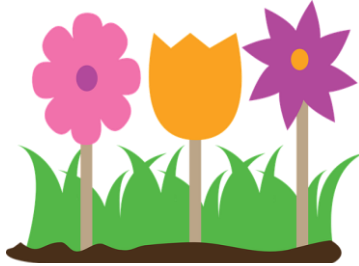


ECO NEWS

\$1.00

APRIL 2020

Edmonton Central Office Society
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BOUQUETS GOING OUT TO OUR VOLUNTEERS, WEB MASTER, TECHNOLOGY CHAIR & WEB TEAM

I would like to send a huge THANKS to all the volunteers that come out once a week, every week to work at your Edmonton Central Office, as well as all the Central Office Board Members. With the events of recent, the volunteers have been working extra hard to answer calls from A.A. members that are having to learn a different way of communicating with each other and answering calls from folks that have run out of options and need our help. On average the office receives 60 calls per week; from March 18th to March 24th we received **180** calls, three times the normal call volume.

My second send out of huge THANKS goes to the members who have been devoting their time on the technical side. Wayne, our Webmaster has implemented a new “skin” on our Edmonton AA webpage and as well has been making changes on the fly for our ability to “Temporarily” closing meetings and adding the ability to have online meetings available to the A.A. community. The Web administrator, Trina, has been vetting and making the tremendous volume of changes to the website. Jesse, our Technology Chair, has been **helping** with our processes as well as keeping the computers working in the office. These members have been working more than full time keeping all the meeting changes done and making sure that the website is updated. From March 18th to March 24th there have been **475** emails pertaining to changes to meetings!!

With all this being said I would like to send a huge bouquet of THANKS to these folks as well as all members doing service work. “I am responsible when anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible”

Pam L. ~ Office Manager ~ Edmonton Central Office

KEEP THOSE CONTRIBUTIONS COMING...

While the COVID-19 crisis continues, you may be joining online meetings or just chatting with other members by phone to keep your recovery on track. Whatever way you choose, it's vital to keep safe and keep connected. As you probably know, Central Office is closed to walk-in traffic, but staff and volunteers at Central Office are still busy answering phones and emails, filling the occasional literature order, and arranging appointments for merchandise pickup. Many of us are using Central Office more than ever, but by phone or email rather than in person. Central Office staff usually get about 300 phone calls a month, but phone calls over the past week or so have averaged about 1 every 3 minutes.

Our current estimates indicate our prudent reserve will allow operations to continue at a reduced level for about 6 months. Since the COVID-19 crisis began sales revenues and group contributions have dwindled to the extent that Central Office is operating at a deficit. If we take no action now, it may take quite some time for Central Office revenues to get back to their pre-COVID-19 levels even after the health crisis has passed.

Here is a suggestion: How about saving up your usual 7th Tradition contributions and each month or so sending them to Central Office as an e-Transfer? Remember that contributions of \$20 or more qualify for tax receipts that can be claimed on income tax returns.

Please consider making direct contributions to Central Office.

Please direct all
communications to:

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

March 19, 2020

The General Service of Alcoholics Anonymous (G.S.O.) U.S./Canada functions as a repository for A.A. members and groups who are looking for the shared experience of the Fellowship. As the global situation related to Coronavirus (COVID-19) continues to develop, we are fully committed to continue to serve as a resource center of shared experience to help navigate this unprecedented public health emergency.

It is important to note the G.S.O. is not an authoritative body over our groups, nor does it initiate rules or directives, as each A.A. group and entity is autonomous and decisions are made through its group conscience. Providing guidance on health issues is outside the scope of the A.A. sharing that G.S.O. offers. For anyone experiencing health and safety questions, it is suggested they contact national, state/provincial and local health authorities for appropriate information.

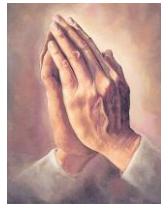
However, in response to the global outbreak, we do have some general experience regarding how some A.A. groups and members have begun to address this issue. Many are following "social distancing" guidelines established by local, state, provincial, and federal officials, while at the same time maintaining their recovery and attending digital A.A. meetings.

By attending digital meetings, groups can focus on A.A.'s primary purpose: to carry its message of recovery to the alcoholic who still suffers. Many groups have alerted *local* A.A. offices or hotlines if they are temporarily not meeting in their regular space. Some groups have shared that they are utilizing digital platforms such as [Zoom](#), [Google Hangouts](#), or conducting conference calls.

A.A. groups are also creating contact lists, keeping in touch by phone, email or social media. Many local A.A. central/intergroup offices, and areas have added information to their websites about how to change a meeting format from "in-person" to a digital platform. A.A. in the digital age has certainly taken on a new meaning in these challenging times.

We are here to help by providing a list of resources.

- *General Service Office Website:* www.aa.org
 - Videos/Audios https://www.aa.org/pages/en_US/videos-and-audios
 - Read/Listen/ASL “The Big Book” and Twelve Steps/Twelve Traditions Book https://www.aa.org/pages/en_US/read-the-big-book-and-twelve-steps-and-twelve-traditions
 - A.A. Archives and history https://www.aa.org/pages/en_US/archives-and-history
 - A.A.W.S. YouTube Channel <https://www.youtube.com/channel/UC2nfvf9DeDA7QYvLeq4pQ-w>
- *A.A. Grapevine website:* <https://www.aagrapevine.org/>
 - Audio, digital, hard copy resources
 - A.A. Grapevine YouTube Channel https://www.youtube.com/channel/UCI9uFLJ__aXT3-At0PIPWUQ
- *A.A. Online Intergroup:* <https://www.aa-intergroup.org/>
- *Understanding Anonymity:* https://www.aa.org/assets/en_US/p-47_understandinganonymity.pdf



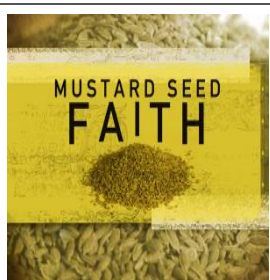
FAITH DOES NOT MEAN

Trusting God to stop the storm,
But trusting Him to strengthen us

As we walk through the storm

AMEN

... submitted by Verna H., Clareview Big Book Study



SEVENTH TRADITION

Hi: Would you be able to print this on our Edmonton website?

Brothers and Sisters in Sobriety: My name is Ron J. I'm a grateful, recovering alcoholic. I belong to the Mustard Seed group and serve as their GSR. I got a call from my service sponsor, Pierre B., who informed me that our group is deciding to keep observing the Seventh Tradition, even though we are not having meetings at this time. We want to keep paying our room rent and support Central Office.

On page 161 of 'Language of the Heart', I read: " Concerning any given service, we therefore pose but one question. Is this service really needed? If it is, then maintain it we must, or we FAIL in our mission to those who seek AA.

The Alano Club must pay its bills. Like so Central Office. The literature sales, which usually finance the Office, are not happening.

I realize that I must carry ' the message '. I must support services that facilitate carrying ' the message '. My Sobriety, therefore, my life, depends on this willingness.

May the Higher Power of your understanding bless you,
Keep safe, Ron J.

PS. The Central Office Manager informed me that other groups have stepped up also.

QUOTES

- How you use today determines how tomorrow will use you.
- When you get to the end of your rope, tie a knot and hang on ~ to AA.
- It is the custom at an Internationally known explorers club to have three speakers. There is short ritual of introduction by the Program chairman ... "Please consider what you are going to tell about the places you have been. Remember that no matter how far or how strange they were, one of us has almost surely been there!"
Most AA meetings have three speakers, too ...
- Every minute you are angry you lose 60 seconds of happiness.
- Before the entrance to Father Flanagan's Boystown, there is a simple statue of a thin, frail youngster. Over his shoulder he carries, so long as the statue shall stand, another youngster. The inscription is simple ... "He ain't heavy. He's my brother."
- A dog has many friends; he wags his tail instead of his tongue.

... Reprint with permission, AA Grapevine, January 1952

IN GOD'S CARE – DAILY MEDITATIONS

Forgiveness is the key to action and freedom - Hannah Arendt

Resentments keep us in the past, a past that can never be relived. Resentments keep a stranglehold on our mind. They keep us from appreciating the beauty of a moment. They stop us from hearing the loving voices of friends. We forget that we have a mission to fulfil God's Divine plan for our life.

Fortunately, we can shake this hold on us, and our freedom comes when we decide to forgive whatever transgressions are made against us. This decision, with some practice, can become second nature.

Clearly the choice to resent no-one is our opportunity to free our mind and heart for the real activities God hopes we'll attend to. Our purpose in this life goes unfulfilled when we're consumed by resentments. Now we have a program of recovery to help us develop a forgiving heart and find the peace and joy that are part of God's will for each of us.

Holding resentments against others hurts me. Forgiveness can make me glad I'm alive today

...Submitted by Faye E., Oilmen's Group

FOURTH STEP EXPERIENCE

Jan, our old Central Office Manager, now the Newsletter Editor, asked me to write an article on the Fourth Step, so here it is.

It was my second time in AA, and I had been going to AA for a few days short of a year and a half at this time. I was still an atheist, but my life, at this time, was not going to well, so I thought I would fix it. I would take an inventory. So, I found and used the Hazelden's Step Four Guide.

What a mistake. I felt more miserable after I completed it, than I did before I started. To sum it, up I had not improved much morally nor mentally in my time thus far in AA. This, plus other circumstances, lead me long to go back out. Fortunately, I only drank for a couple of days and made it back to AA.

This is my conclusions concerning the Fourth Step: 1/ There are no short cuts. 2/ Use the Big Book and the 12 X 12 to prepare. 3/ The steps need to be taken in order, Step Four follows Step Three.

I made two more attempts before I completed, what I call, my real Step Four. As there were still things, I did not want to tell anyone. Also, the fear of people thinking less of me if they knew the things I did.

There is a passage in Step 5 in the 12 X 12, that states: "What are we likely to receive from Step Five. For one thing, we shall get rid of that terrible sense of isolation we've always had." I still felt this isolation so, I concluded in order to get rid of this I had to do a complete Step Five, but in order to do this I would have to do a proper Step Four.

I still did not want to do this, so I started to pray for the willingness to be willing, meanwhile studying the Big Book and the 12 X 12. I estimate it took around two years of my praying until I was ready. Then one evening I got out pen and paper and went to work, using the Big Book and the 12 X 12 as a guide. When I completed it, I put the sheets of paper in a big brown envelope, sealed it and then started praying for the willingness to be willing to complete a Step Five.

... Jack H., Westminster Group

ONLINE MEETING ETIQUETTE: ZOOM TIPS AND TRICKS

1. Mute yourself when not speaking.
2. Lag time makes group responses difficult to do in unison. It is better to stay on mute when you are not speaking.
3. Zoom has a "Raise Hand" feature to support (see below). You can also send a private chat to the leader to share.
4. To reduce "cross talk" the host can disable the chat feature. Take a group conscience.
5. If you are concerned about anonymity, you can change your name by clicking on the ellipses (...) in the window of your personal image/icon. Select "Rename" to do this.
6. You can add a virtual background to your image by going to the preferences section under the zoom.us menu and select "Virtual backgrounds"
7. Join the meeting early or stay on after the meeting for Fellowship!

To raise your hand in a Zoom meeting. Click the "Raise Hand" icon on the bottom left of the Zoom window.

When you click the Raise Hand icon, a hand icon will appear next to your name that will notify the host your hand is raised. You will also see the hand icon turn green. When you want to lower your hand, you can click the hand icon again and your hand will be lowered. Keep in mind that a host can lower your hand for you, as well as disable the raise hand feature altogether. If the raise hand feature is disabled you will not see the option to raise your hand.

... aasfmarin.org/online-meeting-etiquette-zoom-tip-tricks

AA's, Meetings, and the COVID-19 Pandemic FOR THE HEALTH AND SAFETY OF YOURSELF AND OTHERS

- Please do **NOT** attend AA meetings if:

You have returned from out-of-country travel within the last 14 days.

You have **ANY OF** these symptoms:

- i. a fever,
- ii. a dry cough,
- iii. shortness of breath,
- iv. a sore throat
- v. **OR** extreme fatigue
- vi. You are over 60 years of age (for your own wellbeing).
- vii. **OR** you have pre-existing medical conditions (such as high blood pressure, heart disease, lung disease, cancer or diabetes, a compromised immune system, etc.)

- If you **CAN** and **DO** attend AA meetings:

Limit attendance to 15 “healthy” people or less, spaced at least 2m apart from each other, who meet the above criteria.

Please greet people with a fist- or elbow-bump, instead of a handshake.

Please refrain from hugs or handholding.

Please wash your hands thoroughly and frequently with soap and water.

Please use hand-sanitizing stations or products as available.

Please keep a safe social distance from others (2m/6 ft. is recommended).

Avoid touching your face, nose or mouth.

Clean and disinfect surfaces that are frequently touched.

Cover your coughs and sneezes and then wash your hands.

Consider alternatives to “passing the basket” (like leaving it in one place for people to drop their donations into, or e-transfers to your Treasurer, etc.)

- **If** your meeting has been cancelled or your meeting place closed:

Speak with your sponsor.

Consider attending other AA meetings. This may be a great opportunity to provide support to groups who need it, as they often have fewer people in attendance.

Consider looking into on-line meetings. GSO in New York has a link to these at <https://www.aa-intergroup.org/directory.php>. The Edmonton AA & Area 78 websites also have links to many local online meetings.

Consider setting up virtual meetings with others, using programs and apps like Zoom, Google Hangouts, etc.

Think about how you might be able to help others (e.g.: by putting your name on the 12th Step List so that you're available to help others; by seeking out opportunities to volunteer at your Central Office or other places where AA's are reaching out for help; etc.)

Above all else, **STAY CONNECTED** to others, the program, and a higher power of your own understanding. Isolation can be deadly, and our disease thrives on it.

Pam L. Edmonton Central Office

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THOROUGHNESS OUGHT TO BE THE WATCHWORD

The Willingness to Move Forward

When I attended my first AA meeting, I had no idea what the 12 steps entailed but at that meeting I heard the things that were read, and I heard people sharing about Steps and, looking back on it now, I realized that I came away from that meeting a changed man. My life took a 180% turn at that point and I have never been the same since. For the first time in my life I saw a refreshing new approach to living, and all I had done, up to that point, was to show up and listen. From that day on, I've had a huge change of perception and I've learned to recognize faulty thinking and to find the answers to life issues as they were articulated by the collective sharing in that meeting. While attending a step study meeting recently, we were on Step 4 and as each person shared their experience with what we had read, it occurred to me that the same thing was happening there, that happened at my first meeting decades before. It seemed that many of the people were assimilating, into their thinking, the things we had read and talked about, and that it had influenced them in ways that they probably didn't even realize at the time.

I've heard people in the program, when attending structured Step study meetings, say that there may be as many as 50 people at the meeting when they started on Step 1, but by the time they got to Step 4 they might be down to 12 people left in the room. There seems to be something in Step 4 that their ego would not let them address, at the time. It appears they had reached a fork in the road. When this happens, I believe they may not be ready for Step 4 yet, and if they are hurried into it, they may start to search for an easier softer way. If they stay on the softer path for long, they may end up developing a half measures approach and they may waste many precious years, or worse, they may relapse and do irreparable damage that can't be undone. When I hear of a person who has a relapse after long term sobriety I often wonder if it was due to skimping on Step 4 and 5, which may lead to a superficial approach to the remaining Steps.

"Thoroughness ought to be the watchword when taking inventory. "(12X12 pg.54) I use the 4th Step to illustrate what I mean when describing the way reading and hearing the things described in Step 4, are the things that we live with every day of our lives, and each time we cycle through them again, we realize that we have addressed some of these issues without being aware of it. I've heard people who have not taken Step 4 yet using such terms as "Restraint of pen and tongue" or "Remove the word blame from my speech" and, without realizing it, they are reducing their problems as the result of this different mindset. As long as they are honest, about, not being ready to take Step 4, it leaves the door open for the time when they are more confident, and they will be able to revisit this Step and make a clean slate of it without feeling guilty about it.

I believe that the main reason why they wrote and published the 12 X 12 was because they did not want to establish a precedent of editing the Big Book, and they wanted to give amplifying information and examples of how to navigate the 12 Steps. We can tell stories and drunkalogues of our drinking days and that's fine, but if we don't go through a meaningful process of addressing the causes and solutions to our problems and "The willingness to move forward " (12X12 pg.54) We will be selling ourselves short, and life is much too precious to waste.

... Rick R., Unconditional AA,

GRAPEVINE DAILY QUOTES

- "I HAVE SOMETIMES FELT I MUST APOLOGIZE FOR MY HAPPINESS ... I am vowing, however, to give loud support to successes, not just encouraging pats to troubles and failures. I now see successful living as a natural God-given by-product of successful sobriety. I say, go for it." January 3,2020
- "Faith is never a necessity for AA membership , sobriety can be achieved with an easily acceptable minimum of it ... our Concepts of a higher power and god as we understand him afford everyone a nearly unlimited choice of spiritual belief and action." February 12, 2020
- "AA's Twelve Traditions are little else than a list of sacrifices which the experience of twenty years has taught us that we must make, individually and collectively." November 29, 2019

FOURTH STEP PRAYER

God, please help me show those I resent the same tolerance, pity and patience that I would cheerfully grant a sick friend. Help me to see that this is a sick person. Father, please show me how I can be helpful and save me from being angry. Lord, help me to avoid retaliation or argument. I know I can't be helpful to all people, but at least show me how to take a kindly and tolerant view of each and every one. Thy will be done. AMEN

GENERAL SERVICE OFFICE OF ALCOHOLICS ANONYMOUS

2020 International Convention, July 2-5, Detroit, Michigan, is Canceled Announcement by Michele Grinberg, Chair of the General Service Board of A.A.

It is with heavy hearts that we announce the cancellation of the 2020 International Convention in Detroit, July 2-5.

We know that this is a disappointment to our Fellowship, as every five years we look forward to celebrating sobriety, the Alcoholics Anonymous program of hope and recovery, and meeting dear friends, old and new, from around the world.

Planning for the International Convention started in 2008 when Detroit was chosen to host the 2020 event. From the moment the city was selected, local leaders extended a warm welcome to A.A., and the event was representative of Detroit's own rebirth as a great convention city. The excitement shown by the A.A. community and the people of the greater Detroit area was seen throughout the 12-year planning process. We experienced a phenomenal response from local A.A. members ready to volunteer and welcome members from all over the world to the International Convention. The appreciation and welcome we received from the Detroit community, including their desire to share the city with the A.A. Fellowship, has been especially warm and overwhelming.

For many weeks, the General Service Board, directors, management team and planning partners for the International Convention have been monitoring the public health announcements in real time as daily life continues to change for every citizen of across the globe.

This is not a decision that is taken lightly. However, because of our numerous concerns related to the health and safety of our attendees, especially if 50,000 of us were to gather in Detroit in early July, we are confident it is the correct decision at this time. It has become clear that proceeding with a Convention of this magnitude in Michigan at that time is an unacceptable safety risk because of the uncertainty of the disease spread and containment. These are unprecedented times, impacting travel possibilities and requiring restrictions on large mass gatherings. For all of us, the health and well-being of our community comes first.

Due to the size and scale of the International Convention, the necessary contracts and work which must be started now, as well as travel arrangements, hotel availability, and Michigan's Statewide shutdown creating more uncertainty and inability to move forward on convention production, we are called to make a decision now.

We want to share clearly that we have made this determination based on the facts available today and, most importantly, based on the sense of responsibility and genuine care we feel for all our attendees, as well as for the citizens of Detroit, Michigan and Windsor, Canada.

We have thought long and hard in these past few weeks, consulting in depth with our planning partners, staff and the Detroit community before making this decision. Our theme "Love and Tolerance is our Code" has never felt truer, nor more important in these times of uncertainty. We remain grateful for your love and support. We look forward to a large and happy gathering of our Fellowship in Vancouver, British Columbia in 2025.

While the decision to cancel our International Convention is a difficult one, it is important to remember that Alcoholics Anonymous is not a place or an event; it exists in the hearts, minds and help freely offered. A.A. groups and members across the globe continue to focus on our primary purpose of carrying a message of hope and recovery; and with our shared code of love and tolerance, may we continue for so long as we are needed. Sincerely,

Michele Grinberg

TRADITION FOUR: GROUP AUTONOMY

Let Them Sing

It's hard to fathom how well Alcoholics Anonymous has fared throughout its years of existence which began in 1935. Navigating the waters in those early days was a lot more treacherous than the average member of today's AA population would be aware of, since efforts of the founders have been proven to have weathered every storm that appeared on the horizon. The AA members of that time did however, have the experience of understanding the mistakes of their predecessors, The Oxford Group, which had some success where it had recorded over one hundred thousand sober members before it ventured outside certain boundaries and got off the track when religion seemed to become more of an agenda than sobriety.

Then there was the similar experience when it came to the Washingtonians that also let outside influences like politics and outside money issues take over the agenda. These mistakes did not go unnoticed by the early members of the AA program and may have been the things that set the tone for being very careful about sticking to our singleness of purpose requirement, and structuring the tradition in a way that gives the individual groups as much leeway as possible as not to discourage diversity yet staying on course when it comes to rules that would omit any alcoholic that wants to get sober. Autonomy is simply a form of independence that gives each group the latitude to be creative in their own way, when it wants to appeal to certain factions of the alcoholic community at large so long as it doesn't cross over into making those painful mistakes that could lead us down that path that led to the dismantling of those groups that came before AA.

Today, in AA we have meetings that cater to specific segments of the AA population, such as: Men's Meetings, Women's Meetings, Closed Meetings, (alcoholics only), Open Meetings, Gay and Lesbian Meetings, Step Study, Big Book , Spanish Speaking, and on and on. The common theme for all these meetings is to carry the message to the alcoholic who still suffers. Anyone who has a desire to stop drinking cannot be turned away if; indeed, that meeting wants to continue to be called an AA meeting. I was serving in the U.S. Navy at the time when I got sober in late 1969 and shortly after my one year sober celebration, I was on a plane heading to the Philippines to go aboard a fuel tanker and I spent the next four months hauling fuel out to the Tonkin Golf and refueling the convoys of ships out there during the Vietnam War.

During that four months period I was unable to go to a single AA meeting. What did happen during that time when I was cut off from the daily news concerning the AA program, without my knowledge was the sad news that Bill W. had passed away. This happened shortly after I left the country and by the time, I returned home it was no longer the topic of conversation and I heard nothing about it. Shortly after I returned home my wife and I attended an AA convention in California and to my surprise, the main event at that convention was the Bill W. Memorial Meeting, and I had no idea when he had passed away, it could have been ten years earlier for all I knew. On the stage at that meeting there were ten chairs lined up and seated in those chairs were ten of the most prominent speakers of that time, and each of them were to tell a five-minute story of their own personal experience with Bill.

The one story that I still remember from that meeting goes something like this. On a request from some of his AA friends on the west coast, Bill was on a train going to California to speak at several well planned out meetings. The members of AA in a small Midwestern town heard that his train would be stopping in their town and asked if he would consider stopping over for a day and speaking at their meeting. He agreed to do it as he usually did those days. When the train arrived the town, members expected Bill to arrive with an entourage of people assisting him, and they had arranged a welcoming with a band, a large crowd, and an all the town's dignitaries. When the train stopped, the only one that got off was Bill, as he walked down the ramp alone with one suitcase. He proceeded to the planned meeting place and as the meeting began, Bill was somewhat shocked when the members started the meeting with several church hymns. Nevertheless, he fulfilled his promise and gave his talk and was again disturbed when the meeting ended with several more hymns.

TRADITION FOUR: GROUP AUTONOMY continued

After completing his stay, he boarded a train and continued on his way. On the train, what kept bothering Bill was “what are they doing to AA with the hymns” and it didn’t seem right. Then Bill started thinking about the size and the population of that small town, and about the large number of alcoholics that attended that meeting and he concluded that, per capita, that was probably the largest meeting in the country and if they wanted to sing hymns, well that’s their business. I believe that Tradition Four leaves it up to the individual Group’s discretion to consider the different cultural influences that affect the makeup and the structure of the meeting format and I believe that Bill got it right as long as it does not change the spirit of our primary purpose, to carry the message to the alcoholic who still suffers and that no one with a desire to stop drinking can be turned away.

... Rick R., Unconditional AA, Poway, CA

HELLO RECOVERY SPEAKERS FRIENDS AND FANS,

Over the coming weeks more and more of us will be isolated and for “how long” remains a mystery. We know how dangerous this can be for alcoholics/addicts as well as many other segments of our global community.

We want you to know that Recovery Speakers does not advertise any product or service. We investigated the option and decided against it.

You can help by passing along our links and letting your friends, sponsees, sponsors, sober living houses, and anywhere else that could benefit know about us.

For now, stay safe and know that we love you.

Here’s a talk by Bill W. From 1965 convention. “I am Responsible “

<https://www.recoveryspeakers.com/1965-toronto-int-bill-w-our-responsibility-to-aas-future/>

**75TH ANNIVERSARY OF ALCOHOLICS ANONYMOUS
IN EDMONTON**

Event date is June 13, 2020

Theme is: What we used to be like ~ What happened & What we are like now.

The committee is working hard to make this day the special event we know you all deserve.

Want to help?

Next meeting is April 16, 2020 at 6:00 PM at Central Office.

Contact Central Office at 780 424 5900 to find out more.

DISCLAIMER:

ECO News is published monthly on behalf of Edmonton Intergroup. All printed and mailed copies are to be paid for either by subscription or walk in. Email copies are free. There is no use of funds donated via 7th Tradition process. Minimal editing may be done. This newsletter presents the experiences and opinions of AA members and relays information received at Central Office concerning Roundups, Conferences, birthdays and other events that may be of interest to subscribers. Any opinions expressed should not be attributed to AA. Publication of any article does not imply endorsement.

We would like to hear from you about your AA related experience, strength and hope, keeping in mind copyright and credit concerns. Any feedback will be appreciated.

Submissions should be between 250 and 300 words. Submit with your full name, Group, and a phone number where you can be reached (of course we will protect your anonymity).

Material must be submitted no later than the 20th of the preceding month for it to print in the next month’s issue.

Submit articles to AA Central Office, #205, 10544 114 St NW, Edmonton, AB T5H 3J7

Fax: (587) 523-4334

Email: centraloffice@edmontonaa.org **Subject Line: Attention ECO News**

A.A. HISTORY FOR APRIL

April 1:

1939 - Alcoholics Anonymous' Big Book was published.

1940 - Larry J. of Houston, wrote The Texas Preamble used to open A.A. meetings in Texas.

1966 - Sister Ignatia died at the age of 77. She worked with Dr. Bob treating many early A.A. members at St. Thomas Hospital in Akron.

1970 - GSO moved to 468 Park Ave. South, NYC.

1984 - 12 Coconuts Group, Kapiolani Park, Waikiki, Hawaii, was founded.

April 2:

1966 - Harry Tiebout, M.D. died.

April 3:

1941 - First Florida A.A. meeting was held.

1960 - Fr. Ed Dowling, S.J., died, (Bill W.'s "spiritual sponsor")

April 4:

1960 - The Chicago Daily News reported that Fr. Edward Dowling, Jesuit Priest who helped start the first A.A. group in St. Louis, had died at age 62.

April 7:

1941 - Ruth Hock reported there were 1,500 letters asking for help, as a result of the Saturday Evening Post Article by Jack Alexander.

April 10:

1939 - The first ten copies of the Big Book arrived at the office & Bill W. shared them with Hank Parkhurst in Newark, New Jersey.

April 11:

1938 - Alcoholic Foundation held its first meeting.

1939 - Marty Mann attended her first meeting at the home of Bill & Lois Wilson in Brooklyn.

1941 - Bill & Lois Wilson moved into their new home, Stepping Stones.

April 12:

1942 - The Windsor Daily Star in Ontario, Canada, reported that over 400 A.A.'s attended a testimonial dinner for Dr. Bob.

April 16:

1940 - A sober Rollie Helmsley caught the only opening day no-hitter in baseball history since 1909.

1973 - Dr Jack Norris Chairman of the A.A. General Service Board, presented President Richard Nixon with the one-millionth copy of the Big Book at the White House.

2005 - Nancy Flynn (Independent Blond) died in Kennett Square PA

April 17:

1941 - 2nd group in Los Angeles, the "Hole in the Ground Group" was formed.

April 19:

1940 - First A.A. group in Little Rock, Arkansas, was formed.

April 22:

1940 - Bill Wilson transferred his Works Publishing Stock to the Alcoholic Foundation. The date on which Hank Parkhurst transferred his stock is uncertain.

April 23:

1940 - Dr. Bob wrote to the Trustees to refuse Big Book royalties, but Bill Wilson insisted on them for Dr. Bob & Anne.

April 24:

1989 - Dr. Leonard Strong died. He was Bill's brother-in-law & an A.A. Trustee.

1940 - The first A.A. pamphlet, "A.A." was published.

April 25:

1939 - Morgan R. interviewed on Gabriel Heatter radio show.

1951 - A.A.'s first General Service Conference was held.

April 26:

1939 - Bill & Lois Wilson moved in with Hank Parkhurst after the bank fore-closed on 182 Clinton St. This was the first of over 50 moves before they acquired Stepping Stones.

A.A. HISTORY FOR APRIL

April 30:

1989 -The film "My Name is Bill W.," a Hallmark Hall of Fame presentation, was broadcast at 9 p.m. on ABC TV.

Other happenings in April for which we have no specific dates:

1935 - Dr. Silkworth told Bill to quit preaching at drunks & tell them of obsession & allergy.

1940 - The "Texas Preamble" used to open meetings in Texas, was written by Larry J. of Houston.

1950 - Saturday Evening Post article "The Drunkard's Best Friend" by Jack Alexander.

1958 - The word "Honest" was dropped from "an honest desire to stop drinking," in the A.A. Preamble.

1960 - Bill Wilson refused to be on the cover of Time Magazine.

1966 - Change in ratio of trustees of the General Service Board; now two thirds (majority) are alcoholic.

1988 - Cybil C., the first woman member in Los Angeles & archivist, died.

... Submitted by Rick K., Breathe Easy

RECOVERY IS SERIOUS ... A LITTLE HUMOUR NEVER HURTS ... however

1. I decided I could handle my emotional problems if other people would quit trying to run my life.
2. I firmly believe there is no greater power than myself, and anyone who said otherwise is insane.
3. I made a decision to remove my will and my life from God, who didn't understand me anyhow.
4. I made a searching and thorough moral inventory of everyone I knew.
5. I sought these people out to get them to admit to me, by God, the exact and specific nature of their wrongs.
6. I became willing to force these people to get rid of their defects of character.
7. I was HUMBLE enough to tell these people to remove these defects of character.
8. I made a long list of those people who had harmed me and waited for the chance to get even.
9. I got even whenever possible, unless there was a third party in attendance.
10. I continued to take everyone's inventory and when they were wrong (often) made them admit it.
11. Sought through the concentration of MY will to get God, who didn't understand me anyhow, to admit my ideas were right so let me carry them out.
12. Having practiced these principles in all your affairs I obviously recommend you do what I say.

... Submitted by Bob B., Serenity Group, from an AADAC program handout

WHAT DO I GET OUT OF AA

I get Fellowship with folks whom I can respect and trust, folks that believe in and practice the Golden Rule of life.

I get inspiration to greater effort to attain the highest ideals of relationship to my Fellowman, and of my responsibility to him.

I get better understanding of my dependence upon and obligation to the infinite, and peace of mind and soul in obedience to His commands.

I get an opportunity to extend to someone who is *as* unfortunate as I was, a helping hand until he/she can steer a straight course on that wide path of AA to a new way of life, after which he/she can teach others to build a mansion of happiness within our AA boundaries.

That's what I get out of AA, I get it by putting into it the best there is in me, in service to fellow alcoholics who have not yet knocked at the portals of AA.

..Robbie, Kansas City, Mo, reprint with permission AA Grapevine Magazine, Jan. 19523

THE GAL IN THE GLASS

When you get what you want in your struggle for self
And the world makes you queen for a day
Just go to a mirror and look at yourself,
And see what THAT gal has to say.

For it isn't your husband or family or friend
Who judgement upon you must pass.
The gal whose verdict counts most in the end
Is the one staring back from the glass.

Some people may think you are a straight-shootin'
chum
And call a person of place
But the gal in the glass says you're only a bum
If you can't look her straight in the face.

She's the gal to please, never mind all the rest
For she's with you clear up to the end,
And you've passed your most dangerous, difficult test
If the gal in the glass is your friend.

You may fool the whole world down the pathway of
years
And get pats on the back as you pass,
But your final reward will be heartaches and tears
If you've cheated the gal in the glass.

... Anonymous

COUNTDOWN TO RECOVERY

10. Alcoholics, all in a line. One got to thinking -
Then there were Nine.
9. Alcoholics, one said, "Wait! A near beer can't hurt!"
Then there were eight.
8. Alcoholics, lookin' up to heaven. One cut out
meetings --
Then there were seven.
7. Alcoholics, doing service for kicks. One started
grumbling --
Then there were six.
6. Alcoholics, glad to be alive. 'Til one smoked pot --
Then there were five.
5. Alcoholics, greeters at the door. One played the Big
Shot --
Then there were four.
4. Alcoholics, for fun and for free. One's case was
"different" --
Then there were three.
3. Alcoholics, knowing what to do. One rewrote the
Big Book --
Then there were two.
2. Alcoholics, having some fun. One started lying --
Then there was one.
1. Alcoholic, talking to HP. "If only one is sober -- I'm
glad that it's me!"

... from Facebook

“WHY DO I KEEP COMING TO AA AFTER ALL THESE YEARS?”

One reason is that I laugh here more than anyplace else I go.
This laughter is hard to explain, isn't it?
We tell each other stories of tragedy and see in our own stories
the absurdity of our actions, and we laugh together.
I think its partly relief that allows us to laugh, and partly trust --
the laughter comes from knowing that someone else really understands
what madness there is in alcoholism.
I think also we laugh because we're glad to be alive among a crowd of others
equally glad to be alive.
This is laughter from heaven.”

... submitted by Rick K., Breathe Easy)

SIGN SEEN IN A BAR:

“THOSE DRINKING TO FORGET PLACE PAY IN ADVANCE.”

... from “A Rabbit Walks into Bar” AA Grapevine

PROMISE FOUR

“We will comprehend the word serenity and we will know peace.”

... Reprinted with permission AAWS, “Twelve Steps and Twelve Traditions and the Big Book.”

GRAPEVINE AND LA VIÑA ARE HERE TO HELP

Due to the current changing health situation, many AA meetings across the U.S. and Canada are finding it safer to close. To help members during this time, we are giving everyone **free access** to all of our 2020 Grapevine and La Viña issues. (The audio to Grapevine's stories will be available as well, so people can listen to the stories if they like.) Please share with your fellows. We have also included a link to our Youtube channel with some original audio stories as well as other important information.

To enter, visit:

www.aagrapevine.org/we-are-here-to-help



GRAPEVINE – DAILY QUOTES

“I recalled the part of chapter five that says, ‘no human power could have relieved our alcoholism.’ And that God could and would, if He were sought. This became my answer.

I sent God into those dark places within my subconscious. It was there I seemed to store painful memories, those of my childhood in an alcoholic home, and those of my own alcoholism and drug abuse ‘adventures.’ I asked my Higher Power to take His healing light into those painful areas of my subconscious that seemed to be carefully and deeply buried.

Reprinted with permission, AA Grapevine, April 1992, “A Healing Light”

GRAPEVINE – DAILY QUOTES

“I don’t know the music, but there is sound – sometimes rushing and furious, sometimes gentle and caressing. But always there’s the sound of a master pianist at play, conducting some mad orchestra of life. I don’t know what or why or how, but I know I’m here. And the best I can do is to find God’s will for me.”

Reprinted with permission, AA Grapevine, July 1992, “Staying Sober – No Matter What”

WHAT WAS THE SIX-STEP PROGRAM?

(from page 292. AA Big Book, 2nd edition)

The Six Steps were:

1. Complete deflation
2. Dependency and guidance from a Higher Power
3. Moral Inventory
4. Confession
5. Restitution
6. Continued work with other alcoholics.

... Reprinted with permission, AAWS, Big Book, 2nd edition



BIRTHDAY CLUB

Ian G.

FAITHFUL FIVERS

Ian G.



| Edmonton Central Office Society | | | | |
|--|---------------------|---------------------|---------------------|--------------------|
| INCOME STATEMENT 2020 | | | | |
| | February | YTD | YTD BUDGET | variance |
| General Receipts: | | | | |
| Group Contributions | \$ 6,553.90 | \$ 12,057.06 | \$15,140.00 | \$ 3,082.94 |
| Individual/Bequeath | \$ - | \$ 200.00 | \$650.00 | \$ 450.00 |
| Birthday Club/Faithful Fivers | \$ 5.00 | \$ 68.00 | \$410.00 | \$ 342.00 |
| Office Supplies / Postage | \$ 167.25 | \$ 332.45 | \$162.50 | -\$ 169.95 |
| Newsletter | \$ - | \$ 4.00 | \$35.00 | \$ 31.00 |
| Rental Income-EGSC, etc | \$ 387.30 | \$ 524.00 | \$400.00 | -\$ 124.00 |
| Tradition Seven-meetings | \$ 246.80 | \$ 497.50 | \$1,080.00 | \$ 582.50 |
| Fundraising | \$ - | \$ - | \$0.00 | \$ - |
| Other Inc (Interest, etc) | \$ 4.38 | \$ 9.06 | \$10.00 | \$ 0.94 |
| Total General Receipts | \$ 7,364.63 | \$ 13,692.07 | \$ 17,887.50 | \$ 4,195.43 |
| Literature & Medallion | | | | |
| Literature | \$ 8,271.65 | \$ 15,209.95 | \$17,465.00 | \$ 2,255.05 |
| Medallion | \$ 2,989.00 | \$ 5,116.00 | \$3,850.00 | -\$ 1,266.00 |
| Total Literature and Med. | \$ 11,260.65 | \$ 20,325.95 | \$ 21,315.00 | \$ 989.05 |
| | | \$ - | | |
| Total Revenue | \$ 18,625.28 | \$ 34,018.02 | \$ 39,202.50 | \$ 5,184.48 |
| Expenses: (COS) | | | | |
| AAWS & Grapevine Literature | \$ 5,149.67 | \$ 9,428.46 | \$11,800.00 | \$ 2,371.54 |
| Meeting list & Greeting Cards | \$ 365.75 | \$ 682.09 | \$1,080.00 | \$ 397.91 |
| Medallion Purch /engraving | \$ 1,585.88 | \$ 2,770.31 | \$2,265.00 | -\$ 505.31 |
| Freight / Brokerage | \$ - | \$ - | \$14.50 | \$ 14.50 |
| | \$ 7,101.30 | \$ 12,880.86 | \$ 15,159.50 | \$ 2,278.64 |
| Intergroup Expenses | | | | |
| 12 Step Answering | \$ 404.88 | \$ 809.75 | \$800.00 | -\$ 9.75 |
| Literature expense | \$ 18.75 | \$ 32.01 | \$20.00 | -\$ 12.01 |
| Communications & Tech | \$ - | \$ - | \$200.00 | \$ 200.00 |
| Other (Archive, 12 Step,Cred,Grp Serv) | \$ - | \$ - | \$200.00 | \$ 200.00 |
| | \$ 423.63 | \$ 841.76 | \$ 1,220.00 | \$ 378.24 |
| Administrative Expenses | | | | |
| | | \$ - | | |
| Accounting & Legal | \$ 187.39 | \$ 374.78 | \$670.00 | \$ 295.22 |
| Bank Chgs & Cr Card chgs | \$ 90.61 | \$ 318.20 | \$265.00 | -\$ 53.20 |
| Computer & IT Maintenance | \$ - | \$ - | \$1,000.00 | \$ 1,000.00 |
| Equipment Lease | \$ 359.77 | \$ 719.54 | \$780.00 | \$ 60.46 |
| Fundraising expense | \$ - | \$ - | \$ - | \$ - |
| Insurance | \$ 300.00 | \$ 600.00 | \$600.00 | \$ - |
| Newsletter Expenses | \$ - | \$ - | \$10.00 | \$ 10.00 |
| Office Supplies | \$ 501.67 | \$ 359.81 | \$170.00 | -\$ 189.81 |
| Postage | \$ 106.92 | \$ 270.25 | \$315.00 | \$ 44.75 |
| Rent | \$ 3,647.56 | \$ 7,295.13 | \$8,000.00 | \$ 704.87 |
| Repairs & Maintenance | | \$ - | \$300.00 | \$ 300.00 |
| Salaries, Source, WCB | \$ 4,982.22 | \$ 9,964.47 | \$9,400.00 | -\$ 564.47 |
| Staff Training / Seminar | \$ - | \$ - | \$ - | \$ - |
| Telephone / Internet | \$ 167.42 | \$ 357.83 | \$400.00 | \$ 42.17 |
| | \$ 10,343.56 | \$ 20,260.01 | \$ 21,910.00 | \$ 1,649.99 |
| | | \$ - | | |
| Total Expenses | \$ 17,868.49 | \$ 33,982.63 | \$ 38,289.50 | \$ 4,306.87 |
| | | \$ - | | |
| Income / (Loss) | \$ 756.79 | \$ 35.39 | \$ 913.00 | \$ 877.61 |

Edmonton Central Office - 2020 Group Contributions

| GROUP | District | Feb | YTD | GROUP | District | Feb | YTD | GROUP | District | Feb | YTD |
|------------------------------|----------|------------|------------|-------------------------------------|----------|------------|------------|--|----------|------------|-------------|
| 60 MINUTES TO SOBRIETY | 53 | \$250.00 | \$250.00 | HOME GROUP #18 | 63 | | \$0.00 | SHER. PARK SISTERS IN SOBRIETY | 61 | | \$0.00 |
| 10 AFTER 10 GROUP | 46 | \$40.00 | \$65.00 | HOME GROUP #25 | 63 | | \$0.00 | SHER. PARK TUESDAY NIGHT AT 7 | 61 | | \$0.00 |
| 84TH STREET | 46 | | \$0.00 | HOPE THROUGH FRIENDSHIP GROUP | 40 | | \$0.00 | SHER. PARK THERE'S MORE TO THE STORY | 61 | \$250.00 | \$250.00 |
| AB GROUP | 57 | | \$0.00 | HOW IT WORKS GROUP | 55 | \$350.00 | \$350.00 | SHIFTERS GROUP | 57 | | \$0.00 |
| ALANO WOMENS DISCUSSION | 46 | | \$0.00 | IDEAL BOOK STUDIES | 63 | | \$0.00 | SIMPLY SOBER AA GROUP | 40 | | \$0.00 |
| AB BEACH - SONS OF THE BEACH | 10 | | \$0.00 | INTO ACTION GROUP | 40 | | \$0.00 | SLAVE LAKE AA GROUP | 7 | | \$0.00 |
| ALTERED ATTITUDES GROUP | 46 | | \$1,000.00 | JASPER PLACE GROUP | 40 | | \$0.00 | SOBER COUNTRY - EDSON | 5 | | \$0.00 |
| AMAZING GRACE | 46 | | \$0.00 | JELLNICK JUMPSTART | 46 | \$71.40 | \$82.50 | SOUTHBOUND FELLOWSHIP GROUP | 60 | | \$0.00 |
| AS IT IS GROUP | 55 | | \$0.00 | LAC LA BICHE TRI SOBRIETY | 8 | | \$0.00 | SOBER SOULS OF EDMONTON | 46 | | \$0.00 |
| ATHABASCA AA GROUP | 8 | | \$0.00 | LAMONT - BEAVERHILL GROUP | 20 | | \$0.00 | SOUTH SIDE GROUP | 57 | | \$0.00 |
| BACK TO BASICS | 64 | | \$0.00 | LANCASTER PARK TRI-SERVICE GRP | 64 | | \$0.00 | SOUTHSIDE YOUNG PEOPLE'S GROUP | 57 | | \$0.00 |
| BEAUMARIS LAKE GROUP | 53 | | \$0.00 | LAST CALL GROUP | 40 | | \$400.00 | SPRUCE GROVE AFTER 1 GROUP | 10 | | \$0.00 |
| BEAUMONT HOW IT WORKS GR | 60 | | \$0.00 | LEDUC HOW IT WORKS | 12 | | \$0.00 | SPRUCE GROVE - SPEAK EASY | 10 | | \$0.00 |
| BEAUMONT GROUP | 60 | | \$0.00 | LEDUC SATURDAY | 12 | | \$0.00 | SPRUCE GROVE FIRST DOOR ON THE LEFT | 10 | | \$0.00 |
| BEAVER HILL CREEK | 9 | | \$200.00 | LEDUC SUNDAY BEGINNERS | 12 | | \$200.00 | STEP SISTERS | 40 | | \$0.00 |
| BEAVERLODGE AA | 4 | | \$0.00 | LIGHTHOUSE GROUP | 53 | | \$0.00 | STEPS TO SERENITY GROUP (MEN'S)(Sh Pk) | 55 | | \$0.00 |
| BEVERLY GROUP | 53 | | \$0.00 | LIONS DEN GROUP | 57 | | \$0.00 | STONY PLAIN - BEYOND BELIEF | 10 | | \$0.00 |
| BONNIE DOON GROU | 55 | | \$0.00 | LOVE AT WORK | 60 | | \$0.00 | STONY PLAIN - FIRST DOOR ON THE LEFT | 10 | | \$0.00 |
| BONNYVILLE SAT NIGHT GRP | 3 | | \$0.00 | MANDATE:SOBER GROUP | 40 | | \$100.00 | STONY PLAIN - NEW WOMEN'S GROUP | 10 | | \$0.00 |
| BREATHE EASY GROUP | 40 | | \$0.00 | MILLETT: STAIRWAY TO FREEDOM GRP | 12 | | \$0.00 | STONY PLAIN - SUNDAY 7:30 | 10 | | \$0.00 |
| CAMEL DISCUSSION CLUB | 40 | | \$0.00 | MILLWOODS GROUP | 60 | | \$0.00 | STONY PLAIN - WEDNESDAY NITE UPSTART | 10 | | \$0.00 |
| CAMPUS GROUP | 57 | | \$0.00 | MILLWOODS SPRING STEP STUDY | 60 | | \$0.00 | ST. ANDREW'S MEETING STEP STUDY | | | \$0.00 |
| CAMPUS GROUP - BLUE JEAN R/ | 57 | | \$0.00 | MONDAY AT 7:30 GROUP | 46 | | \$0.00 | ST. PAUL - FELLOWSHIP GROUP | 3 | | \$0.00 |
| CAMROSE CITY GROUP | 12 | | \$0.00 | MORINVILLE THURSDAY | 9 | | \$50.00 | ST. PAUL - YOU GO GAL MEETING | 3 | | \$0.00 |
| CAPILANO STEP GROUP | 55 | | \$0.00 | MUSTARD SEED GROUP | 46 | | \$0.00 | STRENGTH AND HOPE GROUP | 46 | | \$0.00 |
| CLAREVIEW BIG BOOK GROUP | 53 | \$135.00 | \$135.00 | NEW HOPE GROUP | 62 | | \$0.00 | SUIT UP & SHOW UP BIG BOOK STUDY | 46 | \$490.00 | \$490.00 |
| CORNERSTONE GROUP | 46 | | \$0.00 | NITON AA GROUP | 6 | | \$0.00 | SUNDAY MORNING OPEN GROUP (SMOG) | 57 | \$20.00 | \$20.00 |
| CRESTWOOD WELCOME | 40 | \$1,000.00 | \$1,000.00 | NO NAME HOME GROUP | 63 | | \$0.00 | SUNDAY MORNING BIG BOOK GROUP | | | \$0.00 |
| DAILY REFLECTIONS GROUP | 55 | | \$0.00 | NO SAINTS MEETING | 46 | | \$0.00 | SUNDAY NO NAME GROUP | 40 | | \$0.00 |
| DAYSLAND | 12 | | \$0.00 | NORTH EDMONTON GROUP | 53 | | \$0.00 | SUNRISE LIGHT LUNCHEON GROUP | 46 | \$254.00 | \$542.85 |
| DEVON MONDAY NIGHT GROUP | 12 | | \$0.00 | NORWOOD GROUP | 46 | | \$0.00 | TA WOW GROUP | 46 | | \$0.00 |
| DISTRICT 7 SLAVE LAKE R/U | 7 | | \$0.00 | OFF THE WALL & LIVING SOBER MTG | 55 | | \$0.00 | TERRA NOVA GROUP | 46 | | \$0.00 |
| DISTRICT 10 UNITY ROUND UP | 10 | \$200.00 | \$200.00 | OILMENS GROUP | 57 | | \$0.00 | THE WHY GROUP | 46 | | \$0.00 |
| DISTRICT 10 | 10 | | \$0.00 | ONOWAY GROUP | 57 | | \$0.00 | THORSBY GROUP | 12 | | \$0.00 |
| DISTRICE 40/41 COMMITTEE | 40 | | \$0.00 | OPEN DOOR GROUP | 55 | \$165.00 | \$165.00 | THUS WE GROW | 57 | | \$0.00 |
| DISTRICT 53 | 53 | | \$545.00 | OUR HOUSE | 40 | | \$0.00 | TO SHOW OTHERS | 57 | | \$300.00 |
| DISTRICT 57 COMMITTEE | 57 | | \$0.00 | OUR PLACE GROUP | 46 | | \$0.00 | TOWER GROUP | 46 | | \$0.00 |
| DISTRICT 64 | 64 | | \$0.00 | PEACE RIVER AA GROUP | 2 | | \$0.00 | TURNING POINT GROUP | 46 | | \$0.00 |
| DOLPHIN GROUP | 53 | \$133.15 | \$133.15 | PONOKA THURSDAY NIGHT | 12 | | \$0.00 | UNDER NEW MANAGEMENT | 57 | | \$0.00 |
| DRAYTON VALLEY AA.A. GROUP | 6 | | \$0.00 | POUNDMAKER'S TREATMENT CTR | 64 | | \$0.00 | UNITY STEP GROUP | 55 | \$154.50 | \$154.50 |
| EARLY BIRDS BREAKFAST GROUP | 53 | | \$0.00 | PROVIDENCE GROUP | 57 | \$700.00 | \$700.00 | U OF AA GROUP | 57 | | \$0.00 |
| EASTWOOD GROUP | 53 | | \$25.00 | RAINBOWS TO RECOVERY | 57 | | \$0.00 | UP THE CREEK | 55 | | \$0.00 |
| ELLERSLIE ROAD GROUP | 60 | \$350.00 | \$350.00 | RAY OF HOPE GROUP | 46 | \$200.00 | \$200.00 | UP THE CREEK ANNIVERSARY DINNER | 55 | | \$0.00 |
| EVANSBURG GROUP | 6 | | \$0.00 | RED ROAD TO RECOVERY | 46 | | \$0.00 | UP THE CREEK GRATITUDE MONTH | 55 | | \$500.00 |
| FAITH WORKS STEP GROUP | 53 | | \$190.00 | RIO TERRACE GROUP | 40 | | \$0.00 | VALLEYVIEW A.A. GROUP | 7 | | \$0.00 |
| FELLOWSHIP BREAKFAST GRP | 57 | | \$200.00 | RITE TRAC GROUP | 53 | | \$0.00 | VIOLET GROVE LAST CHANCE | 6 | | \$0.00 |
| FIRST DAY GROUP | 46 | | \$0.00 | SAFE HARBOUR | 46 | | \$0.00 | VIKING WEDNESDAY NIGHT GROUP | 20 | \$100.00 | \$100.00 |
| FRIENDS OF BILL GOLF TOURN | 60 | | \$0.00 | S.A. BREAKFAST GROUP | 64 | | \$0.00 | WABAMUN WEDNESDAY NIGHT | 10 | | \$0.00 |
| FRIENDS OF BILL W AT THE HUB | 40 | \$35.00 | \$35.00 | S.A. BROTHERHOOD GROUP | 64 | | \$0.00 | WABASCA GROUP | 7 | | \$0.00 |
| FT MCMURRAY BACK TO BASICS | 21 | | \$0.00 | S.A. FRI. NIGHT OFF THE TRAIL GROUP | 64 | | \$0.00 | WEST END GROUP | 40 | | \$0.00 |
| FT. MCMURRAY NOONERS | 21 | | \$179.21 | S.A. MILLENNIUM GROUP | 64 | | \$0.00 | WE AGNOSTICS | 46 | | \$0.00 |
| FT. MCMURRAY WOMENS RECO | 21 | | \$0.00 | S.A. ON THE HILL GROUPS | 64 | | \$0.00 | WEST END GROUP | 46 | | \$0.00 |
| FT. SASK BIG BOOK TOOLBOX-TA | 61 | | \$0.00 | S.A. SOBER SISTERS GROUP | 64 | | \$0.00 | WESTEND 12 STEP GROUP | 40 | | \$0.00 |
| FT. SASK TOWN GROUP | 61 | | \$0.00 | S.A. STEP X STEP SATURDAY NIGHT GRP | 64 | | \$0.00 | WEST END MEN'S GROUP | 40 | | \$0.00 |
| FULTON PLACE GROUP | 55 | | \$0.00 | S.A. SUNDAY STEP STUDY | 64 | | \$240.00 | WESTGROVE GROUP | 40 | | \$0.00 |
| GRANDIN MEETING | 57 | | \$24.00 | S.A. TUESDAY NIGHT GROUP | 64 | \$600.00 | \$600.00 | WESTLOCK AA GROUP FRIDAY NIGHT | 9 | \$400.00 | \$400.00 |
| GRATITUDE GROUP | 53 | | \$0.00 | S.A. WED. NIGHT CLOSED MEN'S | 64 | | \$0.00 | WESTLOCK SUNDAY BACK TO BASICS | 9 | | \$0.00 |
| GRIMSHAW SATURDAY NIGHT G | 2 | | \$0.00 | S.A. WOMEN'S STEP STUDY | 64 | | \$0.00 | WESTLOCK WEDNESDAY | 9 | | \$0.00 |
| GRUARD AA GROUP | | | \$375.00 | SANDY BEACH GROUP | 9 | | \$0.00 | WESTLOCK WINNERS CIRCLE | 9 | | \$0.00 |
| H5 | 57 | | \$0.00 | SATURDAY NIGHT LIVE MEETING | 57 | | \$0.00 | WESTMINSTER GROUP | 46 | | \$0.00 |
| HEADS UP FOR AA - VEGREVILLE | 20 | | \$0.00 | SERENITY GROUP | 46 | \$300.00 | \$300.00 | WESTMOUNT GROUP | 40 | | \$0.00 |
| HELPING HANDS | 60 | \$150.00 | \$400.00 | SERENITY POOL SUNDAY MEETING | 60 | | \$0.00 | WETASKIWIN SUNDAY MORNING | 12 | | \$0.00 |
| HIGH PRAIRIE GROUP | 7 | \$5.85 | \$5.85 | SHER. PARK HAPPY HOUR GROUP | 61 | | \$0.00 | WHITECOURT AA GROUP | 6 | | \$0.00 |
| HOME GROUP #1 | 63 | | \$0.00 | SHER. PARK GROUP | 61 | | \$0.00 | YOUNG & OLD GROUP | 53 | | \$0.00 |
| HOME GROUP #11 | 63 | | \$0.00 | SHER. PARK MILLSHAVEN | 61 | | \$0.00 | YOUR CHOICE GROUP | 53 | | \$0.00 |
| HOME GROUP #13 | 63 | | \$0.00 | SHER. PARK 12 STEPS TO SERENITY | 61 | \$200.00 | \$600.00 | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| Total | | \$2,299.00 | | Total | | \$2,236.40 | | | | \$1,668.50 | \$2,757.35 |
| | | | \$5,312.21 | | | | \$3,987.50 | Grand Total | | | \$12,057.66 |