

# ECO NEWS

# \$1.00

## March 2021

Edmonton Central Office Society  
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### From the “Absent” Editor’s Desk filled by the ECOS Office Manager

You will be receiving the March 2021 edition of the ECO News late this month and with less content as you have seen in the past.

Our current editor, Jan D. has not been well recently. We all wish her a speedy recovery and extend a huge thanks for her past work on the ECO News for the past 5 years!

Jan has mentioned a couple of times that in the spirit of rotation that she would appreciate stepping down from this service role. So....I would like to put this out to our membership that we require someone to step up to take over this important role of keeping our membership informed and entertained.

The Edmonton Central Office holds tons of material that can be used for the newsletter and someone could also request of the fellowship to write articles on the Steps, the Traditions, the Concepts, the Promises, or their experience in Alcoholics Anonymous! ALL submissions will be gratefully accepted.

This current edition has been put together with the help of the volunteers in the office, Mike L., Christie N., and Daniel E. We will not have a much content as is usually seen and it is my hope that members will be able to step up.

.....Pam L. Edmonton Central Office Manager

### TRADITION THREE

**“THE ONLY REQUIREMENT FOR MEMBERSHIP IS A DESIRE TO STOP DRINKING.”**

**“I first hear the short form of the Third Tradition in the Preamble. When I came to A.A. I could not accept myself, my alcoholism, or my Higher Power. If there had been any physical, mental, moral, or religious requirements for membership, I would be dead today. Bill W. Said in his tape on the Traditions that the Third Tradition is a character for individual freedom. The most impressive thing to me was the feeling of acceptance from members who were practicing the Third Tradition by tolerating and accepting me. I feel acceptance is love and love is God’s will for us.”**

(Reprinted from DAILY REFLECTIONS, P. 158, a publication of A. A.)

## God has a Plan for Every one of Us

God has a Plan for me. It is hidden within me just as the oak is hidden within the acorn or the rose within the bud. As I yield myself more fully to God, His Plan expresses itself more perfectly through me. I can tell when I am in tune with it for a sense of security, with joy, and a desire to take the steps that are a part of the Plan.

God's Plan for me is a perfect part of a larger Plan. It is designed for the good of all and not for me alone. It is a many-sided Plan and reaches out through all the people I meet. All the events and people who come into my life are the instruments for the unfolding of this Plan.

God has chosen the people He wants me to know, to love and to serve. We are continually being drawn to one another in ways that are not coincidental. I pray that I may become a better instrument to love and to serve, and that I may become more worthy to receive the love and service of others.

I ask the Father within me for only those things which He wants me to have. I know that these benefits will come to me at the right time, and in the right way. This inner knowing frees my mind and heart from all fear, greed, jealousy, anger and resentment. It gives me courage, and faith to do those things which I feel are mine to do. I no longer look with envy at what others are receiving, nor do I compare myself with them; therefore, I do not cut myself off from God, the "giver" of all good things".

God's gifts to me can be many times greater than I am now receiving. I pray that I may increase my capacity to give, for I can give only as I receive, and receive only as I give.

I believe that when I cannot do those things I desire to do, it is because God has closed one door, only to leave ajar a better and larger door. If I do not see that door just ahead, it is because I have not seen, heard, or obeyed God's guidance. It is then that God uses the trouble or seeming failure which may result to help me face myself and see the new opportunity before me. The real purpose of my life is to find God within my own mind and heart and to help my fellowmen. I thank my Father for each new experience which helps me to surrender my will to His Will. For only as I lose myself to the consciousness of His Great Presence, can His Plan for my life be fulfilled.

*Beginner's Manual, Milwaukee, WI*

## March 2, 2021 ~ Grapevine Daily Quote ~

“Two or three years ago the Central Office asked the groups to list their membership rules and send them in. After they arrived we set them all down. They took a great many sheets of paper. A little reflection upon these many rules brought us to an astonishing conclusion. If all of these edicts had been in force everywhere at once, it would have been practically impossible for any alcoholic to have ever joined Alcoholics Anonymous.”

*AA Co-Founder, Bill W., August 1946, From: "Who Is a Member of Alcoholics Anonymous?", The Language of the Heart*

## Bill W's Letter to a Member Concerning Depression

The following excerpts from a letter of Bill W. was quoted in the memoirs of Tom P., an early California AA member. Tom did not use the name of the person addressed-perhaps because he was still living.

**Tom said:** Here in part is what Bill Wilson wrote in 1958 to a close friend who shared his problem with depression, describing how Bill himself used the St. Francis prayer as a steppingstone toward recovery:

**Dear ....**

I think that many oldsters who have put our AA "booze cure" to severe but successful tests still find they often lack emotional sobriety. Perhaps they will be the spearhead for the next major development in A.A. the development of much more real maturity and balance (which is to say, humility) in our relations with ourselves, with our fellows, and with God.

How to translate a right mental conviction into a right emotional result and so into easy, happy, and good living...well, that's not only the neurotic's problem, it's the problem of life itself for all of us who have got to the point of real willingness to hew to right principles in all our affairs.

Even then, as we hew away, peace and joy may still elude us. That's the place of so many of us AA oldsters have come to. And it's a hell of a spot, literally.

Last autumn, depression, having no really rational cause at all, almost took me to the cleaners. I began to be scared that I was in for another long chronic spell. Considering the grief I've had with depression, it wasn't a bright prospect.

I kept asking myself, "Why can't the Twelve Steps work to release depression?" By the hour, I stared at the St. Francis prayer..."It is better to comfort than to be comforted." Here was the formula, all right, but why didn't it work?

Suddenly I realized what the matter was...My basic flaw had always been dependence, almost absolute dependence on people or circumstances to supply me with prestige, security, and the like. Failing to get these things according to my perfectionist dreams and specifications, I had fought for them. And when defeat came so did my depression.

There wasn't a chance of making the outgoing love of St. Francis a workable and joyous way of life until these fatal and almost absolute dependencies were cut away.

Reinforced by what grace I could secure in prayer, I found that I had to exert every ounce of will and action to cut off these faulty emotional dependencies on people, upon AA, indeed upon any set of circumstances whatsoever.

Then only could I be free to love as Francis had. Emotional and institutional satisfactions, I saw, were really the extra dividends of having love, offering love, and expressing a love appropriate to each relation of life.

Plainly, I could not avail myself of God's love until I was able to offer it back to Him by loving others as He would have me. And I couldn't possibly do that as long as I was victimized by false dependencies.

For my dependency meant demand...a demand for the possession and control of the people and the conditions surrounding me.

This seems to be the primary healing circuit, an outgoing love of God's creation and His people, by means of which we avail ourselves of His love for us. It is most clear that the real current can't flow until our paralyzing dependencies are broken and broken at depth. Only then can we possibly have a glimmer of what adult love really is.

If we examine every disturbance we have, great or small, we will find at the root of it some unhealthy dependency and its consequent demand. Let us, with God's help, continually surrender these hobbling demands. Then we can be set free to live and love; we may then be able to gain emotional sobriety.

Of course, I haven't offered you a really new idea...only a gimmick that has started to unhook several of my own "hexes" at depth. Nowadays my brain no longer races compulsively in either elation, grandiosity or depression. I have been given a quiet place in bright sunshine.

**Tom said:** Bill's words of wisdom helped and inspired me and many others. To those who have never been there, it is hard to describe the gratitude that overflows in men and women who are delivered from the black depths of depression into the light. As with delivery from the bondage to alcohol, it is a hosanna of the heart that never ends.

*From the west Baltimore Group Homepage  
Borrowed from The Paper II, Indianapolis*

## MR HYDE DOESN'T DIE

We alcoholics are, I think, double-personality people—one person sober and an entirely different one loaded. This thought is very much on my mind because I resurrected this second personality in myself when I recently strayed off the AA reservation. This time, for perhaps the first time, I could separate the two personalities. In pre-AA days the two were so frequently blended and intermingled that I accepted both as making up the person, the whole me. As a consequence, I despised myself, though I did realize vaguely that the things I hated most came out only while I was drinking. Now I know better. The alcoholic personality, this Mr. Hyde to my Dr. Jekyll, is not me at all. It is a diseased product of a temporarily deranged ego and embodies all the unattractive thoughts, ideas, and character defects I have at the bottom of my mind. It is a ludicrous animal that crawls up out of the slime and, at least for a time, becomes Al W. We are all mixtures of good and evil, but this second personality of mine is more evil than good when in full alcoholic bloom. From the thoughts that went through my head recently (that I can remember) and from the actions which other people kindly filled in for me later, I realize that this “thing” was actually capable of almost anything. The contention that one doesn’t do anything while intoxicated or hypnotized that is against one’s standards was proved wrong in my case—it was blown out of the water. I proved that I did do things I would never do sober. I never drive by a prison or jail without experiencing a wave of gratitude that I’m not incarcerated in it. For among the criminals in any prison are a number of alcoholics (like you and me) who had been trapped by their Mr. Hyde personalities. My Hyde always leaves the tab for the real me to pick up, and the size of the bill progresses with the progression of this disease. In my early days of overindulgence, alcohol merely changed some aspects of the sober me, aspects I wanted changed. But at one point, and I remember it well, I went completely over the line into acute alcoholism. And this second self, my Mr. Hyde, became an entity unto itself, with practically no resemblance whatever to the real person. It was dependant on me in only one area, in that I had to drink to bring *it* to life and into expression. No problem. I was addicted to alcohol, I lived for it. For the whole first part of my life, I honestly felt that I couldn’t live without it. So, my Mr. Hyde had a very active life of his own, and with every breath he took, my self-respect as Dr. Jekyll went down another notch. The insane part of it was that I knew what was happening all the time. The more I hated Mr. Hyde for what he represented and what he did to me, the more often I brought him to life. I’m no scientist and I’m not trying to be scientific about all of this. It’s just that, with a little insight dropped in my lap the hard way, I can (at least to my satisfaction) piece together the repeated falls and final resurrection of an Alcoholic Named Al. In the first three months of my exposure to this program, I buried this entirely phoney second self. It sickened from malnutrition and died I thought. A long time later, I found Mark Twain was right: The report of its death was greatly exaggerated. With one drink of beer, I literally reached down into the bottom of my mind, where all the garbage is, and stirred to life this decaying corpse. This is one of the reasons why there is no cure for this disease we share: The “drinker” never dies until we do. I guarantee, however that AA will put it to sleep, and that is all we should ask. It’s all I wanted to know once, and I believe—more than ever now—it’s all I need to know from here on out. My recent relapse, I understand now, was a direct result of questioning and wishfully disagreeing with part of a program my better self knew was created by alcoholics with divine guidance. They devised AA and offered help to fellow alcoholics who were sick of the complete dependence that is addiction—sick of unbelievable physical and mental pain, sick of causing pain to others, sick of being so much less than they really are. The real difference between a drunk and an alcoholic is not, as the comedians like to quip, that the latter has to go to all those damn meetings. It is hope and the inward knowing that our Mr. Hyde’s are not the people we were meant to be. If there is anyone motivate common to all humanity, it is the search for happiness. It is this state of being that we all hoped to find at the bottom of the glass. Not finding it (except occasionally when the disease was young), we kept going from glass to glass until we are finally two people. I was permitted a second look at my alcoholic personality. I saw it reflected in bar mirrors and it looked fine—old Al, swinging again at last! It was only the next day that I saw it in perspective, at least up to the point where memory blessedly stopped. I was given a second look at what the disease had wrought. That look destroyed for all time the reservation I guess I had retained all along: that sometime, under controlled conditions, alcohol plus me could equal fun once more. The realization that rocks me even now is the literally God-forsaken chance I took on dying before my time, for that second look! There was only one place I wanted to go as I waited in a jail cell for the court to convene. I wanted to go where the real action was—action on a very different plane, action not only seen but experienced, the human being in gentle and positive communion with the absolute Power. I wanted to go where I had first found God and at the same time found myself. Like a small child who had stumbled over his own stupidity and hurt himself very badly, I wanted to go to the only place I knew where even this lapse would be understood. Not excused but understood. I wanted to go back to AA. And I did!

AJW., Blue Springs, Mo.

Reprint Permission/ AA Grapevine/ April 1968

## CONCEPT THREE

“AS A TRADITIONAL MEANS OF CREATING AND MAINTAINING A CLEARLY DEFINED WORKING RELATION BETWEEN GROUPS, THE CONFERENCE, THE A.A. GENERAL SERVICE BOARD AND ITS SEVERAL SERVICE CORPORATIONS, STAFFS, COMMITTEES, AND EXECUTIVES, AND OF THUS INSURING THEIR EFFECTIVE LEADERSHIP, IT IS HERE SUGGESTED THAT WE ENDOW EACH OF THESE ELEMENTS OF WORLD SERVICE WITH A TRADITIONAL RIGHT OF DECISION.”

This “Right of Decision” should never be made an excuse for failure to render proper reports of all significant actions taken; it ought never be used as a reason for constantly exceeding a clearly defined authority, nor as an excuse for persistently failing to consult those who are entitled to be consulted before an important decision or action is taken.

Our entire program rests squarely upon the principle of mutual trust. We trust God, we trust A.A., and we trust each other. Therefore, we cannot do less than trust our leaders in service. The “Rights of Decision” that we offer them is not only the practical means by which they may act and lead effectively, but it is also the symbol of our implicit confidence.

(Reprinted from Twelve Concept for World Service, Pg 15-16 with permission of AA W. S., INC.)

## Questions and Answers on Sponsorship

L	A	U	W	D	P	T	M	N	T	P	E	C	N	O	C	P	C	Y
A	D	Y	X	F	I	K	A	W	O	R	D	S	Z	Z	W	Y	P	S
P	I	L	Y	E	H	D	L	D	C	X	T	I	M	N	E	R	R	D
L	S	D	P	I	S	R	L	I	B	C	C	B	O	N	O	E	W	N
E	T	A	R	L	R	I	I	O	E	R	Y	I	O	G	W	P	Z	P
H	I	O	E	E	O	N	E	S	S	G	T	M	R	S	L	I	I	V
Y	N	R	A	B	S	K	D	J	M	A	U	A	N	A	P	H	A	I
S	C	B	M	G	N	I	L	Q	N	H	M	A	U	D	S	Q	A	E
I	T	O	B	O	O	N	G	I	J	S	U	T	E	R	F	A	T	U
X	I	S	L	D	P	G	M	E	N	S	I	N	E	L	B	A	K	H
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I	O	I	D	W	S	S	S	D	M	E	F	R	R	Y	Y	L	T	F
C	S	T	I	E	A	F	Q	P	T	U	P	M	I	C	S	O	H	U
I	A	U	U	Z	S	Q	O	A	U	P	D	G	U	U	I	V	E	S
N	E	Q	B	K	N	I	M	N	A	M	F	U	Q	Z	C	E	R	B
E	D	Q	P	J	N	S	U	O	I	G	I	L	E	R	A	J	J	H
S	I	R	D	T	A	M	D	E	S	I	R	E	R	U	L	I	D	E

### Questions and Answers on Sponsorship, P-15, pages 21 - 22

"Perhaps the sponsor might point out the distinction between the words "spiritual" and "religious." As our Preamble says, A.A. is not allied with any sect or denomination, and no sort of religious belief is required for membership — only "a desire to stop drinking." On the other hand, the help offered by our program is certainly neither material nor physical; we do not offer money or medicine — only ideas and the A.A. love of one alcoholic for another. In this sense, the entire program, rather than just a "side" of it, may be called "spiritual," and almost any newcomer can appreciate a concept so broadly defined."

Reprinted with permission from A.A.W.S.



ALLIED	DRINKING	POINT
ANSWERS	HELP	PREAMBLE
APPRECIATE	IDEAS	PROGRAM
BELIEF	LOVE	QUESTIONS
BROADLY	MATERIAL	RELIGIOUS
CONCEPT	MEDICINE	REQUIRED
DEFINED	MEMBERSHIP	SECT
DENOMINATION	MONEY	SPIRITUAL
DESIRE	NEITHER	SPONSORSHIP
DISTINCTION	PHYSICAL	WORDS

## SPONSORSHIP AND SERVICE

I envisage “sponsorship,” as we use the term in Alcoholics Anonymous, as one alcoholic sharing experiences, strength and most importantly, hope with another.

I was not sure exactly what I was looking for when I came to AA, but I do know that I identified with a lot of people here. It became evident that people here, at one time, were despondent and felt similarly to myself, yet they somehow were able to laugh about it now. They had changed. I believe that’s where I received a faint indication there was hope for me.

My first sponsors were not people I sought out, as pride and fear fettered asking. They were attending a “Big Book” study, where I was able to eavesdrop on their recovery. I was taken aback by the honesty of the personal events and secrets they shared. These were the very things I had told myself would go to the grave with me. I have since heard someone say that we are as sick as the secrets we keep. No doubt, I stayed sick a long time. They were telling me what they were doing rather than what I should do. It became apparent that the remorse and self-loathing I seemed to be plagued with could be alleviated were I to change my attitude and actions. This was the beginning of a sharing experience that proved to be lifesaving. Although I had little or no faith in anything or anyone when I arrived here, I soon learned trust in a confidant was imperative to my recovery. The sponsor I have today is a person I received strength from by obtaining credible answers and by sometimes knowing just when to listen which allows me to see the truth about myself and my situation.

I encourage those I sponsor to participate in their sobriety by getting involved in service. This is a result of learning one of the most basic truths I know —helping others helps me. An aspiration of mine is that someday these values become their convictions. I believe our experiences are worthless unless we share them with others, I don’t claim to have all the answers but, thank God, I have found meaning in my once empty life by giving away what was freely given me.

-Anonymous

## CONTRIBUTIONS TO EDMONTON CENTRAL OFFICE

In keeping with the AA Seventh Tradition of self-support, Edmonton Central Office can accept contributions only from AA members and AA Groups.

Contributions can be made to Edmonton Central Office by any of the following methods (AA members or groups only please):

- E-transfer to [centraloffice@edmontonaa.org](mailto:centraloffice@edmontonaa.org) (you will need to provide the answer to the security question via a separate email to this address)
- Visa or MasterCard either over the phone (780-424-5900) or in person (by appointment)
- Cheque made payable to “Edmonton Central Office” and brought to the office (by appointment) or mailed to the office at:

Edmonton Central Office  
Suite 205  
10544 114 St NW  
Edmonton, AB T5H 3J7

- Cash brought to the office (by appointment).
- Arranging on-going monthly contributions by calling or emailing Central Office

The Edmonton Central Office Society is a registered charity. A tax receipt will be issued early in 2021 to individuals whose contribution is greater than \$20.00. For a receipt to be issued, the full name and address of the individual is needed. The receipt will indicate a contribution to the Edmonton Central Office Society.

(Note: You can phone Central Office weekdays from 11:00 AM to 2:00 PM at 780-424-5900. If you need to visit Central Office, please arrange an appointment by phone or email.

## AA HISTORY FOR THE MONTH OF MARCH

- March 1, 1939 — Readers Digest declined to write article on AA.  
1941 — Jack Alexander's Saturday Evening Post article was published, and membership jumped from 2,000 to 8,000 by year's end.
- March 3, 1947 — Nell Wing started work at Alcoholic Foundation, 415 Lexington Avenue, NYC.
- March 4, 1891 — Lois W. was born.  
1947 — Nell Wing met Bill W. for the first time.
- March 5, 1945 — Time Magazine reported first of a series of Detroit radio broadcasts by AA members.
- March 7, 1940 — Bill and Lois W. visited Philadelphia AA group.  
1941 — Boston newspaper reported that any drunk who wanted to get well was more than welcome at  
the AA meeting at 115 Newbury St., at 8 PM Wednesdays.
- March 9, 1941 — Wichita Beacon reported on an AA member from NY who wanted to form a group in Wichita, KS.
- March 10, 1944 — New York Intergroup was established.
- March 15, 1941 — First AA group in New Haven, CN, was formed.
- March 16, 1940 — Alcoholic Foundation and Works Publishing moved from Newark to 30 Vesey St. in lower Manhattan.
- March 21, 1881 — Dr. Bob's wife, Anne, was born.  
1966 — Ebby T., whom Bill W. called his sponsor, died sober.
- March 22, 1951 — William Duncan Silkworth, MD, died at Towns Hospital. He helped more than 40,000 alcoholics during his lifetime.  
1984 — Clarence S., "Home Brewmeister," died at 81.
- March 23, 1936 — Bill & Lois W. visited Fitz M., "Our Southern Friend," in Maryland.  
1940 — Lois W. paid her first visit to the office on Vesey Street in NYC.
- March 25, 1898 — Jim B. ("The Vicious Cycle") was born.
- March 29, 1943 — The Charleston Mail, WV, reported on Bill W.'s talk at St. John's Parish House.
- March 31, 1947 — 1st AA group formed in London, England.
- Other March happenings with no specific date:  
1936 — AA had 10 members staying sober. At end of 1936 AA had 15 members.  
1940 — Mort J. arrived in LA from Denver and helped faltering group; started custom of reading Chapter 5 Big Book at Cecil group.  
1941 — 1st Prison AA Group was formed at San Quentin.  
1941 — Second printing of Big Book appeared.  
1946 — The March of Time film on AA was produced.  
1949 — Dr. Bob considers idea of AA conference premature.  
1951 — American Weekly publishes memorial article for Dr. Bob.

Thanks to Billy C. and Nancy O. for this list, used by permission.

## **HISTORICAL INSIGHT: What was the Oxford Group?**

Dr. Franklin Nathaniel Daniel Buchman was an American Christian missionary who founded a Christian fellowship called A First Century Christian Fellowship in 1921, which became known as the Oxford Group by 1931.

The core of the Oxford Group's philosophy can be summarized in a few statements:

"All people are sinners."

"All sinners can be changed."

"Confession is a prerequisite to change."

"The change can access God directly."

"Miracles are again possible."

"The change must change others."

The practices of the Oxford Group were called The Five C's:

Confidence

Confession

Conviction

Conversion

Continuance

Their standards of morality are summarized in The Four Absolutes:

Absolute Honesty

Absolute Purity

Absolute Unselfishness

Absolute Love

In his search for relief from alcoholism, Bill Wilson, one of the two co-founders of A.A., joined the Oxford Group and learned their teachings. While Bill Wilson later broke away from the Oxford Group, their teachings influenced the structure of Alcoholics Anonymous and many of the ideas that formed the foundation of A.A.'s suggested 12-step program.

## **DISCLAIMER:**

ECO News is published monthly on behalf of Edmonton Intergroup. All printed and mailed copies are to be paid for either by subscription or walk in. Email copies are free. There is no use of funds donated via 7<sup>th</sup> Tradition process. Minimal editing may be done. This newsletter presents the experiences and opinions of AA members and relays information received at Central Office concerning Roundups, Conferences, birthdays, and other events that may be of interest to subscribers. Any opinions expressed should not be attributed to AA. Publication of any article does not imply endorsement.

We would like to hear from you about your AA related experience, strength, and hope, keeping in mind copyright and credit concerns. Any feedback will be appreciated.

Submissions should be between 250 and 300 words. Submit with your full name, Group, and a phone number where you can be reached (of course we will protect your anonymity).

***Material must be submitted no later than the 20<sup>th</sup> of the preceding month for it to print in the next month's issue.***

Submit articles to AA Central Office, #205, 10544 114 St NW, Edmonton, AB T5H 3J7 Fax: (587) 523-4334

Email: [centraloffice@edmontonaa.org](mailto:centraloffice@edmontonaa.org) **Subject Line: Attention ECO News**



<b>Edmonton Central Office Society</b>			
<b>INCOME STATEMENT 2021</b>			
	<b>January</b>		
	<b>Actuals</b>	<b>Budget</b>	<b>variance</b>
<b>General Receipts:</b>			
Group Contributions	\$ 4,813.00	\$5,232.87	\$ 419.87
Individual/Bequeath	\$ 1,150.00	\$160.26	-\$ 989.74
Birthday Club/Faithful Fivers	\$ 5.00	\$64.39	\$ 59.39
Office Supplies / Postage	\$ 190.13	\$170.93	-\$ 19.20
Newsletter	\$ -	\$10.00	\$ 10.00
Rental Income-EGSC, etc	\$ 420.00	\$40.81	-\$ 379.19
Tradition Seven-meetings	\$ 260.05	\$378.13	\$ 118.08
Fundraising	\$ -	\$416.67	\$ 416.67
Other Inc (Interest, etc)	\$ 2.55	\$2.36	-\$ 0.19
<b>Total General Receipts</b>	<b>\$ 6,840.73</b>	<b>\$ 6,476.41</b>	<b>-\$ 364.32</b>
<b>Literature &amp; Medallion</b>			
Literature	\$ 5,206.00	\$ 12,866.65	\$ 7,660.65
Medallion	\$ 1,490.00	\$ 2,360.45	\$ 870.45
<b>Total Literature and Med.</b>	<b>\$ 6,696.00</b>	<b>\$ 15,227.09</b>	<b>\$ 8,531.09</b>
		\$ -	
<b>Total Revenue</b>	<b>\$ 13,536.73</b>	<b>\$ 21,703.50</b>	<b>\$ 8,166.77</b>
<b>Expenses: (COS)</b>			
AAWS & Grapevine Literature	\$ 3,168.40	\$ 7,340.68	\$ 4,172.28
Meeting list & Greeting Cards	\$ 89.43	\$ 781.28	\$ 691.85
Medallion Purch /engraving	\$ 829.51	\$ 1,437.74	\$ 608.23
Freight / Brokerage	\$ -	\$ -	\$ -
	<b>\$ 4,087.34</b>	<b>\$ 9,559.69</b>	<b>\$ 5,472.35</b>
<b>Intergroup Expenses</b>			
12 Step Answering	\$ 404.87	\$ 408.33	\$ 3.46
Literature expense	\$ 17.28	\$ 9.73	-\$ 7.55
Communications & Tech	\$ -	\$ -	\$ -
Other (Archive, 12 Step,Cred,Grp Ser	\$ -	\$ 100.00	\$ 100.00
	<b>\$ 422.15</b>	<b>\$ 518.06</b>	<b>\$ 95.91</b>
<b>Administrative Expenses</b>			
Accounting & Legal	\$ 179.38	\$ 242.53	\$ 63.15
Bank Chgs & Cr Card chgs	\$ 155.35	\$ 246.42	\$ 91.07
Computer & IT Maintenance	\$ 411.48	\$ -	-\$ 411.48
Equipment Lease	\$ 359.77	\$ 695.91	\$ 336.14
Fundraising expense	\$ -	\$ 416.67	\$ 416.67
Insurance	\$ 267.36	\$ 368.02	\$ 100.66
Newsletter Expenses	\$ -	\$ -	\$ -
Office Supplies	\$ 207.42	-\$ 96.66	-\$ 304.08
Postage	\$ 64.23	\$ 221.91	\$ 157.68
Rent	\$ 3,634.65	\$ 3,676.44	\$ 41.79
Repairs & Maintenance	\$ -	\$ -	\$ -
Salaries, Source, WCB	\$ 5,100.61	\$ 5,000.08	-\$ 100.53
Staff Training / Seminar	\$ -	\$ -	\$ -
Telephone / Internet	\$ 133.09	\$ 252.72	\$ 119.63
	<b>\$ 10,513.34</b>	<b>\$ 11,024.03</b>	<b>\$ 510.69</b>
		\$ -	
<b>Total Expenses</b>	<b>\$ 15,022.83</b>	<b>\$ 21,101.79</b>	<b>\$ 6,078.96</b>
		\$ -	
<b>Income / (Loss)</b>	<b>-\$ 1,486.10</b>	<b>\$ -</b>	<b>\$ 1,486.10</b>



# Group Birthday for March 2021

## 60 Minutes to Sobriety

Last Sunday  
 Mar 28. Jim M. 11 yrs  
 Kim M. 17 yrs

## Breathe Easy

First Friday  
 April 2. Hank M. 10 yrs

## Ellerslie Road

Last Thursday  
 Mar 25. Dean M. 20 yrs

## Fulton Place

Last Friday  
 Mar 26. Ray L. 39 yrs  
 Richard W. 23 yrs  
 Brian L. 34 yrs  
 Dave C. 10 yrs  
 Jordan D. 4 yrs

## Last Call Group

Last Wednesday  
 Mar 31. Glenn G. 3 yrs  
 Bryan H. 9 yrs  
 Marty S. 4 yrs

## Oilmen's Group

Last Monday  
 Mar 29. Ron G. 42 yrs

## Providence Group

Last Wednesday  
 Mar 31. MaryJo W. 34 yrs  
 Mykola S. 4 yrs

## Rite Trac

Last Tuesday  
 Mar 30. Orest S. 4 yrs

## Step Sisters

Last Wednesday  
 Mar 31. Cathy C. 11 years  
 Cheryl T. 5 yrs

## South Side

Third Friday  
 Mar 19. Dan S. 14 yrs  
 Darren J. 2 yrs

## West End Men's

First Wednesday  
 Apr 7. Brett M. 14 yrs  
 Ross M. 2 yrs  
 Logan M. 3 yrs  
 Ken C. 10 yrs.

## Westminister

Last Saturday  
 Mar 27. Roger B. 45 yrs  
 Mike L. 4 yrs

## \*SHERWOOD PARK

### Twelve Steps to Serenity

Last Monday  
 Mar 29. Chris N. 3 yrs  
 Rochelle R. 4 yrs

## ST. ALBERT

### S.A. Back to Basics

First Thursday  
 Apr 1. Sean M. 19 yrs

### S.A. Sunday Night Step

Last Sunday  
 Mar 28. Sean M. 19



## GROUPS IN NEED OF SUPPORT

### Oilmen's Group

Mon. 8:00 PM 8318 – 104 Ave.  
 Strathcona Church  
 North door

### First Day Group (Last)

Mon. 8:00 PM 10528 – 98 St.  
 Marion Centre

### 60 Minutes to Sobriety (Last)

Sun. 8:00 PM 13708 – 74 St.  
 McClure Unit. Church  
 Elevator

# 2021 Calendar of Events

## Edmonton, AB

**Mar. 17** District 57 Unity Night  
7:30-9:30PM Zoom enter:  
Personal Meeting ID 7366511306

## Area 78

**Mar 19-21** Area78 Assembly  
See Area78.aa for more  
information

## Area78

**April 10** Archives Workshop – Creating a  
9am-12pm District Archives  
Must register with Archivist to  
obtain zoon id:  
[archivist@area78.org](mailto:archivist@area78.org)

## Edmonton, AB

**June 23** CPC Virtual Luncheon  
11:45-1:15pm zoom id 780 239 1546  
RSVP  
[egsc.picpcchair@edmontonaa.org](mailto:egsc.picpcchair@edmontonaa.org)

## BIRTHDAY CLUB

**Ian G.**

**Chuck C.**

## FAITHFUL FIVERS

**Jillian B.**

**Ian G.**

“We cannot force someone to hear a message they are not ready to receive, but we must never underestimate the power of planting a seed.” -Anonymous

# HELP NEEDED ~ For an Editor of your ECO News

Please contact Central Office if this is something you are interested in taking on! 780-424-5900

## MISSING GRAPEVINE MAGAZINES

The following Grapevine magazines are missing from our Archives.

July 1944 – December 1949 –  
1949 All except May  
1950 All  
1951 All except Jan., Feb. & Oct.  
1952 All  
1953 All except July  
1954 All except March, August & Nov.  
1955 Only January & February  
1956 Only Jan., February, April & Nov.  
1957 Only February, June & July  
1958 Only January  
1959 Only August  
2015 Only February