

# ECO NEWS

\$1.00

## February 2020

Edmonton Central Office Society  
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### DELEGATE'S CORNER

#### Tomorrow's World - The Courage to Be Vigilant - WRASSA 2019

The world is moving more quickly than ever before. From Bill's readings, we have learned, "We will make every personal sacrifice necessary to insure the unity of Alcoholics Anonymous. We will do this because we have learned to love God and one another. We have to rely on Unity more than ever before. Not only the Unity of the Traditions but the Unity in our message. This is an area in the future of A.A. where we can never be too prudent or too vigilant." As AA continues to grow and reach more corners of the world, members will need the courage and vigilance to keep the message consistent.

Globalization is the way people of the world interact and integrate.

A few examples of globalization come to mind:

Japan celebrates 45 years in 2020. Six hundred groups and 5,700 members – in a shroud of Secrecy.

Scott H. spoke about the distances and means of travel, days on hot, non-air-conditioned buses, members travelled to attend a conference in South America.

India, 30,000 members strong with 1650 groups in a population of 1.4 billion.

Past Delegate, Walter S. spoke of the few meetings in the Ukraine and the need for more literature. From that message the word spread, and a Group member was moving there and took boxes of donated Literature.

A member took me to a Saturday afternoon meeting in London, UK. It was attended by an array of nationalities, cultures and dress. At the closing we all joined hands or draped shoulders to join in prayer – in many languages – it brought tears of joy to my eyes to see the world come together as a result of Alcoholics Anonymous.

The Groups I attended in the UK all had a literature table by the front entrance, and yes, the books are all the same.

A.A. co-founder Bill W., who often called the influence of A.A. literature "incalculable," in the May 1964 Grapevine, "Suppose, for instance, that during the last twenty-five years A.A. had never published any standard literature...no books, no pamphlets. We need little imagination to see that by now our message would be hopelessly garbled. Our relations with medicine and religion would have become a shambles. To alcoholics generally we would today be a joke and the public would have thought us a riddle. Without its literature, A.A. would certainly have bogged down in a welter of controversy and disunity."

Courage is the ability to do something that frightens you; to act on one's beliefs. Today's intrusions can be tomorrow's solutions. We need to embrace Technology – to leverage it. Even active drunks use technology. Some sponsees like to use text. Some think the old guy won't catch on to them drinking if they use text. Just try reading a drunken text, it's a dead giveaway.

Technology has made our world smaller and more accessible. Our time is now. We need to be ready and willing to change. The solution to recovery from alcoholism has remained the same for over 80 years. However, the way people access the information has not. We will need courage, and an open mind, to utilize new ways to carry the A.A. message into tomorrow's world. Fear of change can stifle growth.

The spiritual opposite of Fear is Courage. We must not let fear of making mistakes or our short-sightedness interfere with our ability to reach the still sick and suffering alcoholic.

Vigilance is the action or state of keeping careful watch for possible danger or difficulties. Preserving the fellowship; vigilance is the art of staying the course. I can't stay the course if I don't know the course. It is vital that I understand what I belong to and my responsibility as a member of AA. Another aspect of vigilance is being on the lookout for opportunities. Continuous improvement is a way of life for A.A. Communication can be a useful tool in helping to improve our effectiveness. Our task is to look for and seize our opportunities.

*The Home Group is The Heartbeat of AA.* While visiting a group in Saskatchewan a phrase of the wall was noted, which read: "The continued use of foul language is an unwillingness to grow". Through group conscience, my home group adopted this and at the beginning of a meeting asks members to please refrain from using profanity when sharing. Our overall attendance has increased immensely (especially ladies) and this has also contributed to members feeling safer.

I have attended regular meetings in Area 78 where of the 21 members in attendance, 19 had their own Big Books on the table, twelve had a Daily Reflections and several members had As Bill Sees It. The consistency in the message is overwhelming and how could it not be. Groups are purchasing Committee kits and workbooks resulting in members having a better understanding of their service commitments.

In Closing, Courage and Vigilance are the cornerstones of tomorrow. We need to ensure courage as A.A. unity cannot automatically preserve itself. Like personal recovery, we shall always have to work to maintain it. Here, too, we surely need honesty, humility, open-mindedness, unselfishness, and above all—vigilance.

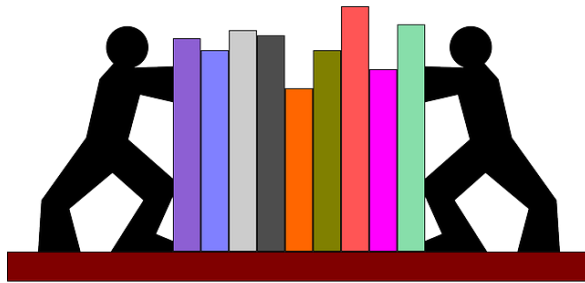
So, we who are older in A.A. beg you who are newer to ponder carefully the experiences we have already had of trying to work and live together.

With vigilance, we need to make a difference today, so those to come can make a difference tomorrow. It starts at the home group, one member at a time. May we never forget that without permanent unity we can offer little lasting relieve to those scores of thousands yet to join us in their quest to freedom.

Courage will stand on principle in the face of opposition and unpopularity. While others may falter through fear, a courageous leader will remain calm in crisis and vigilant in action.

... From my WRASSA presentation Feb. 2019. Your trusted servant, Brad F., Delegate Area 78, Panel 70

Brad, Thanks for the report. Jan D., editor



## MANUSCRIPT OF WORLD HISTORY -

### Los Angeles. & So. Calf ~ continued from last month

Cliff had no desire to stop drinking, but he invited Mort in and listened as he told him of his last roaring drunk and his need to carry the message to other alcoholics in order to stay sober. Would Cliff W. come to a meeting if he could organize one? By now, Cliff was kind of fascinated with this Harvard-educated, soft-spoken, well-dressed person. So, more to help Mort J. stay sober than to help himself, Cliff said he would. Through a Dr. Ethel Leonard who worked with alcoholics, Mort rented a large room on the mezzanine of the Cecil Hotel on Main Street for \$5.00. It was in the Skid Row district, which Mort felt was appropriate because it would show where drunks were heading unless they did something about their drinking. He then got in touch with the men who had failed to sober up at Johnny Howe's classes or Kaye M.'s meetings and pleaded with them to give A.A. one more chance. He also got the L.A. Daily News to mention the meeting. Mort scheduled his meeting—the first public meeting of A.A. in Los Angeles—on a Friday night in March 1940. Besides Mort and Cliff about ten men showed up. Mort did not know how an A.A. meeting should be conducted. There was no coffee or doughnuts. Mort opened the meeting and told about his last drunk and how he had not had a drink in five months. Then he thought it would be helpful to read from the chapter in the Big Book entitled, "How It Works," so he opened to Chapter 5 and began reading, "Rarely have we seen a person fail..." And thus, began the practice of reading a portion of Chapter 5 at all A.A. meetings in Southern California, which later spread to the rest of California and

Continued ... throughout the West and is followed today at many other A.A. gatherings throughout the world. A month later, Mort received a letter from a Frank R., who was in a Phoenix, Arizona, sanitarium. There, he had been given a copy of the Big Book, had read it, and had written the New York office, which had told him of the Los Angeles meeting. In his letter, he asked if it was true that A.A. helped the alcoholic at no charge. Mort replied, inviting him to come to the Cecil Hotel on a Friday and find out. The very next week, Frank arrived - with a sanitarium attendant! Skeptical at first of what he had read and of what he saw, he soon came to believe. And he became the third rock on which Southern California A.A. was founded. Frank R. is remembered by Cliff W. as "the hardest looking hombre I ever saw." He was a fierce, rough, unsmiling man who became a legendary Twelfth Stepper and a driving force in the young Fellowship. One of his sponsees, Norm A., jokingly says Frank founded "The Los Angeles College of Hard-Hearted Sponsors." And it is true that he was the first in a long line of uncompromising A.A.'s who lived in the conviction that their lives had been given back to them in order to be of service to the alcoholic who still suffers.

Cliff W. recalled once when over a hundred inquiries had piled up, and Frank R. took them—and Cliff—for two weeks of non-stop Twelfth Stepping. "We went into jails; we went into hospitals and insane asylums. We went into dumps and we went into mansions, all over the place. Frank wasn't afraid of man or beast." They treasured every new member and fought hard to get drunks to stay sober. Roy Y., who later moved to Texas, was active in Los Angeles during this period. He remembers they had a "Goon Squad" to corral any member who got drunk and ride herd on him until he sobered up. When the Saturday Evening Post article appeared in March 1941, bringing in hundreds of inquiries, the group at the Cecil Hotel was well in place. Cliff and Dorothy W. quickly installed a phone in their house under the A.A. name and nearly worked themselves to exhaustion answering the pleas for help. Sybil C. was one who called, drunk. She asked Cliff to send the A.A. ambulance and was indignant when she was told there was no such thing. Sybil came to the A.A. meeting anyway—the first woman to get sober and remain sober in the West. At her second meeting, she was handed a sheaf of inquiry letters from other women and thereafter took all Twelfth Step calls from females. She went on to be the first Secretary of the A.A. Central Office in Los Angeles and was in great demand as a speaker at A.A. gatherings. She was honored at the 50th Anniversary International Convention in Montreal in 1985 as the woman with the longest sobriety in A.A. at that time and spoke at the opening meeting on Friday night. Another who came in at that time was Al M., a trombonist who played in movie on studio orchestras. A tall, good-looking man, Al became another driving, impassioned A.A. worker, another "hard hearted sponsor," and a dynamic speaker. Elected Delegate on Panel 1, he attended the first and second General Service Conferences and remained an interested participant in the local service structure the rest of his life. Often critical of Bill W. and the General Service Office in New York, he carried on a voluminous correspondence with Bill. Al championed Southern California A.A. "We were lucky we didn't have any help from over the mountains," he would say—and campaigned for additional delegates from California (which came about) and for their own trustee and their own general service office (which didn't). Although he mellowed somewhat in later years, he remained extremely active until his death in 1985 (CHK) at age 81. He was playing golf, at which he was excellent, and after hitting a long drive and chortling over it, he fell over dead. Indeed, it is remarkable that all the founding members in Los Angeles and many of those who followed remained intensely involved in A.A. throughout their long lives. It is also remarkable that they had only the Big Book to rely on. Bill W. remarked on these phenomena at the St. Louis Convention, recalling his first visit in 1943 at the invitation of the 13 Los Angeles groups and their estimated 1,500 members. They planned a big meeting for November 6 and hired the American Legion Hall. "When I peered out from behind the curtain," Bill said, "I saw a thousand people sitting there. It was incredible. Here was evidence that A.A. could cross the seas and mountains pretty much on its own." Mort J., who was with him, recalls that Bill shivered and then murmured, "Nothing can stop us now." Meanwhile, the mother group had moved from the Cecil Hotel to the Embassy Hotel; and soon, in succession, to the Elks Club, the Regent Hotel, and the Parkview Manor, at 2200 West 7th Street. And other groups were springing up like wildflowers. When Bill and Lois visited Los Angeles again seven years later, in 1950, he spoke to an A.A. audience of 7,000 in the Shrine Auditorium. "By then," he said, "Los Angeles County represented the most densely populated A.A. region in our whole fellowship." And, along with the other Southern California counties, it may still be so in 1985. George D., who later moved to San Francisco, first came to A.A. in Los Angeles in 1955 at the age of 28—though he didn't have his last drink until October 1961. "A.A. was very colorful down there in those days," George recalls. "It had its share of celebrities and social life, and of course more than its share of extremely strong personalities - such as Al M., Chuck C., Jules P. and Allen McG. (For more on Allen McG., see chapter on A.A. literature, Chap. 12) From the very beginning, I knew them. My first group was the Early Birds group, which I think was the first young people's group anywhere. The 6300 Club was going

Continued ... strong in the late '50s and early '60s, on Wilshire at Fairfax, a very valuable corner. It had formerly been a nightclub. Joe Q. and I were around there in 1957, and Clancy I. who was down-and-out and living in an abandoned car out back. We three went to the Primary Purpose Group, and some of those people had some really lurid stories. I remember a Serenity Sam, who was very well known. Clancy and I were very active and both very obnoxious members. Then the group kind of disintegrated and I kind of wandered back to drinking for another year and a half before I sobered up for good. I'm still down in L.A. on business frequently, so I still go to A.A. meetings there. It's still colorful!" Clancy I. became a legend in his own time for his tough sponsorship of literally hundreds of alcoholics—often those who had been given up as "hopeless" by others—and for his brilliant, sardonic and dynamic speaking at A.A. events. At the 50th Anniversary International Convention, Clancy spoke on sponsorship before a standing-room-only audience of about 4,000. He was also the founder of the Pacific Group, which in 1985 had grown to be the largest A.A. group in the world. "I had been wanting to start a speaker meeting in that part of town," Clancy recalls, "and in 1963 space opened up at a hall on Ohio Street on Tuesday nights. We had about 10 to start. From the first meeting, we had some customs new to L.A.: greet every person through the door with a handshake; everyone thanks the speaker afterward, regardless; and get everyone in the group involved. In six months, we had about 45 members. I ran the group at first. No rotation, and no election for the next year. They persuaded me to do it one more year.

Then darned if they didn't vote me out of office! "In the Pacific Group, our customs and traditions are very important. The steering committee now consists of the ex-secretaries. The new secretary is elected in May and takes office in June. We eventually grew out of Ohio Street and moved to the largest space we could find, the synagogue where meet now on Wednesday nights. It seats 600 and we overflow it. But what I'm proudest of is the aura of respect to the meeting and to A.A. That and the fact that there are about 160 helping put the meeting on and involved in some way." Many Pacific Group regulars drive long distances—some up to 100 miles—to attend each week. Members of the group have started satellite meetings. They have also organized themselves according to the year they joined the group and have annual dinner celebrations: "The Class of '79", the "Class of '80", etc. Hal S., who had gotten sober in Los Angeles, returned home to San Diego in the fall of 1940 with the names of three prospects given him by the New York office: Marge C., Alta M. and a young man named Tom. Tom already owned a copy of the Big Book (which his father had ordered from the Alcoholic Foundation after reading about A.A. in a New York Times article) but he hadn't quit drinking. Hal held the first San Diego A.A. meeting on November 7, 1940. Growth began soon afterward, when Hal contacted the City Police Chief, J.T. Peterson, who agreed to let him hold meetings every Monday night at the city jail at the foot of Market Street. The jail was known familiarly as "Peterson's Hotel" by the local drunks—many of whom were introduced to A.A. there. Membership also boomed after the Saturday Evening Post article appeared. Bill and Lois visited San Diego on their 1943 trip to Southern California. At an A.A. New Year's Eve party, Bill helped with the entertainment by playing the violin. San Diego's first women's group started in 1945 – possibly is the first women's group in A.A. Dissension arose among the group over the forming of a central office in 1946 and over the opening of an Alano Club on 4th Avenue two years later. In the first instance, the adoption of the Twelve Traditions helped solve the problems; and in the second, some A.A. members founded an organization known as the Pathfinders to provide a kind of Twelfth Step house for alcoholics seeking help. Both Bill and Dr. Bob visited San Diego in 1948. Dr. Bob celebrated his 13th A.A. anniversary at an all groups central meeting, where he received a birthday cake. From Los Angeles, A.A. spread north and eastward to Ventura, Santa Barbara, and into San Luis Obispo County in 1947. There, the first group in Paso Robles was started in 1947 by Charlie B. As recalled by Claude F., who was there, the first meeting was held at St. James Hall with six or eight men present. The meetings, which varied from two to a dozen people, moved to space over a shoe store and to other locations. The group in San Luis Obispo began at about the same time and was similar in size, meeting in the courtroom of Judge Ray B. Lyons, a non-alcoholic. At his invitation, Pat M. of Fresno and Ed T. of Bakersfield came over to put on a meeting. Art S., who moved to San Luis in '49, Pappy T., Lester P., Jack M. and Ted H. By '53 there were about 25 members. The Santa Maria Valley group was started in May 1947 by Frank H. who had attended a few meetings in Santa Barbara at his wife's suggestion. Bob L. from Santa Maria had done the same-- and for the same reason. Frank wrote to the New York service office for the Big Book and other literature and held the first Santa Maria meeting in his home at 621 East Fessler, with about six present including Red S. from Lompoc and Pat o. from Solvang. They advertised in the paper and soon grew to the point they had to move to the old library building, which had become the USA building. Frank H. was an energetic twelfth stepper and remained sober until his death in 1985. Later, perhaps the best-known member of the Santa Maria Valley group was Carl B., delegate, after which he eventually became archivist.

... submitted by Rick K., Breathe Easy Group

# 75<sup>TH</sup> ANNIVERSARY OF ALCOHOLICS ANONYMOUS IN EDMONTON

Event date is June 13, 2020

Theme is: **What We Used to be Like, What Happened, What We Are Like Now.**

The committee is working hard to make this day the special event we know you all deserve.

Want to help?

Next meeting is February 21, 2020 at 6:00 PM at Central Office.

Contact Central Office at (780) 424-5900 to find out more.

## SECOND STEP PRAYER

Heavenly Father, I am having trouble with personal relationships. I can't control my emotional nature. I am prey to misery and depression. I can't make a living. I feel useless. I am full of fear. I am unhappy. I can't seem to be of real help to others. I know in my heart that only you can restore me to sanity if I am just willing to stop doubting your power. I humbly ask that you help me to understand that it is more powerful to believe than to believe and that you are either everything or nothing. (pg. 52:2, 52:3, 53:1, 53:2 ...Twelve Step Prayers, internet

## OUR OWN CONCEPT OF A HIGHER POWER

### All You Need is an Open Mind

When we are born, we come into the world untainted and perfectly innocent. From that time on, we are influenced by everything we experience in life, good and bad. If we are loved and nurtured, we may develop feelings of trust and safety, but if, as it sometimes happens, we get our hand slapped when we pick up something from the coffee table, it may trigger an attitude of defiance and resistance. These two opposites are just examples of the many conflicts we encounter in a lifetime. We are conditioned to think and react in a certain way as the result of the influences we are exposed to. Newcomers in Alcoholics Anonymous, and even some seasoned veterans, often find it hard to grasp a concept of "a power greater than ourselves." This is probably the biggest hurdle we in AA must face in our search for a happy and meaningful life. Once we come to terms with the concept of a higher power, it becomes much easier to proceed with the rest of the program. The word God means something different to just about everyone that is having difficulty with it, and if God alone was the answer, why do priests and ministers come to AA for solutions; why not just go to church? Alcoholics Anonymous is here for all alcoholics that want to get sober regardless of their approach to faith.

Anyone that thinks that we are trying to convert someone into a religion or out of a religion is simply misguided. The Big book and the 12X12 have many comments explaining this, but unfortunately this old conditioning, bolstered by the EGO, seems to block some of us from breaking down the resistance on this subject, or some members may just fake it to appear to be going along with the program, but never getting the results. If we denied the possibility of a God of the different religious groups, they could not have AA available to them, and if we made it a requirement that we picked one of those beliefs, atheists would be left out. If a person believes that he doesn't have a higher power, I might remind him/her that alcohol was more powerful or else why would they need AA. With this in mind, I might suggest that they may only need to find a power greater than alcohol to begin with, then, as it says in the 12X12 "To acquire it, I had only to stop fighting and practice the rest of A.A.'s program as enthusiastically as I could." As I look back on it now, I realize that, that was exactly the way I found my way through this dilemma. I find absolutely no conflict in any approach that one discovers on his own, only that he practices the rest of the program with enthusiasm. What it seems to imply is that if we trust the process and, just do the suggestions, you will find a suitable understanding of a power greater than yourself that you can do business with. I'm still not sure what or who (if you like) I am asking for guidance from but I'm open minded about these things, and I must let everyone find their own brand of enlightenment, without prejudging anyone else's approach on this matter. I believe that changing my perception was what put me firmly on the road to recovery. The only thing that I must resist is my EGO, and the way I do that is by living by sound and unselfish principles many of which are discussed in AA meetings It's not that complicated. If I don't get caught up in the debate and just follow the simplest suggestions, it all works out just fine. Therefore, Step Two is the rallying point for all of us. "Whether agnostic, atheist of former believers, we can stand together on this Step." (12x12 Pg.33)

... By Rick R. Unconditional Group, Poway, Ca



## IN GOD'S CARE – DAILY MEDITATIONS

The one important thing I have learned over the years is the difference between taking one's work seriously and taking one's self seriously. The first is imperative and the second is disastrous. Margot Fonteyn

We know that it's not really the end of the world when we make a major blunder, but we often act as though it is. We shudder with shame, certain that our co-workers and friends will now completely revise their opinions of us. Our grandiosity cultivates this kind of shame. We forget that we're human and being human, we make mistakes. We create standards of perfection impossible to meet and doom ourselves to feel like failures.

Fortunately, this doesn't have to be a permanent condition. We can come to trust that God's love is not contingent on our meeting some ideal standard of behaviour. God loves us because we're human, and therefore fallible, not in spite of it.

If God wants anything for us, it is that we find joy in life. We find the best with joyful people.

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I will seek out and experience joy today!

... Submitted by Faye E., Oilmen's Group



### CAMPUS GROUP IS MOVING!!

EFFECTIVE MONDAY, MARCH 2, 2020

OUR MEETINGS WILL BE HELD AT

7:00 PM AT

CALVARY LUTERAN CHURCH

10815 – 76 AVENUE

Fully accessible; #9 Bus & LRT Nearby

Enter using South-East Doors; Parking in rear.



COME SEE US!



### DISCLAIMER:

ECO News is published monthly on behalf of Edmonton Intergroup. All printed and mailed copies are to be paid for either by subscription or walk in. Email copies are free. There is no use of funds donated via 7<sup>th</sup> Tradition process. Minimal editing may be done. This newsletter presents the experiences and opinions of AA members and relays information received at Central Office concerning Roundups, Conferences, birthdays and other events that may be of interest to subscribers. Any opinions expressed should not be attributed to AA. Publication of any article does not imply endorsement.

We would like to hear from you about your AA related experience, strength and hope, keeping in mind copyright and credit concerns. Any feedback will be appreciated.

Submissions should be between 250 and 300 words. Submit with your full name, Group, and a phone number where you can be reached (of course we will protect your anonymity).

**Material must be submitted no later than the 20<sup>th</sup> of the preceding month for it to print in the next month's issue.**

Submit articles to AA Central Office, #205, 10544 114 St NW, Edmonton, AB T5H 3J7

Fax: (587) 523-4334

Email: [centraloffice@edmontonaa.org](mailto:centraloffice@edmontonaa.org) **Subject Line: Attention ECO News**

## A.A. HISTORY FOR FEBRUARY

### February 1:

1918: Original date set for Bill Wilson's marriage to Lois Burnham. The date was moved up because of the war.  
1942: Ruth Hock, A.A.'s 1st paid secretary, resigns to get married.

### February 2:

1942: Bill Wilson paid tribute to Ruth Hock; she had written approximately 15,000 letters to people who were asking for help.

### February 5:

1941: Pittsburgh Telegram ran a story on the first A.A. Group's Friday night meeting of a dozen "former hopeless drunks."

### February 8:

1940:-Bill W. & Dr. Bob & six other A.A.'s asked 60 rich friends of John D. Rockefeller Jr., for money @ the Union Club, N.Y. They got \$2,000.

-Houston Press ran first of 6 anonymous articles on A.A. by Larry J.

### February 9:

2002: Sue Smith Windows, Dr. Bob's daughter died.

### February 10:

1922: Harold E. Hughes was born on a farm near Ida Grove, Iowa. After his recovery from alcoholism, he became Governor of Iowa, a United States Senator, & the leading dark horse for the Presidential Democratic nomination in 1972, until he announced he would not run. He authored the legislation which created the National Institute on Alcohol Abuse & Alcoholism, & other legislation to help alcoholics & addicts.

### February 11:

1938: Clarence Snyder "Home Brewmeister" in 1st, 2nd & 3rd editions had his last drink.

### February 12:

1945: World War II paper shortage forced reduction in size of the Big Book.

### February 13:

1937: Oxford Groups "Alcoholic Squadron" met @ the home of Hank Parkhurst ("The Unbeliever" in the 1st edition of the Big Book) in N.J.

1940: With about two years of sobriety, Jim Burwell ("The Vicious Cycle") moved to the Philadelphia area & formed the first Philadelphia A.A. Group.

### February 14:

1971: A.A. Groups worldwide held a memorial service for Bill Wilson.

2000: William Y., "California Bill" died in Winston Salem, NC.

### February 15:

1918: Sue Smith Windows, Dr. Bob's adopted daughter, was born.

1946: A.A. Tribune, Des Moines, IA, reported 36 new members since Marty Mann had been there.

### February 16:

1941: Baltimore Sunday Sun reported city's first A.A. Group begun in 1940 had grown from 3 to 40 members, with five being women.

### February 18:

1943: A.A.'s were granted the right to use cars for 12 step work in emergency cases, despite gas rationing.

### February 19:

1967: Father "John Doe" (Ralph Pfau), 1st Catholic Priest in A.A., died.

### February 20:

1941: The Toledo Blade published first of three articles on A.A. by Seymour Rothman.

### February 21:

1939: 400 copies of the Big Book manuscript were sent to doctors, judges, psychiatrists, & others for comment. This was the "multilith" Big Book.

### February 22:

1842: Abe Lincoln addressed the Washington Temperance Society in Springfield, IL.

### February 23:

1959: A.A. granted "Recording for the Blind" permission to tape the Big Book.

February 24:

2002: Hal Marley, "Dr. Attitude of Gratitude," died. He had 37 years of sobriety. Hal testified, anonymously, before the U.S. Senate Subcommittee on Alcoholism & Drug Abuse on December 3, 1970.

February 26:

1999: Felicia Gizycka, author of "Stars Don't Fall," died. Born Countess Felicia Gizycka in 1905, she was the daughter of Count Josef Gizycka & Eleanor Medill Patterson. She married Drew Pearson in 1925 & divorced him three years later. She married Dudley Delavigne in 1934, but the marriage lasted less than a year. In 1958 she married John Kennedy Magruder & divorced him in 1964. For most of her professional career, she went by the name Felicia Gizycka.

February 28:

1940: First organization meeting of Philadelphia A.A. was held at McCready Huston's room @ 2209 Delancey Street.

Other February happenings for which we have no specific date:

1908: Bill Wilson made boomerang.

1916: Bill Wilson & sophomore class @ Norwich University was suspended for hazing.

1938: Rockefeller loaned \$5,000 to A.A..

1939:

-Dr. Harry Tiebout endorsed A.A., the first psychiatrist to do so.

-Dr Howard of Montclair, NJ suggests swapping "your musts" for "we ought" in the Big Book.

1940: 1st A.A. clubhouse opened @ 334-1/2 West 24th Street, NYC.

1943: San Francisco Bulletin reporter Marsh Masline interviewed Ricardo, a San Quentin Prison A.A. Group member.

1946:

-Baton Rouge, La., A.A.'s hold their first anniversary meeting.

-The A.A. Grapevine reported the New York Seaman's Group issued a pamphlet for seamen "on one page the 12 Steps had been streamlined into 5."

-Des Moines Committee for Education on Alcoholism aired its first show on KRNT.

-Pueblo, Colorado had a second Group, composed of alcoholic State Hospital patients.

1951: Fortune magazine article about A.A. was published in pamphlet form.

1963: Harper's Magazine published an article critical of A.A.

1981: 1st issue of "Markings," A.A. Archives Newsletter, was published, "to give the Fellowship a sense of its own past & the opportunity to study it." ... Submitted by Rick K., Breathe Easy Group

**75<sup>TH</sup> ANNIVERSARY OF AA IN EDMONTON**

**"What We Used to be Like, What Happened, and What We Are Like Now."**

Saturday, June 13, 2020

Northgate Lions Recreation Centre, 7542 – 139 Avenue, Edmonton, AB

9 AM – 9 PM

20 AA SPEAKERS

FUN & FELLOWSHIP

AA ENTERTAINMENT

Tickets \$40 each (including banquet)/ \$10 (at the door excluding banquet)

Groups Purchasing 6 or more Tickets Can Get A Reserved Banquet Table

AVAILABLE FROM:

Edmonton Central Office; [CentralOffice@Edmontonaa.org](mailto:CentralOffice@Edmontonaa.org) (780) - 424-5900

**WANTED: members and Groups to help with Entertainment, Skits, Talent Show, etc.!**



**GROUPS NEEDED TO ATTENDED MEETINGS  
AT HENWOOD TREATMENT CENTRE**

AA Groups are needed to sign up for weekly meetings at the  
Henwood Treatment Centre

18750 – 18 Street

8:00 PM

Please contact ~ James at 587-784-2253



## THE SHAPE OF THINGS TO COME

February 1961 ... Bill W.

AA's first quarter century is now history. Our next twenty-five years lie in prospect before us. How then, can we make the most of this new grant of time? Perhaps our very first realization should be that we can't stand still.

Now that our basic principles seem established, now that our functioning is fairly effective and widespread, it would be temptingly easy to settle down as merely one more useful agency on the world scene. We could conclude that "AA is fine, just the way it is." Yet how many of us, for example, would presume to declare, "Well, I'm sober and I'm happy. What more can I want, or do? I'm fine the way I am."

We know the price of such self-satisfaction is an inevitable backslide, punctuated at some point by a very rude awakening. We have to grow or else deteriorate. For us, the "status quo" can only be for today, never for tomorrow. Change we must, we cannot stand still. Just how, then, can AA go on changing for the better? Does this mean that we are to tinker with our basic principles? Should we try to amend our Twelve Steps and Twelve Traditions? Here the answer would seem to be "no."

Those twenty-four principles have first liberated us, have then held us in unity, and have enabled us to function and to grow as AA members and AA as a whole. Of course, perfect truth is surely something better understood by God than by any of us.

Nevertheless, we have come to believe that AA's recovery Steps and Traditions do represent the approximate truths which we need for our particular purpose. The more we practice them, the more we like them. So, there is little doubt that AA principles continue to be advocated in the form they stand now. So then, if our basics are so firmly fixed as all this, what is there left to change or improve? The answer will immediately occur to us.

While we need not alter our truths, we surely improve their application to ourselves, to AA as a whole and to our relationship with the world around us. We can constantly step up "the practice of these principles in all our affairs." As we now enter upon the next great phase of AA's life, let us therefore rededicate ourselves to an even greater responsibility for our general welfare. Let us continue to take our inventory as a Fellowship, searching out our flaws and confessing them freely.

Let us devote ourselves to the repair of all faulty relations that might exist, whether within or without. And above all, let us remember that great legion who still suffer from alcoholism and who are still without hope. Let us, at any cost or sacrifice, so improve our communication with all these that they may find what we have found -- a new life of freedom under God.

... Reprint with permission, AA Grapevine / Language of the Heart.

## CLEVELAND VERSUS NEW YORK ~ AA IN THE BEGINNING

Bill Wilson was constantly amazed at the growth and apparent success that Cleveland was having in sobering up alcoholics. He visited there every time that he went to Ohio.

Bill later wrote in A.A. Comes of Age: Yes, Cleveland's results were of the best. Their results were in fact so good, and A.A.'s membership elsewhere was so small, that many a Clevelander really thought A.A.'s membership had started there in the first place. the difference between New York and Mid-West A.A. was In Ohio the approach was, **"Trust God, Clean House, and Help Others."**

Emphasis on spirituality was what had made Ohio A.A. so successful, the approach in New York was, **"Don't Drink and Go to Meetings".**

New York A.A. had but a few members who were maintaining any sort of abstinence from alcohol, and that most Ohio members had achieved what was to become permanent sobriety and had numerous, strong A.A. meetings in evidence.

... have a great day, submitted by Rick K., Breathe Easy Group

## THE AA PREAMBLE

*“Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.”*

*This first part of the Preamble talks about how our members share their experience, strength and hope with each other. This means that we do not “tell or lecture”, but rather share our experience. It tells us how to do this in our Big Book, Chapter 5. “Our stories disclose in a general way what we used to be like, what happened, and what we are like now.” It then asks the reader if they have “decided you want what we have”. This idea of sharing our story to help another, came by trial and error from Bill and Dr. Bob when they came to realize that the simple act of talking to another alcoholic and just sharing their personal stories was keeping each other sober. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.*

*Now this next section, tells the member how Alcoholics Anonymous works. You want to stop drinking, then you are welcome. That’s it. That’s all. This is also Tradition Three. Early on, Tradition Three said “honest” desire. But what alcoholic has an “honest” desire to stop drinking? Not me, I just wanted the crap to stop. So far, the preamble has told us, that we won’t lecture you but just share our experience through our personal story, then it says you can be a member if you think you want to stop drinking. Wow, how easy is that.*

*Next up it talks about the money part of Alcoholics Anonymous. Where does our money come from, how does A.A. stay afloat? It tells us in this line, by being self-supporting from our own contributions. Tradition Seven. Our own members support AA. The bonus of being self-supporting? No one can tell us how to run our organization except our members. So, we turn down any affiliation with outside organizations, we do not accept grants, we have no opinion on anything other than how to stay sober. And that goes back to the first part, in sharing our stories. We stay out of controversial things, such as political parties, we take no stand on current world affairs of the day.*

*Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.*

*And finally, the last line summarizes our entire organizations reason for being. It also ties right back into the first line, a breakdown of how AA accomplishes this.*

*So, our members support A. A. by putting a few dollars in a basket at a meeting. Our members decide if they wish to be a member by having at least a desire to stop drinking. We keep ourselves sober and help another alcoholic by sharing our personal story.*

*The result of these 3 simple things is that we have millions of members who stay sober one day at a time, and an organization that is member driven.*

*How brilliantly simple is that?*

*Yours in Service, Laurel G., Tigers II Group*

## FAITHFUL FIVERS CLUB

### “What is the Faithful Fivers Club?”

- The Faithful Fivers Club was initiated several years ago to generate funds for the Twelfth Step Work done through the staff and volunteers at your Central Office.
- **AA members pledge a donation of \$5.00 or more a month to assist this work.**
- What you receive for your support is the satisfaction of carrying the message. Please contact Central Office, if you want to join our **FAITHFUL FIVERS CLUB!**

#205, 10544 – 114 St., Edmonton, AB

T%H 3J7 780-424-5900

Email: [centraloffice@edmontonaa.org](mailto:centraloffice@edmontonaa.org)



## As Bill Sees It

P	V	P	E	A	C	E	A	N	O	I	T	I	B	M	A	P	K	K
R	P	U	H	B	S	I	B	I	L	A	T	J	Y	U	N	I	T	Y
A	K	Z	O	L	T	I	O	R	F	A	S	V	S	D	S	J	B	M
Y	Z	A	N	X	I	E	T	Y	C	R	Q	U	U	L	C	G	E	F
E	C	N	A	T	P	E	C	C	A	A	I	T	C	F	V	M	S	J
R	T	Y	R	E	X	C	U	S	E	S	S	E	S	C	B	O	D	Q
T	A	R	X	Y	K	M	L	F	H	Y	C	E	N	E	E	G	A	T
G	S	O	W	W	Y	Z	T	H	T	M	R	A	R	D	R	S	M	R
O	E	T	E	I	O	Z	H	I	W	E	T	S	G	O	S	P	S	U
C	R	N	L	T	S	X	N	P	N	T	H	O	W	L	M	H	L	S
O	V	E	C	Y	K	A	X	I	R	I	L	T	Q	F	O	U	I	T
U	I	V	I	U	S	M	T	A	P	O	H	O	Z	I	D	S	B	P
R	C	N	K	P	Q	Y	C	L	V	E	C	N	A	R	E	L	O	T
A	E	I	Q	G	I	T	L	E	Y	P	R	O	G	R	E	S	S	U
G	G	R	A	T	I	T	U	D	E	S	U	H	F	K	R	F	L	W
E	D	T	K	O	A	N	O	N	Y	M	I	T	Y	C	F	Q	H	I
X	Q	D	N	P	X	H	A	P	P	I	N	E	S	S	Q	O	K	L
W	H	T	I	A	F	F	A	M	I	L	Y	Z	T	U	D	R	X	L
K	C	U	H	B	X	N	O	I	S	S	I	M	D	A	L	N	X	M

ACCEPTANCE  
ADMISSION  
ALIBIS  
AMBITION  
ANONYMITY  
ANXIETY  
ATTRACTION  
COURAGE  
EXCUSES  
FAITH

FAMILY  
FREEDOM  
FRIENDSHIP  
GRATITUDE  
GROWTH  
HAPPINESS  
INVENTORY  
LOVE  
MEMBERSHIP  
PEACE

PRAYER  
PROGRESS  
SANITY  
SERENITY  
SERVICE  
SUCCESS  
TOLERANCE  
TRUST  
UNITY  
WILL

## HOPE AFTER STEP ONE

The Big Book tells us that alcoholics drink because they are "restless, irritable and discontent" (xxv1). Well, that wasn't me! I even drank when everything was hunky dory.

I recall a time, back in 1950's, arriving home from a joyous visit with my lovely girlfriend at a nearby college and not having drank a drop. I was an exuberantly happy that a young man might be!

However, I became "boiled as an owl" that night before the bars closed. Happy or otherwise, there was a mental obsession that decided when or if I would drink ~ the Big Book tells us; "Alcoholics have lost choice in the matter of drink" (pg 24). So long as that demon (I refer to as a drunken monkey) remains active in my noggin I am sure to drink again. This episode took place during the 1950s when I still had sufficient willpower to choose to go home directly after 'metal time' was announced at the bar. However, that was not to be the case as years passed. The Big Book tells us that real alcoholics have a progressive physical condition (allergy) which destroys their ability to control how much they drink after they once start.

During the 1960s, I became an avid attendee of Los Angeles theater where they offer cocktails during the intermission/ Yet, I had learned, through torturous experience, that if I drank just one of those tempting devils, I was doomed to think of little else until I got to the nearest bar. My expensive evening at the theater would be ruined! Positive proof that the good doctor Silkworth rightly described the physical allergy. (pg xxviii) So, I was powerless over alcohol both before and after my first drink, and though I have been sober for a fairly long time, if I imbibe just one shot of whisky this evening, I may not be able to stop drinking or several days.

My physical allergy landed me in several drunk tanks, through twenty-eight years of inebriated living and lost more jobs for not showing up than I can remember. However, that doesn't amount to a hill of beans so long as I don't take that first drink ~ and this won't be necessary so long as I remain in a "fit spiritual condition." (pg. 85)

I trust God will keep me safe from that drunken monkey so long as I live in accordance with the Twelve Steps.

... Borrowed from Tri-County Central Office News, Tampa, FA / Bob S., Richmond, IN



Dear God,  
I have no idea where I am going.  
I do not see the road ahead of me.  
I cannot know for certain where it will end.  
Nor do I really know myself,  
and the fact that I think that I am following your will  
does not mean that I am actually doing so.  
But I believe that the desire to please you does in fact  
please you.  
And I hope I have that desire in all that I am doing.  
I hope that I will never do anything apart from that  
desire.  
And I know that if I do this you will lead me by the right  
road  
though I may know nothing about it.  
Therefore, will I trust you always  
though I may seem to be lost and in the shadow of  
death.  
I will not fear, for you are ever with me,  
and you will never leave me to face my perils alone.

Have a great day

... Submitted by Rick K., Breathe Easy Group



<b>Edmonton Central Office Society</b>				
<b>INCOME STATEMENT 2019</b>				
	<b>December</b>	<b>YTD</b>	<b>YTD BUDGET</b>	<b>variance</b>
<b>General Receipts:</b>				
Group Contributions	\$ 10,844.37	\$ 85,282.54	\$ 90,000.00	\$ 4,717.46
Individual/Bequeath	\$ 2,270.00	\$ 5,997.49	\$ 4,000.00	-\$ 1,997.49
Birthday Club/Faithful Fivers	\$ 670.00	\$ 2,976.00	\$ 2,500.00	-\$ 476.00
Office Supplies / Postage	\$ 140.50	\$ 1,952.14	\$ 1,000.00	-\$ 952.14
Newsletter	\$ 9.00	\$ 235.00	\$ 200.00	-\$ 35.00
Rental Income-EGSC, etc	\$ 175.75	\$ 1,589.15	\$ 1,200.00	-\$ 389.15
Tradition Seven-meetings	\$ 256.15	\$ 3,260.20	\$ 4,500.00	\$ 1,239.80
Fundraising		\$ 5,500.00	\$ 5,000.00	-\$ 500.00
Other Inc (Interest, etc)	\$ 128.86	\$ 186.34	\$ 50.00	-\$ 136.34
<b>Total General Receipts</b>	<b>\$ 14,494.63</b>	<b>\$ 106,978.86</b>	<b>\$ 108,450.00</b>	<b>\$ 1,471.14</b>
<b>Literature &amp; Medallion</b>				
Literature	\$ 7,186.20	\$ 98,383.25	\$ 90,400.00	-\$ 7,983.25
Medallion	\$ 1,495.00	\$ 23,176.00	\$ 18,400.00	-\$ 4,776.00
<b>Total Literature and Med.</b>	<b>\$ 8,681.20</b>	<b>\$ 121,559.25</b>	<b>\$ 108,800.00</b>	<b>-\$ 12,759.25</b>
		\$ -		
<b>Total Revenue</b>	<b>\$ 23,175.83</b>	<b>\$ 228,538.11</b>	<b>\$ 217,250.00</b>	<b>-\$ 11,288.11</b>
<b>Expenses: (COS)</b>				
AAWS & Grapevine Literature	\$ 4,610.32	\$ 59,668.50	\$ 55,000.00	-\$ 4,668.50
Meeting list & Greeting Cards	\$ 284.32	\$ 4,937.70	\$ 5,000.00	\$ 62.30
Medallion Purch /engraving	\$ 753.01	\$ 12,164.08	\$ 11,400.00	-\$ 764.08
Freight / Brokerage		\$ 46.20	\$ 100.00	\$ 53.80
	\$ 5,647.65	\$ 76,816.48	\$ 71,500.00	-\$ 5,316.48
<b>Intergroup Expenses</b>				
12 Step Answering	\$ 404.87	\$ 4,858.47	\$ 4,900.00	\$ 41.53
Literature expense	\$ 15.06	\$ 104.71	\$ 100.00	-\$ 4.71
Communications & Tech		\$ -	\$ 1,200.00	\$ 1,200.00
Other (Archive, 12 Step,Cred,Grp Serv)		\$ 297.24	\$ 1,000.00	\$ 702.76
	\$ 419.93	\$ 5,260.42	\$ 7,200.00	\$ 1,939.58
<b>Administrative Expenses</b>				
		\$ -		
Accounting & Legal	\$ 187.39	\$ 2,126.92	\$ 3,500.00	\$ 1,373.08
Bank Chgs & Cr Card chgs	\$ 284.41	\$ 1,718.99	\$ 1,500.00	-\$ 218.99
Computer & IT Maintenance	\$ -	\$ 783.26	\$ 6,000.00	\$ 5,216.74
Equipment Lease	\$ 359.77	\$ 4,317.24	\$ 4,750.00	\$ 432.76
Fundraising expense	\$ -	\$ 4,260.79	\$ 5,000.00	\$ 739.21
Insurance	\$ 300.00	\$ 3,600.00	\$ 3,500.00	-\$ 100.00
Newsletter Expenses	\$ 22.00	\$ 39.85	\$ 50.00	\$ 10.15
Office Supplies	\$ 580.82	\$ 1,230.07	\$ 3,150.00	\$ 1,919.93
Postage	\$ 148.47	\$ 1,903.70	\$ 1,200.00	-\$ 703.70
Rent	\$ 3,647.56	\$ 42,479.23	\$ 40,000.00	-\$ 2,479.23
Repairs & Maintenance	\$ -	\$ -	\$ 2,000.00	\$ 2,000.00
Salaries, Source, WCB	\$ 7,966.48	\$ 61,551.30	\$ 62,000.00	\$ 448.70
Staff Training / Seminar	\$ -	\$ 1,918.98	\$ 3,600.00	\$ 1,681.02
Telephone / Internet	\$ 190.70	\$ 2,343.43	\$ 2,300.00	-\$ 43.43
	\$ 13,687.60	\$ 128,273.76	\$ 138,550.00	\$ 10,276.24
		\$ -		
<b>Total Expenses</b>	<b>\$ 19,755.18</b>	<b>\$ 210,350.66</b>	<b>\$ 217,250.00</b>	<b>\$ 6,899.34</b>
		\$ -		
<b>Income / (Loss)</b>	<b>\$ 3,420.65</b>	<b>\$ 18,187.45</b>	<b>\$ -</b>	<b>-\$ 18,187.45</b>

**Edmonton Central Office - 2019 Group Contributions**

GROUP	District	Dec	YTD	GROUP	District	Dec	YTD	GROUP	District	Dec	YTD
60 MINUTES TO SOBRIETY	53		\$800.00	HOPE THROUGH FRIENDSHIP GROUP	40		\$0.00	SHER. PARK SISTERS IN SOBRIETY	61	\$227.44	\$595.92
10 AFTER 10 GROUP	46	\$40.00	\$40.00	HOW IT WORKS GROUP	55		\$1,270.00	SHER. PARK TUESDAY NIGHT AT 7	61		\$660.00
84TH STREET	46		\$750.00	IDEAL BOOK STUDIES	63	\$125.00	\$1,025.00	SHER. PARK THERE'S MORE TO THE STORY	61		\$500.00
AB GROUP	57		\$562.77	INTO ACTION GROUP	40		\$300.00	SHIFTERS GROUP	57		\$500.00
ALANO WOMENS DISCUSSION	46		\$0.00	JASPER PLACE GROUP	40	\$100.00	\$451.36	SIMPLY SOBER AA GROUP	40		\$487.50
AB BEACH - SONS OF THE BEACH	10		\$50.00	JELLNICK JUMPSTART	46		\$169.20	SLAVE LAKE AA GROUP	7		\$200.00
ALTERED ATTITUDES GROUP	46		\$400.00	LAC LA BICHE TRI SOBRIETY	8		\$0.00	SOBER COUNTRY - EDSON	5		\$0.00
AMAZING GRACE	46		\$522.83	LAMONT - BEAVERHILL GROUP	20		\$0.00	SOUTHBOUND FELLOWSHIP GROUP	60		\$0.00
AS IT IS GROUP	55		\$212.50	LANCASTER PARK TRI-SERVICE GRP	64		\$119.75	SOBER SOULS OF EDMONTON	46		\$930.00
ATHABASCA AA GROUP	8		\$0.00	LAST CALL GROUP	40		\$400.00	SOUTH SIDE GROUP	57		\$50.00
BACK TO BASICS	64		\$320.90	LEDUC HOW IT WORKS	12		\$0.00	SOUTHSIDE YOUNG PEOPLE'S GROUP	57		\$0.00
BEAUMARIS LAKE GROUP	53		\$1,800.00	LEDUC SATURDAY	12		\$0.00	SPRUCE GROVE AFTER 1 GROUP	10		\$100.00
BEAUMONT HOW IT WORKS GR	60		\$200.00	LEDUC SUNDAY BEGINNERS	12		\$400.00	SPRUCE GROVE - SPEAK EASY	10		\$203.40
BEAUMONT GROUP	60		\$1,000.00	LIGHTHOUSE GROUP	53		\$840.05	SPRUCE GROVE FIRST DOOR ON THE LEFT	10		\$0.00
BEAVERLODGE AA	4		\$450.00	LIONS DEN GROUP	57		\$2,100.00	STEP SISTERS	40	\$100.00	\$550.00
BEVERLY GROUP	53		\$0.00	LOVE AT WORK	60		\$100.00	STEPS TO SERENITY GROUP (MEN'S)(Sh Pk)	55		\$301.25
BONNIE DOON GROU	55	\$163.20	\$313.20	MANDATE:SOBER GROUP	40	\$50.00	\$600.00	STONY PLAIN - BEYOND BELIEF	10		\$0.00
BONNYVILLE SAT NIGHT GRP	3		\$100.00	MILLET: STAIRWAY TO FREEDOM GRP	12		\$0.00	STONY PLAIN - FIRST DOOR ON THE LEFT	10		\$250.00
BREATHE EASY GROUP	40	\$500.00	\$1,300.00	MILLWOODS GROUP	60		\$0.00	STONY PLAIN - NEW WOMEN'S GROUP	10		\$0.00
CAMEL DISCUSSION CLUB	40		\$2,000.00	MILLWOODS SPRING STEP STUDY	60		\$0.00	STONY PLAIN - SUNDAY 7:30	10		\$0.00
CAMPUS GROUP	57		\$521.46	MONDAY AT 7:30 GROUP	46	\$130.00	\$130.00	STONY PLAIN - WEDNESDAY NITE UPSTART	10		\$0.00
CAMPUS GROUP - BLUE JEAN R/	57	\$1,636.28	\$1,636.28	MORINVILLE THURSDAY	9		\$50.00	ST. ANDREW'S MEETING STEP STUDY			\$0.00
CAMROSE CITY GROUP	12		\$50.00	MUSTARD SEED GROUP	46		\$550.00	ST. PAUL - FELLOWSHIP GROUP	3		\$320.00
CAPILANO STEP GROUP	55		\$1,300.00	NEW HOPE GROUP	62		\$1,600.00	ST. PAUL - YOU GO GAL MEETING	3		\$150.00
CLAREVIEW BIG BOOK GROUP	53		\$135.00	NITON AA GROUP	6		\$0.00	STRENGTH AND HOPE GROUP	46		\$0.00
CORNERSTONE GROUP	46		\$620.00	NO NAME HOME GROUP	63		\$0.00	SUIT UP & SHOW UP BIG BOOK STUDY	46		\$190.00
CRESTWOOD WELCOME	40	\$243.00	\$743.00	NO SAINTS MEETING	46	\$1,000.00	\$1,550.00	SUNDAY MORNING OPEN GROUP (SMOG)	57	\$250.00	\$1,050.00
DAILY REFLECTIONS GROUP	55		\$0.00	NORTH EDMONTON GROUP	53	\$150.00	\$450.00	SUNDAY MORNING BIG BOOK GROUP			\$0.00
DAYSLAND	12		\$195.00	NORWOOD GROUP	46		\$0.00	SUNDAY NO NAME GROUP	40	\$25.00	\$25.00
DEVON MONDAY NIGHT GROUP	12		\$50.00	OFF THE WALL & LIVING SOBER MTG	55		\$300.00	SUNRISE LIGHT LUNCHEON GROUP	46		\$1,177.25
DISTRICT 7 SLAVE LAKE R/U	7		\$0.00	OILMENS GROUP	57		\$35.00	TA WOW GROUP	46		\$0.00
DISTRICT 10 UNITY ROUND UP	10		\$1,332.00	ONOWAY GROUP	57		\$0.00	TERRA NOVA GROUP	46		\$450.00
DISTRICT 10	10		\$500.00	OPEN DOOR GROUP	55		\$825.00	THE WHY GROUP	46		\$1,800.00
DISTRICE 40/41 COMMITTEE	40		\$0.00	OUR HOUSE	40		\$150.00	THORSBY GROUP	12		\$0.00
DISTRICT 53	53		\$0.00	OUR PLACE GROUP	46		\$0.00	THUS WE GROW	57		\$900.00
DISTRICT 57 COMMITTEE	57		\$0.00	PEACE RIVER AA GROUP	2		\$0.00	TO SHOW OTHERS	57		\$500.00
DISTRICT 64	64		\$0.00	PONOKA THURSDAY NIGHT	12		\$0.00	TOWER GROUP	46		\$0.00
DOLPHIN GROUP	53	\$457.05	\$2,351.65	POUNDMAKER'S TREATMENT CTR	64		\$1,150.21	TURNING POINT GROUP	46		\$0.00
DRAYTON VALLEY AA.A. GROUP	6		\$1,000.00	PROVIDENCE GROUP	57		\$500.00	UNDER NEW MANAGEMENT	57		\$740.00
EARLY BIRDS BREAKFAST GROUP	53	\$500.00	\$2,000.00	RAINBOWS TO RECOVERY	57		\$0.00	UNITY STEP GROUP	55		\$521.85
EASTWOOD GROUP	53		\$50.00	RAY OF HOPE GROUP	46		\$450.00	U OF AA GROUP	57		\$100.00
ELLERSLIE ROAD GROUP	60		\$1,172.00	RED ROAD TO RECOVERY	46		\$0.00	UP THE CREEK	55		\$1,000.00
EVANSBURG GROUP	6		\$400.00	RIO TERRACE GROUP	40		\$200.00	UP THE CREEK ANNIVERSARY DINNER	55		\$437.00
FAITH WORKS STEP GROUP	53		\$200.00	RITE TRAC GROUP	53	\$400.00	\$400.00	UP THE CREEK GRATITUDE MONTH	55		\$574.20
FELLOWSHIP BREAKFAST GRP	57		\$200.00	SAFE HARBOUR	46		\$94.00	VALLEYVIEW A.A. GROUP	7		\$50.00
FIRST DAY GROUP	46		\$0.00	S.A. BREAKFAST GROUP	64	\$400.00	\$1,400.00	VIOLET GROVE LAST CHANCE	6		\$0.00
FRIENDS OF BILL GOLF TOURN	60		\$426.00	S.A. BROTHERHOOD GROUP	64		\$0.00	VIKING WEDNESDAY NIGHT GROUP	20		\$100.00
FT MCMURRAY BACK TO BASICS	21		\$500.00	S.A. FRI. NIGHT OFF THE TRAIL GROUP	64	\$500.00	\$1,000.00	WABAMUN WEDNESDAY NIGHT	10		\$0.00
FT. MCMURRAY NOONERS	21	\$238.00	\$588.00	S.A. MILLENNIUM GROUP	64		\$500.00	WABASCA GROUP	7		\$20.00
FT. MCMURRAY WOMENS RECO	21		\$104.44	S.A. ON THE HILL GROUPS	64		\$1,997.60	WEST END GROUP	40		\$150.00
FT. SASK BIG BOOK TOOLBOX-TA	61		\$60.00	S.A. SOBER SISTERS GROUP	64		\$50.00	WE AGNOSTICS	46		\$0.00
FT. SASK TOWN GROUP	61		\$880.00	S.A. STEP X STEP SATURDAY NIGHT GRP	64	\$200.00	\$700.00	WEST END GROUP	46		\$0.00
FULTON PLACE GROUP	55	\$1,257.00	\$2,522.00	S.A. SUNDAY STEP STUDY	64		\$200.00	WESTEND 12 STEP GROUP	40		\$250.00
GRANDIN MEETING	57	\$188.00	\$338.00	S.A. TUESDAY NIGHT GROUP	64		\$1,100.00	WEST END MEN'S GROUP	40	\$550.00	\$2,185.34
GRATITUDE GROUP	53		\$217.73	S.A. WED. NIGHT CLOSED MEN'S	64		\$0.00	WESTGROVE GROUP	40		\$0.00
GRIMSHAW SATURDAY NIGHT G	2		\$0.00	S.A. WOMEN'S STEP STUDY	64		\$180.00	WESTLOCK AA GROUP FRIDAY NIGHT	9		\$0.00
HS	57		\$40.00	SANDY BEACH GROUP	9		\$0.00	WESTLOCK SUNDAY BACK TO BASICS	9		\$75.00
HEADS UP FOR AA - VEGREVILLE	20		\$0.00	SATURDAY NIGHT LIVE MEETING	57		\$0.00	WESTLOCK WEDNESDAY	9		\$600.00
HELPING HANDS	60	\$150.00	\$1,312.50	SERENITY GROUP	46		\$0.00	WESTLOCK WINNERS CIRCLE	9		\$140.00
HIGH PRAIRIE GROUP	7		\$0.00	SERENITY POOL SUNDAY MEETING	60		\$950.00	WESTMINSTER GROUP	46	\$300.00	\$1,500.00
HOME GROUP #1	63	\$234.40	\$462.35	SHER. PARK HAPPY HOUR GROUP	61		\$600.00	WESTMOUNT GROUP	40	\$50.00	\$50.00
HOME GROUP #11	63	\$250.00	\$450.00	SHER. PARK GROUP	61		\$1,850.00	WETASKIWIN SUNDAY MORNING	12		\$0.00
HOME GROUP #13	63	\$270.00	\$1,527.00	SHER. PARK MILLSHAVEN	61		\$200.00	WHITECOURT AA GROUP	6		\$0.00
HOME GROUP #18	63		\$0.00	SHER. PARK 12 STEPS TO SERENITY	61	\$160.00	\$2,680.00	YOUNG & OLD GROUP	53		\$0.00
HOME GROUP #25	63		\$178.00					YOUR CHOICE GROUP	53		\$397.05
Total		\$6,126.93		Total		\$2,990.00				\$1,502.44	\$20,780.76
			\$34,884.61				\$29,617.17	Grand Total			\$85,282.54

# 2020 Birthdays for February

## Breathe Easy

First Friday  
Feb. 7 Karianne K. 3 yrs.  
Carl S. 16 yrs.

## Clareview Big Book

Last Wednesday  
Feb. 26 Verena H. 30 yrs.  
Gary N. 24 yrs.  
Mary R. 7 yrs.  
Lance K. 1 yr.

## Crestwood Welcome

Last Monday  
Feb. 24 Don A. 32 yrs.  
Stuart S. 22 yrs.  
Janet M. 18 yrs.  
Dianne H. 18 yrs.  
Darlene P. 20 yrs.

## Fulton Place

Last Friday  
Feb. 28 Sharyn C. 4 yrs.

## Gratitude

Last Monday  
Feb. 24 Barry W. 1 yr.

## Lion's Den

Last Monday  
Feb. 24 Barry T. 4 yrs.  
Eric F. 21 yrs.  
Nicole C. 3 yrs.  
Sandra L. 4 yrs.

## Lighthouse

Last Friday  
Feb. 28 Cherish G. 6 yrs.  
Lowell G. 3 yrs.

## Mustard Seed

Last Sunday  
Feb. 23 Peter N. 2 yrs.

## Serenity

First Friday  
Mar. 6 Jan B. 27 yrs.  
Derik B. 3 yrs.  
Wayne P. 40 yrs.

## South Side

Third Friday  
Feb. 21 Mike B. 12 yrs.  
Karen W. 15 yrs.

## The Why Group

Last Saturday  
Feb. 29 Grant K. 7 yrs.  
Debra M.C. 3 yrs.  
Ole I. 37 yrs.  
Marty G. 5 yrs.

## Thus We Grow

Feb. 25 Kevin V. 4 yrs.  
Gord G. 35 yrs.

## West End Men's

First Wednesday  
Mar. 4 Mike B. 5 yrs.  
James H. 16 yrs.  
Ravi S. 8 yrs.

## West End 12 Step

First Tuesday  
Mar. 3 Roy W. 36 yrs.  
Richard W. 12 yrs.

## Westminister

Last Saturday  
Feb. 29 Linda V. 44 yrs.  
Brenda B. 23 yrs.  
Steve K. 45 yrs.  
Rick V. 48 yrs.

## \*SHERWOOD PARK

## Friday Night Happy Hour

Last Friday  
Feb. 28 Frankie S. 28 yrs.

## Twelve Steps to Serenity

Last Monday  
Feb. 24 Larry V. 33 yrs.  
Jeff B. 6 yrs.  
Mark D. 1 yr.  
Brian D. 2 yrs.

## \*ST. ALBERT

## St. Albert Breakfast

Last Sunday  
Feb. 23 Fay D. 49 yrs.  
Ken M. 24 yrs.  
Walter H. 42 yrs.  
Janice B. 8 yrs.  
Jim B. 1 yr.  
Jaden P. 1 yr.  
Shawn M. 1 yr.

## St. Albert Brotherhood

Last Wednesday  
Feb. 26 Tom H. 19 yrs.  
Janice B. 8 yrs.  
Clarke S. 8 yrs.  
Carolyn J. 15 yrs.  
Corry W. 14 yrs.

## St. Albert Sunday Step Study

Last Sunday  
Feb. 23 Tucker T. 3 yrs.  
Steve B. 3 yrs.



## BIRTHDAY CLUB

Breathe Easy Group

## NEW MEETING

Primary Purpose Group  
49 Boulder Boulevard  
Lighthouse Church  
Stony Plain, AB T7Z 1V6  
Wednesday at 7:30 PM Open  
Bring your Big Book, Pens, Pencils and  
Highlighter... and an Open Mind.  
Dave-coburn@hotmail.com

## PLEASE NOTE!

We need to upgrade the lists that  
your Group has been kindly giving to  
us.

Some are as old as 3 years.  
We know that groups do not stay  
stagnate.  
So please send your current  
information.

Thanks a bunch!

Please send in an article for our  
upcoming newsletter!  
Thanks for your consideration.  
Jan D., Editor

## GROUPS IN NEED OF SUPPORT

### First Day Group (Last)

Mon. 8:00 PM 10528 – 98 St.  
Marion Centre

### Oilmen's Group (O)

Mon. 8:00 PM 8318 – 104 Street  
S.S. Chapter Hse, N dr.

### 60 Minutes to Sobriety (Last)

Sun. 8:00 PM 13708 – 74 St.  
McClure Unit. Church  
Elevator

### St. Albert Brotherhood (Last)

Wed. 8:00 PM 15 Corriveau Ave.  
Red Willow Church

# Calendar of Events

## 2020 ROUNDUPS & FUNCTIONS

### Morinville, AB

**Feb. 4** 16<sup>th</sup> Anniversary Tues. by the Book  
6:30 PM 431 Grandin Dr.  
Baptist Church

### St. Albert, AB

**Feb. 8** District 64 Unity Night 7<sup>th</sup> Trad.  
Christian Reform Church  
Details to follow

### Camrose, AB

**Feb. 15** 40<sup>th</sup> Annual AA Roundup \$30.00  
10 AM 5001-52 Ave.  
Camrose Moose Hall

### Edmonton, AB

**Feb. 17** 64<sup>th</sup> Anniv. Oilmen's AA Group 7<sup>th</sup> Trad.  
7:00 PM Bean Supper with meeting to follow  
8318 – 104 Street  
Southside Chapter House

### Viking, AB

**Feb. 29** District 20 Sponsorship W/S 7<sup>th</sup> Trad  
Viking Legion Hall  
Doors Open 12:30 W/S 1: - 5: PM  
Potluck 5:30 – 7: PM

### Leduc, AB

**Mar. 7th** District 12 Breakfast Workshop 7<sup>th</sup> Trad.  
Carrying the Message; PI & CPC  
4606 – 48 Street  
Peace Lutheran Church  
Contact: 780-221-2890  
email: lgodin2400@yahoo.ca

### Red Deer, AB

**Mar. 20-22** Area 78 Assembly  
Cambridge R.D. Hotel  
3310 – 50 Avenue

### Edmonton, AB

**Mar. 27-28** 43rd Annual District 64 R/U \$35.00  
14025 – 167 Avenue  
North Pointe Comm. Church  
Contact: 780-239-7317, 604-0472, 458-5069  
Early bird price by Dec. 31 \$30.00

### Bonnyville, AB

**Apr. 17-19** District 3 Annual AA Roundup \$20.00  
4813 – 47 Ave. Youth (7-16) \$10. Kids free  
Bonnyville Seniors Centre  
Contact :780-826-0060, 812-5722, 201-3474

### Edmonton, AB

**April 19** 25<sup>th</sup> Anniv. 60 Minutes to Sobriety 7<sup>th</sup> Trad.  
6:0 PM come and enjoy snacks and refreshments  
13708 – 74 St. McClure United Church

### Fort St. John . BC

**May 1-3** 50<sup>th</sup> Anniversary Roundup ?  
9896 Cherry Ave. West  
Taylor Community Hall  
Contact: 250-793-2297 / 04-999-9401  
fsjroundup@gmail.com

### Yellowknife, NWT

**May 22-23** Area 78 Committee Meeting  
Place to be announced later

### Calgary AB

**May 29-31** Western Canada Regional Forum  
1000 Glenmore Ct. SE  
Glenmore Inn  
Contact: 403-275-8611

### Edmonton, AB

**June 10** West End Men's Annual \$30.00  
5:00 PM Beef Dinner  
16415 – 83 Avenue  
Elmwood Community Hall  
Contact: 780-446-8641

### Edmonton, AB

**June 13** 75<sup>th</sup> Anniversary of Edmonon \$ >  
9AM- 9 PM 7524 – 139 Avenue  
NorthateLion Recreation Centre  
The committee requires needs help  
Contact: 75thAnnversaryEdmonton@gmail.com  
Or Email or contact Edmonton Central  
office at 780-424-5900

### Cardiff, AB

**June 26-28** Annual AA Roundup \$35.00  
21 Discovery Way Sat. Nite \$25.  
10 min. Morinville Youth (13-18) \$25.  
Contact : 780-266-0871, 660-6895  
915-8433, 995-0871, 715-6970  
515-2672, 515-1329 & 587-986-2588

### Detroit, MI

**July 2-5** 85<sup>th</sup> Anniversary International  
World Conference  
PLEASE REGISTER BY YEARS END  
REGISTRATION FEE GOES UP AFTER  
APRIL 15, 2020

