

ECO NEWS

\$1.00

NOVEMBER 2016

Edmonton Central Office Society
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Edmonton, AB T5H 3J7
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DELEGATE'S CORNER

Greetings.

What does the Alcoholics Anonymous General Service Office (GSO) do for the membership? This is a question I am often asked. Some of the services provided by GSO are as follows. They have translated the Big Book into 68 languages and other AA literature into more than 80 languages. Each year they respond to over 90,000 emails, letters and phone calls from members and non-members seeking information on Alcoholics Anonymous.

They support the start of AA meetings in countries where no meetings are provided. The aa.org website averages 30,000 visits per day. The website provides a wealth of information to help members and those seeking help with a drinking problem.

The GSO Publishing Department publishes and distributes approximately 8 million items per year. They also produce literature for the hearing and sight impaired members. GSO coordinates a Loners-Internationalist Meeting Correspondence service for members in remote areas, homebound or deployed in military service.

The Corrections coordinator responds to over 6500 letters a year from incarcerated alcoholics. The Corrections Correspondence Service connects over 1,000 alcoholics behind bars with members on the outside.

The Cooperation with the Professional Community staff provides information to hundreds of professionals a year.

The Public Information staff coordinates the production and distribution of audio and video Public Service Announcements (PSAs). Some of these have aired on television over 30,000 times a year. The Public Information staff also responds to over 600 emails per month.

The Archives staff responds to over 1,500 requests a year for information and research. This is just a brief overview of some of the services provided by our General Service Office. For more information on this or any other topic, please contact me at delegate@area78.org or by phone at 780-686-7438. If I do not know the answer I will find someone who does.

Yours in Fellowship and Service, Larry M. Panel 66 Area 78 AB/NT Delegate

NOTE: AT THE OCTOBER INTERGROUP MEETING IT WAS DECIDED THAT OUR NEWSLETTER BE CALLED: ECO NEWS as listed above.

DISCLAIMER:

ECO News is published monthly on behalf of Edmonton Intergroup. All printed and mailed copies are to be paid for either by subscription or walk in. Email copies are free. There is no use of funds donated via 7th Tradition process. Minimal editing may be done. This newsletter presents the experiences and opinions of AA members and relays information received at Central Office concerning roundups, conferences, birthdays and other events that may be of interest to subscribers. Any opinions expressed should not be attributed to AA as a whole. Publication of any article does not imply endorsement.

We would like to hear from you about your AA related experience, strength and hope, keeping in mind copyright and credit concerns.

Submissions should be between 250 and 300 words. Submit with your full name, group, and a phone number where you can be reached (of course we will protect your anonymity).

Material must be submitted no later than the 20th of the preceding month for it to print in the next month's issue.

Submit articles to AA Central Office, #205, 10544 114 St NW, Edmonton, AB T5H 3J7
Fax: (587) 523-4334

**** Ha Ha – I very quietly confided to my best friend that I was having an affair. She turned to me and asked, “Are you having it catered?”
And that, my friend is the sad definition of “OLD”! ****

ELEVENTH TRADITION

“Our public relations policy is based on attraction rather the promotion; we need always maintain personal anonymity at the level of press, radio and films.”



This not this...

Ours is not a secret society ... we carry the message anywhere we can ...

But we must ever be aware that self-appointed messiahs speaking for AA through public media can do us great damage!

.....

From AA Grapevine Traditions Checklist **TRADITION ELEVEN**

1. Do I sometimes promote AA so fanatically that I make it seem unattractive?
2. Am I always careful to keep the confidences reposed in me as an AA member?
3. Am I careful about throwing AA names around – even within the Fellowship?
4. Am I ashamed of being a recovered, or recovering alcoholic?
5. What would AA be like if we were not guided by the ideas in the Tradition Eleven? Where would I be?
6. Is my AA sobriety attractive enough that a sick drunk would want such a quality for themselves?

AA HISTORY IN NOVEMBER

- Nov 1 1947 – 1st AA Group in Anchorage, Alaska.
1963 – Reverend Sam Shoemaker dies.
- Nov 3 2001 – J. P. Miller who wrote screenplay for “The Days of Wine and Roses” died.
- Nov 9 1966 – President Johnson appoints Marty M to the 1st National Advisory Committee on Alcoholism.
- Nov 10 1940 – First AA group formed in Minneapolis.
2001 – First of 400,000 4th Edition Big Books arrives in the mail.
- Nov 11 1934 – Armistice Day; Bill started drinking after dry spell, beginning of Bill’s last drunk.
- Nov 12 1940 – 1st AA meeting is held in Boston.
- Nov 13 1939 – Bill wants to go to work at Towns Hsp, NY drunks want him to stay on as head of the movement.
- Nov 14 1940 – Alcoholic Foundation publishes first AA Bulletin.
- Nov 15 1949 – Bill W suggests that groups devote Thanksgiving week to discussions of the 12 Traditions.
- Nov 16 1950 – Dr. Bob died.
- Nov 18 1946 – First Dublin Ireland group met.
- Nov 21 1939 – AAs in San Francisco hold first California AA meeting in the Clift Hotel.
1952 – Willard Richardson, past Treasurer/Chairman of Alcoholic Foundation, dies.
- Nov 26 1895 – Bill W. born in East Dorsett, VT.
1939 – Dilworth Lupton gave sermon “Mr. X and Alcoholics Anonymous”. Became one of first pamphlets on AA.
- Nov 28 1939 – Hank P. writes Bill advocating autonomy for all AA groups.
- Nov 28 1943 – Bill guest speaker San Quentin Penitentiary (sometimes dated Dec 2, 1943).
- Other significant events in November for which we do not have a specific date:
- Nov 1934 – Ebby T. carries message to Bill.
- Nov 1936 – Fitz M., leaves Towns Hospital to become ‘AA #3 in NY’, with Bill W and Hank P.
- Nov 1937 – Bill and Dr. Bob compare notes in Akron. Count forty cases staying sober.
Meeting of the Akron Group to consider Bill’s ideas for how to expand the movement ... a book, AA hospitals, paid missionaries. Passed by a majority of 2.
- Nov/Dec 1939 – Akron group withdrawals from association with Oxford Group. Meetings moved from T. Henry & Clarence Williams to Dr Bob’s and other members’ homes.
- Nov 1941 – “First Mass AA Meeting” in Oklahoma City, 8 present, 1 was drunk.
- Nov 1945 – Bill’s article called ‘Those Goof Balls’ published in AA Grapevine.
- Nov 1986 – Big Book published in paperback

HELLO OPERATOR (VERY FUNNY)

ANOTHER CHAPTER OF "THEY WALK AMONG US AND REPRODUCE!"

Actual call center conversations!

Customer: 'I've been calling 700-1000 for two days and can't get through; can you help?'

Operator: 'Where did you get that number, sir?'

Customer: 'It's on the door of your business.'

Operator: 'Sir, those are the hours that we are open.'



STEP ELEVEN

“Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.”

I had always believed in God, maybe not understood, but over the years had prayed and asked for help, “if you get me out of this situation or hardship, I won’t drink again.” Through my drinking years and as it got worse, many scrapes in my life, from work related, to family, police, creditors, and through the Jekyll and Hyde syndrome, I prayed.

When I came into the program my sponsor said to me, “Ask for help in the morning when I you get up and to say thanks at night.” Then I did not have to drink that day. He also said I should try to put as much time in the program as I did when I drank. I attended meetings and got involved reading the Big Book, making coffee, setting up chairs etc. I did this for a long time then found out I enjoyed the program of AA. When my day starts to go wrong, I must stop and start my day over, I find out I have not asked for help to start this day. And I still take it back some days; still think I must drive, but it gets better each day in the program.

As the years, have gone by in the program my conscious contact with God grows each day. Or most days. I get a little better understanding of the knowledge of His will for me. I have been around for a few twenty fours but also have been a slow learner by doing the steps, reading the Big Book in a timely fashion, attending meetings on a regular basis, and getting involved in service work, when I could or can today. Sharing my experience, strength and hope with all of you in AA when our paths cross, I can accomplish the power to do that as outlined in Step 11. This is a step I keep working on, and as with all the steps, I need to work on a continuing basis. Thanks to you all in AA for my sobriety and your help in past years and those to come.

I have not had to have a drink a day at a time since asking for help each day for many twenty fours.

.... Bob J., St. Albert Breakfast, 2006

THE LAYMAN'S TEN COMMANDMENTS

Someone has written these beautiful words. It's a must read. Try to understand the deep meaning of it. They are like the Ten Commandments to follow in life all the time!

1. Prayer is not a “spare wheel” that you pull out when in trouble, but it is a “steering wheel” that directs the right path throughout the journey.
2. So why is a Car's WINDSHIELD so large and the Rear-View Mirror so small? Because our PAST is not as important as our FUTURE. So, Look Ahead and Move On.
3. Friendship is like a BOOK. It takes a few minutes to burn, but it takes years to write.
4. All things in life are temporary. If going well, enjoy it, they will not last forever. If going wrong, don't worry, they can't last long either.
5. Old Friends are Gold! New Friends are Diamonds! If you get a Diamond, don't forget the Gold! Because to hold a Diamond, you always need a base of Gold!
6. Often when we lose hope and think this is the end. GOD smiles from above and says, “Relax, sweetheart, it's just a bend, not the end!”
7. When GOD solves your problem, you have faith in HIS abilities; when GOD doesn't solve your problems, HE has faith in your abilities.
8. A blind person asked, “Can there be anything worse than losing eye sight?” He replied, “Yes, losing your vision!”
9. When you pray for others, God listens to you and blesses them, and sometimes, when you are safe and happy, remember that someone has prayed for you.
10. WORRYING does not take away tomorrow's TROUBLES, it takes away today's PEACE.

From an email from Bob J., St. Albert Breakfast Group



OLD TIMERS CORNER

My Years of Recovery ... The Magic of Discovery - by Briane A., Victoria, BC
Formerly of Edmonton

**Stop Drinking; Trust God; Clean House; Help Others;
Be Grateful; Have Fun**

Continued from last month.

Growth comes from our differences!

I say to alcoholics & those who choose not to drink – ***find what works for you*** – over 3 million souls will attend over 100,000 meetings world-wide this week ... in my previous home town, over 5,000 will attend over 200 meetings this week ... the program works for those who are prepared to surrender and enjoy life. We've open meetings; closed meetings; tradition meetings; step meetings; home groups (like in houses) for professionals and those whose anonymity is paramount in their quest for sobriety ... different strokes for different folks, but the same in our goal of sobriety.

I can be “healthy, wealthy and wise” and still be an alcoholic, as this disease of alcoholism can affect anyone. To me the “how to stop, and stay stopped” is set down in ***these twelve words ... Quit Drinking; Trust God; Clean House; Help Others; Be Grateful; Have Fun.***

My message ... ***there is hope!*** If I relapse, I can come back to AA. However, it must be recognized that the AA doors swings both ways, and that door must not ever be recognized as a “revolving “door.

While we seek help, ours is a living program based on gratitude, understanding that we suffer from an illness, and that I am responsible for my own actions ... ***I am not a victim ... not now, not ever!*** There are steps to my recovery. These steps are written by alcoholics about a way of life to recovery ... ***a life without the obsession to drink.***

My recovery depends on me ... my recovery depends on acceptance that I chose not to drink today! I've learned that ***many of us use AA as a haven to retreat to, instead of a base to work from ...*** and that is just fine, until we need growth, or we find it's not working any more, and then we need to change and ***work the program***, not just accept the Fellowship. ***I always have someone to talk to***, someone who has “been there”, and available to me 24 hours a day, ***if I chose to call.***

I've learned (not in any order):

1. To make a difference I need to be defined by my values,
2. **Rehab** is about **discovery**; **AA** is about **recovery**,
3. There were many reasons **why I drank to medicate ...** I didn't know what my problem was until I learned about my disease ... **I didn't know what alcoholism was**, or even that I was afflicted with this horrible disease, but I learned to “evolve or die”,
4. My life, where I live, how I live and who I am is a privilege, not an entitlement,
5. **When you've done the best you can, you can't do better**,
6. There is something timeless about wisdom,
7. Maybe one's potential is more important than the limits placed upon our lives,
8. My body does not react to alcohol like it does with normal people,
9. It's the journey, not the destination that counts,
10. I rejoice in what I have, not grieve for what I don't,
11. I can alter my life simply by altering my attitude,
12. Children and Adults need models rather than critics,
13. Happiness is my goal in life, with all that that encompasses,
14. I can be consumed by it, even if I do not consume it,
15. Nothing will ever be attempted, if all possible objections must first be overcome,

... Continued next page

OLD TIMERS CORNER

Continued from previous page

I've learned (not in any order):

16. People come into your life for a **reason, a season or a lifetime**.
17. I don't know, in the beginning, what the outcome of my actions will be ... I think I'm doing something important, thinking it's worth doing, but we all can't tell what the big payoff is going to be, or when, or how ... I just know to put one foot ahead of another, learn from doing, make mistakes, earning the rewards and accepting the failures ... just showing up!
18. It is far more fulfilling just to be myself than to waste my life trying to be something I'm not,
19. Loneliness and fatigue breed fear, and I've discovered that fear and greed are major motivators in my life, so I've learned to confront and try to control them,
20. To value my time alone ... when I value something I am keener to protect it,
21. It is far more satisfying to **live for progress, rather than for perfection**,
22. I gain by giving things up, I gain by sharing,
23. I can't live my life in fear of the unknown,
24. **Risks** taken are broken down into **Possibility and Probability**,
25. No matter how funny a joke, someone will be offended by it no matter how sincere and honest I may be, and **someone will not like me**.

...Continued next month

PRINCIPLE OF STEP 11

"EVER PRESENCE OF God"

I thought no Webster's this month, however, I like what is included under the definition of presence: something (as of spirit) felt or believed to be present.

When I was new in recovery, I remember what it was like not to trust anything that came from me – idea, thought or feeling. Now I know what it's like to trust, listen and respond accordingly. The latter usually provides consequences with the initial usually being to my highest good. This for me supports the idea that God dwells within. Learning and being willing to listen and act upon this God-given intuition is the most interesting part of my recovery.

I believe that God works through people, places, things and situations. Sunsets, smiles ... Everything! To not feel the despair of being completely alone comes, I believe, from believing that God dwells within and that God is always present. I have the freedom of will to pray, chat, or meditate whenever, wherever I choose. So much wondrous stuff continues to happen for me to believe that there is coincidence. I like to believe that that's God being anonymous.

I still see what gets me into tougher learnings is the same old same old – I want what I want when I want it and I don't want what I don't want when I don't want it. Thy will be done seems so lovely and simple, however, I see how challenging it is.

One of the stories in our Big Book suggest "Nothing, absolutely nothing, happens in God's world by mistake." What a beautiful belief to have.

Katie W., Sask., formerly of the Terra Nova Group 2006

ELEVENTH STEP PRAYER

Higher Power, as I understand You, I pray to keep my connection with You open and clear from the confusion of daily life. Through my prayers and meditation, I ask especially for freedom from self-will, rationalization and wishful thinking. I pray for the guidance of correct thought and positive action. Your will, Higher power, not mine, be done.

From the Atlanta, GA World AA Conference, July 2015

STORIES WANTED “YOUNG PEOPLE AND AA”

In response to the 2016 General Service Conference recommendation that the pamphlet “Young People and AA” be revised to “better reflect the experiences of young people in AA today,” the trustees Literature Committee is seeking current sharing from young AA members for possible inclusion in this revised pamphlet.

Stories should reflect in a general way “what we used to be like, what happened, and what we are like now.” Manuscripts should be 500-600 words, double spaced, and the words “Young People and AA” should appear on the top of the first page of the manuscript. The author’s full name, address and email/telephone information should be included with the submission.

Submissions can be emailed to: Literature@aa.org with “Young People and AA” inserted in the subject line of the message. Alternatively, submissions can be mailed to: Literature Coordinator, General Service Office, Box 459, Grand Central Station, New York, NY 10163. **The deadline for all submissions is December 30, 2016.**

The anonymity of all authors will be observed whether the writer’s story is selected for publication.

... Box 4-5-9 2016 Newsletter, Grand Central Office, New York, NY 10163

TRADITION 11

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.”

On this, the eve of the second anniversary of my daughter’s passing away, thinking what Tradition 11 means to me, I realize there is much more to learn about this program than what I thought I knew.

To me the eleventh tradition means that AA should be able to advertise that there is help available for the still suffering alcoholic. I am thankful that AA had an advertisement in the local paper when I was at my bottom. From my first day in AA I was told the program was about attraction rather than promotion. This was told to me by the people that came to twelve step me. One of the people was a neighbor just down the street and the other was my children’s school principal. The attraction was the happy, sober people I met at meetings.

I feel each member of AA has a responsibility to maintain personal anonymity at the level of press, radio and films so any person’s ambitions or self-seeking publicly, in regards to AA must be avoided.

This is done to insure nothing negative will come back to harm this fellowship. A fellowship that has restored my life and faith, in turn allowing me to share my faith with my beautiful daughter just before her passing.

Thank God for tradition eleven.

Lloyd N., St Albert Saturday Nite Step by Step, 2000

FORGETTER BE FORGOTTEN?

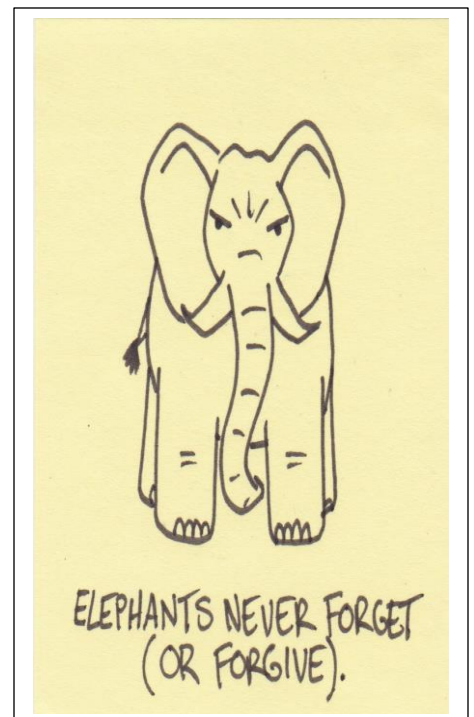
My forgetter's getting better, but my rememberer is broke
To you that may seem funny but, to me, that is no joke.

For when I'm 'here' I'm wondering if I should be 'there'
And, when I try to think it through, I haven't got a prayer!
Oft times I walk into a room, say 'what am I here for?'
I wrack my brain, but all in vain! A zero, is my score.

At times, I put something away where it is safe, but, Gee!
The person it is safest from is, generally, me!

When shopping, I may see someone, say 'Hi' and have a chat,
Then, when the person walks away I ask myself, 'who the hec was that?'
Yes, my forgetter's getting better While my rememberer is broke,
And it's driving me plumb crazy and that isn't any joke.

CAN YOU RELATE???



LIVING THE AA PROGRAM IN ILLNESS

Spent the greater part of the day about a month ago feeling sorry for myself. In January, I was diagnosed with acute leukemia and given days to live. So many of you came to the University of Alberta Hospital to give me and my family strength. We prayed, laughed, cried, held impromptu meetings and built up huge reservoirs of hope for the struggles ahead.

By April the leukemia had gone into remission. I stayed for a while at my parents' home until my wonderful mother and her fabulous cooking and my dad with his positive attitude felt I was strong enough to move home.

I began working again, attended meetings, got back into service work and my world was exactly how I felt it should be.

On August 14 during my monthly checkup at the Cross-Cancer Clinic we find the cancer has returned. I'll have to be readmitted to the Cross for intensive chemotherapy for an undetermined time.

My world stops. The hope, positive attitude, gratitude disappears. My loving family gather around once again with their warmth and strength. All my friends, workmates, and acquaintances in and out of AA rally around again undaunted by the bad news. Once everyone has gone I begin the slow decline into fear, anger and self-pity. I have a full tank of gas and \$200, maybe I'll drive to Jasper and just drive over one of the mountains. Who would care anyway, I sure as heck didn't. Is this selfish enough yet?

That same day in about three hours my home group meets. I decide to attend one last meeting. On my way, there to kill time I stop to buy some books at a second-hand store. I still wonder when I would have had time to read the books on my way to that mountain in Jasper. I suspect God may have had a small hand in the day. Standing in line to pay for my purchases I notice people in other lines snickering and staring pointedly trying to embarrass someone behind me in my line. I turned to follow their gaze and directly behind me there is the tallest, most scantily clad, blond, buxom beautiful young prostitute I have ever seen. Her eyes tell me she knows the people are snickering at her so I ask if she'd like to go ahead of me as I'm in no hurry. She gladly accepts only to find herself 37 cents short. I reach into my pocket, find the 37 cents and give it to her. The gal turns to me with tears in her eyes and tells me this is the nicest thing anyone has ever done for her then lunges for the door and was gone. I returned to my car for a moment of reflection, self-appraisal and thought here is a gal with a life many of us can't even contemplate now our lives are back on track and yet her gratitude for the 37 cents was sincere.

I began reflecting on the love, support, hope and strength you freely gave to my family and your faith never waivers. I was humbled and ashamed. In my early sobriety, I heard that "God worked in mysterious ways, His wonders to behold" and I knew at that moment that this was another one of His wonders.

I'm back at the Cross, never did see Jasper or the mountains (maybe one of you can send me a postcard on your next trip). I am forever grateful to all of you and the parts you play in my sobriety. I know this will be another challenge but God, AA and all of you we can trudge this road of happy destiny together. Thank you.

on 11/16/2006)

Wendy B., Lions' Den Group (Wendy passed away



Birthdays

in - November

Breathe Easy

First Friday
 Nov. 4 Calvin M. 1 yr.
 Nancy MB 12 yrs.
 Chico V. 6 yrs.
 Dec. 2 Kevin T. 1 yr.
 Jordy S. 2 yrs.
 Alex W. 4 yrs.
 Perry B. 6 yrs.
 Charlotte B. 7 yrs.
 Diane S. 12 yrs.
 Tracy M. T. 17 yrs.

Campus

Last Monday
 Nov. 28 David B. 2 yrs.
 Kyle M. 5 yrs.

Capilano Step

Last Thursday
 Nov. 24 Doug A. 21 yrs.
 Todd H. 4 yrs.
 Rick L. 4 yrs.

Crestwood Welcome

Last Monday
 Nov. 28 Rick B. 4 yrs.
 Shane S. 3 yrs.

Dolphin

Closet Monday
 Nov. 7 Doug A. . 21 yrs.

Eastwood

Last Monday
 Nov. 28 Maria K. 3 yrs.

Ellerslie

Last Thursday
 Nov. 24 Kelly F. 3 yrs.
 Mike T. 3 yrs.

Hillettes #2

Closest Wednesday
 Nov. 9 Sally I. 6 yrs.

Jasper Place

Last Tuesday
 Nov. 29 Alex M. 3 yrs.

Lighthouse

Last Friday
 Nov. 25 Greg K. 7 yrs

Millwoods Group

First Tuesday
 Dec. 6 Catherine H. 15 yrs.

Mustard Seed

First Sunday
 Dec. 4 Kathy H. 28 yrs.

West Grove

Last Sunday
 Nov. 27 Rick B. 33 yrs.

Oilmen's

First Monday
 Dec. 4 Joe T. 57 yrs.
 Faye E. 16 yrs.
 5 Dale B. 30 yrs.
 12 Fabian D. 5 yrs.

Providence

Last Wednesday
 Nov. 30 Warren G. 10 yrs.
 John 1 yr.

Shifters

Last Saturday
 Nov. 26 Brian R. 13 yrs.
 Sharon H. 17 yrs.
 Barb C. 17 yrs.
 Roman S. 27 yrs.
 David M. 27 yrs.
 Marilyn W. 32 yrs.
 Anne L. 35 yrs.
 Daneen U. 8 yrs.
 Darcy B. 6 yrs.
 Friedemann P. 22 yrs.
 Alex 3 yrs.

South Side

3rd Friday
 Nov. 17 Betty S. 28 yrs.

South Side Young People

Last Sunday
 Nov. 27 Kory B. 3 yrs.
 Kristjana 4 yrs.
 Steve F. 2 yrs.

Steps to Serenity

Last Wednesday
 Nov. 30 Scott F. 2 yrs,

Terra Nova

Last Sunday
 Nov. 27 Mike D. 2 yrs.
 Laura C. 17 yrs.
 Sonja F. 13 yrs.

The Why Group

Last Saturday
 Nov. 26 David D. 3 yrs.
 Debbie H. 12 yrs.
 Ernie G. 8 yrs.
 Gayle L. 27 yrs.
 Mary G. 10 yrs.
 Sam K. 1 yr.

Westminster

Last Saturday
 Nov. 26 Jack H. 45 yrs.
 Tom R. 33 Yrs.
 Marilyn W. 32 yrs.
 Lil C. 26 yrs.
 Patrick M. 17 yrs.

SURROUNDING AREAS

Sherwood Park, AB

Sherwood Park

Third Thursday
 Nov. 17 Daisy M. 4 yrs
 Dan B. 3 yrs.
 Darla U. 43 yrs.
 Diane P. 12 yrs.
 Heather T. 3 yrs.
 Jack C. 6 yrs.
 Justin L. 5 yrs.
 Keira 10 yrs.
 Rob D. 3 yrs.
 Robert H. 3 yrs.
 Samantha L. 8 yrs.
 Scott M. 31 yrs.
 Wendell H. 5 yrs.

St. Albert

S.A. Sunday Breakfast

Last Sunday
 Nov. 27 Jesse 2 yrs.
 Dennis B. 4 yrs.
 Shayne 3 yrs.
 Mickey L. 28 yrs.
 Dale S. 31 yrs.

S.A. Sunday Step Study

Last Sunday
 Nov. 27 Richard S. 15 yrs.
 Ira L. 4 yrs.

**** Are your groups' birthday
 being shown here?**

**If not contact Central Office and
 have your updated list of
 members' sobriety dates
 submitted. ****

GROUP IN NEED OF SUPPORT

Tues. 8:00 PM Young & Old Mtg.
 6329 - 118 Ave. (O)
 Recovery Acres
 Tues. 8:00 PM Hope Through Friendship
 16940 - 87 Ave., Rm. B016
 Misericordia Hospital
 Tues. 7:30PM Southbound Fellowship
 Group 10603 Ellerslie Road
 Ellerslie Baptist church
Needs New Members

CALENDAR OF EVENTS

ROUNDUPS & FUNCTIONS

Innisfail, AB

Nov. 5 Innisfail 24 Hour Group \$15.00
55th Annual Beef Super
Aberdeen Hall, Hwy 590 E
Contact: Tom C. 403-227-6717

Edmonton, AB

Nov. 19 Pi / CPC Speaker Workshop Trad 7
1 - 4 PM 10728 - 124 St., Alano Club
Learn how to carry our message...

Edmonton, AB

Dec. 24 35th Annual Xmas Breakfast \$25.00
Sponsored by Altered Attitudes
Chateau Louis Conference Centre
Contact: Central Office 780-424-5900
Tom: 780-90-1750 - Bob: 780-446-6289

ALKATHONS:

Edmonton, AB

Dec. 24-25 Camel groups 6PM to 6PM daily
8240 - 175 St. Thorncliff Mall

Dec. 24-25 Groups at Alano Club Noon to 1AM daily
10728 - 124 St.

Dec. 24-25 84th Street Group Noon to Noon daily
#1 8406 -118 Ave. bsmt. E side in alley

Dec. 24-25 South Side Group 6PM to 6PM daily
8318 - 104 St. bsmt. Strathcona Church

Dec. 31-1 Camel groups 6PM to 6PM daily
8240 - 175 St. Thorncliff Mall

Dec. 31-1 Groups at Alano Club Noon to 1AM daily
10728 - 124 St.

Dec. 32 -1 84th Street Group Noon to Noon daily
#1 8406 -118 Ave. bsmt. E side in alley

Dec. 31 -1 South Side Group 6PM to 6PM daily
8318 - 104 St. bsmt. Strathcona Church

EDMONTON PUBLIC INFORMATION & COOPERATION WITH THE PROFESSIONAL COMMUNITY SPEAKER WORKSHOP

WHEN: November 19, 2016

Start Time: 1:00 PM

End Time: 4:00 PM

WHERE: Alano Club 10728 - 124 St.

DESCRIPTION: Are You Interested in Public Speaking - Sharing the AA Message We Invite You to Attend our Fall Workshop

My Name: Mike M.

My Email: eserviceschair@area78.org

Affiliation: I am an AA member of a group in this area

CONTACT: Central Office at 780-424-5900 or Peter J., local Chair at prjensen26@shaw.ca



NEW MEETINGS

Edmonton, AB

Sun. 8:00 PM Sunday Survivors
8240-175 St., Camel Club

Fri. 8:00 PM Young & the Restless
8240-175 St., Camel Club

Wed. 7:00 PM Ladies Meeting at 84 St.
#1, 8406 - 118 Ave., bsmt E side dr.

Thu. 7:00 PM U of AA Group
11325-89 Ave. St. Joseph's College

Wed. 7:00 PM Hillettes #1 - Women's
New members wanted