



DELEGATE'S CORNER

Greetings. As part of my service to Area 78 as your Delegate I have spent a great deal of time travelling throughout our Area visiting groups and districts. I have been so busy with this that I completely forgot about submitting my report last month. My apologies.

I will be attending the 67th General Service Conference in New York from April 22-29. The theme of this year's Conference is "Supporting Our Future". I am so blessed to have been given the honour of representing Area 78 at this Conference as your Delegate

To help me prepare for the Conference, Area 78 held its Pre-Conference Assembly in Red Deer on March 17, 18, 19. Approximately 220 persons were in attendance and included District Committee Members (DCMs), General Service Representatives (GSRs), Area Committee Officers and visitors. It was heart-warming to see such a great turnout. The special guest was Tom K., a Past Western Canada Regional Trustee who spoke on Saturday evening and Sunday morning. Tom gave a most inspirational message of experience, strength and hope.

The purpose of the Pre-Conference Assembly is to help prepare your Delegates for their attendance at the General Service Conference. In mid-February, I received the 1277 pages of background information on the agenda items for the 67th General Service Conference. This material is organized by the 13 Conference Committees. I distributed the material amongst the 11 Area 78 Committees and their Chairs prepared a brief summary of the items which I collated and then sent to the District Committee Members for distribution to their Groups prior to the Assembly.

At the Assembly, the Committees met and discussed the items assigned to them. The Committees reported back to the Assembly and invited further comments from the members. In this manner, the Delegate received the thoughts and ideas from the members on the various agenda items. This information is most valuable in assisting and preparing me, your Delegate, for discussions at the Conference.

I thank all the members for their hard work, commitment and dedication to working through the heavy agenda during the pre-Conference Assembly.

The next Area 78 service function will be Area Committee Meeting in Olds in May. If you have any questions/concerns. Please feel free to contact me. Yours in Loving Service. Larry M. Panel 66 Delegate Area 78 AB/NT 780-686-7438 delegate@area78.org

This life is for loving, sharing, learning, smiling, caring, forgiving, laughing, hugging, helping, dancing, wondering, healing and even more loving. I choose to live life this way. I want to live my life in such a way that when I get out of bed in the morning, the devil says "aw shit, he's up". (Steve M.)

DISCLAIMER:

ECO News is published monthly on behalf of Edmonton Intergroup. All printed and mailed copies are to be paid for either by subscription or walk in. Email copies are free. There is no use of funds donated via 7th Tradition process. Minimal editing may be done. This newsletter presents the experiences and opinions of AA members and relays information received at Central Office concerning roundups, conferences, birthdays and other events that may be of interest to subscribers. Any opinions expressed should not be attributed to AA. Publication of any article does not imply endorsement.

We would like to hear from you about your AA related experience, strength and hope, keeping in mind copyright and credit concerns. Any feedback will be appreciated.

Submissions should be between 250 and 300 words. Submit with your full name, group, and a phone number where you can be reached (of course we will protect your anonymity).

Material must be submitted no later than the 20th of the preceding month for it to print in the next month's issue.

Submit articles to AA Central Office, #205, 10544 114 St NW, Edmonton, AB T5H 3J7

Fax: (587) 523-4334

Email: centraloffice@edmontonaa.org **Subject Line: Attention ECO News**

TRADITION FOUR

Each group should be autonomous except in matters affecting other groups or AA as a whole.

(Traditions Checklist, AA Grapevine)

1. Do I insist that there are only a few right ways of doing things in AA?
2. Does my Group always consider the welfare of the rest of AA? Or nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a Group in Rome or El Salvador?
3. Do I put down other members' behaviour when it is different from mine, or do I learn from it?
4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship!
5. Am I willing to help a newcomer go to any lengths ~ their lengths, not mine ~ to stay sober?
6. Do I share my knowledge of AA tools with other members who may not have heard of them?



A human being is part of the whole; called by us the universe; a part limited by time and space. Humans experience themselves, their thoughts, and feeling as something separated from the rest, a kind of optical delusion of their consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of love and compassion and embrace all living creatures and the whole of nature and its beauty.

.....Albert Einstein

OLD TIMERS CORNER

The Story of Jack Mc. (continued from last month)

A turning point in Jack's sobriety may have come the day a nurse from the Foundation called. In tears, she asked if he would 12 Step her husband. With the family in imminent break-up, the nurse was at odds as to what could be done with the alcoholic spouse.

Jack inquired, "Will he ask me to make the 12 Step call?"

"Yes, he will," the nurse answered. "I'll have him phone you if you'll make the call."

The visit was made and found to be "pretty heady" stuff for someone only eight months sober. Jack's not sure he was able to do a particle of good for his friend, but, it was the first time that he realized he had bought into the Program, because he was giving it away.

"I was repeating what I had been told for a number of months within the various meetings at the Alcohol Foundation or my AA group," recalls Jack. "While I may have resisting it, when I sat down with the nurse's husband, I was telling it like it was the gospel. And so again, I guess the light was coming on, and I thought, I guess maybe I've been buying into this thing a little bit more than I realized."

One of the greatest impacts would come on his first birthday when Jack espoused he was going to accept the Program of Alcoholics Anonymous. For him it was a learning experience or a "came to believe" kind of situation. "Spiritually, I was neither an atheist nor an agnostic, but a neutral. Jack says, "I didn't know if there was a God and didn't really care. It was no big deal. I went to church, but it wasn't a major part of my life. "When I got into the Program and realized the spirituality of it, and there was a belief in a Higher Power, it was certainly easier for me at the time to accept the Group as a Higher Power. So, it follows that, the influence came from the members of my Group, and one of them contributed to that.

"But, while there are no leaders, the fact still remains that Bill G., 7 or 8 years sober when I came into the program, was someone we all looked up to. He was a great guy, who would 12 Step people all over the city." George S. was a significant man in Jack's program. He's remembered as someone with a wealth of knowledge of the disease of alcoholism and a great personal friend.

A professional counselor with the Alcohol Foundation, Jim Mc. was a member whom Jack respected as much as anyone else in the program, because of his background. He relates that Jim had come to Edmonton from New York where he had fallen from the grace of a seminary because of the abuse of alcohol. The would-be priest became a skid-row bum, a bottom of the barrel drunk, before getting his life back together through AA.

After that earlier 12 Step call on the nurse's husband, the hundreds that followed became a little easier, if not on at least one occasion, somewhat embarrassing. Jack quickly disclaims having been responsible for bringing hundreds of people into the Program. There were times when the 12 Stepper helped and not at another call.

In the company of Pat H., Jack responded to another call at the request of a man's son-in-law. They found the drunk surrounded by his wife, a daughter and the son-in-law. Rather than asking the others to leave, Jack felt they were conducting an intervention.

As the discussion approached the 12 Steps, the fellow's family continually interrupted to the point where the session came to an end. Ashamed, both Steppes felt they had done everything that could be done wrong. Not surprisingly, they didn't hear from their patient again, at least for some time.

About a year later, Jack was purchasing stamps at the Post Office, the drunk's place of employment.

The man behind the counter asked, "Hi, do you remember me?"

"No, not really," replies Jack.

"Well, you came to my house to talk to me a year or so ago," reminded the postie.

"Gosh yes, I remember. But, maybe I was trying to forget," Jack says.

The postie then declared, "I haven't had a drink since. I've been going to AA regularly."

Jack looking back on the occurrence says the only way to have done that call the wrong way would have been not to have gone at all. On the other hand, a call where you may think you've covered all the bases the guy can't wait for you to get out of his house so he can start drinking all over again. There's no right or wrong. We just carry the message, that's all.

Continued next month

I'm great at multitasking: I can waste time, be unproductive, and procrastinate all at the same time.

Step 4

Decide on a solution.



We can try



AA region 4

STEP
4

Take
Inventory



Made a searching and
fearless moral
inventory of ourselves

STEP FOUR

Early one morning I was meditating on my Step 4, particularly where our literature says, "A business that takes no regular inventory usually goes broke". I envisioned myself as a business whose storefront was clean, well-kept and inviting. Upon close inspection, the storefront was false, an illusion like that of a Hollywood set. Upon entering the building, I noticed a doorway to the back room. Full of fear I cautiously approached the door realizing that I must open it and enter, but I could not, I did not have the key.

It came to me that I did have the key after all; the key was my Steps 1, 2 and 3. The opened door revealed a dark, dusty room filled high with old battered boxes. The boxes contained all my anger, resentments, failings and sins; in short, the wreckage of my past - I was overwhelmed. Suddenly I noticed a sliver of light coming from a far corner. As I approached the source of the light I saw it was emanating from someone standing there. In my fear and arrogance, I asked "Who are you, the stock boy?" Without speaking my answer came, "No I am the Boss, I own everything in this room, and I own the building and the land upon which it stands". Humbled and shaken, I suddenly realized to whom I had been addressing.

With downcast eyes, I said "Please I need your help with all this". He told me that everything in this room is expired old stock, of no importance any longer. As he spoke the room began to get brighter until that dark, dusty room was suddenly transformed into a clean well-lit space, I turned to see all the old boxes had been removed, but in the center of this renewed space was one box, a large gift wrapped package. "These are the promised gifts of the Program Peter, they are yours! They are yours to keep provided you keep Me close. I left the room and the building and walked out to the warm, all-embracing Sunshine of the Spirit.

Peter K Lighthouse Group Edmonton AB

WHAT WAS THE SIX-STEP PROGRAM?

(from page 292. AA Big Book, 2nd edition)

The Six Steps were:

1. Complete deflation
2. Dependency and guidance from a Higher Power
3. Moral Inventory
4. Confession
5. Restitution
6. Continued work with other alcoholics.

FOURTH STEP PRAYER

Dear God, it is I who has made my life a mess. I have done it, but I cannot undo it. My mistakes are mine and I will begin a searching and fearless moral inventory. I will write down my wrongs, but I will also include that which is good. I pray for the strength to complete the task.

(from Atlanta, Georgia – World AA Conference – July 2015)

THE ASTONISHING SUCCESS OF EARLY AA

Early Alcoholics Anonymous had a documented seventy-five to ninety-three percent success rate among those who really tried in the 1930's and early 1940's. Fellowships have changed, but the power of God has not!

This site focuses on specific historical details and precise facts. Dick B. has spent ten years researching the roots of early AA. Here you will find details on Dick's books and articles about Alcoholics Anonymous and the Bible; Quiet Time; teachings of Rev. Sam Shoemaker of New York; the life-changing Program of the Oxford Group; the contents of the spiritual journal assembled by Dr. Bob's wife, Anne Ripley Smith, and shared with AA's and their families; and the religious literature they all studied. There is no other historical material of this kind-not in AA, not on the net, and not in the libraries or bookstores. An active, recovered AA himself, Dick B. tells it as it was, so you can be victorious and be delivered today with Alcoholics Anonymous as it is.

WHAT EARLY AA WAS REALLY LIKE

You won't learn this in AA's basic text today or in our meetings. But the simplicity of early AA will really astound you and attract! Usually there was hospitalization or at least medical help to save the newcomer's life. Only the Bible was allowed in the room. Recovered drunks visited the patient and told their success stories. The newcomer had to identify, admit that he too was licked, and that he would do whatever it took.

Dr. Bob visited daily. Then he would explain the disease as they then understood it; and on the final day, asked two questions to which there was only one answer: (1) Do you believe in God? (2) Are you willing to get down on your knees and pray?

The newcomer then gave his life to Jesus Christ as Lord and Savior. Many were too sick to venture far, so they lived with the Smiths (and later others) in Akron homes.

It is a myth that they recovered in an afternoon or in four easy lessons. They shook. They shivered. They fidgeted. They forgot. And they were ashamed, insecure, and guilt-ridden. But they learned what a loving God had made available. At the homes, they had daily Quiet Time (Bible study, prayer, asking guidance, reading a devotional, and discussing Anne Smith's Journal). They shared their woes and problems with Dr. Bob, with Anne (his wife), and with Henrietta Seiberling. They had similar Quiet Times in their personal lives or at their homes. They had one meeting a week. No drunkalogs. No whining. No psychobabble. Just prayer. Reading from Scripture. Quiet Time. Use of The Upper Room or similar devotionals for discussion. Then surrender upstairs for the newcomer in a prayer session resembling that in James 5:14-16. The "elder" prayed with him that alcohol be taken out of his life and that he devotes himself to living according to God's will.

Following that, downstairs there were announcements about newcomers at hospitals. Socializing. And it started all over again. There were sessions with Dr. Bob involving a moral inventory (as to adherence to the Four Absolutes), confession, prayer to have the sins removed, and plans for restitution. Did it work? You bet it did. 75% recovered in Akron. Soon, 93% were recovering in Cleveland. That's why we need to know about early AA! It took surrender. It took God. It took the Bible, a life-changing decision with attendant action, and witnessing to others. It took fellowship. And it took times ~ lots of it.

SIGN SEEN IN A BAR:

"THOSE DRINKING TO FORGET PLACE PAY IN ADVANCE."

... from "A Rabbit Walks into Bar" AA Grapevine

Any member wishing to share their experience, strength and hope via writing an article, please submit by the 20th of the month before, to be included. Submit with your full name, which group you belong to and it should approximately 250 - 300 words.

We will protect your anonymity.

You can email to: centraloffice@edmontonaa.org or drop it off at the office.

**I asked for Strength...
and I was given
difficulties to make me
strong.**

**I asked for Wisdom...
and I was given
problems to solve.**

**I asked for prosperity...
and I was given a
brain and brawn to
work.**



www.coloringpages101.com

BOB'S 90 TOOLS FOR SOBRIETY

1. Stay from the 1st drink, taking the 1st Step daily.
2. Attend AA regularly and get involved.
3. Progress is made ONE DAY AT A TIME.
4. Use the 24-hour plan.
5. Remember your disease is incurable, progressive and fatal.
6. Do first things first.
7. Don't become too tired.
8. Eat at regular hours.
9. Use the telephone (not just after the fact but during too.).
10. Be active – don't just sit around. Idle time will kill you.
11. Use the Serenity Prayer.
12. Change old routines and patterns.

... continued in future ECO News

TWELVE SIMPLE WAYS TO GIVE BACK TO AA

1. Join a home group. They'll guide you and support you along the way.
2. Show up early to a meeting and make coffee.
3. Stay late and help clean up.
4. Stop by Central Office and stuff some newcomer packets.
5. Speak at a treatment or corrections facility.
6. Hand out chips or offer to read at a meeting.
7. Attend a Committee meeting at Central Office
8. Sign up for the Home Monitoring Service at 424-5900.
9. Introduce yourself to newcomers, even if you're new yourself.
10. Share your experience, strength and hope in a meeting.
11. Submit a story to the ECO News or to the AA Grapevine magazine.
12. And finally, and perhaps the best. Call your sponsor or talk to another alcoholic at least once a day. It just may be you're helping them more than they're helping you, and the chances are good you'll both stay sober another day.

..borrowed from "Just for Today" Tucson, Arizona



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ALL CANADIAN ALCOHOLICS ANONYMOUS HISTORIANS

Celebrate 75 years of AA in Canada
January 13, 2018

Throughout Canada in the 1990's there have been various books written with 50 year celebrations.

An ADHOC committee of Alcoholics Anonymous members is gathering 'more of the story'.

Our mandate is to gather the AA history of locations / towns / groups and meetings from across Canada ... before it is lost forever.

An Editorial Committee has been formed to start the process of creating a manuscript in time for the **National Archives Alcoholics Anonymous** workshop in September 2017 @ Winnipeg.

HISTORY SUBMISSIONS (& QUESTIONS) TO ADHOC COMMITTEE

dmo75aa@gmail.com

“NO STORY IS TOO SMALL OR LARGE”

Deadline: June 1, 2017

www.aa75canada.ca

P.S. Any groups in the Edmonton area can also send their info to Central Office at:

www.edmontonaa.org

* * * *

- Heard at Meetings: Service work in AA is like a football game: 20,000 spectators – who might benefit from a little exercise – are watching 22 players badly in need of rest.
- What's the last thing a drunk says before he's hospitalized? "Watch this!"
- It's the first drink that gets you drunk. It's the last one that gets you sober.

From "A Rabbit Walks into a Bar" AA Grapevine



TO FRIENDS WHO INSIST

If you knew what a drink would do to me
You'd take "NO THANKS" for an answer.
One drink in my case means ninety-three
And the pain is worse than cancer.
I cannot tell of that hell of hell
Caused by the grim romancer.
You see I can't stop at one, two or three,
I can't handle the stuff – it handles me.
So, thanks for taking 'NO THANKS' for my answer.
Anonymous

CHARLIE

Charlie was out on parole. He came to our meeting on Court Order, was given a Big Book, and was encouraged to read it. The first few weeks his head was bowed in sorrow ~ and probably shame. Charlie could barely read, and getting through page after page of the Big Book was an almost impossible task for him. But as he read, and continued to show up at meetings, his head lifted and his eyes began to shine. We even saw a grin begin to appear ~ a toothless one, no doubt the result of countless barroom brawls.

At most meetings Charlie would say, "I'm Charlie, I'm an alcoholic, and I pass." And then we old-timers would share our comments, our tidbits of wisdom, and our Big Book quotes.

One meeting, a few months later, we had chosen "serenity" as our topic. Delving into a deep discussion on peace of mind, we were brought back to earth by a now-sober Charlie who grinned and grinned again. He said, "I'm Charlie, I'm an alcoholic," and then he added this simple phrase, "Thanks to this Program, my life is going all right, today!" And, you know, in all our sobriety, with all our attempts at great wisdom, Charlie had stated what we all wanted most!

We knew it by the recovery in him ~ by his uplifted head, his toothless smile, and by that statement. He had found that following a few simple suggestions ~ picking up a spiritual kit of tools ~ leaving the result to a power greater than ourselves gives us all a life that is going all right, today.

Reprinted from AA Grapevine March 1991

MAKING MEETINGS MORE ENJOYABLE!

1. **Be there!** Meetings are when we come together to learn how to maintain our sobriety while practicing our program of recovery.
2. **Come Early!** Don't miss a moment of our time together.
3. **Come Expectant!** If you believe it's going to be a good meeting and are willing to do your part, it will be. Pray for the meeting and watch what your Higher Power will do.
4. **Prepare your mind!** It is always appropriate to ask your Higher Power for peace of mind to receive from the meeting what He has for you.
5. **Prepare your heart!** During the preamble, open up your heart to the words of the Serenity Prayer, Chapter Five, Promises and Traditions ... and particularly to words of the members who will be speaking.
6. **Sit Still!** Don't wander around or leave before the meeting is over. Savor every moment. Hear all that you need to hear. Make it easy for others to do the same.
7. **Get Acquainted!** Look for the visitors and the newcomers. Make them welcome. Offer fellowship and friendship.
8. **Get A Home Group!** Meetings are great, but the heartbeat of the AA Fellowship is the Home Group. It's where we will discover the greatest number of opportunities for love and service.
9. **Volunteer!** Support your Home Group and AA as a whole. How often I have heard, "I'm so grateful I could get to a meeting." Real gratitude asks you for both your physical and financial support ... both of which will MAKE MEETINGS MORE ENJOYABLE.

... ADAPTED FROM AN ARTICLE IN Mobile AL Intergroup
Newsletter

H. A. L. T.

H.A.L.T. stands for Hungry, Angry, Lonely, and Tired. These feelings can be of danger to us. They can lead us away from our Program.

We need to eat regular meals. When we go hungry, we get cranky. Then we say and do things we regret.

We need to turn anger over to our Higher Power, or else our anger can turn into rage.

We need friends to help us in recovery. If we get too lonely, we may turn to our addictive ways for friendship. We don't stay sober by ourselves.

We need a clear mind to deal with life. If we get too tired, we tend to feel sorry for ourselves. Being tired gets us into crazy thinking.

Prayer for Day

Higher Power, remind me to H.A.L.T. Help me to not get too Hungry, Angry, Lonely or Tired.

Action for the Day

Today, I'll review the four parts of H.A.L.T. In which areas, do I practice good self-care? In which areas, do I not? How can I improve?

Anonymous

Birthdays

in - APRIL

Breathe Easy

First Friday
May 5 Dennis M. 1 yr.

Campus

Last Monday
Apr. 24 Brian G. 17 yrs.
Darrel V. 2 yrs.
Dez T. 7 yrs.
Serena R. 3 yrs.

Capilano Step

Last Thursday
Apr. 27 Al M. 1 yr.
Gene B. 2 yrs.
Mike M. 1 yr.

Crestwood Welcome

Last Monday
Apr. 24 Linda S. 37 yrs.

Dolphin

Closest Monday
APR. 17 Alfred D. 2 yrs.
Kim C. 40 yrs.
May 1 Ross B. 2 yrs.

Ellerslie

Last Thursday
Apr. 27 Kim P. 4 yrs.

Fulton Place

Last Friday
Apr. 28 Terry G. 29 yrs.
Jane B. 6 yrs.

Hillette's 2

Closest Wednesday
Apr. 19 Maureen W. 8 yrs.
Seanna B. 13 yrs.
May 3 Joan J. 22 yrs.

Jasper Place

Last Tuesday
Apr. 25 Jeanine H. 8 yrs.

Knights of Sobriety

Last Friday
Apr. 26 John C. 2 yrs.
Bruce J. 15 yrs.
Greg D. 7 yrs.
Seann H. 4 yrs.

Lighthouse

Last Friday
Apr. 28 Maureen H. 40 yrs.
Kyle G. 4 yrs.
Julie M. 7 yrs.
Kacie. 1 yr.
Trina S. 1 yr.

Millwoods

Last Tuesday
Apr. 25 Tracy O. 8 yrs.

Mustard Seed

First Sunday
May 1 David L. 37 yrs.

NEW Women's Group

Apr. 28 Lindsay W. 3 yrs.

North Edmonton

Last Thursday
Apr. 27 Mike O. 24 yrs./

Oilmen's Group

First Monday
May 1 Kenny E. 12 yrs.
Blair S. 6 yrs.

Providence

Last Wednesday
Apr. 26 Terry S. 32 yrs.

Serenity

Last Saturday
May 5 Tom W. 9 yrs.

Shifters

Last Saturday
Apr. 29 Daryl W. 34 yrs.
Erik H. 6 yrs.
Jim C. 4 yrs.

South Side

3rd Friday
Apr. 21 Daniel M. 6 yrs.
Dennis F. 31 yrs.
Roland M. 3 yrs.
Carl S. 2 yrs.

South Side Young People

Last Sunday
Apr. 30 Neil B. 15 yrs.
Selina B. 3 yrs.
Blake. 3 yrs.
Reba. 3 yrs.
Claire B. 3 yrs.
Cassandra. 4 yrs.
Ryan. 4 yrs.

Steps to Serenity

Last Wednesday
Apr. 26 Brent H. 1 yr.
Gord L. 3 yrs.

The Why Group

Last Saturday
Apr. 29 Bruce Mc. 32 yrs.

West End 12 Step

First Tuesday
May 2 Terry F-A. 42 yrs.

Westgrove

Last Sunday
Apr. 30 Edgar. 3 yrs.

Westminster

Last Saturday
Apr. 29 Barb C. 36 yrs.
Ron R. 31 yrs.
Gerry H. 7 yrs.

SURROUNDING AREAS

STONY PLAIN, AB

Monday Night Group

Apr. 24 Len B. 48 yrs.

ST. ALBERT

S.A. Brotherhood Group

Apr. 26 Craig M. 3 yrs.

Sunday Night Step Study

Apr. 30 Arlene B. 11 yrs.
Paul M. 33 yrs.
Nicky W. 6 yrs.



*** TIME CHANGE ***

Capilano Step Group held on Thursdays will change their meeting time to 7:00 pm Effective April 6, 2017

● *****

Campus Group held on Mondays will change their meeting time to 7:00 pm effective immediately.

CALENDAR OF EVENTS

ROUNDUPS & FUNCTIONS

St. Albert, AB

April 8 District 64 * 40th Annual R/U \$35.00
8:30-on 20 Greensboro Dr. St. Albert United Church
Contact: 780-459-8891, 292-1554 or 458-5069

DeWinton, AB

April 8 2nd Annual Keeping the Spirit Alive R/U
10:30 am DeWinton Community Hall \$30.00
Contact: 403-312-5757

Stettler, AB

April 8 48th Anniversary Dinner \$10.00
6:30 pm 4820 – 51 St., CE Wing,
Stettler United Church
Contact: 403-916-5361 or 472-1887

Lethbridge, AB

April 21-22 Annual Lethbridge Roundup \$45.00
500 – 11 St. S (Senior Citizen Hall)
Contact: 403-929-5472, 587-20-6626,
403-929-4488

Taylor, BC

April 21-23 47th Annual Fort St. John R/U \$30.00
Taylor Community Hall
Contact: 250-794-1644 or 780-862-9118

Jarvie, AB

Apr. 22 District 9 Unity Dinner \$20.00
Jarvie Hall, 35kms N of Westlock
Contact: (780) 257-6045 or 307-7563

Ardrossan, AB

Apr. 28-29 District 61 * 9th Annual Roundup \$45.00
80 – 1st Ave. Ardrossan Community Hall
Contact: 780-298-6540 or 410-1434

Cardiff, AB

June 23-25 Cardiff AA Roundup \$35.00
Cardiff Hall, *21 Discovery Way
Hwy 2 & Cardiff Rd., Morinville,

GROUPS IN NEED OF SUPPORT

Mon. 8:00pm Oilmen's Group (O)
11223 – 51 Ave., back dr.
(Holy Spirit Lutheran Church)

Tues & Sat. 8:00pm Rite Trac Group
13111 – 79 St.
(Lutheran Church)

Tues. 8:00pm Young & Old Mtg.
6329 – 118 Ave. (O)
(Recovery Acres)

Tues. 8:00pm Hope Through Friend.
16940 – 87 Ave., Rm. 016
(Misericordia Hosp.) (O)

Tues. 7:30 pm Southbound Fellowship
10603 Ellerslie Rd.
(Ellerslie Baptist Church)

Thu. 7:00 pm AA Group (O)
11325-89 Ave.
(St. Joseph's College)

Sun. 7:00 pm Phoenix Fireside
22210 Stony Plain Rd.
(Our House Centre)

Need new members & support

THE CAMEL CLUB has times available for new meetings there for anyone interested in starting up a new Group.

Open times are between:

Sunday: 4:30 p.m. – 7 p.m. (out no later than 7 pm)

Monday to Friday:

6:30 a.m. – 11:30 a.m. (out no later than 11:30 a.m.)

1:30 p.m. – 7:00 p.m. (out no later than 7:00 p.m.)

If interested, contact Marianne C. at:

780-918-3885 or e-mail: mjchildrey@shaw.ca

NEW EMAIL ADDRESS FOR THE EDMONTON GENERAL SERVICE COMMITTEES

EGSC Chair	egsc.chair@edmontonaa.org	Lyn P
EGSC Secretary	egsc.secretary@edmontonaa.org	Lil C
EGSC Treasurer	egsc.treasurer@edmontonaa.org	Emile
EGSC PI/CPC Chair	egsc.picpcchair@edmontonaa.org	Peter J
EGSC Corrections Chair	egsc.correctionschair@edmontonaa.org	Sheyanne
EGSC Treatment Chair	egsc.treatmentchair@edmontonaa.org	Dylan J
EGSC Grapevine Chair	egsc.grapevinechair@edmontonaa.org	Genevieve

REQUEST FOR AA GROUPS TO OFFER TO BE PART OF A MEETING, AS A GROUP, SEVERAL TIMES A YEAR.

Wed. 8:00 pm Jump-Start Meeting

11229 – 100 Ave., bsmt., side dr.
(Jellinek House)

This is a newcomer meeting needing the wisdom and hope from members willing to share.

Contact Sheldon 780-488-1160