME GROUP #13 | 63 | | \$1,060.00 | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| Total | | \$1,999.85 | | Total | | | \$2,375.21 | | | | \$2,149.00 | \$18,574.16 |
| | | | \$19,370.05 | | | | | \$18,739.29 | Grand Total | | | \$56,683.50 |