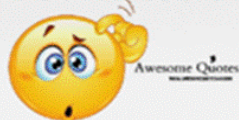


# ECO NEWS

## \$1.00 JULY 2017

Edmonton Central Office Society  
 #205, 10544 114 St. NW  
 Edmonton, AB T5H 3J7  
 780-424-5900  
[www.edmontonaa.org](http://www.edmontonaa.org)  
 Email:  
[centraloffice@edmontonaa.org](mailto:centraloffice@edmontonaa.org)

### Did You Know?



Putting dry tea bags in gym bags or smelly shoes will absorb the unpleasant odour.

### Did You Know?



There are three things the human brain cannot resist noticing – Food, attractive people and danger.

### Did You Know?



**SMILE.**  
 It is the ultimate antidepressant.

## DELEGATE'S CORNER

Greetings. District 14 hosted the Area 78 May Area Committee meeting (ACM) in Olds, AB on Friday and Saturday May 26 and 27. The Area 78 Committee is composed of the six Table Officers, the ten Committee Chairs and the District Committee Members from each District. The Area Committee meets twice each year – January and May. The meeting rotates throughout the Area and each District may bid to host one of the meetings and the site selection is made by a vote of the Assembly in March of each year.

In attendance at this Area Committee Meeting were: 22 District Committee Members, 16 Table Officers and Committee Chairs, and 15 visitors. The District Committee Members met twice during the weekend to discuss issues of common concern to all Districts. The Area Committee Officers (Table Officers and Committee Chairs) also met twice to share and discuss issues pertaining to each of the eleven Area Committees. Both groups then reported back to the entire body on the Saturday afternoon.

Two major items for discussion at this Area Committee Meeting were the sharing of ideas on how the Chair might modify the agenda for the upcoming Election Assembly to better make use of time to cover a very extensive agenda. Also discussed was the format of the November Transition Meeting to again make better use of time and better prepare incoming officers for their two-year rotation.

The Area Registrar reported that Area 78 has 450 Active Groups and 108 Groups with Unknown Status. These 558 groups are distributed in 48 Districts. Of these 48 Districts in Area 78, 36 are Active.

The weekend concluded with a fabulous pot luck dinner and speaker meeting hosted by District 14. A special thanks to the members of District 14 for hosting this event.

Thank you for allowing me to be of service.

Yours in Gratitude and Fellowship. Larry M. Panel 66 Delegate, Area 78 Alberta/Northwest Territories;

[delegate@area78.org](mailto:delegate@area78.org); 780-686-7438



## TO RECEIVE OUR MONTHLY ECO NEWSLETTER

- If you choose to have the newsletter mailed, it will cost you \$15.00 annually.
- You can receive our monthly ECO Newsletter free by registering on our website. [www.edmontonaa.org](http://www.edmontonaa.org)
- Please let us know which you prefer.

## **DISCLAIMER:**

ECO News is published monthly on behalf of Edmonton Intergroup. All printed and mailed copies are to be paid for either by subscription or walk in. Email copies are free. There is no use of funds donated via 7<sup>th</sup> Tradition process. Minimal editing may be done. This newsletter presents the experiences and opinions of AA members and relays information received at Central Office concerning roundups, conferences, birthdays and other events that may be of interest to subscribers. Any opinions expressed should not be attributed to AA. Publication of any article does not imply endorsement.

We would like to hear from you about your AA related experience, strength and hope, keeping in mind copyright and credit concerns. Any feedback will be appreciated.

Submissions should be between 250 and 300 words. Submit with your full name, Group, and a phone number where you can be reached (of course we will protect your anonymity).

***Material must be submitted no later than the 20<sup>th</sup> of the preceding month for it to print in the next month's issue.***

Submit articles to AA Central Office, #205, 10544 114 St NW, Edmonton, AB T5H 3J7

Fax: (587) 523-4334

Email: [centraloffice@edmontonaa.org](mailto:centraloffice@edmontonaa.org) **Subject Line: Attention ECO News**

**July 1950 – Cliff S. says that while nobody graduates in AA, we all can earn a degree ..DD..  
Dormant Drunk.  
It requires no great intelligence as the only IQ you need is ... I Quit!**

## **RECOVERY.**

### **"IT AIN'T OVER TILL THE FAT LADY SINGS."**

(To quote Yogi Berra and with apologies to all ladies whether fat, thin or in-between and to anyone who may infer an unintended slur and hey, to everyone.)

But, yes, recovery. **It is a process, not a destination.**

For me, one of the absolutely most important aspects of the AA Program of recovery has been that of humility. Oh, much misunderstood word! Yet humility is the exact remedy for alcoholism. As it states in the 12 and 12, "the attainment of greater humility is the foundation principle of each of AA's Twelve Steps. For without some degree of humility, no alcoholic can stay sober at all." So, recovery for me has been a continual process that evolves daily and that depends almost solely on the degree to which I can maintain a sense of humility.

The first three Steps of our Program helped me start the process of learning humility. I had to come to terms with the truth that alcohol had taken over my life and that I, on my own, could do nothing about it. Believe me, I tried! Made a complete and utter fool of myself too, more than once! (No, really . . . ?!) But I hit my bottom. And that was, in retrospect, the best thing that ever happened to me. Because guess what I found down there, at "The Bottom"? I found humility. That's what "The Bottom" meant - it was that moment when I realized that there was nothing more that I could do, by myself. I needed a "higher power". I needed something bigger, greater, smarter, kinder and waaaay more powerful than me if I was going to survive. So, I gave "up". I surrendered. To a power greater than myself. By definition, that means not myself. And that was the beginning of humility for me.

And the remaining nine Steps of the Program offer a precise method by which literally millions of men and women have found recovery from the disease of alcoholism. What I have found is that the Steps are almost "circular" in nature, more like a spiral staircase than a straight flight of steps. Each Step depends on the progress achieved by the previous Step and prepares us for the Step ahead. But in addition, the last Step leads us gently back to where we first started out, now endowed with a measure of strength, experience and hope that we share with newcomers taking their first halting, trembling (stumbling!) step on the journey to recovery. And like all circles, there is no end. It is a process, not a destination.

..writer chooses to be anonymous



## SEVENTH STEP PRAYER

(from Atlanta, Georgia – World AA Conference – July 2015)

My Creator, I am now willing that You should have all of me, good and bad. I pray that You now remove from me every single defect of character which stands in the way of my usefulness to You and my fellows. Grant me strength, as I go out from here to do Your bidding. Amen

## OLD TIMER'S CORNER

**The Story of Edith Z., Sobriety date December 1, 1955**

**Interviewed on November 6, 1996**

Continued from last month

Another stage in a nursing career had Edith moving to Hinton where, at the time, there were no meetings necessitating travel to Edson. There were other members and Al-Anon people making the weekly treks.

In 1963, she moved to Westlock. Again, no meetings, so it was necessary to attend at St Albert. The favourite meeting place there was in the old Legion Hall. And from there, in the company of Virginia (the Central Office Manager at that time), they travelled to a number of Roundups or to simply visit with others in the Fellowship.

She remembers Virginia as someone with a great insight into the society of Alcoholics Anonymous.

Three years later the first meetings in Westlock were held. The local priest is credited with providing the initiative to get the meetings started. But they soon fell apart when the secretary absconded with the Group funds. It wouldn't be until 1975 that the Westlock Group would resume, this time in earnest with the meetings continuing today.

Lending a hand at resurrecting the Westlock Group was a member from Hinton who had moved to the area. He was known, too, as the author of what Edith calls "The Little Red Book."

Treatment Programs have a place in alcoholic recovery, and have improved immensely over the years, according to Edith. But they are not the end-all. As in the AA Program, some make it and some don't, but at least in AA she says, "We had something to fall back on. Fairly readily, if you really wanted to stay sober you would go, first of all, back to your Group or call your sponsor.

As Westlock Group members know so well, sponsorship is near and dear to Edith's heart. She calls it a unique feature of the AA Program. Without a sponsor, she says she would never have made the Program and would not have been given the opportunity for personal sharing.

Ms Z. constantly reminds other members of the importance of sponsorship.

She's taken her Program to the International Forum, visiting her German homeland a number of times and sharing at meetings of Alcoholics Anonymous there. The meetings are very serious with the fun part following.

While visiting a nephew in Frankfurt, Edith was queried on her plans for the evening. On learning of her desire to attend a meeting, the nephew readily offered to drive through a less than desirable part of the city and return to pick her up.

During the meeting Edith was called upon to share after the others had spoken. After introduction she said, "And, I bring you greetings from Canada."

The members were aghast and became very apologetic for not arranging to meet and escort the visitor through Frankfurt.

Edith is of the thinking, though, that no matter where you are, you are no different than anyone else so you make your own way.

A coffee party followed the meeting to which the nephew was invited and partook of the occasion.

While arms were wide-open in welcome in Germany there were, at times, doors slammed in Edith's face closer to home, as attempts were made at doing some 12 Step Work. On those occasions, where contact was made with the still-suffering alcoholic the 12 Stepper would stay close by for a period of time, or until the newcomer was on the road to sobriety.

On 12 Step calls Edith's philosophy is, "It's not the outcome of the call that matters, it's the effort you make. The outcome is in the hands of the Guy upstairs."

Continued on next page

## OLD TIMER'S CORNER

The Story of Edith Z., Sobriety date December 1, 1955

Continued from previous page

Assemblies and conventions were occasions on the “must attend” lists, an opportunity to re-acquaint with old friends and meet new ones.

Immediately prior to a Red Deer conference Edith was recruited as a GSR. Delegate or not, she has recollections of everyone attending having to read and become familiar with the Service Manual of Alcoholics Anonymous.

While there in the company of her sponsor Pat, the pair were invited to a new Red Deer club frequented by members of the Fellowship. The girls had managed to wriggle their way out of the more business-like activity of poring over the Meeting agendas and notes that had been suggested by Carl, one of the entourage.

“It’s the first time,” says Edith, “that I’ve had to ask someone in AA for permission to do something.”

To the newcomer Edith issues an invitation; “Come and listen to what we have to say.” And sponsorship is so important because the young people have so many questions that are not readily discussed in a meeting. It’s important, too, for the communication contact and it will always be a unique feature of the Program. As well, the newcomer has to work the Program, one day at a time, to the best of their ability.”

Without a sponsor, Edith says, she would likely not have completed Step Four and definitely would not have taken Step Five.

“As long as you’re grateful, you won’t drink,” were words left with me by Pat, my sponsor.

And grateful Edith truly is.

Next month will publish Howie W., story

***Any member wishing to share their experience, strength and hope via writing an article, please submit by the 20<sup>th</sup> of the month before, to be included. Submit with your full name, which Group you belong to and it should be approximately 250 - 300 words.***

We will protect your anonymity.

You can email to: [centraloffice@edmontonaa.org](mailto:centraloffice@edmontonaa.org) or drop it off at the office.

**Heard at Meetings:** I started out as a social drinker. Then I had my second drink. James J., Hamilton. ON

**God delivered Daniel** from the lion’s den. Nowhere is it written that Dan went back for his hat. Ed S., Brooklyn, NY

Some **blackouts** are better left forgotten...

**“If you want** to have the last word in an argument, try saying, ‘I guess you’re right.’ “

.. From “A Rabbit Walks Into A Bar”.. AA Grapevine

## MYTHS & MISCONCEPTIONS

Excerpts from Spring 2017 About AA =, A Newsletter for Professionals.

- The relationship of Alcoholics Anonymous to the professional community is an extremely important and longstanding one. AA’s 2014 Membership Survey shows that 32% of AA members were introduced to the Program via a treatment facility, 12% of AA members were introduced to the Program through the judicial system, and fully 59% of members received some kind of counseling (psychological or spiritual) related to their alcoholism before coming into AA. Importantly, 74% of those members who received treatment or counseling said it played a crucial role in directing them to AA. Given these numbers, perhaps no Group of non-alcoholics looms so large in relation to AA as those professional in the fields of health care, addiction medicine, and the law, whose working lives intersect daily with Alcoholics Anonymous.
- One long-standing misconception about AA is that there is such a thing as an “AA professional” – an AA member paid to help alcoholics recover. Yet as AA members, alcoholics are never paid to carry the message of hope and recovery to another alcoholic. Even AA members who also work as professionals in the field of alcoholism, like Kenneth C. of North Carolina, are not “AA professionals.” It is not their AA membership, but rather their professional skill and training which qualifies them as professionals in the field of alcoholism or health care.

## TRADITION SEVEN CHECKLIST:

Reprinted from AA Grapevine Traditions Checklist

**“Every AA Group ought to be fully self-supporting, declining outside contribution.”**

1. Honestly now, do I do all I can to help AA (my Group, my Central Office, my GSO); remain self-supporting? Could I put a little more into the basket on behalf of the new member who can't afford it yet? How generous was I when tanked in a barroom?
2. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full colour, at a cheaper price per copy?
3. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA Groups in hospitals and prisons?
4. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
5. Is a Group Treasurer's report unimportant AA business? How does the Treasurer feel about it?
6. How important in my recovery is the feeling of self—respect, rather than the feeling of being always under obligation for charity received?



## BOB'S 90 TOOLS FOR SOBRIETY

37. Use the God bag and the answers: yes, no or wait. I have something better in store for you. Don't forget to say thanks.
38. Find courage to change through the example of others who have.
39. Don't try to test your will-power; give an alcoholic one shovel and one pail and in one hour he/she will need 100 wheel barrels.
40. Live TODAY, not YESTERDAY, not TOMORROW; Projection is planning the results before anything even happens.
41. Avoid emotional involvements the first year – you end up putting the other person first and lose sight of “your” Program.
42. Remember alcohol is – cunning, baffling and powerful.
43. Rejoice in the manageability of your new life.
44. Be humble – Humility is not in thinking of your “self” more, but in thinking more of yourself less often. Watch your ego.
45. Share your experience, strength and hope.
46. Cherish your recovery.
47. Dump your garbage regularly – GIGO = Garbage in Garbage Out.
48. Get plenty of “restful” sleep.

... continued next month

*Look back and be grateful*  
*Look ahead and be hopeful*  
*Look around and be helpful*

*The task ahead of us is never as great*  
*As the Power behind us.*

## MURPHY'S OTHER LAWS

1. Everyone has a photographic memory. Some don't have film.
2. He who laughs last, thinks slowest.
3. A day without sunshine is like, well night.
4. Change is inevitable, except from a vending machine.
5. Back up my hard drive? How do I put it in reverse?
6. I just got lost in thought. It was unfamiliar territory.
7. When the chips are down, the buffalo is empty.
8. Seen it all, done it all. Can't remember most of it.
9. Those who live by the sword get shot by those who don't.
10. I feel like I'm diagonally parked in a parallel universe.
11. He's not dead. He's electroencephalographically challenged.
12. She's always late. In fact, her ancestors arrived on the "June Flower."
13. You have the right to remain silent. Anything you say will be misquoted and used against you.
14. I wonder how much deeper the ocean would be without sponges.
15. Honk if you love peace and quiet.
16. Pardon my driving. I'm reloading.
17. Despite the cost of living, have you noticed how it remains so popular?
18. Nothing is foolproof to a sufficiently talented fool.
19. It is hard to understand how a cemetery can raise its burial costs and blame it on the higher cost of living.
20. Just remember, if the world didn't suck, we'd all fall off.

... borrowed from the TST July 2009

## WACYPAA IS COMING TO EDMONTON!

WACYPAA is the Western Area Conference of Young People in Alcoholics Anonymous. The purpose of WACYPAA is to build and strengthen unity in Young Peoples Groups in Alcoholics Anonymous in the western area of North America and Hawaii. The focus is especially to reach those areas which historically had little exposure to such conferences.

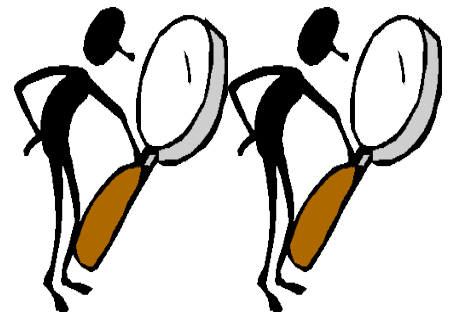
The 21st iteration of this event will be held December 28-31, 2017 at the Chateau Lacombe Hotel downtown and our theme is 'Sunlight At Last.' This will be only the second time that it's taken place in Canada and we are the northernmost city to host it so far. The last time WACYPAA occurred in Canada was 11 years ago in Vancouver.

While the focus of WACYPAA is on connecting young people in AA, alcoholics of any age or experience are welcome to attend. You can pre-register for the conference by clicking on the Register button at <http://wacypaaxi.weebly.com/> and filling out the form.

We are also looking for volunteers to help with planning this landmark event. If you are available to do service and help WACYPAA carry the message of recovery please click on the Be of Service button on the WACYPAA XXI website listed above.

We hope to see you there!

WACYPAA XXI Host Committee



## A FEW WORDS FROM AN ATHEIST

I dried out, sobered up, and found peace by becoming aware of, then learning to be grateful for, the simple things that make up the joy of living, instead of wallowing around in the exact nature of my wrongs; by letting others help me help myself instead of searching for moral supremacy; by learning to live and let live; and certainly not by examining someone else's "wrong" thinking about God, the Big Book, or the Twelve Steps.

Serenity has not been granted me by divine intervention or by waiting for it to land in my lap. Serenity, along with such goodies as a sense of belonging, a newfound freedom and happiness, and a better understanding of myself, comes my way by the learning of acceptance. Acceptance, especially, of the simple fact that some people believe in God and some do not.

There is a very real human power called sharing, without which I would not be alive today, let alone relieved from alcoholism today.

That's the way it works for me, and I'm willing to let it.

... from AA Grapevine International Magazine, April 1985

\*\*\*\*\*

## ONCE OVER LIGHTLY

From AA Grapevine Magazine, April 1985

- A woman AA member was telling her Group about the days when she was a pantry drinker and used to sip booze while she was cooking meals. Her husband bought her a microwave oven, but she made him return it, giving him a phony excuse.

"Actually," she told the Group, "the darn thing could cook faster than I could drink."

- Speaking of jangled nerves: A recently recovered alcoholic was telling a friend about a vacation trip he had just taken with his wife and three lively children. At one of their stops in a state park, their car was near a trash can marked DEPOSIT YOUR LITTER HERE.

"Don't think I wasn't tempted," he said.

**A drunk with a terrible hangover** strolled into a bar; seated himself shakily on a stool, and asked for something to drink in a hurry. When the bartender began to reel off suggestions, the drunk cut in with, "Oh, just give me something tall and cool and full of gin."

A drunk sitting on the adjacent stool turned and said indignantly, "Sir, you are talking about the woman I love!"

from "A Rabbit walks into a Bar" AA Grapevine

**To be surprised, to wonder, is to begin to understand**

- Jose Ortega y Gasset

**This universe is full of marvels. No one can begin to count them. Science, using advanced technology, uncovers more wonders of nature all the time. And for everyone science explains, a dozen more come along to excite and baffle us. Even so, some of us, worshipping facts, tend to make a religion of science even when the "facts" keep changing. We would do better to make a religion of what science can't even begin to explain. When we deaden our curiosity, and abandon our sense of wonder, we lose touch with our Maker.**

**What a pity. For it is by observing the miracles of nature, the imponderables, that we can begin – just barely – to get a sense of the majesty of creation and the Force behind it. It's when we realize there's no way we can understand, that a glimmer of wisdom comes. And, if we're lucky, a sense of awe.**

---

**Today I will yield to wonder and give thanks that I am part of something bigger than I can imagine.**

**In God's Care Daily Meditations on Spirituality in Recovery**

# BIRTHDAY CLUB



## What is the Birthday Club?

- A show of gratitude by AA members, who contribute \$1.00, \$2.00 or more for each year of continuous sobriety.
- These funds are used to HELP SUPPORT Central Office staff and volunteers to carry the Twelfth Step message during the office hours.
- You will receive a personal Birthday card on your sobriety date.
- Please contact Central Office, if you want to join our **BIRTHDAY CLUB!**

#205, 10544 – 114 St., Edmonton, AB T5H 3J7      780-424-5900

- email [centraloffice@edmontonaa.org](mailto:centraloffice@edmontonaa.org)

## THE SERENITY PRAYER

(Translated into Cree, Christine D., Saddle Lake, AB)

Manito, me-in peyatik pematesewin, ta teypaymo-totoman  
anihik kekwaya ta teypaymo-totoman anihik kekwaya eka  
kaskitayan skinaman:

God grant me the serenity to accept the things I cannot change:

Sokaymowin, anihik kekwaya ta kaskitayan takway skinaman

The courage to change the things I can

lynisowin, takesakaytaman petos sihik

And the wisdom to know the difference.

Petanik ekosi iykihik.

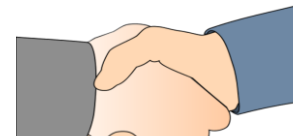
Amen

## GROUPS IN NEED OF SUPPORT

- Mon. 8:00pm Oilmen's Group (O)  
11223 – 51 Ave., back dr.  
(Holy Spirit Luth. Church)
- Sat. 8:00pm Rite Trac Group  
13111 – 79 St.  
(Lutheran Church)
- Tues. 8:00pm Young & Old Mtg.  
6329 – 118 Ave. (O)  
(Recovery Acres)
- Tues. 8:00pm Hope Through Friend.  
16940 – 87 Ave., Rm. 016  
(Misericordia Hosp) (O)
- Tues. 7:30 pm Southbound Fellowship  
10603 Ellerslie Rd.  
(Ellerslie Baptist Church)
- Thu. 7:00 pm AA Group (O)  
11325-89 Ave.  
(St. Joseph's College)
- Sun. 7:00 pm Phoenix Fireside  
22210 Stony Plain Rd.  
(Our House Centre)

**Need new members & support**

## FAITHFUL FIVERS CLUB



## What is the Faithful Fivers Club?

- The Faithful Fivers Club was initiated several years ago to generate funds for the Twelfth Step Work done through the staff and volunteers at your Central Office.
- **AA members pledge a donation of \$5.00 or more a month to assist this work.**
- What you receive for your support is the satisfaction of carrying the message.
- Please contact Central Office, if you want to join our **FAITHFUL FIVERS CLUB!**

#205, 10544 – 114 St., Edmonton, AB T5H 3J7      780-424-5900

- email [centraloffice@edmontonaa.org](mailto:centraloffice@edmontonaa.org)



# Birthdays

in - July

## 60 Minutes to Sobriety

Last Sunday  
July 30 Ed O. 10 yrs.

## Breathe Easy

First Friday  
July 28 Elise S. 1 yr.  
Pat F. 21 yrs.

## Campus

Last Monday  
July 31 Braden D. 4 yrs.

## Capilano Step

Last Thursday  
July 27 Ina M. 40 yrs.

## Crestwood Welcome

Last Monday  
July 31 Vic L. 37 yrs.  
Fred P. 16 yrs.  
Tom S. 14 yrs.  
Curtis. 4 yrs.  
Georgia F. 1 yr.

## Dolphin

Closest Monday  
July 10 Duane B. 1 yr.  
Ina M. 40 yrs.

## Ellerslie

Last Thursday  
July 27 Chris N. 4 yrs.  
Steve. 4 yrs.  
Tom M. 6 yrs.  
Jerry B. 3 yrs.

## Fulton Place

First Friday  
July 28 Dwayne R. 3 yrs.  
Jared. 2 yrs.  
Wayne J. 20 yrs.

## Knights of Sobriety

First Wednesday  
Aug. 2 Dwayne L. 2 yrs.  
Craig H. 2 yrs.  
David L. 26 yrs.  
Mark F. 3 yrs.  
Frank W. 22 yrs.  
Gordon R. 14 yrs.  
Peter L. 28 yrs.

## Lighthouse

Last Friday  
July 28 Tarah F. 11 yrs.  
Donna M. 37 yrs.  
Ariel M. 2 yrs.

## South Side Young People

Last Sunday  
July 30 Chris K. 3 yrs.  
Nick Z. 4 yrs.

## Mustard Seed

First Sunday  
July 30. Karen H. 2 yrs.  
Richard. 9 yrs.  
Denise L. 33 yrs.

## North Edmonton

Last Thursday  
July 27 Joe D. 42 yrs.  
Bernie T. 15 yrs.  
Dianne C. 11 yrs.

## Shifters

Last Saturday  
July 29 John A. 15 yrs.  
Tim M. 8 yrs.  
Mike F. 20 yrs.  
Grace N. 31 yrs.  
Diane F. 37 yrs.  
Leona. 8 yrs.  
Tera B. 11 yrs.  
Santokn (Sam). 4 yrs.  
Mary D. 3 yrs.

## South Side

3<sup>rd</sup> Friday  
July 21 Chrissy M. 2 yrs.  
Melody B. 4 yrs.  
AG. 7 yrs.  
Wayne J. 20 yrs.  
Mike A. 24 yrs.

## The Why Group

Last Saturday  
July 29 Cornel M. 2 yrs.  
Margrett. 8 yrs.  
Rein H. 15 yrs.  
Steve C. 12 yrs.

## Thus We Grow

Last Tuesday  
July 11. Calvin G. 12 yrs.  
Charlene H. 8 yrs.

## Westminster

Last Saturday  
July 29 Dick S. 28 yrs.  
Dave O. 27 yrs.  
Butch V. 18 yrs.  
Naomi S. 7 yrs.  
Julia M. 3 yrs.



## SURROUNDING AREAS

### SHERWOOD PARK

#### Twelve Steps to Serenity

Last Monday  
July 31 Tim F. 1 yr.  
Marcel W. 3 yrs.

#### Happy Hour

Last Friday  
July 28 Peter C. 25 yrs.

#### Sherwood Park Group

Third Thursday  
July 20 Dave B. 36 yrs.  
Dave M. 35 yrs.  
Mike C. 30 yrs.  
Patricia L. 23 yrs.  
Alanna P. 8 yrs.  
Dave J. 7 yrs.  
Steve R. 5 yrs.  
Shelley C. 4 yrs.  
Ernestine W. 4 yrs.  
Steven H. 4 yrs.  
Daniel O. 4 yrs.  
Deborah M. 2 yrs.  
Paul S. 2 yrs.

### ST. ALBERT

#### S.A. Breakfast

Last Sunday  
July 30 Richard S. 9 yrs.  
Karen S. 9 yrs.  
John D. 20 yrs.  
Art P. 36 yrs.

#### S.A. Brotherhood

Last Wednesday  
July 26 Jay P. 5 yrs.  
Suede. 3 yrs.

## MEETING ROOM SPACE

### AVAILABLE

Meeting space at the Camel Club as follows:

Sun. 4:30 – 7:PM  
out no later than 7 PM  
\*\*\*\*\*  
Mon to 6:30 – 11:30 AM  
Fri. out no later than 11:30AM  
\*\*\*\*\*  
Mon to 1:30 – 7:00 PM  
Fri. out no later than 7:00 PM  
\*\*\*\*\*

Contact: Marianne at 780-918-3885 or

# CALENDAR OF EVENTS

## ROUNDUPS & FUNCTIONS

- Jarvie, AB**  
**July 7-9**     **32<sup>nd</sup> Annual Jarvie AA R/U**     \$35.00  
 Jarvie Community Centre  
 \*\*Hog Roast\*\* Campout  
 Contact: 780-307-763 or 780-349-1432
- Stettler, AB**  
**July 7-9**     **38<sup>th</sup> Annual Campout R/U**     \$30.00  
 Nevis Community Hall  
 Contact: 403-74-1887 or 916-5361
- Kelowna, BC**  
**July 7-9**     **Kelowna YPAA Campout**     \$75.00  
 2411 Westside Place Camp Owaissi  
 Contact: 250-859-2988 250-801-1006  
[KAYPAA@GMAIL.COM](mailto:KAYPAA@GMAIL.COM)
- Edson, AB**  
**July 14-16**     **Annual Edson R/U**     \$50.00  
 Pinegrove Community Hall
- Cayley, AB**  
**July 14-16**     **1<sup>st</sup> Keeping the Spirit Campout R/U**     \$?  
 Cayley Campgrounds
- Consort, AB**  
**July 21-23**     **Annual Campout R/U**     \$20.00  
 Gooseberry Lake Prov. Park
- Crowsnest Pass, AB**  
**July 21-23**     **Crowsnest Pass Campout R/U**  
 Island Lake Prov. Campground
- Trochu, AB**  
**Aug. 19**     **3<sup>rd</sup> Annual Unity Day & BBQ**     \$20.00  
 Trochu Lions Campground  
 Contact: Calgary Central Office 403-444-1212
- St. Paul, AB**  
**Aug. 25-27**     **55<sup>th</sup> Annual R/U & Campout**     \$?  
 4112 – 53 Ave. Iron Horse Trail  
 Reunion Station Camp Site  
 Contact: 780-573-9589, 614-8106, 645-8590
- Innisfail, AB**  
**Aug. 25-27**     **3<sup>rd</sup> Annual Innisfail Campout R/ U**     \$20.00  
 Antler Hill Community Hall  
 Contact: 403-227-6717 587-877-4692  
 Email: [innisfailroundup@gmail.com](mailto:innisfailroundup@gmail.com)
- Grande Prairie, AB**  
**Sept. 8–10**     **58<sup>th</sup> Annual Grande Prairie R/U**     \$?  
 Sexsmith Civic Centre  
 Contact: 780-832-1966 / 780-831-7814  
 780-296-3940 / 780-814-0041
- Greig Lake, SK**  
**Sept. 1-4**     **Greig Lake 38 AA Campout R/U**     Trad 7  
 Meadow Lake Provincial Park  
 Contact: 780-274-3503, 587-252-3639  
 780-209-1955  
 Email: [greiglakeroundup@hotmail.com](mailto:greiglakeroundup@hotmail.com)

## ROUNDUPS & FUNCTIONS

- Writing On Stone Prov. Park, AB**  
**Aug. 25-27**     **51<sup>st</sup> International Corn Roast**     Trad 7  
 (41K East of Milk River)  
 Contact: 403-328-8791 / 403-327-2025  
 403-38-1664
- Calgary, AB**  
**Sept. 2**     **Steps, Stories & Beyond R/U**     Trad 7  
 7:30AM 9 PM  
 6100 – 8 Ave. SE-1 if able to do chili or stew  
 Contact: 403-875-9894 / 403-617-6151
- Irricana, AB**  
**Sept. 8**     **Irricana Hope & Unity R/U**     Trad 7  
 1<sup>st</sup> & 2 Ave, Irricana Lions Hall  
 Contact: 403-37-7376
- Red Deer, AB**  
**Sept. 15-17**     **AREA 78 ASSEMBLY**  
 310 – 50 Ave., Sheraton Hotel  
**THIS IS AN ELECTION - attendance is critical**
- Morinville, AB**  
**Sept. 23**     **Morinville 40<sup>th</sup> Anniversary**     \$25.00  
 2:30 PM -10 PM 9610 Morinville Drive, United Church
- Winnipeg, MN**  
**Sept.28-Oct.1**     **21<sup>st</sup> National AA Archives Workshop**  
 1445 Portage Ave., Clarion Hotel  
[www.aanationalarchivesworkshop.com](http://www.aanationalarchivesworkshop.com)
- Drumheller, AB**  
**Oct. 7**     **District 15 Annual AA Roundup**     \$25.00  
 10 AM – 9PM 627 6 St./ Church of the Nazarene  
 Contact: | area78dist15@gmail.com
- Stony Plain, AB**  
**Oct. 13-15**     **District 10 -34 Annual Unity R/U**     \$30.00  
 Blueberry Hall, 5 Min. west on RR 15  
 Contact: 780-257-7085, 220-7466  
 Email: [goodenoughgina@gmail.com](mailto:goodenoughgina@gmail.com)  
 Or [laughy6@hotmail.com](mailto:laughy6@hotmail.com)
- Edmonton, AB**  
**Dec. 28-31**     **WACYPAA21 Sunlight At Last**     \$35.00  
 Chateau Lacombe Hotel     \$105.00  
 Email: [WACYPAAXXIWEEBLY.COM](http://WACYPAAXXIWEEBLY.COM)

## GROUP TERMINATION

**Effective June 28, 2017**  
**The Millwoods Group will be closing. Presently weekly meetings are held Tuesdays at 7:30 pm, at Sakaw Community Centre. The final meeting will take place on Tuesday, June 27, 2017.**

Information supplied by Denise P.