



TWELVE STEP TIMES

OCTOBER

EDMONTON INTERGROUP  
MAGAZINE

### THE TENTH CONCEPT OF SERVICE:

We are of service by accepting responsibility for the authority God has given us, and by respecting the authority God has given to others.



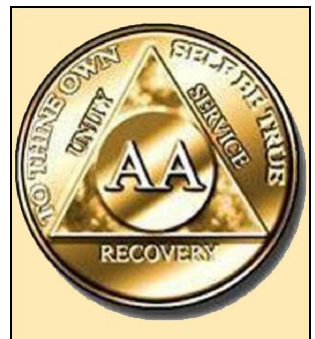
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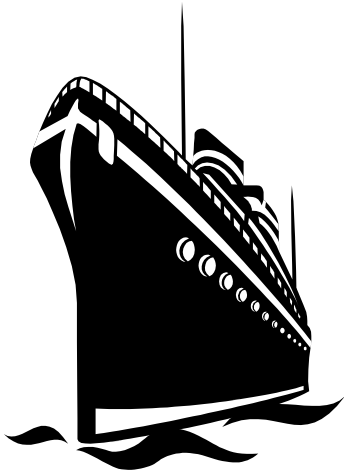
EDMONTON ALANO CLUB FRIENDSHIP DINNER  
 1953-2015~62 YEARS OF HELPING OTHERS.  
 THURSDAY OCTOBER 15, 2015 DINNER ~ 6 PM  
 POLISH HALL 10960-104 St. EDMONTON AB.  
 SPEAKER ~ IAN R FROM WINNIPEG MB 7:30 PM  
 TICKETS ARE \$60 SEATING AT A TABLE IS FOR 8  
 CALL THE ALANO CLUB 780-423-1807 OR CENTRAL OFFICE

### PROMISE # 10

FEAR OF PEOPLE AND OF ECONOMIC INSECURITY WILL LEAVE US.



# YOUR TWELVE STEP TIMES



An Invitation....

To become involved and make the twelve step times a true forum of activity and recovery by sharing your ideas, strength and hope.

To be sure your article is printed, submissions should be between 250 & 350 words, printed or typed signed with your full name, group and a phone number where you may be reached.

Anonymity is observed.

*Deadline is 15th of preceding month.*

*Any opinions shall not be attributed to AA as a whole.*

**EDMONTON CENTRAL OFFICE ALCOHOLICS**

**ANONYMOUS**

**Contact: Steve @ 780-424-5900 or Fax @ 587-523-4334**



**Edmonton Central  
Office**

**Volunteer  
needed**

Do you wish to do  
service? Volunteer  
at E.C.O. 1 four  
Hour shift a week!!

**Volunteer  
needed**

**Contact central office to  
announce your events in  
AA.**

**Email:**

**edmontonaa@hotmail**

**.com**

**Newsletter  
Subscription**

**\$15.00 for**

**1 year**

EDMONTON CENTRAL OFFICE ALCOHOLICS  
ANONYMOUS  
Call Central Office today for this  
Newsletter

Expiration Date: 00/00/00

# WELCOME TO STRENGTH & HOPE



## 26<sup>TH</sup> ANNUAL AA ROUNDUP

10821 - 96 Street NW  
Sacred Heart Church of the First Peoples Hall  
Edmonton, AB

OCTOBER 23 & 24 2015

### Friday:

- 6:00PM AA SPEAKER.....
- 9:30PM AA SPEAKER.....

### Saturday:

- 8:30AM CALL UP MEETING
- 10:00AM BREAKFAST
- 10:30AM AA SPEAKER.....
- 1:00PM AL-ANON SPEAKER.....
- 3:00PM AA SPEAKER.....
- 6:00PM BANQUET
- 7:50PM AA SPEAKER.....
- 9:30PM MUSIC & DANCE .....
- 12:30AM CLOSE ROUND-UP

Complete Price  
\$30.00

Contact Janelle @ 587-983-4683 OR Central Office 780-424-5900

**WHAT'S HAPPENING IN  
OUR CITY THIS MONTH! BUY  
YOUR TICKETS TODAY!!**



## FRIENDSHIP Fundraiser DINNER

Thursday October 15, 2015

At the POLISH HALL

10960 - 104 Street, Edmonton, Alberta

Your evening will include:

- a European-style dinner
  - a silent auction
  - a guest speaker
  - 50/50 draw

Doors open at 5:00

Dinner at 6:00

Silent Auction, open until 7:15

Speaker will be Ian R. from Winnipeg at 7:30 p.m.

### TICKETS AVAILABLE:

- Price is \$60
- Purchase an individual ticket or a table of 8 for you and friends!
- Ask a ticket seller, tickets will go quickly
- Contact the Alano Club

Phone 780.423-1807 / Email [alano124@shaw.ca](mailto:alano124@shaw.ca) / in person at 10728 124 Street

Website [www.edmontonalanoclub.org](http://www.edmontonalanoclub.org)

### So, what is so important about being a member of the Alano Club?

- We provide a safe environment for people in recovery; their families, friends and other people in the community.
- We are helping to keep the doors to the Edmonton Alano Club open!
- We are grateful; we are giving back in gratitude for what we have been given!
- Larry L. often said, "It's like doing a 12 step call in our sleep!"

# OCTOBER 2,3,4<sup>TH</sup>, 2015

CAMPUS GROUP BLUE JEAN ROUNDUP PRESENTS

# UNITED RECOVERY

\$40.00  
FOR WEEKEND

\$10.00  
FOR THE DAY



### FRIDAY

- 6:30 PM REGISTRATION
- 7:30-8:30 SPEAKER (JANEZ FROM WHY GROUP)
- 8:30-8:45 BREAK
- 8:45-10:00 LIP SYNC BATTLE
- 10:15-11:15 YOUNG PEOPLE IN AA (CHRISTINA G-EDMONTON/PETER R-CALGARY)

### (SATURDAY CONTINUED)

- 4:00-5:00 MEETING HOSTED BY (RAINBOWS TO RECOVERY)
- 5:00-6:00 PREPARE FOR DINNER
- 6:30-7:30 DINNER
- 7:30-8:30 MAIN SPEAKER (ERICA C FROM SAN JOSE, CA)
- 8:30-9:00 RAFFLE & DRAW
- 9:00 DANCE

### SATURDAY

- 12:00 PM DOORS OPEN
- 12:30-1:30 SPEAKER MEETING HOSTED BY (EDYPAA)
- 1:30-2:00 BREAK
- 2:00-3:30 TRADITION WORKSHOP HOSTED BY ERICA C
- 3:30-4:00 BREAK

### SUNDAY

- 9:30 DOORS OPEN
- 10:00-11:30 AA & AL-ANON SPEAKERS (RANDY S. FROM THE CAMPUS GROUP)

FULTON PLACE COMMUNITY LEAGUE  
6115 FULTON RD NW, EDMONTON, AB

Contact Dez  
780-263-6618



Tickets Available  
@ Central Office

## Fulton Place Meetings Present the Ever Popular Wildly famous, Pig Roast/Pot Luck Supper



When: Friday, October 23rd  
Time: 6:30 p.m.  
Place: 9115 - 75 Street  
Salvation Army Temple

Meeting to follow at 8:00 p.m.  
Seventh Tradition

Email Wendy @ [wendyv@shaw.ca](mailto:wendyv@shaw.ca)  
for more info

FULTON HAS IT ALL -  
FOOD -  
FELLOWSHIP -  
FUN -

Crazy Shirt Night - Got One? - Wear it!

**WESTGROVE**  
ROLLIE B

**EASTWOOD**  
COLLEEN T  
WAYNE B IRIS

**S.A.**  
BROTHERHOOD  
DON B

**JASPER**  
PLACE  
PAT F

**THE WHY**  
JOYY JOHN  
F PAUL G

**SOUTHSIDE**  
EMILE C

**SHIFTERS**  
RICHARD S  
OSKAR BRENT  
CHICO V WES R  
JIM C

**CAPILANO**  
CONRAD B  
JEAN L

**CLAIRVIEW**  
BRIAN O

**BEVERLY**  
IRIS-  
LORNE W  
TERRY S

**60 MINUTES**  
KATHY R  
ADAM B

**ELLERSLIE** RICK G  
SHANTELL

**S.P HAPPY**  
HOUR  
CONRAD P DAN  
GEORGE R

**OPEN DOOR** BOB G

**STRENGTH & HOPE**  
GILBERT W

**CAMPUS**  
LUKAS D-DEAN B-  
EILEN Y

**FULTON PLACE** DWAYNE H  
WENDY G BOB P STUART R

**BY THE BOOKS**

DON N-SHERIDAN M-JUDY C

**NORTH**  
EDMONTON  
HARVEY F  
GERRY C

**PROVIDENCE** ANDREW A  
GLEN B

**THUS WE GROW**  
TOM F DAN H

**LIGHTHOUSE**  
MONIQUE B JOE M

**MILLWOODS**  
DENISE P

OCTOBER BIRTHDAYS..

**S.A.**  
TUESDAY  
TERRY B  
COLEEN B

**DOLPHIN GROUP**  
KATHY R HARVEY L  
& ROB

**TERRA NOVA**  
RON S LEAH S SHANNON  
KAREN M FRANZ F

**WESTMINSTER**  
BRENDA F  
PETER H  
VALERIE S JACK M

**BEAUMONT**

**DAN W-BARB**  
W-ROLAND I-  
TODD H  
DONALD-  
DOUG H

**S.P. 12 STEPS**  
SERENITY LEONARD  
LORNE B TIM F

**DAILY**  
REFLECTIONS  
JUDY S  
JUDYG'

**MUSTARD SEED**  
JOHNNY B  
NANCY LEE

**BREATHE EASY**  
JAIMIE G DON M  
RICK W



JELLINEK SOCIETY IS  
LOCATED AT

11229-100 AVE

PARKING CAN BE  
OBTAINED ACROSS  
THE STREET AT THE  
FUNERAL HOME.



CALL STEVE P

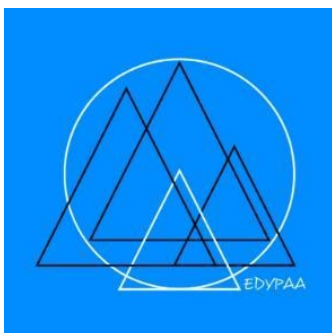
780-803-9565 OR CENTRAL  
OFFICE 780-424-5900

EVENT 6PM-MIDNIGHT

OCT 31

**JELLINEK SOCIETY WITH PARTICIPATION OF EDYPAA PRESENTS THIS YEARS ALL HALLOWS EVE  
COSTUME RECOVERY PARTY! DJ WOMP~MONSTR, GAMES, DEADLY FOOD & AWESOME FEL-  
LOWSHIP! THE YEARS BEST PARTY IS HELD ON HALLOWEEN AT THE CITY'S FINEST RECOVERY HOME!  
THIS IS A FUNDRAISING EVENT, FOR NOT ONLY JELLINEK ALSO EDYPAA!**

**TICKETS ARE \$10 AT THE DOOR! PRIZES FOR BEST COSTUMES AND MORE!!**

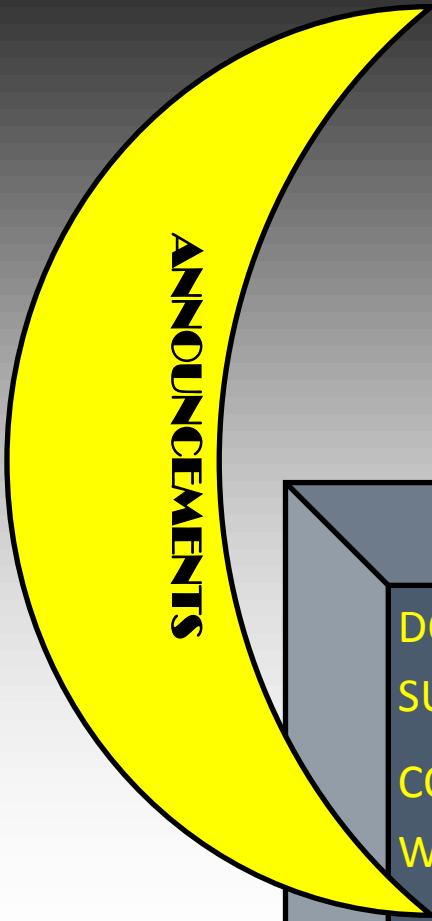


Supporting Recovery for Over 50 Years

# October 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>HERE'S</b>	<b>WHAT IS HAPPENING</b>	<b>IN &amp; AROUND</b>	<b>OUR A.A. COMMUNITY...</b>	1	2 <b>BLUEJEAN ROUNDUP</b>	3 <b>BLUEJEAN ROUNDUP</b> MELFORT ROUNDUP <b>DISTRICT 12 PI/ CPC SPEAKER WORKSHOP</b> DISTRICT 15 AA
4 <b>BLUEJEAN ROUNDUP</b>	5	6	7	8	9	10 <b>POUND MAKERS ISKWEW HEALING FUNDRAISING GALA</b> <b>CAMEL CLUB</b> <b>30th ANNIVERSARY</b>
11	12	13	14	15 <b>ALANO CLUB FRIENDSHIP DINNER</b>	16 <b>BLUEBERRY ROUNDUP</b>	17 <b>BLUEBERRY ROUNDUP</b>
18 <b>BLUEBERRY ROUNDUP</b>	19	20	21	22	23 <b>FULTON PLACE PIG ROAST</b> <b>MOOSE JAW ROUNDUP</b> <b>STRENGTH &amp; HOPE ROUNDUP</b>	24 <b>MOOSE JAW ROUNDUP</b> <b>STRENGTH &amp; HOPE ROUNDUP</b> <b>CALGARY PIONEERS DINNER</b>
					30	31 <b>EDYPAA JELLINEK HALLOWEEN PARTY</b>





Founded October 7, 1985



# 30th Anniversary Camel Club Celebration



**5:30 Potluck**  
"Bring  
Something  
Yummy!"

**8pm. Guest Speakers**  
Hear from  
our founders

**Camel Club Curio Cabinet**  
Open for business!  
We accept Cash

DOES YOUR GROUP NEED  
SUPPORT???

CONTACT CENTRAL OFFICE &  
WE WILL SPREAD THE WORD!

COMING IN  
NOVEMBER:

DISTRICT 53 HOSTS A  
COLD LUNCH POTLUCK!!  
AS WELL AS A SPEAKER  
FROM THE EGSC TO  
FOLLOW. STAY TUNED  
FOR MORE DETAILS....

YOUNG & OLD  
MEETING  
NEEDS SUPPORT  
6329-118 AVE  
Tuesdays @ 8PM

NORWOOD GROUP  
NEEDS SUPPORT.  
9516-114 AVE  
WEDNESDAYS @  
8pm

SATURDAY  
NIGHT LIVE GROUP  
NEEDS SUPPORT.  
8318-104 St  
Saturdays @8PM

## ALCOHOLICS ANONYMOUS SPEAKER WORKSHOP

**CARRY THE MESSAGE  
TO PROFESSIONALS AND THE PUBLIC**

Presented by  
DISTRICT 12 CPC/PI Committee  
Saturday, October 3, 2015  
1pm-4pm  
Facilitators: Peter J. And Georgina S.  
Leduc Fellowship Church  
4401 – 38 Ave (Rollyview Road)  
CPC/PI Combo Binder Kits for sale \$28.00  
BOOK YOUR SPOT  
EMAIL [district12cpcpi@area78.org](mailto:district12cpcpi@area78.org)

# ANNOUNCING A NEW BOOK FROM GRAPEVINE!

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## FORMING TRUE PARTNERSHIPS

How AA members use the program  
to improve relationships

*Just published!*

## FORMING TRUE PARTNERSHIPS

*How AA Members Use the Program  
To Improve Relationships*

When we were drinking, many of us had, as the Step Four chapter in the AA book *Twelve Steps and Twelve Traditions* puts it, “a total inability to form a true partnership with another human being.”

***Forming True Partnerships*** is a collection of Grapevine stories that show the many ways members use the Twelve Steps, sponsorship, and the tools of the program to improve and repair relationships, old and new.

With candid and colorful stories on families, friendships, marriage, divorce, dating, romance, coworkers, sponsorship and pets, ***Forming True Partnerships*** covers a wide range of experience from sober alcoholics on how we form true partnerships with others.

**GRAPEVINE LITERATURE**

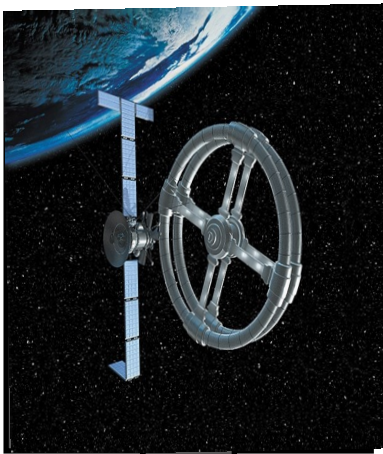
**50% OFF SECOND BOOK**

EDMONTON CENTRAL OFFICE ALCOHOLICS ANONYMOUS  
WHEN PURCHASING THIS FEATURED BOOK.

780-424-5900

Expiration Date: 00/00/00





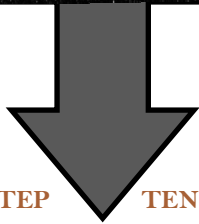
## CONCEPT X

### “SERVICE RESPONSIBILITY vs SERVICE AUTHORITY”

At all levels of service within our fellowship service responsibility must be matched by an equal service authority. This means that whether you are a general service representative for your group or a trustee or are employed by the general service office you are responsible to somebody. That somebody being the people who gave you the authority to act for them. In being a representative you have the authority to make on the spot decisions, however you must never forget that you are responsible to those you serve.

This concept must never be looked at without keeping tradition two in mind. “Our Leaders are but trusted servants...there is but one ultimate authority...”

Paul S. Oilmen's Group Sept 98



### STEP TEN:

#### “CONTINUED TO TAKE PERSONAL INVENTORY, AND WHEN WE WERE WRONG, PROMPTLY ADMITTED IT.”

When we approach step ten we commence to put our A.A. way of living to practical use, day by day in fair weather or foul. Then comes **the** acid test: can we stay sober, keep in emotional balance, and live to good purpose under all conditions?

A continuous look at our assets and liabilities, and a real desire to learn and grow by this means, are necessities for us. We alcoholics have learned this the hard way. More experienced people, of course, in all times and places have practiced unsparing self survey and criticism. For the wise have always known that no one can make much of his life until self searching becomes a regular habit, until he is able to admit and accept what he finds, and until he patiently and persistently tries to correct what is wrong.



\*ASK MYSELF AT THE END OF THE DAY HAVE I HARMED ANYONE, DO I NEED TO MAKE AMENDS?

\*WAS I SUPPORTIVE, HELPFUL LOVING TO THE BEST OF MY ABILITY?

\*ASK MY HIGHER POWER TO MAKE ME A WALKING EXAMPLE OF HOW THIS PROGRAM WORKS?

- QUESTIONS THE EDITOR ASKS HIMSELF DAILY.
- STEVE P.

Please keep in mind that there is no official way of doing the Steps. The instructions are found in the book “Alcoholics Anonymous” and it is suggested to go through the Steps with a sponsor. We hope, however, that some of the suggestions on how to approach the steps prove helpful to you or others. Source of these Step ten Readings:

Twelve Steps and Twelve Traditions

The Best of Grapevine Volume 3 &  
ARCHIVES E.C.O.

**INVENTORY: SELF WILL VRS HIGHER POWERS WILL**

SELFISH ✓	FAITH ✓
DISHONESTY	TRUST
FRIGHTENED	CALM
PRIDE	GRATEFUL
GREEDY	PATIENCE
INCONSIDER- ATE	TOLERANCE
LUSTFUL	INTEREST
	OTHERS
ENVY	GIVING
ANGER	SHARING
GLUTTONY	COURAGE
HARMFUL	CONSIDERATE
INTOLERANT	HUMILITY
HATE	LOVE
SELF PITY	MODESTY
SELF JUSTIFICA- TION	SELF FOR- GIVENESS
DOUBT	TAKE ACTION
RESENTMENT	GOOD DEEDS

TRADITION 10

“Alcoholics anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”

This tradition stems from experience of another society called the Washingtonian Society. This society was a movement that among alcoholics started in Baltimore and almost discovered the answer to alcoholism. The society might actually have succeeded had they stuck to there aim of alcoholics helping other alcoholics. This didn't happen as they started permitting politicians and reformers, both alcoholic and non-alcoholic to use the society for their own purposes. As they got involved in the abolition of slavery, a stormy political issue at the time. Soon speakers violently took sides on this question and soon lost their effectiveness. The last straw to this was when they became determined to reform Americans drinking habits.

So looking into this as the history of why such controversy could harm us. We need to remind ourselves that we must stand united lest we fall. A.A by some deep instinct have known from the beginning that we must never, no matter what the provocation, publicly take sides in any fight, even a worthy one. We must remain free from sheer self righteousness, economic wars, religious movements, racial difference, fresh holo-causts or any products of nature and toil that could divide any of us. We need to remain in a spiritual climate in which A.A can flourish and by this in which A.A. was born. Lets reemphasize that this reluctance to fight one another or anybody else is not counted as some special virtue which would make us feel superior to other people. It does not mean Alcoholics Anonymous now restored as citizens of the world, are going to back away from their individual responsibilities.

It doesn't mean we don't squabble, just take a look at our business meeting ay our home groups we have many disagreements and that we each have our own opinions about how our affairs should be managed but through our bitter words and anger we have been directed against people suspected of mixed motives. Despite all these rows we do no harm to A.A. As this what we do at the end we pray together and at the end laugh and have coffee together and go on with our day as these business meetings are just that- a business meeting! Things that don't work can always be changed so we “ Let go and let God” So tradition ten is there to protect us not only from those outside but from the inside as well. So that in the future we will be able to say that the traditions are still standing strong and true as they ever have been.

Submitted by Sonja F. Terra Nova Group  
( archives)

ARTICLES  
SUBMITTED BY  
MEMBERS:

