

ECO NEWS

\$1.00

December 2020

Edmonton Central Office Society
#205, 10544 114 St. NW
Edmonton, AB T5H 3J7
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Email. centraloffice@edmontonaa.org

Merry Christmas



GROUP SERVICES COMMITTEE

submitted by Chair Dick T.

Central Office (Intergroup) is the AA Service office that involves partnership among Groups in the Edmonton Area. It carries out certain functions common to all the groups which are best handled by a centralized office supported by the groups. This includes the Group Services Committee which, as stated in the intergroup operating manual includes explaining what intergroup is, maintaining contact lists and encouraging financial support for central office. We also act as communication medium between Intergroup and the groups, as well as addressing any concerns that may require action directly or through the intergroup operating committee (IOC) and/or could involve visits to the groups and/or their business meeting.

Central Office keeps a data spreadsheet of all groups with contact(s) information including name, telephone, and email address. The Groups are listed alphabetically as well as by last contact date of their Group Information. This allows us to focus only on those groups in each month for our annual update review. Our contact is usually by email however some follow-up is required by phone and/or text.

I cannot emphasize the importance of this information. Not only for keeping our group information up to date but for when a group needs to be contacted by central office for any reason including correspondence and/or for any enquiries by others pertaining to the group. We are all under the same tent and we need to be working together to solve our common problem. That is accomplished in part by sharing/communicating with each other. Our data base facilitates that.

A great deal of committee and central office volunteer time and energy has gone into building this database. It only takes a change of group members elected for group service, or for the recorded contact to move, without notifying central office, to throw the whole system. It is imperative we keep these records current which requires willing volunteers.

Working on this committee allows me, out of gratitude for the free gift of sobriety by the grace of my higher power, to give back to the fellowship and by extension to the still suffering alcoholic by ensuring central office remains strong with updated group information and by group financial contributions. The experience for me has been an exercise in patience and tolerance as not everyone understands what goes into making the wheels turn smoothly. It has been challenging at times to get any response or incomplete responses for information requested from the last known contacts. This requires further follow up efforts. Unfortunately, there are those that refuse to provide any information which puts that group outside the loop and makes it near impossible to communicate any pertinent information.

Anyone looking for a way to express your gratitude and for a way to give back would certainly be welcome on this committee. It only requires a little bit of time, usually about an hour or so per month, that can be spread out over the month. The committee chair serves for a two-year period so it would be our hope someone would be able to take over when that term is over.

If interested you can contact the Committee on the website: groupserviceschair@edmontonaa.org

**EDMONTON CENTRAL OFFICE SOCIETY
ANNUAL GENERAL MEETING**

When: December 11 from 7:00 to 8:30 pm
Where: Alano Club in the Bill and Lois W. Rooms
10728 - 124 Street N.W.
Edmonton, AB

The proceedings will be streamed live via Zoom but voting members must be present to cast a vote.

Health Precautions

(AHS guidelines will be observed)

The room will be sanitized before and after the meeting.

To limit the number in attendance, only members of the Society will be admitted (i.e. Each group's Intergroup Representative or Alternate Representative – not both please).

Members must sanitize their hands before entering the room and complete a “contact tracing” questionnaire.

Those attending the AGM must wear a mask at all times (a mask will be provided to you at no charge if you do not have one).

Outside food is not permitted in the club lounge areas or meeting rooms and beverages will not be served.

PRINCIPLE OF STEP 12 - SERVICE

Page 180 & 181 of the Big Book in Dr. Bob's Story mentions that he spent a “Great Deal of Time” passing on to others who want it and need it badly. He said he did it for four reasons: 1) Sense of Duty 2) It is a pleasure 3) because in so doing I am paying my debt to the man who took time to pass it on to me 4) Because every time I do it I take out a little more insurance for myself against a possible slip.

I was taught very early in sobriety that I was responsible once finding sobriety to be of service to each and every alcoholic who is suffering from this terrible curse that we are afflicted with.

I was brought up in Alcoholics Anonymous to belong to a home group and that I would be of service at my home group by either taking my turn at making coffee, setting up, chairing when asked, cleaning up, welcoming and also to be able to sponsor individuals when asked.

I was also taught by example to be a “Trusted Servant” and be part of the Service Structure in Alcoholics Anonymous such as taking my turn at GSR, Alternate positions, PI, Intergroup, Corrections, Bridging the Gap or being on the Twelve Step call list at Central Office or letting my name stand for DCM or any of the Area positions or committees.

My sponsor mentioned to me very early in my sobriety that if I have one hand in AA service, and my other hand in the God of my understanding, I will have no extra hand to pick up that first drink. There have also been a lot of other areas of service outside of AA that I have been able to be a part of; such as service at home with my wife and children, being a part of their everyday life and helping out when needed in whatever needs to be done. Being part of my community at my place of employment, or any other organizations I may belong to.

On page 77 of the Big Book it says that my real purpose is to fit myself to be of maximum service to God and the people about me. I also understand today that in order to have balance in my life, I need service as being a part of that.

Lastly, I was taught that service is “Gratitude in Action”. In order to keep this program, I have to continue to give it away at whatever levels of service I am asked to perform. When I am asked to do any amount of service that I should always do it with enthusiasm. I feel so very fortunate to be a part of this great Fellowship we call Alcoholics Anonymous.

Yours in Love and Service, Larry V., Twelve Steps to Serenity Group, TST, 12/2010

I PROMISE

Some people make promises and do not keep them, this was my life before Alcoholics Anonymous. I myself would make many promises to others. I would constantly make the promise, to family and friends, that I would not take another drink. The whole idea of the word PROMISE changed the day I set my feet into my first meeting of AA. Lost and confused, detoxing from alcohol and so angry that I could not handle my drinking anymore (the drink handled me!) I decided I needed help and AA was the direction my doctors led me to.

My first meeting was on a beautiful sunny day in July, I decided to walk to the meeting. I could not believe what I had seen that day, so many people all packed into a small room and they were laughing, shaking hands, and even HUGGING each other! I thought to myself, "What have I gotten myself into? Weirdos?" To be honest I was scared out of my wits and could not even break a smile. I sat myself down in the corner chair, pulled my hoodie over my head and just listened. Most of the meeting shares were muffled and my mind was reeling so fast that I did not hear much of any message. Nearing the end of the meeting, thank goodness and I was soon to out of there! Then it happened. The promises were read (pages 83 & 84 of the Big Book).

When I heard the word promise it peaked my attention, I felt a rise of anger (heat from within). I immediately rolled my eyes and thought, "seriously!" I looked around the room at all the people and some were nodding their heads, others had huge smiles on their faces, all agreeing with these twelve promises that are actual promises! Promises that will come true! I thought "what's the catch?"

I kept on going back to their meetings. Every day I waited till I heard the promises again, and at the end of my fifth meeting I asked the chair if I could see those promises. She pulled out a big book and said, "read the first 164 pages and the promises are in there." So, I did just as she suggested, I pulled that HEAVY blue book out, sat down, and read the first 164 pages, and there it was, those promises! "if we are painstaking..." Oh yeah, I was painstaking all right! ". About this phase of our development..." What development? I was so confused, development what the heck did that mean? The next meeting, I asked the same lady about the "development", her reply was, "the development means the 12 Steps that are needed to do for recovery from alcoholism, and with each of the twelve Steps a promise comes along with it", I was skeptical. None the less, I did as I was told and started working the twelve Steps, it was do the work or go back out and drink for this girl.

A few years had passed, I never gave the promises much thought. I was busy staying sober and working the 12 Steps into my life along with living sober day by day. One day, I was sitting with my sponsor and I was not feeling it!- the joy nor the serenity, I was feeling as if I got sort of ripped off with life, like I was missing something. My sponsor immediately directed me to the promises. I thought with impunity, "really, this again!" I pulled out my book, started reading from the beginning and then she stopped me at the first promise. I put the book down and looked at her, "what?" she asked with a smile "has this promise come true for you?" To my amazement it had! I was shocked, and I continued to read the following promises and answer, yes it has come true or no not yet. I WAS AMAZED! And soon after I was done answering how these promises had come true in my life since I sobered up, my attitude on the promises completely changed. I now believe in promises! I now believe that these promises can come true for me! I now have no questions that these promises do and will come true for any alcoholic. I mean, geez, if these promises can come true for me, they can come true for anyone.

"We will know a new freedom and a new happiness." (pg.83, Alcoholics Anonymous)

... Catherine C., volunteer at Edmonton Central Office

Have You Volunteered for the 12th Step List?

Why Not?

You can't keep it unless you give it away ...

DR. BOB ON OUR SLOGAN “EASY DOES IT”

“You know, Dan,’ he told me, ‘many people coming into AA get the wrong conception of “Easy Does It”, and I hope you don’t. It doesn’t mean that you sit on your fanny, stay home from meetings, and let other people work the program for you. It doesn’t mean you have an easy life without drinking. “Easy Does It” means you take it one day at a time.

... Reprinted with permission, AAWS, Dr. Bob & the Good Oldtimers, pg. 282



GRATITUDE MAKES SENSE OF OUR PAST

“Gratitude unlocks the fullness of life. It turns what we have into enough and more. It turns denial into acceptance, chaos into order, confusion into clarity... It turns problems into gifts, failures into success, the unexpected into perfect timing, and mistakes into important events. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow.

... Author unknown, from Twelve Steps Times, 12/2009

STEP PRAYER

Dear God,
My spiritual awakening continues to unfold.
The help I have received I shall pass on and give to others,
Both in and out of the Fellowship.
For this opportunity I am grateful.
I pray most humbly to continue walking day by day
On the road of spiritual progress.
I pray for the inner strength and wisdom.
To practice the principles of this way of life in all I do and say.
I need You, my friends, and the program every hour of every day.
This is a better way to live. Amen
Borrowed from Alcoholics Anonymous of Cleveland OH.



TREASURES

I have three treasures that I guard and cherish:

- 1) Is Love
- 2) Is Contentment
- 3) Is Humility

Only the loving are courageous. Only the courageous are magnanimous. Only the humble are capable of command.

... Lao-Tse,

AA HISTORICAL EVENTS IN DECEMBER

- Dec 1, 1940 Chicago Daily Tribune begins a series of articles on AA by Nall Hamilton.
- Dec 5, 1985 Dave B., founder of Montreal Group, dies weeks before his 50th anniversary. His story was added to the 4th Edition Big Book.
- Dec 6, 1939 Bert the Tailor lends Works Publishing \$1000.
- Dec 6, 1979 Akron Beacon reports death of Henrietta Sieberling.
- Dec 7, 1949 Sister Ignatia received Poverello Medal on behalf of A.A.
- Dec 10, 1975 *Birds of a Feather* AA group for pilots is formed.
- Dec 11, 1934 Bill W. admitted to Towns Hospital for the fourth and last time (fall '33, '34 in summer, midsummer and final admittance).
- Dec. 11. 1934 Bill Wilson's sobriety date.
- Dec 11, 1941 Dallas Morning News reports first AA group formed in Dallas.
- Dec 12, 1934 Bill W. has Spiritual Experience at Towns Hospital.
- Dec 12, 1937 Bill W. meets with Rockefeller Foundation and tries to get money.
- Dec 13, 1937 Rockland State Mental Hospital takes patients to meeting in New Jersey.
- Dec 13 or 14
1934 Ebby T. visits Bill W., at Towns hospital, brings William James' book, *Varieties of Religious Experience*.
- Dec 19, 1939 Los Angeles hold their first AA meeting there.
- Dec 20, 1945 Rowland H. dies (he carried the Oxford Group message to Ebby).
- Dec 27, 1893 Rev. Samuel Shoemaker is born.

Other December happenings with no specific date:

- Dec 1934 Bill & Lois W. start attending Oxford Group meetings.
- Dec 1934 to May 1935 Bill W. works with alcoholics but fails to sober any of them. Lois reminds him he is sober.
- Dec 1938 Twelve Steps written.
- Nov/Dec 1939 Akron group withdraws from association with Oxford Group. Meetings moved from T. Henry & Clarence Williams' home to Dr Bob and other members' homes.
- Dec 1939 First AA group in mental institution, Rockland State Hospital, NY.
- Dec 1939 First home meeting in Los Angeles at Kaye M.'s house.
- Dec 1939 Matt Talbot Club has 88 members, uses wagons to collect old furniture to recondition & sell, not A.A., used A.A. program, material, marked first effort reach alcoholics outside married, middle-class category.
- Dec 1940 First AA group formed in St. Louis, Missouri.
- Dec 1940 Group started Ashtabula: Ohio due to Plain Dealer articles. A.A. Cleveland has about 30 groups.
- Dec 1948 Dr. Bob S.'s last major talk, in Detroit.
- Dec 1950 *Grapevine* article signed by both Bill and Dr Bob recommend establishing AA General Service Conference.
- Dec 1955 *Man on the Bed* painting by Robert M. first appeared in *Grapevine*. Painting originally called *Came to Believe*
- Dec 1982 Nell Wing retires from GSO after 35 years of service.
- ... Thanks to Billy C. and Nancy O. of the group "AA History Buffs" for this list, used by permission.

QUOTES

- "It is easy to sit up and take notice. What's difficult is standing up and taking action." Anon.
- "The task ahead of us is never as great as the Power behind us." Anon
- "Labour to keep alive in your breast that spark of celestial fire called conscience." Anon

SCOTT REED, AA MEMBER

On November 18, 2020 Scott Reed slipped away at the age of 97. It is thought that he was the longest serving member of AA in Alberta, as he had 66 years of sobriety. For the past 12 years he had been living at the Kipnes Centre for Veterans where he established a weekly AA group until Covid necessitated its closing.

Scott's first sponsor, Gibb May, was one of the original members who introduced AA to Edmonton. Gibb endowed Scott with a strong belief that taking care of those who needed the wisdom and support of AA, was critical for healthy sober living. This became a life-long commitment for Scott.

At the time there were no Sunday meetings in Edmonton, so he and Mel Adams started the H5 Group (Hope, Honesty, Helpfulness, Humanity and Humility). Today this group still continues to meet, but is now just one of 32 other Sunday groups. Scott went on to start or support other groups in the city and other areas of Alberta.

Another part of his AA commitment was to support twelve step recovery programs, Al-Anon and the Alano Club. He was also called out to Henwood and to the Poundmaker's Lodge whenever there was a need. He often attended at Roundups and considered it a privilege to be asked to speak. His intensive research, reading and writing on AA continued until recent vision concerns made that problematic.

Scott always insisted that his last name be part of his introduction so that anybody needing help or finding a sponsor could reach him. Over the years he himself always had a sponsor and in turn sponsored many others. Scott believed that the Serenity Prayer and the Big Book were sign posts for a healthy sober life. He gave away and shared many copies of both.

For a number of years Scott spent winters in the US. One of the first things he always did when travelling was to find out where the local AA meetings were held. When visiting Akron, he met the spouses of the co-founders of AA, Anne Smith, and Lois Wilson.

For him it was a long journey, a journey laced through and held tight by AA. However, he saw himself as just a small piece, part of a legacy handed down from one member to another, moving forward, just one step at a time.

...,submitted By Scott' daughter Marcie.

CONTRIBUTIONS TO EDMONTON CENTRAL OFFICE

In keeping with the AA Seventh Tradition of self-support, Edmonton Central Office can accept contributions only from AA members and AA Groups.

Contributions can be made to Edmonton Central Office by any of the following methods;

- **E-transfer to centraloffice@edmontonaa.org** you will need to provide the answer to the security question via a separate email to this address.
- Visa or MasterCard either over the phone (780-424-5900) or in person (by appointment)
- Cheque made payable to "Edmonton Central Office" and brought to the office (by appointment) or mailed to the office at:

Edmonton Central Office

Suite 205

10544 114 St NW

Edmonton, AB T5H 3J7

- Cash brought to the office (by appointment).
- Arranging on-going monthly contributions by calling or emailing Central Office

The Edmonton Central Office Society is a registered charity. A tax receipt will be issued early in 2021 to individuals whose contribution is greater than \$20.00. For a receipt to be issued, the full name and address of the individual is needed. The receipt will indicate a contribution to the Edmonton Central Office Society.

Note: You can phone Central Office weekdays from 11:00 AM to 2:00 PM. If you need to visit Central Office, please arrange an appointment by phone or email.

WE ARE NOT A GLUM LOT

- Just go straight to h... and make a u-turn.
- AA is the only place where you can walk into a room full of strangers and reminisce.
- AA romance ... The odds are good... But the goods are odd.
- AA. We are not reformed drunks, but informed alcoholics.
- AA has no fixed address ... you can take it with you.
- Before I came to AA, I was dead, but did not know enough to lie down.
- In AA there are no losers, just low wines.
- An alcoholic is someone who wants to be held while isolating.
- Alcoholic: "I may not be much, but I'm all I think about."
- Alcoholic: "If I could drink like a normal drinker, I'd drink all the time."
- Alcoholics burn their bridges in front of them.
- An alcoholic is someone who finds something that works and then stops doing it.
- An alcoholic is a person with two feet planted firmly in midair.
- An alcoholic can be in the gutter and still look down on people.
- Three most dangerous words for an alcoholic: "I've been thinking."

A man who has obviously had a little too much to drink staggers into an AA Meeting and is met at the door by member who says, "So you've obviously come here to join."
"No" says the man, "I've come here to resign."

DRUNK: REALLY? SO AM I!

You know you are an alcoholic having a bad day when you wake up in the morning, reach out for a cigarette and your hands gets run over by a bus.

CHRISTMAS RIDDLES

- Why is a burning candle like being thirsty? Because a little water ends both of them!
- What do you give a train driver for Christmas? Platform shoes!
- What happens to you at Christmas? Yule be happy!
- What's Tarzan's favourite Christmas song? Jungle bells!
- Where do mistletoe go to become famous? "Holly" wood!

I have holes in my top and bottom, my left and right, and in the middle, but I still hold water.
What am I? Answer: A sponge!

... Borrowed from TST December 2006

WHISKEY SHOTS (good alcoholic thinking)

A man walked into a bar, sat down, ordered 3 shots of whiskey, drank them, then left. This continued daily for several weeks. Curious, the bartender asks him one day, "Why do you always order three shots of whiskey?"

The man answers, "Because my two brothers and I always used to have one shot each, and since they've both passed on, I've continued to order the three shots in their honour."

The bartender thought this was a very noble thing to do and welcomed the man every time he visited the bar. Two weeks later, the man walked into the bar for his daily visit and ordered two shots of whiskey.

Surprised, the bartender asks him why he only ordered two when he had always ordered three. The man answered, "Oh, I've decided to stop drinking!"

... Borrowed from Twelve Steps Times, December 2009

GRAPEVINE DAILY QUOTES

- “If we are to find spiritual growth and serenity, we must dress our minds each morning as carefully as we dress our bodies. Only then can today become the glorious tomorrow we looked forward to yesterday.”
... Emotional Sobriety: The Next Frontier
- “It’s a wonderful feeling to know that you don’t have to be a god or goddess, a saint or a genius, to lead a reasonably happy, sober, healthy communicative, constructive, and useful life ~~ with some laughter thrown in for good measure.”
... AA Grapevine, June 1974
- “Let us not be afraid of unsettling or boring our comrades by talking about our reactions to whatever is bothering us at a given moment, for this is how we learn to live.”
... The Home Group: Heartbeat o AA
- “Feed your faith and starve your doubt.”
... AA Grapevine, August 1982
- “I was told that sometimes a good sponsor disturbs the comfortable and comforts the disturbed.”
... Our Own Words: Stories of Young AA’s in Recovery, June 1991
- “Laughter is one of God’s greatest and most beneficent gifts to us. Laugh with Him sometimes at yourself.”
Thank You for Sharing: Sixty Years of Letters to the Grapevine.

A CHRISTMAS MESSAGE

Gratitude is just about the finest attribute we can have, and how deeply we of AA realize this at Christmastime together, we count and ponder our blessings of life, of service, of love. In these distraught times, we have been enabled to find an always increasing measure of peace within ourselves. Together with all here at AA's General Service Office, Lois joins me in warmest greetings to each and all of you, and we share our confident faith that the year to come will be counted among the best that our Fellowship has ever known.

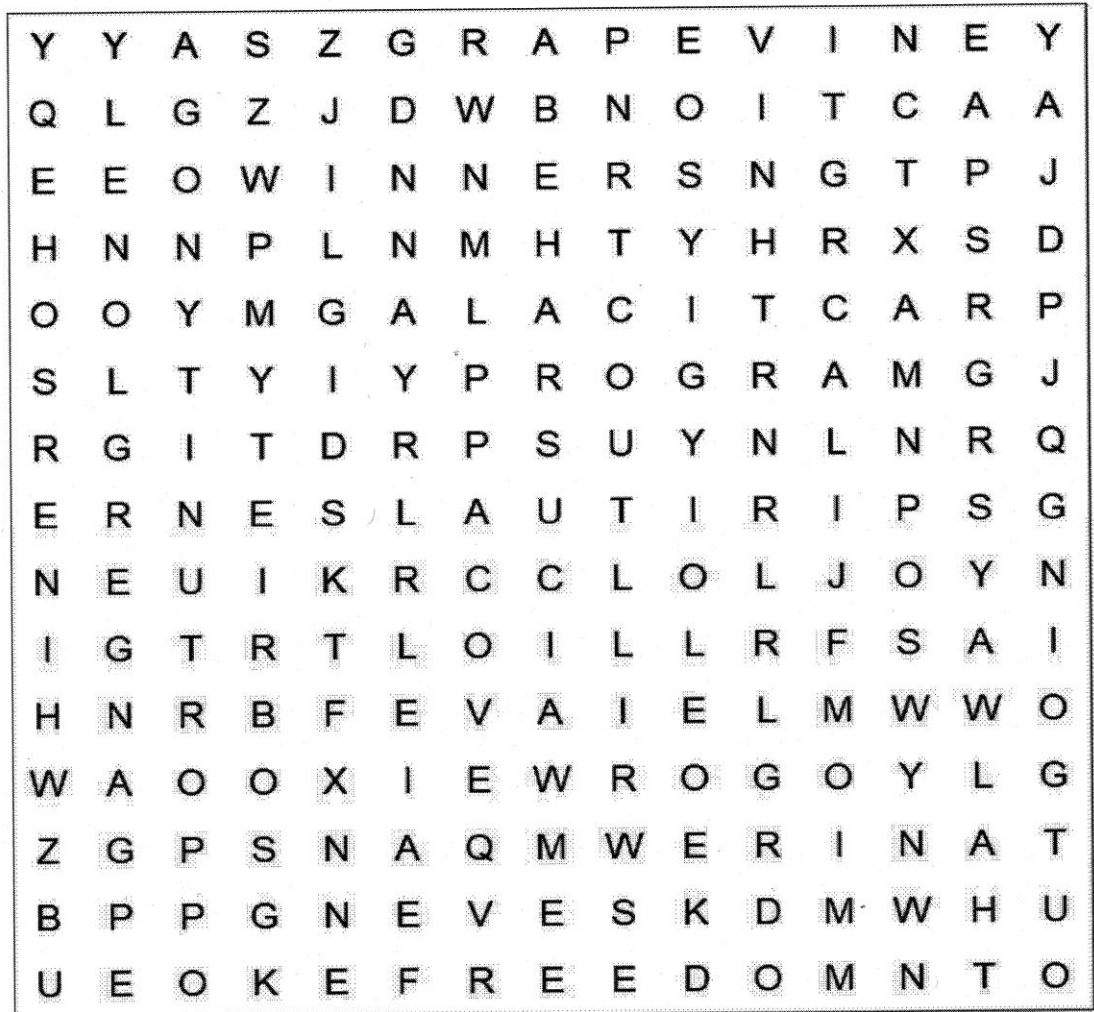
Bill W., December 1970

SAYINGS

- If you would have a friend, be one!
- You don’t stop laughing when you grow old, you grow old when you stop laughing!
- The real art of conversation is not only to say the right thing in the right place, but also to leave unsaid the wrong thing at the tempting moment!
- Anonymity is so important; it is half our name!
- SPONSORS: Have one! Use one! Be one!
- Carry the message, not the alcoholic!
- The reason I am here is because I am not all there!
- People did not recruit me for this program, alcohol did, and it did a good job!
- SERENITY does not mean smoothing out the waves in the storm of life; it means growing so that they break around our knees, not over your head!



EMOTIONAL SOBRIETY-THE NEXT FRONTIER



ACTION
AGONY
ALWAYS
ANGER
FLOWER
FREEDOM
GRAPEVINE
JOY
LIVING

LONELY
MEETINGS
MIRACLE
OPPORTUNITY
OUTGOING
PRACTICAL
PROGRAM
RHYTHM
ROARED

SEVEN
SOBRIETY
SPIRITUAL
STORMY
TWIG
WHINERS
WILLING
WINNERS
WORK

THE FOLLOWING IS A CHRISTMAS GREETING FROM
BILL W. AND OTHERS IN 1944

TO ALL MEMBERS:

Greetings on our 10th Christmas 1944

Yes, it is in the air! The spirit of Christmas once more warms this poor distraught world. Over the whole globe millions are looking forward to that one day when strife can be forgotten, when it will be remembered that all human beings, even the least are loved by God, when men will hope for the coming of the Prince of Peace as they never hoped before but there is another world which is not poor. Neither is it distraught. It is the world of Alcoholics Anonymous, where thousands dwell happily and secure. Secure because each of us, in his or her own way, knows a greater Power who is love, who is just and who can be trusted.

Nor can men and women of AA ever forget that only through suffering did they find enough humility to enter the portals of the New World.

How privileged we are to understand so well the divine paradox that strength rises from weakness, that humiliation goes before resurrection; that pain is not only the price but the very touchstone of spiritual rebirth.

Knowing it is full worth and purpose, we can no longer fear adversity, we have found prosperity where there was poverty, peace and joy have sprung out of the very midst of chaos.

Great indeed, our blessings!

And so, ~ ~ Merry Christmas to you all from the Trustees, from Bobbie and from Lois and me.

Bill Wilson

Edmonton Central Office Society				
INCOME STATEMENT 2020				
	October	YTD	YTD BUDGET	variance
General Receipts:				
Group Contributions	\$ 11,114.40	\$ 63,250.67	\$73,700.00	\$ 10,449.33
Individual/Bequeath	\$ 2,115.00	\$ 21,423.00	\$3,400.00	-\$ 18,023.00
Birthday Club/Faithful Fivers	\$ 100.00	\$ 1,656.00	\$2,090.00	\$ 434.00
Office Supplies / Postage	\$ 88.00	\$ 783.50	\$862.50	\$ 79.00
Newsletter	\$ -	\$ 4.00	\$165.00	\$ 161.00
Rental Income-EGSC, etc	\$ -	\$ 670.00	\$2,000.00	\$ 1,330.00
Tradition Seven-meetings	\$ 310.20	\$ 1,467.90	\$5,400.00	\$ 3,932.10
Fundraising	\$ -	\$ -	\$5,000.00	\$ 5,000.00
Other Inc (Interest, etc)	\$ 2.34	\$ 30.52	\$50.00	\$ 19.48
Total General Receipts	\$ 13,729.94	\$ 89,285.59	\$ 92,667.50	\$ 3,381.91
Literature & Medallion				
Literature	\$ 3,771.85	\$ 43,858.30	\$85,345.00	\$ 41,486.70
Medallion	\$ 1,617.00	\$ 14,567.00	\$16,210.00	\$ 1,643.00
Total Literature and Med.	\$ 5,388.85	\$ 58,425.30	\$ 101,555.00	\$ 43,129.70
		\$ -		
Total Revenue	\$ 19,118.79	\$ 147,710.89	\$ 194,222.50	\$ 46,511.61
Expenses: (COS)				
AAWS & Grapevine Literature	\$ 2,226.11	\$ 28,987.66	\$50,300.00	\$ 21,312.34
Meeting list & Greeting Cards	\$ 180.73	\$ 1,659.30	\$5,320.00	\$ 3,660.70
Medallion Purch /engraving	\$ 922.76	\$ 8,374.94	\$10,475.00	\$ 2,100.06
Freight / Brokerage	\$ -	\$ -	\$70.50	\$ 70.50
	\$ 3,329.60	\$ 39,021.90	\$ 66,165.50	\$ 27,143.60
Intergroup Expenses				
12 Step Answering	\$ 404.87	\$ 4,048.71	\$4,050.00	\$ 1.29
Literature expense	\$ 23.07	\$ 135.70	\$80.00	-\$ 55.70
Communications & Tech	\$ -	\$ -	\$1,000.00	\$ 1,000.00
Other (Archive, 12 Step,Cred,Grp Serv)	\$ -	\$ -	\$800.00	\$ 800.00
	\$ 427.94	\$ 4,184.41	\$ 5,930.00	\$ 1,745.59
Administrative Expenses				
		\$ -		
Accounting & Legal	\$ 179.38	\$ 2,345.50	\$2,930.00	\$ 584.50
Bank Chgs & Cr Card chgs	\$ 111.96	\$ 1,225.30	\$1,400.00	\$ 174.70
Computer & IT Maintenance	\$ -	\$ 796.98	\$5,000.00	\$ 4,203.02
Equipment Lease/Purchase	\$ 359.77	\$ 3,920.36	\$3,970.00	\$ 49.64
Fundraising expense	\$ -	\$ -	\$ 5,000.00	\$ 5,000.00
Insurance	\$ 286.42	\$ 2,852.95	\$2,900.00	\$ 47.05
Newsletter Expenses	\$ -	\$ -	\$40.00	\$ 40.00
Office Supplies	\$ 249.99	\$ 1,502.73	\$835.00	-\$ 667.73
Postage	\$ 212.96	\$ 974.53	\$1,580.00	\$ 605.47
Rent	\$ 3,634.65	\$ 36,385.24	\$40,000.00	\$ 3,614.76
Repairs & Maintenance	\$ -	\$ 216.27	\$1,700.00	\$ 1,483.73
Salaries, Source, WCB	\$ 5,048.72	\$ 51,434.28	\$49,580.00	-\$ 1,854.28
Staff Training / Seminar	\$ 50.00	\$ 133.58	\$ 3,600.00	\$ 3,466.42
Telephone / Internet	\$ 163.26	\$ 1,482.65	\$1,900.00	\$ 417.35
	\$ 10,297.11	\$ 103,270.37	\$ 120,435.00	\$ 17,164.63
		\$ -		
Total Expenses	\$ 14,054.65	\$ 146,476.68	\$ 192,530.50	\$ 46,053.82
		\$ -		
Income / (Loss)	\$ 5,064.14	\$ 1,234.21	\$ 1,692.00	\$ 457.79

2020 Birthdays for November

60 Minutes to Sobriety

Last Sunday
 Dec. 27 Jeff C. 4 yrs
 Joyce F. 23 yrs.
 Melissa A. 8 yrs.
 Stan C. 16 yrs.

Breathe Easy

First Friday
 Jan. 1 Cliff P. 54 yrs.
 Dave B. 23 yrs.
 Doug S. 25 yrs.
 Jac M. 20 yrs.
 Kirk S. 23 yrs.
 Pat L. 40 yrs.

Capitano Step

First Thursday
 Jan. 7 Andy H. 32 yrs.

Clareview Big Book

Last Wednesday
 Dec. 30 Chris B. 15 yrs.

Ellerslie

Last Thursday
 Dec. 31 Bruce M. 6 yrs.
 Lee P. 9 yrs.

Fulton Place

Last Friday
 Dec. 25 Dave B. 8 yrs.

Gratitude

Last Monday
 Dec. 28 Charles. 10 yrs.
 Corinne H. 3 yrs.

Jasper Place

Last Tuesday
 Dec. 29 Ron R. 29 yrs.

Last Call

Last Wednesday
 Dec. 30 Bryan S. 2 yrs.

Mustard Seed

Last Sunday
 Dec., 27 Ron J. 11 yrs.

North Edmonton

Last Thursday
 Dec. 31 Max L. 38 yrs.
 Myrna N. 43 yrs.

Oilmen's

First Monday
 Dec. 7 Dale B. 34 yrs.
 Joe T. 61 yrs. **

Providence

Last Wednesday
 Dec. 3 Peter M. 4 yrs
 Amanda M. 13 yrs.

South Side

Third Friday
 De. 18 Bob A. 51 yrs.
 Brian M. 17 yrs.

Step Sisters

Last Wednesday
 Dec. 30 Barb H. 3 yrs.
 Jenna P. 1 yr.

The Why Group

Last Saturday
 Dec. 26 Eugene. 5 yrs.
 Julie L. 10 yrs.
 Fay L. 24 yrs.
 Kevin P. 8 yrs.
 Michele C. 8 yrs.

West End Men's

First Wednesday
 Jan. 6 Wayne P. 40 yrs.
 Scott W. 11 yrs.

Westminster

Last Saturday
 Dec. 26 Kathy B. 44 yrs.
 Dave C. 25 yrs.
 Ron R. 37 yrs.
 Lori. 2 yrs.



NOTE:

*To all Groups wanting
 their birthdays shown in
 the newsletter it is time
 to update your
 information.*

*SHERWOOD PARK

Twelve Steps to Serenity

Last Monday
 Dec. 28 Bob T. 36 yrs.

*ST. ALBERT

S.A. Brotherhood

Last Wednesday
 Dec. 30 David L. 37 yrs.
 Ken L. 45 yrs.
 Carol M. 7 yrs.

S. A. Sunday Night Step Study

Last Sunday
 Dec. 27 Steve B. 1 yr.
 Adam J. 3 yrs.



GROUPS IN NEED OF SUPPORT

First Day Group (Last)

Mon. 8:00 PM 10528 – 98 St.
 Marion Centre

Oilmen's Group (O)

Mon. 8:00 PM 8318 – 104 Street
 S.S. Chapter Hse, N dr.

60 Minutes to Sobriety (Last)

Sun. 8:00 PM 13708 – 74 St.
 McClure Unit. Church
 Elevator

St. Albert Brotherhood (Last)

Wed. 8:00 PM 15 Corriveau Ave.
 Red Willow Church

Calendar of Events

2020 ROUNDUPS & FUNCTIONS

Bend, Oregon

Dec. 6 GSR Workshop ZOOM
10 AM BC/YUKON Area 79
Hosted by New Horizons
ID: 998 894 8197 Password: district10

New York, NY

Dec. 19 Virtual Western US/Canada ZOOM
Regional Forum
2020: Experience, Strength & Hope
What it was like, what happened and what it is like now.
Registration: www.aa.org (on now)

St. Albert, AB

Dec. 24 St. Albert Breakfast Group is hosting:
Annual Christmas Eve Breakfast
10 AM Meeting will be on Zoom
Meeting ID 7802391546

Edmonton, AB

Dec. 24 Campus Christmas Eve (ZOOM) Breakfast
BYOB (Bring Your Own Breakfast)
ID: 322 613 273 Password: 752312
With AA Call up Meeting

MISSING GRAPEVINE MAGAZINES

The following Grapevine magazines are missing from our Archives.

July 1944 – December 1949 –

1949 All except May

1950 All

1951 All except Jan., Feb. & Oct.

1952 All

1953 All except July

1954 All except March, August & Nov.

1955 Only January & February

1956 Only Jan., February, April & Nov.

1957 Only February, June & July

1958 Only January

1959 Only August

2015 Only February

BIRTHDAY CLUB

Lindsay Mc., We Agnostics Group

Bruce Mc., We Agnostics Group

FAITHFUL FIVERS

Jillian B., AB Group

Check it out!

Concept Twelve:

- How do we guard against becoming a “seat of perilous wealth or power”?
- How do we practice prudent use of our Seventh Tradition contributions and literature revenue?
- Do we ensure the spiritual liberties of all AA members by not placing any member in the position of absolute authority over others?
- Do we try to reach important decisions by thorough discussion, vote, and where possible, substantial unanimity?
- As guardians of AA’s traditions, are we ever justified in being personally punitive?

Concept Checklist, page 4, Copyright 1969, AA Grapevine and AAWS.

Tradition Twelve:

- Why is it a good idea for me to place the common welfare of all AA members before individual welfare?
- What would happen to me if AA as a whole disappeared?
- When I do not trust AA’s current servants, who do I wish had the authority to straighten them out?
- In my opinion of and remarks about other AA’s, am I implying membership requirements other than a desire to stay sober?
- Do I ever try to get a certain AA group to confirm to my standards, not its own?

Traditions Checklist, page 4, Copyright 1969, AA Grapevine and AAWS.

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



2 Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



3 Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.



4 Find out about the special holiday parties, meetings, or other celebrations

given by groups in your area, and go. If you're timid, take someone newer than you are.



5 Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



6 If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



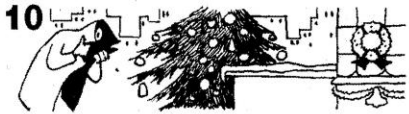
7 Don't think you have to stay late. Plan in advance an "important date" you have to keep.



8 Worship in your own way.



9 Don't sit around brooding. Catch up on those books, museums, walks, and letters.



10 Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



11 Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



12 "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

Happy Holidays
and all the
Best in 2021!
God Bless
Pamela.

Merry Christmas & Happy
New Year! Peter A.

Happy Holidays!!
Kelly W.

Happy Holidays 2020
From the Staff & Volunteers at
Edmonton Central Office

Merry Christmas to all and
prayers for a better 2021!
Christine M.

All the best
for the new year
Ian B.

Happy New Years
Catherine Choulet
♡

Looking forward
to 2021

Best to all
Frank M.
All the best
Vern J.

Year 2020 !!! now
on to 2021 Pat F.

All Best
Wishes!!
Christie D.

HOPE A GOOD
YEAR
HONK.

Happy Holiday Everyone
Jane D.

Happy Holidays
Everyone!
Best Wishes!!
Reggie G.

R. J.

Happy Holidays
to all!!!
Larry P.
(ODART)

Happy New Year
2021
Larry



Here's Hoping That 2021
is Better than 2020 Rick M.