

ECO NEWS

\$1.00

September 2021

Edmonton Central Office Society
#205, 10544 114 St. NW
Edmonton, AB T5H 3J7
780-424-5900
www.edmontonaa.org
Email. centraloffice@edmontonaa.org



From the Editor

Welcome to Fall which runs September, October and November. The days are still warm, but shorter and you can feel the change of seasons. Winter will be here soon, but for now let's enjoy the sunny, yellow and brown autumn days. The photos above are Fall destinations in Alberta. The leftmost photo is taken in Calgary, one of the best cities to visit in the Fall because of the mountain backdrop and river that runs through the city surrounded by trees. The middle photo shows the North Saskatchewan River valley in Edmonton. The rightmost is taken in Canmore where one can walk along the Bow River.

I wish you a happy and sober Fall.

Yours in service,

Julia J., Editor of the ECO newsletter

TRADITION NINE

“A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.”

Long form: Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee, and the groups of large metropolitan area their central or intergroup committee, which often employs a full-time secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office at New York. They are authorized by the groups to handle our overall public relations. They guarantee the integrity of our principal newspaper, the A.A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no authority from their titles; they do not govern. Respect is the key to their usefulness.

(Reprinted from 12 X 12, P. 172, 191 with permission)

STEP NINE

“Made direct amends to such people wherever possible, except when to do so would injure them or others.”



Reprinted from 12 Steps Illustrated, p. 55

GOOD judgment, a careful sense of timing, courage, and prudence—these are the qualities we shall need when we take Step Nine.

After we have made the list of people we have harmed, have reflected carefully upon each instance, and have tried to possess ourselves of the right attitude in which to proceed, we will see that the making of direct amends divides those we should approach into several classes.

12&12, p.83

PROMISE NINE

“Our whole attitude and outlook upon life will change.”

NINTH STEP PRAYER

**Higher Power,
I ask Your help in making my list of all those I have harmed.
I will take responsibility for my mistakes &
be forgiving to others as You are forgiving to me.
Grant me the willingness to begin my restitution.
This I pray.**

Alcoholics Anonymous, Cleveland

CONCEPT NINE

“Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.”

(Reprinted from the General Service Office Service Material)

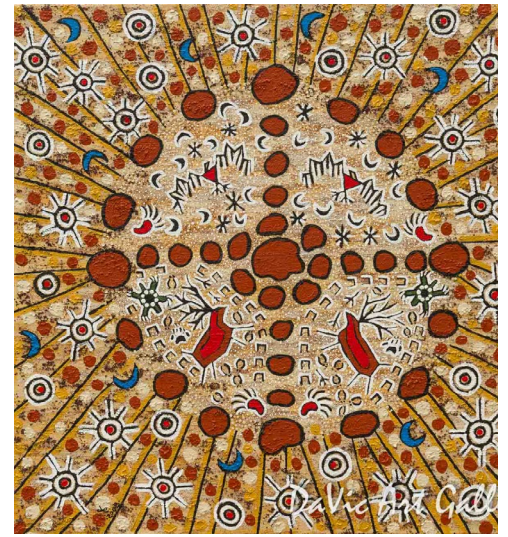
EXPERIENCE, STRENGTH AND HOPE

A.A. for the Native North American

Pamphlet
available
from
Central
Office and
many AA
meetings.



'Sacred Medicine
Wheel' by First
Nations Metis artist
Leah Marie Dorion.
Original painting
presented by DaVic
Gallery of Native
Canadian Arts.



There are approximately four million Native people in the United States and Canada, many still living on reservations and many who have moved to big cities. Wherever they are, alcoholism is a major health problem. It is not unusual for Native North Americans to feel torn between their native culture and the dominant culture. Many turn to alcohol for escape from their problems. Many want to stop drinking and yet cannot — whether by trying to do so in the white man's world or by employing their ancient healing practices. Both the American Medical Association and the British Medical Association term alcoholism a disease. Like people everywhere, many Natives have allowed alcohol to overshadow their lives. When they got drunk, they were violating their native spiritual teachings. But there is hope, and it lies in Alcoholics Anonymous.

In this pamphlet, men and women, all Native people, share how they gave up drinking. They have found it possible to be A.A. members and still be proud of their rich Native heritage and spiritual teaching.

Excerpt taken from "AA for the Native North American", This material is reprinted with the permission of Alcoholics Anonymous World Services, Inc.

[A message to myself to read when my brain tells me I should have a drink after work](#)

You do NOT need alcohol to get through the working week. You will spend the entire week feeling anxious, weak, shaky, tired, foggy, awkward, less able to deal with challenging people at work, nauseous and headachy and cranky. You won't make lunches or dinner, you won't have time to have breakfast, and you'll eat crap cafeteria food and feel like vomiting every time you eat. You'll spend all your money again, and you'll have to spend the weekend detoxing and lying around AGAIN. Stop wasting your days over a lie. It will NOT HELP anything and you do NOT need it. Stop believing that lie. And be kind to yourself.

https://www.reddit.com/r/stopdrinking/comments/2plbpq/what_is_the_best_aa_grapevine_joke_you_have_ever/

**Prayer from the NAIGSO – The Native American Indian General Service
Office of Alcoholics Anonymous:**

Oh Great Spirit
Whose Voice I Hear in the wind.
Whose breath gives life to the world.
Hear Me.
I come to you as one of your many children.
I am small and weak,
I need your strength and wisdom;
May I walk in beauty.
Make my eyes behold the red and purple sunset;
May my hands respect the things that you have made,
And my ears sharp to hear your voice.
Make me wise so that I may know the things
That you have taught your children;
The lessons that you have hidden in every leaf and rock.
Make me strong... not to be superior to my brothers but to be able to fight
my greatest enemy... myself.
Make me ever ready to come to you with straight eyes so that When life
fades as the faded sunset,
My spirit will come to you without shame.

Anonymous



AA Joke

Guy walks into a bar and is like "gimme a beer dammit" and the bartender says "get out, you're drunk!" So, he walks out and comes in the side door, walks up to the bar and is like "gimme a shot!" And the bartender is like "I already told you, you're drunk get out!" So, he staggers out and a few minutes later he comes in the back door, walks up to the bar and is like "gimme a gin and tonic!" And the bartender yells at him "I've already told you! You're drunk now get out or I'm gonna call the cops!" And the guy looks at him and says "holy crap how many bars do you work at?!?!"

AA HISTORY FOR THE MONTH OF SEPTEMBER

Sept 1

1939 – First AA group founded in Chicago.

Sept 11

2001 – 30 Vesey St, New York, location of AA's first office, is destroyed during the World Trade Center attack.

Sept 12

1942 – U.S. Assistant Surgeon General Kolb speaks at dinner for Bill and Dr Bob.

Sept 13

1937 – Florence R is the first female in AA in NY.

Sept 13

1941 – WHJP, America's most listened-to public radio station, airs Spotlight on AA.

Sept 17

1954 – Bill D, AA #3 dies.

Sept 18

1947 – Dallas Central Office opens its doors.

Sept 19

1965 – The Saturday Evening Post publishes "Alcoholics Can Be Cured Despite AA"

Sept 19

1975 – Jack Alexander, author of original Saturday Evening Post article, dies.

Sept 21

1938 – Bill W. & Hank P. form Works Publishing Co.

Sept 24

1940 – Bill 12th steps Bobbie V., who later replaced Ruth Hock as his secretary in NY.

Sept 30

1939 – Article in Liberty magazine, "Alcoholics and God" by Morris Markey.

Other significant events in September for which we do not have a specific date:

1930 – Bill wrote 4th (last) promise in family Bible to quit drinking

1939 – Group started by Earl T. in Chicago.

1940 – AA group started in Toledo by Duke P. & others.

1940 – Journal of Nervous and Mental Diseases gives Big Book unfavorable review.

1946 – Bill & Dr. Bob both publicly endorsed National Committee Education Alcoholism founded by Marty M.

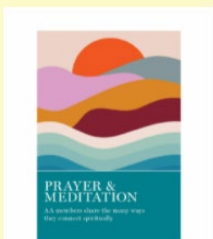
1946 – First A.A. group in Mexico.

1948 – Bob writes article for Grapevine on AA, "Fundamentals in Retrospect".

1949 – First issue of A.A. Grapevine published in "pocketbook" size.

Thanks to Billy C. and Nancy O. for this list, used by permission.

NEW GRAPEVINE BOOKS
Coming September 2021



"Love is never wasted,
for its value does not
rest upon reciprocity."

— C.S. Lewis

CONTRIBUTIONS TO EDMONTON CENTRAL OFFICE

In keeping with the AA Seventh Tradition of self-support, Edmonton Central Office can accept contributions only from AA members and AA Groups.

Contributions can be made to Edmonton Central Office by any of the following methods (AA members or groups only please):

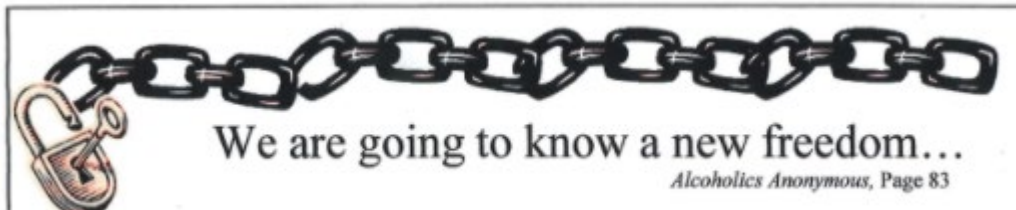
- **E-transfer to centraloffice@edmontonaa.org** you will need to provide the answer to the security question via a separate email to this address.
- Visa or MasterCard either over the phone (780-424-5900) or in person (by appointment)
- Cheque made payable to "Edmonton Central Office" and brought to the office (by appointment) or mailed to the office at:

Edmonton Central Office
Suite 205
10544 114 St NW
Edmonton, AB T5H 3J7

- Cash brought to the office (by appointment).
- Arranging on-going monthly contributions by calling or emailing Central Office

The Edmonton Central Office Society is a registered charity. A tax receipt will be issued early in 2022 to individuals whose contribution is greater than \$20.00. For a receipt to be issued, the full name and address of the individual is needed. The receipt will indicate a contribution to the Edmonton Central Office Society.

Note: You can phone Central Office weekdays from 11:00 AM to 2:00 PM. If you need to visit Central Office, please arrange an appointment by phone or email.



Please Help!

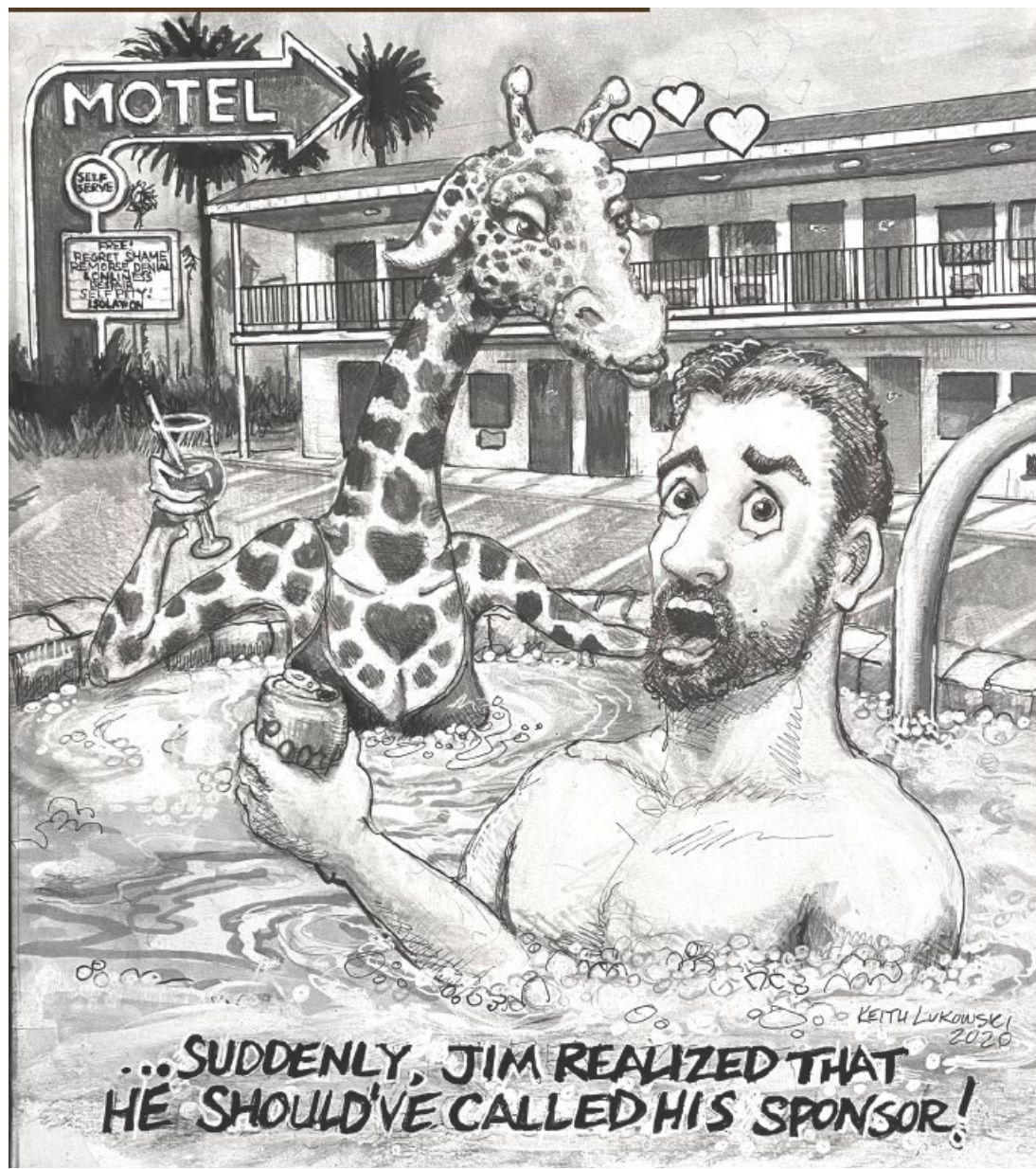
We would like to hear from you about your AA related experience, strength, and hope, keeping in mind copyright and credit concerns.

For example, write a short article about your home group, give your interpretation of a slogan, explain one of the steps or traditions, send a joke or cartoon keeping in mind the sensitivities of our readership. Any contributions will be appreciated.

Submissions should be between 250 and 300 words. Submit with your full name, group, and phone number where you can be reached (of course we will protect your anonymity).

Material submitted before the 20th of the month will print in the following month's issue.

Submit articles to the ECO Newsletter Editor at editor@edmontonaa.org or to AA Central Office #205, 10544-114 St NW, Edmonton, AB T5H 3J7 Fax: (587) 523-4334



Ninth Step Prayer

Higher Power,
I pray for the
right attitude to
make my
amends,
being ever
mindful not to
harm others in
the process.

I ask for Your
guidance in
making indirect
amends.
Most important,
I will continue to
make amends
by staying
abstinent,
helping others &
growing in
spiritual
progress.

Alcoholics Anonymous
--- Cleveland ---

GRAPEVINE Daily Quote

September 11, 2020

“The number one way to relieve pain is to forgive.”

“Distilled Spirits,” Hermosa Beach, California, February 1998, AA Grapevine





Can an American Citizen Travel to Canada with a DWI (DUI)

Driving while intoxicated or driving while impaired are serious offences.

Many people consider driving while intoxicated (DWI) and driving under the influence (DUI) to be the same offense, and think the only difference is the actual acronym used. While this is sometimes the case in US states that only use one term or the other, such as Texas where drunk drivers are always charged with a DWI not a DUI, in jurisdictions that classify them separately, DWI is often the more serious crime as it denotes a higher degree of impairment.

Any resident or citizen of the United States that has a DWI conviction on their criminal record may be deemed criminally inadmissible to cross the border into Canada unless he or she has been issued government consent

Attempting to enter Canada with a DWI may result in a denial of entry if the person does not carry this permission with them.

<https://www.canadaduientrylaw.com/dwi.php>

“With each passing year we increasingly realize the immense importance of adequately presenting the program to every new prospect who is in the least inclined to listen. Many of us feel this to be our greatest obligation to them and our failure to do so our greatest dereliction. The difference between a good approach and a bad one can mean life or death to those who seek our help.”

“The Language of the Heart”

... Reprinted with permission, AA Grapevine

Gratitude

Thank You (Higher Power)
For all that You have given,
For all that You have taken,
And, for all that you have left me.

... Borrowed from AA Meeting in a Pocket

MISSING GRAPEVINE MAGAZINES

The following Grapevine magazines are missing from our Archives.

- July 1944 – December 1949 –
- 1949 All except May
- 1950 All
- 1951 All except Jan., Feb. & Oct.
- 1952 All
- 1953 All except July
- 1954 All except March, August & Nov.
- 1955 Only January & February
- 1956 Only Jan., February, April & Nov.
- 1957 Only February, June & July
- 1958 Only January
- 1959 Only August
- 2015 Only February

The Evolution of the Alcoholic The Jigsaw Process

There's no way of knowing how the life of a new born child is going to turn out, and if there was, we could simply make the adjustments to its environment, education, and other similar needs, as it evolved into adulthood. Providing a safe, loving, and nurturing home life is a good start but even that, is no guarantee of success. In the formative years we develop instinctive drives to protect ourselves from perceived dangers, and how we control these instincts usually is the measure of how well balanced we turn out emotionally. So much of the A.A. program involves the understanding of these instinctive drives and our willingness and our ability to come to terms with these natural impulses when they far exceed their natural purpose.

Each year during the winter months my wife puts out a jigsaw puzzle and as the days go by, we find times we sit around the table and chat and spend time together. As we dump the puzzle out of the box, we first turn all the pieces right side up and spread them out. As we do this, we find some pieces with straight edges that form the perimeter, and they are easy to figure out. The easiest pieces to figure out are the four corners and that is where we start. These pieces form the framework of the puzzle. Next, we find pieces that have numbers on them or other common characteristics such as colors or patterns that make it easy to fit them together. Others have different shades that can be compared to each other and reveal the general location of where it will fit in and soon everything start to develop. When we get to the blue sky part of the picture, things slowdown a bit and these pieces are less obvious but the puzzle isn't finished until all of the pieces are in place and that may be the day we shuffle off this mortal coil.

To me, all of this is like the way the pieces of Alcoholics Anonymous are pictured in my mind. The desires to stop drinking and to come to meetings are like the cornerstones that start the whole process moving. Next, getting a sponsor, beginning to take the steps, getting into service, and helping others and so on, are some of the framework pieces that are obvious to most of us. Next, we start to recognize some of the more obvious defect of character that need to be addressed and they are numerous if we are strong enough to admit it. If we are not, the picture will never be complete. As we continue to clear up these issues (wreckage of the past) and put them behind us, it would be easy to rest on our laurels and be satisfied with half measures. If, however, we are diligent about continuing this process of examining our motives for everything we do, until it becomes second nature, our life will become a rewarding adventure and all of those negative emotions are replaced daily with feelings of wellbeing. This is the blue skies portion of the puzzle, as I see it and the part that many of us often miss, simply because of indifference and we may miss out on the freedom and peace of mind we seek.

If you are the one those that finds themselves in that malaise, let me encourage you to consider revisiting those items that you skipped over and let your conscience rather than your EGO win this battle. It may be the best decision you have made since you made the decision to come to AA. Those misguided instincts that fueled those faulty behaviors have had their way far too long. Let's get those pieces of the puzzle into place and see where it takes us. I guarantee that you won't regret it.

... Rick R., Unconditional AA, Poway, CA



Group Birthdays September 2021

60 Minutes to Sobriety

Last Sunday
Sep 7 Ryan M. 4 yrs

Back to Basics (St. Albert)

First Thursday
Sep 28
Ashlleigh C. 10 yrs

Breathe Easy

First Friday
Sep 4 Star O. 7 yrs
7 Don M. 40 yrs
7 Shawn M. 25 yrs
30 Marc. R. 27 yrs

Fellowship Breakfast

Last Saturday
Sept 1 Ray B. 13 yrs

Gratitude

Last Monday
Sep 7 Mike B. 20 yrs
22 Nathan P. 7 yrs

Jasper Place

Last Tuesday
Sep 19 Mike A. 29 yrs

Last Call

Last Wednesday
Sep 23 Fred K. 3 yrs

Mustard Seed

Last Sunday
Sep 21 Jolene 10 yrs
30 Carol L. 39 yrs

Oilman's

First Monday
Sep 28 Randy D. 17 yrs

South Side

Third Friday
Sep 1 George B. 49 yrs
14 Todd S. 3 yrs
17 Gordon M. 29 yrs

12 Steps to Serenity

Sep 1 Greg D. 8 yrs
2 Wally C. 14 yrs
13 Will H. 4 yrs
13 Johnny E. 10 yrs
17 Elizabeth P. 15 yrs
25 Earl G. 1 yr

Sunday Night (St. Albert)

Last Sunday
Sep 15 David L. 14 yrs
25 Stan T. 34 yrs

Step Sisters

Last Wednesday
Sep 25 Tamera W. 2 yrs

Please send
members lists to

editor@edmontonaa.org

Suit Up & Show Up

Last Saturday
None

St. Albert Breakfast

Sep 1 Sherri M. 2 yrs
18 Robert D. 4 yrs
21 Cordell B. 5 yrs
25 Mike M. 25 yrs
30 Deborah F. 2 yrs

Tiger II

First Wednesday
None

WEMG

First Wednesday
Sep 19 Brad F. 2 yrs
25 Stuart A. 4 yrs
28 Drew F. 20 yrs
28 Henson G. 2 yrs

Westminster

Last Saturday
Sep 1 Harry E. 37 yrs
19 Eileen E. 10 yrs



Upcoming Events and other Notables

Greig Lake 42nd A.A. Campout Roundup **Sept 3,4,5,6 – 2021**

Meadow Lake Provincial Park Saskatchewan

Area 78 ELECTION ASSEMBLY

September 17, 18, and 19 2021

Cambridge Red Deer Hotel - 1-800-662-7197

3310 – 50 Avenue Red Deer, Alberta

reservations@cambridgereddeer.com

**For more info contact:
chair.70@area78.com**

38th Annual

Area 78

District 10 Unity Roundup

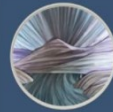
“Walk With Us!”

District 10 is extending a hand for our online Roundup!

Bring a friend or two!

Friday October 22 and Saturday October 23, 2021

Register at district10unityroundup@gmail.com



Three Rivers BigBook Weekend III

Eastern Washington’s Woodstock of AA

September 24th–26th 2021

At the Riverfront Hotel & Convention Center
50 Comstock Street, Richland, Washington 99352



For Information and cost contact

Dave V—email threeriversbigbook@gmail.com

PH # 1(509) 572-8728

“WHERE THE RIVERS MEET”

A New Style BigBook Weekend with 8 Guest Speakers emphasizing BigBook Steps and Topics into their stories. The place chosen for this special gathering is at the

From the Desk of the Office Manager – Pam L.

Welcome to September 2021 and I am hoping that everyone has had a safe and serene summer!

It was recently discovered that we have a number of hard cover Big Books (B-1) that are misprinted. The book goes from page 416 to 353 and then page 384 to 449. They are all the 44th printing from October 2020, but not all of the 44th printing editions are incorrect.

Please check your personal Big Book and any that your Group has on hand, and you can bring them into Edmonton Central Office for an exchange.

Thank you for your help on this!

Pam L.

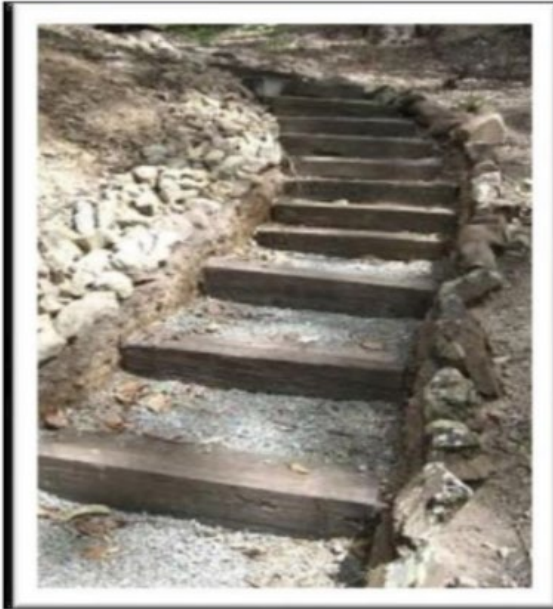


New Archivist Needed!

The Archivist is appointed by the Archives Committee, and is a person with specialized skills and/ or training. Their term of service is open ended, but must be reaffirmed every two years at the Election Assembly. It is important that they understand they must protect the anonymity of members whose names are included in the collected documents. This individual is responsible for both physical and intellectual integrity of the collection.

Reporting regularly, the Archivist keeps the Archives Committee informed about new material received, and gives status updates about ongoing projects (like the digitizing of Area 78 Archival materials).

ALCOHOLICS ANONYMOUS
14 WEEK STEP SERIES



September.13th, 2021
Time – 7:00PM

LOCATION:
1380 Sherwood Dr Sherwood Park
Church Of Nazarene (Basement)

Please bring a Big Book and a 12x12

For More Information Contact
Larry V. 780 298 6540 Duncan M. 587 930 2302
Ken G. 780 235 6692 Linda C. 780 394 5828



BIRTHDAY CLUB

Jim R. - The Why Group

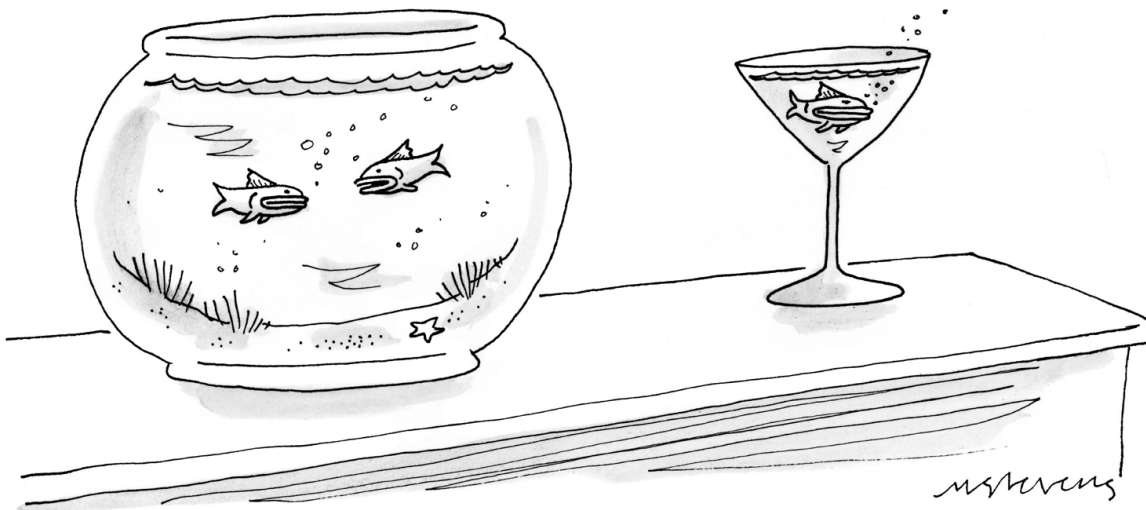


“What is the Birthday Club”

- A show of gratitude by AA members, who contribute \$1.00 or more for each year of continuous sobriety.
- These funds are used to HELP SUPPORT Central Office staff and volunteers to carry the Twelfth Step message during the office hours.
- You will receive personal Birthday Card on your sobriety date.
- Please contact Central Office, if you want to join our **BIRTHDAY CLUB!** #205, 10544 – 114 St., Edmonton, AB T5H 3J7 780-424—5900 Email: centraloffice@edmontonaa.org

NO FAITHFUL FIVERS THIS MONTH

The Faithful Fiver Club was initiated several years ago to generate funds for Central Office. AA members pledge a donation of \$5.00 or more a month. They then receive the satisfaction of carrying the message to the alcoholic who still suffers, and recognition (if they desire) in the monthly ECOS Newsletter.



“Sad, isn’t it? And he won’t admit he has a problem.”

Permission to reprint granted under the CartoonStock license Type C1.

Begin to imagine themes for the 2025 International Convention celebration of A.A.'s 90th Anniversary in Vancouver, B.C., on July 3-6, 2025. Your creative ideas are vital and will be presented to and selected by the Trustees' International Conventions/Regional Forums Committee. With the October 15, 2021, deadline right around the corner we ask you to quickly forward your ideas.

Send your ideas to the International Conventions Assignment, P.O. Box 459, Grand Central Station, New York, NY 10163, or email 2025ictheme@aa.org.



*"There's nothing to be afraid of.
Watch me give him his vaccination first."*

Cartoon by Kate Curtis. All of Kate's cartoons can be found on her blog at <http://cluestolife.wordpress.com>.

TOP 10 REASONS FOR A CLEAN & SOBER LIFE.

10. Sleeping much more pleasant with shoes off.
9. Cool medallions given away at meetings.
8. Finding your car made much easier.
7. No more wasting energy keeping track of those "little white lies."
6. Embarrassing stumbling kept to a minimum.
5. Will never again receive phone calls beginning with "I can't believe what you did last night!"
4. Get to create your own Higher Power.
3. Opinions voiced at work Christmas party can now be made about things you actually know about.
2. Free coffee at meetings.

AND THE NUMBER ONE REASON

You're alive and well and loved.

... Anonymous

AA BIG BOOK QUOTE

We are careful never to show intolerance or hatred of drinking as an institution. Experience shows that such an attitude is not helpful to anyone. Every new alcoholic looks for this spirit among us and is immensely relieved when he finds we are not witch-burners. A spirit of intolerance might repel alcoholics whose lives could have been saved, had it not been for such stupidity.

– Pg. 103 – Working with Others

DISCLAIMER:

ECO News is published monthly on behalf of Edmonton Intergroup. All printed and mailed copies are to be paid for either by subscription or walk in. Email copies are free. There is no use of funds donated via 7th Tradition process. Minimal editing may be done. This newsletter presents the experiences and opinions of AA members and relays information received at Central Office concerning Roundups, Conferences, birthdays, and other events that may be of interest to subscribers. Any opinions expressed should not be attributed to AA. Publication of any article does not imply endorsement.

Edmonton Central Office Society			
INCOME STATEMENT 2021			
	July		
	Actuals	Budget	variance
General Receipts:			
Group Contributions	\$ 3,661.70	\$3,113.25	-\$548.45
Individual/Bequeath	\$ 1,870.00	\$2,763.62	\$893.62
Birthday Club/Faithful Fivers	\$ 260.00	\$45.99	-\$214.01
Office Supplies / Postage	\$ 37.50	\$61.20	\$23.70
Newsletter	\$ -	\$0.00	\$0.00
Rental Income-EGSC, etc	\$ -	\$0.00	\$0.00
Tradition Seven-meetings	\$ 339.05	\$29.71	-\$309.34
Fundraising	\$ -	\$416.67	\$416.67
Other Inc (Interest, etc)	\$ 5.11	\$1.18	-\$3.93
Total General Receipts	\$ 6,173.36	\$6,431.63	\$258.27
Literature & Medallion			
Literature	\$ 5,856.55	\$5,284.41	-\$572.14
Medallion	\$ 1,928.00	\$1,666.85	-\$261.15
Total Literature and Med.	\$ 7,784.55	\$6,951.26	-\$833.29
Total Revenue	\$ 13,957.91	\$13,382.89	-\$575.02
Expenses: (COS)			
AAWS & Grapevine Literature	\$ 3,346.72	\$3,100.13	-\$246.59
Meeting list & Greeting Cards	\$ 279.84	\$432.10	\$152.26
Medallion Purch /engraving	\$ 1,154.10	\$1,102.06	-\$52.04
Freight / Brokerage	\$ -	\$0.00	\$0.00
Total Expenses (COS)	\$ 4,780.66	\$4,634.30	-\$146.36
Intergroup Expenses			
12 Step Answering	\$ 404.87	\$408.33	\$3.46
Literature expense	\$ 15.93	\$10.21	-\$5.72
Communications & Tech	\$ -	\$0.00	\$0.00
Other (Archive, 12 Step,Cred,Grp Serv	\$ -	\$100.00	\$100.00
Total Intergroup Expenses	\$ 420.80	\$518.55	\$97.75
Administrative Expenses			
Accounting & Legal	\$ 179.38	\$915.10	\$735.72
Bank Chgs & Cr Card chgs	\$ 129.60	\$121.13	-\$8.47
Computer & IT Maintenance	\$ 128.13	\$500.00	\$371.87
Equipment Lease	\$ 359.77	\$695.91	\$336.14
Fundraising expense	\$ -	\$416.67	\$416.67
Insurance	\$ 321.80	\$351.36	\$29.56
Newsletter Expenses	\$ -	\$0.00	\$0.00
Office Supplies	-\$ 100.21	\$113.60	\$213.81
Postage	\$ 117.37	\$84.67	-\$32.70
Rent	\$ 3,778.56	\$3,663.41	-\$115.15
Repairs & Maintenance	\$ -	\$0.00	\$0.00
Salaries, Source, WCB	\$ 5,856.84	\$5,066.79	-\$790.05
Staff Training / Seminar	\$ -	\$0.00	\$0.00
Telephone / Internet	\$ 133.48	\$176.65	\$43.17
Total Administrative Expenses	\$ 10,904.72	\$12,500.42	\$1,595.70
Total Expenses	\$ 16,106.18	\$17,653.26	\$1,547.08
Income / (Loss)	-\$ 2,148.27	\$0.00	\$2,148.27

Edmonton Central Office - 2021 Group Contributions

GROUP	District	Jul	YTD	GROUP	GSO Number	District	Jul	YTD	GROUP	District	Jul	YTD
60 MINUTES TO SOBRIETY	53		\$0.00	HOME GROUP #18	123079	63		\$0.00	SHER. PARK SISTERS IN SOBRIETY	61		\$333.66
10 AFTER 10 GROUP	46		\$102.40	HOME GROUP #25		63		\$150.00	SHER. PARK TUESDAY NIGHT AT 7	61		\$180.00
84TH STREET	46		\$1,000.00	HOPE THROUGH FRIENDSHIP GRO UP	150938	40		\$0.00	SHER. PARK THERE'S MORE TO THE STORY	61		\$500.00
84TH STREET 20 OM	46		\$300.00	HOW IT WORKS GROUP	139837	55		\$150.00	SHIFTERS GRO UP	57		\$500.00
AB GRO UP	57		\$0.00	IDEAL BOOK STUDIES		63		\$0.00	SIMPLY SOBER AA GROUP	40		\$0.00
ALANO WOMENS DISCUSSION	46		\$0.00	INTO ACTION GROUP	648134	40	\$400.00	\$400.00	SLAVE LAKE AA GROUP	7		\$0.00
AB BEACH - SONS OF THE BEACH	10		\$0.00	JASPER PLACE GROUP	114690	40		\$321.60	SOBER CD UNTRY - EDSON	5	\$200.00	\$200.00
ALTERED ATTITUDES GROUP	46		\$0.00	JELL NICK JUMPSTART		46	\$15.00	\$293.00	SOUTHBOUND FELLOWSHIP GRO UP	60		\$0.00
AMAZING GRACE	46		\$373.50	LAC LA BICHE TRI SOBRIETY	717868	8		\$0.00	SOBER SOULS OF EDMONTON	46		\$0.00
AS IT IS GROUP	55		\$0.00	LAMO NT - BEAVERHILL GROUP	122788	20		\$0.00	SOUTH SIDE GROUP	57		\$0.00
ATHABASCA AA GROUP	8		\$0.00	LANCASTER PARK TRI-SERVICE GRP	114682	64		\$0.00	SOUTHSIDE YOUNG PEOPLE'S GROUP	57		\$0.00
BACK TO BASICS	64		\$0.00	LAST CALL GROUP	721414	40		\$0.00	SPRUCE GRO VE AFTER 1 GROUP	10		\$300.00
BEAUMARIS LAKE GROUP	53		\$0.00	LEDUC HOW IT WORKS		12		\$0.00	SPRUCE GRO VE - SPEAK EASY	10		\$0.00
BEAUMONT HOW IT WORKS GRP	60		\$0.00	LEDUC MONDAY NIGHT LADIES 12 X 12		12		\$0.00	SPRUCE GRO VE FIRST DOOR ON THE LEFT	10		\$0.00
BEAUMONT GROUP	60		\$0.00	LEDUC SATURDAY	120350	12		\$0.00	STEP SISTERS	40	\$105.00	\$318.00
BEAVERHILL CREEK	9		\$0.00	LEDUC SUNDAY BEGINNERS	689115	12		\$200.00	STEPS TO SERENITY GROUP (MEN'S)(sh pk)	55		\$0.00
BEAVERLODGE AA	4		\$0.00	LIGHTHOUSE GROUP	682611	53		\$600.00	STONY PLAIN - BEYOND BELIEF	10		\$0.00
BEVERLY GROUP	53		\$0.00	LIONSDEN GROUP	655067	57		\$0.00	STONY PLAIN - DISPLACED MALL RATS	10		\$400.00
BONNIE DOON GRO P	55		\$0.00	LOVE AT WORK	161470	60		\$0.00	STONY PLAIN - FIRST DOOR ON THE LEFT	10		\$650.00
BONNYVILLE SAT NIGHT GRP	3		\$0.00	MANDATESOBER GRO UP	150723	40		\$0.00	STONY PLAIN - NEW WOMEN'S GROUP	10		\$300.00
BONNYVILLE NEW LIFE GRP	3		\$350.00	MILLET: STAIRWAY TO FREEDOM GRP	169395	12		\$0.00	STONY PLAIN - SUNDAY 7:30	10		\$0.00
BREATHE EASY GROUP	40		\$1,060.00	MILLWOODS GROUP	117394	60		\$0.00	STONY PLAIN - WEDNESDAY NITE UPSTART	10		\$0.00
CAMEL DISCUSSION CLUB	40		\$0.00	MILLWOODS SPRING STEP STUDY		60		\$0.00	ST. PAUL - FELLOWSHIP GROUP	3		\$0.00
CAMPUS GROUP	57		\$350.00	MONDAY AT 7:30 GROUP	135319	46		\$0.00	ST. PAUL - YOU GO GAL MEETING	3		\$0.00
CAMPUS GROUP - BLUE JEAN R/U	57		\$0.00	MONTRVILLE BY THE BOOK GROUP		9		\$0.00	STRENGTH AND HOPE GROUP	46		\$0.00
CAMROSE CITY GRO UP	12		\$0.00	MONTRVILLE THURS NITE STEP & TRADITIO	114617	9		\$50.00	STRENGTH IN NUMBERS	57	\$500.00	\$800.00
CAPILANO STEP GROUP	55		\$300.00	MUSTARD SEED GROUP	107237	46		\$450.00	SUIT UP & SHOW UP BIG BOOK STUDY	46		\$100.00
CLAREVIEW BIG BOOK GROUP	53		\$180.00	NEW FOUND HOPE GROUP		53		\$50.00	SUNDAY MORNING OPEN GROUP (SMO G)	57		\$750.00
CORNERSTONE GROUP	46		\$75.00	NEW HOPE GROUP	123290	62		\$0.00	SUNDAY MORNING BIG BOOK GROUP	40		\$0.00
COURAGE TO CHANGE	46		\$0.00	NEIGHBOR CENTER GROUP		57		\$50.00	SUNDAY NO NAME GROUP	40		\$0.00
CRESTWOOD WELCOME	40		\$500.00	NITON AA GROUP	114594	6		\$0.00	SUNRISE LIGHT LUNCHEON GROUP	46		\$0.00
DAILY REFLECTIONS GROUP	55		\$0.00	NO NAME HOME GROUP	178337	63	\$332.10	\$332.10	SURVIVORS GROUP	53		\$0.00
DAYSLAND	12		\$0.00	NO SAINTS MEETING	721636	46		\$960.00	TAWO W GROUP	46		\$0.00
DEVON MONDAY NIGHT GROUP	12		\$0.00	NORTH EDMONTON GRO UP	114693	53		\$0.00	TERRA NOVA GRO UP	46		\$0.00
DISTRICT 7 SLAVE LAKE R/U	7		\$0.00	NORWOOD GROUP	114695	46		\$0.00	THE WHY GROUP	46	\$350.00	\$1,700.00
DISTRICT 9	9		\$200.00	OFF THE WALL & LIVING SOBER MTG	224807	55		\$50.00	THORSBY GROUP	12		\$0.00
DISTRICT 10 UNITY ROUND UP	10		\$0.00	OILMENS GROUP	114696	57	\$150.00	\$500.00	THUS WE GROW	57	\$250.00	\$1,175.00
DISTRICT 10	10		\$0.00	ONOWAY GROUP	114696	57		\$0.00	TO SHOW OTHERS	57		\$291.70
DISTRICT 12 GSR BODY	12		\$0.00	OPEN DOOR GROUP	607230	55		\$0.00	TOWER GROUP	46		\$0.00
DISTRICE 40/41 COMMITTEE	40		\$0.00	OUR HOUSE		40		\$0.00	TURNING POINT GROUP	46		\$0.00
DISTRICT 53	53		\$0.00	OUR PLACE GROUP	125679	46		\$0.00	UNDER NEW MANAGEMENT	57		\$400.00
DISTRICT 57 COMMITTEE	57		\$0.00	PEACE RIVER AA GROUP	11473	2		\$0.00	UNITY STEP GROUP	55		\$0.00
DISTRICT 64	64		\$300.00	PONO KA THURSDAY NIGHT		12		\$0.00	U OF AA GROUP	57		\$0.00
DOLPHIN GROUP	53	\$322.40	\$1,816.50	POUNDMAKER'S TREATMENT CTR		64		\$0.00	UP THE CREEK	55		\$500.00
DRAYTON VALLEY A.A. GRO UP	6		\$0.00	PRINCIPLES GROUP		53		\$0.00	UP THE CREEK ANNIVERSARY DINNER	55		\$0.00
EARLY BIRDS BREAKFAST GROUP	53		\$0.00	PROVIDENCE GROUP	129667	57		\$0.00	UP THE CREEK GRATITUDE MONTH	55		\$0.00
EASTWOOD GROUP	53		\$50.00	RAIN BOWS TO RECOVERY		57		\$0.00	VALLEYVIEW A.A. GROUP	7		\$0.00
Edm Gen Serv Cmte (EGSC)			\$2,000.00	RAY OF HOPE GROUP	680905	46		\$700.00	VIOLET GROVE LAST CHANCE	6		\$0.00
ELERSLIE ROAD GRO UP	60		\$0.00	RIO TERRACE GROUP	178383	40		\$50.00	VIKING WEDNESDAY NIGHT GROUP	20		\$0.00
EVANSBURG GROUP	6		\$300.00	RITE TRAC GROUP	119330	53		\$300.00	VIRTUAL STUDY GROUP	40		\$100.00
FAITH WORKS STEP GRO UP	53		\$0.00	SAFE HARBOUR		46		\$0.00	WABAMUN WEDNESDAY NIGHT	10		\$0.00
FELLOWSHIP GROUP	57		\$0.00	S.A. BREAKFAST GROUP	114607	64		\$640.00	WABASCA GROUP	7		\$0.00
FIRST DAY GROUP	46		\$0.00	S.A. FRI NIGHT OFF THE TRAIL GROUP	114586	64		\$0.00	WEST END GROUP	40		\$0.00
FRIENDS OF BILL GOLF TOURN	60		\$0.00	S.A. MILLENIUM GRO UP	643837	64		\$400.00	WE AGNOSTICS	46		\$0.00
FRIENDS OF BILL W AT THE HUB	40		\$0.00	S.A. ON THE HILL GROUPS		64		\$410.00	WEST END GROUP	46		\$150.00
FT MCMURRAY BACK TO BASICS	21		\$0.00	S.A. SOBER SISTERS GROUP	721596	64		\$0.00	WESTEND 12 STEP GROUP	40		\$0.00
FT. MCMURRAY NOONERS	21		\$0.00	S.A. STEP STUDY - JAN TO MARCH		64		\$0.00	WEST END MEN'S GROUP	40		\$500.00
FT. MCMURRAY WOMENS RECOV	21		\$0.00	S.A. STEP X STEP SATURDAY NIGHT GRP	129542	64		\$200.00	WESTGROVE GROUP	40		\$0.00
FT. SASK BIG BOOK TOOL BOX-TAL	61		\$75.00	S.A. SUNDAY STEP STUDY	605303	64		\$160.00	WESTLOCK AA GRO UP FRIDAY NIGHT	9		\$0.00
FT. SASK TO WIN GROUP	61		\$600.00	S.A. TUESDAY NIGHT GRO UP	114701	64		\$500.00	WESTLOCK SUNDAY BACK TO BASICS	9		\$0.00
FULTON PLACE GROUP	55		\$215.00	S.A. WED. NIGHT CLOSED MEN'S	704318	64		\$0.00	WESTLOCK WEDNESDAY	9		\$0.00
GIBBONS SOBER RIDERS	61		\$450.00	S.A. WOMEN'S STEP STUDY		64		\$100.00	WESTLOCK WEDNESDAY BREAKFAST	9		\$0.00
GRANDIN MEETING	57		\$0.00	SANDY BEACH GROUP	610511	9		\$0.00	WESTLOCK WINNERS CIRCLE	9		\$150.00
GRATITUDE GROUP	53		\$0.00	SATURDAY NIGHT LIVE MEETING		57	\$37.20	\$37.20	WESTMINSTER GRO UP	46		\$1,692.00
GRIMSHAW SATURDAY NIGHT GR	2		\$0.00	EDGEWICK A.A. GRO UP	1198881	20		\$50.00	WESTMOUNT	40		\$0.00
HS	57		\$0.00	SERENITY GROUP	114698	46		\$0.00	WETASWIN IN SUN DAY MORNING	12		\$400.00
HEADS UP FOR AA - VEGREVILLE	20	\$100.00	\$100.00	SERENITY POOL SUNDAY MEETING		60		\$0.00	WE THINK NOT - ONLINE	55		\$0.00
HELPING HANDS	60		\$375.00	SHER. PARK HAPPY HOUR GROUP	121626	61		\$0.00	WHITECOURT AA GROUP	6		\$0.00
HIGH PRAIRIE GROUP	7		\$0.00	SHER. PARK GROUP	114752	61		\$1,000.00	YOUNG & OLD GROUP	53		\$0.00
HOME GROUP #1	63		\$0.00	SHER. PARK MILLSHAVEN	119605	61		\$0.00	YOUR CHOICE GROUP	53		\$0.00
HOME GROUP #11	63		\$0.00	SHER. PARK 12 STEPS TO SERENITY	684045	61	\$400.00	\$2,640.00				
HOME GROUP #13	63		\$1,060.00									
Total		\$422.40		Total			\$934.30				\$1,805.00	\$12,390.36
		YTD Total	\$12,132.40					\$11,743.90	Grand Total			\$36,266.66